

Patients require practically no medicine while undergoing the treatment, though they require constant medical supervision; while the Waters may be used with some degree of impunity, no one who comes to the Springs for treatment can expect to get the greatest benefit otherwise than under the direction and advice of the Resident Physician. The Physician himself should on coming to the Springs, dispossess his mind of the idea that he is merely on a holiday—the importance of his responsibility and trust cannot be over estimated; and while demonstrating the facility with which alcohol in all its forms can be dispensed with here, he should observe the strictest abstinence himself.

The management should pass the guests into the hands of the physician on arrival as his special charge, after which nothing should be done in the way of treatment by the visitors on their own account; a physical examination should be made in each case as to the condition of the heart, lungs, kidneys, personal and family history, etc. In all cases where the slightest symptoms of valvular disease exist or even functional derangement, with or without a tendency to syncope, the case should be watched and examination of the heart made before and after the bath, and the temperature and duration of the bath regulated accordingly. In all cases over forty years of age, the urine should be examined more or less frequently as to the quantity of urea and uric acid excreted and directions given as to diet, ever on the alert for Bright's disease or diabetes. Every case should be an object for daily observation and study and an accurate and minute record of each one kept. This would afford, in time, material for a valuable contribution to the literature of the subject and tend to the general progress of medical science.

In fulfilling his duties, the time of the physician will be fairly well occupied and he will be amply repaid, not only by the satisfaction of duties well and faithfully performed, but by the gratitude of his patients and the fees satisfactorily proportionate to the services rendered.

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Resident Physician, 1900.