"Good-Bye-God Bless You."

RUGENE FIELD.

I LIKE the Anglo-Saxon speech, With its direct revealings-It takes a hold and seems to reach 'Way down into your feelings; That some folk deem it rude, I know. And therefore they abuse it: But I have never found it so-Before all else I choose it. I don't object that men should air The Gaelie they have paid for-With "an revoir," "adien, mu chere,"— Fee that's what French was made for, But when a crony takes your hand At parting to address you He drops "I foreign lingo and He says :- "Good-bye God bless you!"

This seems to be a sacred phrase With reverence impassioned-A thing come down from righteous days, Quaintly but nobly fashioned; It well becomes an honest face-A voice that's round and cheerful; It stays the sturdy in his place And soothes the weak and fearful, Into the porches of the cars It steals with subtle unction, And in your heart of hearts appears To work its greatest function: And all day long with pleasing song It lingers to caress you -I'm sure no human heart goes wrong That's told "Good-bye-God bless you!"

I love the words - perhaps because. When I was leaving mother, Standing at last in solemn pause We looked at one another, And I-I saw in mother's eyes The love she could not tell me-A love eternal as the skies, Whatever fate befell me; She put her arms about my neck And soothed the pain of leaving, And, though her heart was like to break, She spoke no word of grieving; She let no tear bedim her eye. For fear that might distress me, But, kissing me, she said good bye And asked our God to bless me.

LESSON NOTES. SECOND QUARTER.

STUDIES IN THE GOSPEL OF MARK.

LESSON XI. A.D. 301

JESUS CRUCIFIED.

Mark 15, 21-39, Memory verses, 25-28

GOLDEN TEXT.

He humbled himself, and became obed, ent unto death, even the death of the cross. Phil. 2 8.

OUTLINE.

The Crucified, v. 21-28,
 The Revilers, v. 29-32,
 The Darkness, v. 33.

4. The End, v. 34-39.

Time,-30 A.D. Places.-Jerusalem. Golgotha

EXPLANATIONS.— Bear his cross - The criminal was compelled to bear his own. But Jesus was too exhausted. Were with criminal was compelled to bear his own, But Jesus was too exhausted. Were with myorh—This was to deaden pain by producing stuper. Parted his garments—Divided the outer robe by ripping the seams. Casting of The inner garment they could not thus divide, so they cast with doe, which every Roman soldier carried. His accusation -Over the crucified criminal was nailed a boar I which contained a record of his crime. This he also were suspended from his neck. This he also were suspended from his neck, as he went to circuition. Bagging their heads in malignant joy. The sixth hour—That is, at twelve o'clock of our day. The ninth hour—Three o'clock in the afternoon. Vinegar.—The sour wine, the regular drink of the Roman soldier. Veil of the t-imple—The great veil which hung before the holy of holies.

TEACHINGS OF THE LESSON. What is there in this lesson which shows1. The truthulness of God?
2. The justice of God?
3. The love of God?

THE LESSON CATECHISM.

1. Where was Jesus crucified? At Golgotha, also called Calvary. 2. How was he crucified? Between two malefactors. 3. What Scripture was thereby fulfilled? He What Scripture was thereby fulfilled? He was numbered with transgressors. 4. How was he treated by all in this hour of misery? He was mocked and revited 5. What great lesson does his crucifixion teach us? To bear Gods will patiently. 6. What does our Godden Textsay of this sacrifice? "He humbled himself," etc.

DOCTRINAL SUGGESTION. -The atonement.

CATECHISM QUESTION.

27. What is an eternal Spirit? One who is without beginning and with-

From everlasting to everlasting thou art God.—Psalm 90, 2.

LESSON XII. A.D. 301 fJune 23 JESUS RISEN.

Mark 16, 1-13, Memory verses 6, 7 GOLDEN TEXT.

Now is Christ risen from the dead, and become the firstfruits of them that slept. 1 Cor. 15, 20.

OUTLINK.

The Empty Sepulchre, v. 1-8.
 The Risen Saviour, v. 9-13.

Time. -30 A.D.

PLACE. - Near Jerusalem.

