

## Have Your Spring Suit

# MADE IN TORONTO

and Made to Your Measure, \$8.50 up

If you only knew how much we could save in the way of time, money and annoyance.

If we could only point out to you the difference between the garments we make to your order (New York Styles) against stupid imitations shown by local stores in your home town.

If we could fully explain how sameness and duplication is avoided so that you need not uncomfortably feel "meeting your neighbor with the same Style" at every turn—

You would write at once for our Handsome Style Book and Samples Sent Free by return mail.

Women of critical Tastes and with an economical turn of mind will enthuse over the New Spring Styles—the New materials—the Character that is insistent with the made-for-me air of fine skilled tailoring. skilled tailoring.
Our Fashion Catalog fully illustrates and faithfully describes

|   | Tailored Suits,    |        |        | \$8.50 | to | \$35.00 |
|---|--------------------|--------|--------|--------|----|---------|
|   | Separate Skirts,   |        |        |        |    | 15.00   |
|   | Jackets, .         |        |        | 5.00   | to | 20.00   |
|   | Silk Eton Coats,   |        |        | 9.00   | to | 20.00   |
|   | Silk Outside Skin  | rts    |        | 10.00  | to | 25.00   |
|   | Lingerie Shirt Wa  | aists. |        |        |    | 3.00    |
|   | Silk and Leather   | Belts. |        | .25    | to | 2.00    |
|   | Fancy Neckwear,    |        |        |        |    | 2.00    |
|   | Silk Petticoats of | r Drop | Skirt. | 3.50   | to | 10.00   |
| 1 |                    |        |        |        |    |         |

Clever discerning women find a genuine pleasure in sending their orders here because of our low prices and prompt service. Remember you take no risk in sending us a trial order for

## We Guarantee to Fit You Perfectly or Refund Your Money Willingly

We prepay express charges on your garments to any part of ada. Distance makes no difference no matter where you live Canada. Distance in the Dominion.

Spring Fashion Catalog and Samples FREE

WRITE TODAY—NOW for this Catalog and samples of materials from which to select. You will get them by return mail FREE with complete Self-measurement Outfit and simple directions for taking your own measurements at home. You will be delighted beyond measure with the Charm, Style and Grace of the garments we make and the moderate prices we quote.

#### MORTON-BROWNE CO., Limited, "TORONTO, ONT." TORONTO, ONT.

Mail orders only. We have no agents no Branches.

Reference: Any Bank, Mercantile Agency or Express Co.

## The Companionable Wife.

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A Frenchman said recently, 'Let every woman have two hours a day of serious mental occupation, during which the faculties of her mind will regain their balance, all their powers will be systematized, her tired head will be rested and her good sense and judgment will regain their empire, and peace will dwell in her agitated heart.' Every house-keeper knows the truth of his words. The care of the home may be a delightful occupation, but it ought not to exclude every other interest. There can be no happiness for a woman with brain and imagination in a life that limits her to mere domestic drudgery. Every housekeeper should study herself and learn her 'one talent'—for she surely has one—and turn to its development as a relief. By so doing she brings added happiness to her family as well as to herself. The least companionable wife is the one wholly occupied by household cares, as all men know in their souls.—'Australian Paper.'

# The Care of the Teeth.

(Alice L. Spencer, in 'Health-Culture.')

It is of the utmost importance to keep the It is of the utmost importance to keep the teeth and mouth in perfect condition, for more depends upon them than most of us realize. Too much care cannot be given to children's teeth. The infant's mouth should be daily wiped out with a soft linen cloth, with warm water, and after the teeth appear they should be jealously watched and kept scrupulously clean. If teeth should show a tendency to become yellow or otherwise dixcolored carefully rub them with a freshly charred end of a match.

It is important that children have proper

It is important that children have proper food when their teeth are forming, especially the second set, so that the system may be supplied with the necessary elements to make perfect teeth. Too much candy and sweets are often responsible for decayed teeth in children. Take good care of the children's teeth, and it will help them to have one of earth's greatest blessings.

Children should be taught the importance of cleansing their teeth after every meal and be given hard food to chew as the teeth need this exercise.

Natives of countries where a great deal of hard food is eaten keep their teeth until old age. It is largely due to the fact of highly civilized people using much soft food that their teeth decay so early in life.

The selection of a tooth-brush is of importance. Never economize when choosing one, The best is none too good. It is a good idea to have two kinds; one with even bristles that have been cut across so as to leave little points that will make it easier to clean the rough surfaces and spaces between the teeth. Each tooth must have special at-tention, on top, all sides, and close to the gum. The wisdom teeth are the most diffi-cult to reach and are apt to be the sortest, therefore extra care should be given them.

A very stiff brush at first may scratch the gums, but they will soon get used to it and become hardened. The hard bristles only will keep the teeth clean.

Once a month is none too often to expect to have a new brush, for they wear out soon-

er than is generally supposed. Then the brushes must be kept clean and not allowed to accumulate powder and impurities from the mouth. An occasional dip in boiling water will help keep them pure. Always rinse them very thoroughly after using.

In brushing the teeth, work the brush up and down as well as across them. After the

and down as well as across them. After the outside has been brushed, clean the inside in the same manner, especially the back ones.

After all this has been done and it seems as if every bit of each tooth has been touched, it is surprising to see how much can stable removed by drawing dental floss up and down between the teeth. It is in these out of the way places that dentists find cavities Last of all, rinse them by sucking the water between the teeth. between the teeth.

If they become yellow or otherwise discolored after all this care, a little powdered pumice stone can be carefuly used by slightly moistening an orangewood stick so the pumice will stick to it, then rub the discoloration with it tion with it.

An antiseptic mouth wash, such as Lister-ine, should be used occasionally after brush-ing the teeth, which sweetens the breath and is very refreshing.

Modern dentistry is attaining such heights that the care and preservation of the teeth is becoming almost an art. Beautiful teeth add very much to the looks of a person, but more important than this is the aid they are to health. Fine physique, a good complexion, the power of work, even life itself, is dependent upon the action of the teeth in reducing food to a proper condition for stomach direction.