

even a short article on any given topic requires a considerable expenditure of mental energy on the part of the young scribe, which cannot fail to give a healthy and vigorous development to his intellectual powers. The College paper, then, even considered solely from this point of view, is of great benefit, provided that it is really the work of the students. But there is in the minds of many a shrewd suspicion that many of our College publications are the work of much more mature minds, or at least aim too high and too far for the mental calibre of their publishers. Perhaps the following extract from Collier's may sound harsh, but it certainly contains considerable truth and food for reflection:

"We have at our elbow four college papers. Nothing could be duller. They are the last place a daily newspaper would look for recruits of genius. Too much professor, too little undergraduate, that's what's wrong with them. And the undergraduate, what there is of him, tries too hard. The frog would be an ox. Nothing less than leaders for him, and policies that thunder louder than the London 'Times.' Alas, poor boy, he has not the life and experience behind him that mean real force, and the best he can do is bang sheet iron and make stage thunder. Earnestness is more than ruffling one's hair and pounding the pulpit. There is even such a thing as laughing a case out of court. Humor is the golden thread of literature, but the college paper knows naught of it and cares less. Twenty years from now your undergraduate will have grasped what a good gift humor is, and how it means perfect comprehension wedded to kind philosophy. Time was when one of these college papers was bright and gay, and full of zest and youthful mistakes, and blithe spirits went out from it to salt the journalism of a continent. May that day come again! O callow sages, grave and reverend juniors, when will you learn once more to be young and natural?"

"MENS SANA IN CORPORE SANO."

In keeping with the above true true maxim, a Physical Culture Class has been organized under the direction of the First Disciplinary Prefect, Rev. Father Stanton, O.M.I. In the college we have a great variety of sport,—Billiards, Pool, Bowling, Tobogganing, Skating and Hockey. Notwithstanding the diversity of games the great majority of the students take little