EXPLANATIONS. - The Sabbath - Not coincident in time with our Sabbath, but the seventh day of the week. The sepulchre—This was an excavation cut in the rock, as was the custom. Roll away the stone—The sepulchre was closed with a great stone rolled over the opening, fitting closely and scaled. A young man—So the angel appeared to the women.

TEACHINGS OF THE LESSON.

What proof does this lesson give us-

That the Scriptures are true?
 That Jesus is divine?
 That we shall all rise from the dead?

THE LESSON CATECHISM.

1. On what day did Christ rise? On the I. On what day did Christ rise? On the first day of the week. 2. By what was it proved to the women and two disciples? By the empty sepulchre. 3. Who was the messenger to first announce it to the world? An angel of God. 4. What was the effect of the announcement on the disciples? They have believe 5. What is the present did not believe. 5. What is the present belief of the Church? "Now is Christ risen," etc.

DOCTRINAL SUGGESTION. - The resurrec-

CATECHISM QUESTION.

28. What do you mean by saying that God is infinite?

I mean that his nature and attributes are high above all understanding, and without any limit.

Canst thou by searching find out God?-

Job xi. 7. His undetstanding is infinite. — Psalm

cxlvii. 5.

Behold, the heaven, and heaven of heavens cannot contain thee.—1 Kinga viii. 27.

BOYS AND TOBACCO.

In Germany the use of tobacco by boys under eighteen is prohibited by laws which are enforced.

In the Eco'e Polytechnique of France, it is found that non smokers took the highest rank in every grade, and that smokers continually lost grade. Hence the use of tobacco was prohibited in public schools. It is also prohibited in the American Government Schools of appolis and West Point. Hundre. If boys apply for admission to the Naval Academy, and one-tifth of all who are examined are rejected on account of heart disease, which, the surgeons say, is caused by smoking cigarettes.

Dr. A. L. Gibson, of the United States Navy, gives the following as sobriety and morality is still flying.

the effects of smoking upon the students:-

- 1. It leads to impaired nutrition of the nerve centres.
- 2. It is a fertile cause of neuralgia, vertigo, and indigestion.
- 3. It irritates the mouth and throat, and so destroys the purity of the voice.
- 4. By excitation of the optic nerve, provokes amaurosis, and other defects of vision.
- 5. It causes a tremulous hand and an intermittent pulse.
- 6. One of its conspicuous effects is to develop irritability of the heart.
- 7. It retards the cell-change on which the development of the adolescent depends.
- 8. It is filthy. It befouls the mouth, clothes, air, and street. What decent young man would like to marry a woman addicted to smoking?
- 9. It is expensive. Many a church member pays more for tobacco than for his religion. Sixpence per day, and the interest in twenty-five years, would amount to a large sum.

10. It is injurious. Evil to body and mind. Nature at first repudiates it. It causes debility, depression, paralysis, cancers, and insanity. It injures the five senses.

11. It is slavish. How despotic the habit! It is a match for alcohol and opium. "Sir," said one to a friend, "do you use tobacco?" "No," was the reply; "tobacco uses me."

DOWN, BUT NOT DEAD.

As far as this county is concerned, the Scott Act is dead. Drinkdom is jubilant. Barabbas is once more free. Virtue is once again handed over to be crucified between the two thieves of selfishness and indifference. Truth goes to the wall, and right is trampled in the dust. The sun of Canadian prosperity has gone back several degrees, the men of this generation have sown to the wind, and they shall reap the whirlwind. They have missed the tide; they have failed to go in and possess the land of promise and of rest. They have by their votes declared that Bacchus is god, and him only will they serve. Be it so. Better that men be seen in their true light, and things seen in their right colours. Better know where we are and know what to expect. He who has God on his side is always in the majority. Let temperance people take heart, and Christian people not lose hope. Out of seeming evil will arise real good. They have aimed too low; they rested satisfied with little. Let the few who are left meet and talk things over. Let them mature their plans and look well to their weapons. Their hour will come, and may not be distant. Like their Master, they are betrayed; they are sold, but the darkest hour of every night is just before the dawn. Defeat is not always disaster, and this may after all prove a blessing in disguise. The flag of

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