" Reglect Not the Gift that is in Thee."

VOL. XIV.

LONDON, ONT., CANADA, FIFTH MONTH, 1898.

No. 5

## JUST FOR TO DAY.

Lord, for to-morrow and its needs
I do not pray;
Keep me from stain of sin
Just for to-day.

Let me both diligently work,
And duly pray;
Let me be kind in word and deed
Just for to-day.

Let me be slow to do my will— Prompt to obey; Help me to sacrifice myself Just for to-day.

Let me no wrong or idle word
Unthinking say—
Set thou Thy seal upon my lips,
Just for to-day.

So for to-morrow and its needs
I do not pray;
But keep me, guide me, hold me, Lord,
Just for to-day. —Selected.

## THE ALL-SUFFICIENCY OF THE INNER LIGHT.

It seems to me that a belief in the Inner Light, which has ever been and still is, the cardinal principle of the Society of Friends, ha a far wider application to life than is generally supposed at present. Even among Friends it has been limited to a very narrow field of usefulness, because they have failed to recognize its possibilities and its bearing upon life in its wholeness. Nothing exists without recognition; and we shall find that George Fox and the early Friends gave a far wider recognition to the all-sufficiency of this Divine Witness than now is common.

George Fox conceived the Inner Light to be the power and presence of the Eternal word, dwelling in the heart. It was not only revealing; still more, it was purifying. It dispelled darkness and all that inhabits darkness. It was the witness of the indwelling

God, immanent in the soul of man and in the universe.

Such a belief as this is naturally conducive to quietness and reposeful, harmonious living. The quietness coming from such a consciousness is not that of inactivity; it is the surest basis for great strength. It is the power of silence, realized in the midst of activity, and this activity naturally found its chief expression in the service of humanity, because it was the religion of the Friends, and they recognized that religion is the service of God through the service of humanity.

It is in accordance with psychological law that the life that is serene and strong and active in service shall be the happy and healthful life. Unconsciously the Friends' rule of life has been such that in a larger degree than humanity in general they have been successful in business, and have enjoyed long life and good health. comparative study of mortality, both in this country and in England, has shown that Friends have an advantage of 24" over the general population. More than this; there were quite a number of marvelous cases of healing among the early Friends. George Fox held unhesitatingly that God revealed himself as freely in the seventeeth century as in the days of Jesus, and records several cases of healing in his Journal in which he pursued the Christ method and bade the afflicted to stand up and be healed. He also says, "Many great and wonderful things were wrought by the Heavenly Power in those days; for the Lord made bare his omnipotent arm; and manifested his power to the astonishment of many by the healing virtue, whereof many had been delivered from great infirmities, and the devils were made subject through his name, of which particular