

a great amount of harm. Many are no better than ordinary domestic foods, and others contain too much carbohydrate to permit of its being possible, in the usual run of case, to get rid of the sugar from the system.

In illustration, I may refer to some foods that fell under my notice about a year ago in the following way. In connexion with the case of a boy patient, a physician from Paris on a visit to London was, at the request of an uncle, permitted to see the patient, and on his return home, he despatched a parcel of diabetic foods obtained from a well-known supply establishment in Paris. Here are the figures showing the percentage of carbohydrate expressed as starch that they contained in the water-free state, into which, for apt comparison, all foods should be brought previous to analysis.

	Carbohydrate as starch.
Gluten flour	72.0 per cent.
“ bread	50.0 “ “
“ biscuit	54.7 “ “
Granulated gluten	63.9 “ “

Food supplied by Rodemann, of Frankfurt, was referred to when I was speaking of Professor von Noorden's "oat" cure. Samples were obtained from this maker at the early part of the present year, and the figures here given show the percentage of starch present in the articles in the water-free state. An improvement is perceptible upon the figures previously yielded.

	Carbohydrate as starch.
Diabetic White Bread	47.2 per cent.
Diabetic Graham Bread	40.8 “ “
Diabetic Black Bread	41.09 “ “
“ D. K.” Bread	74.5 “ “
Diabetic Rusks	46.5 “ “
Diabetic Cakes	44.4 “ “
Diabetic Meal	62.0 “ “

I have said nothing about drug treatment, and for the reason that I know of nothing that by itself exerts a direct and immediate arresting influence over the elimination of sugar. In reality, something is wanted to set metabolism right, in like manner as it is set right by the thyroid extract in myxœdema. This something has not yet been discovered, but science ought sooner or later to place us in a better position than we at