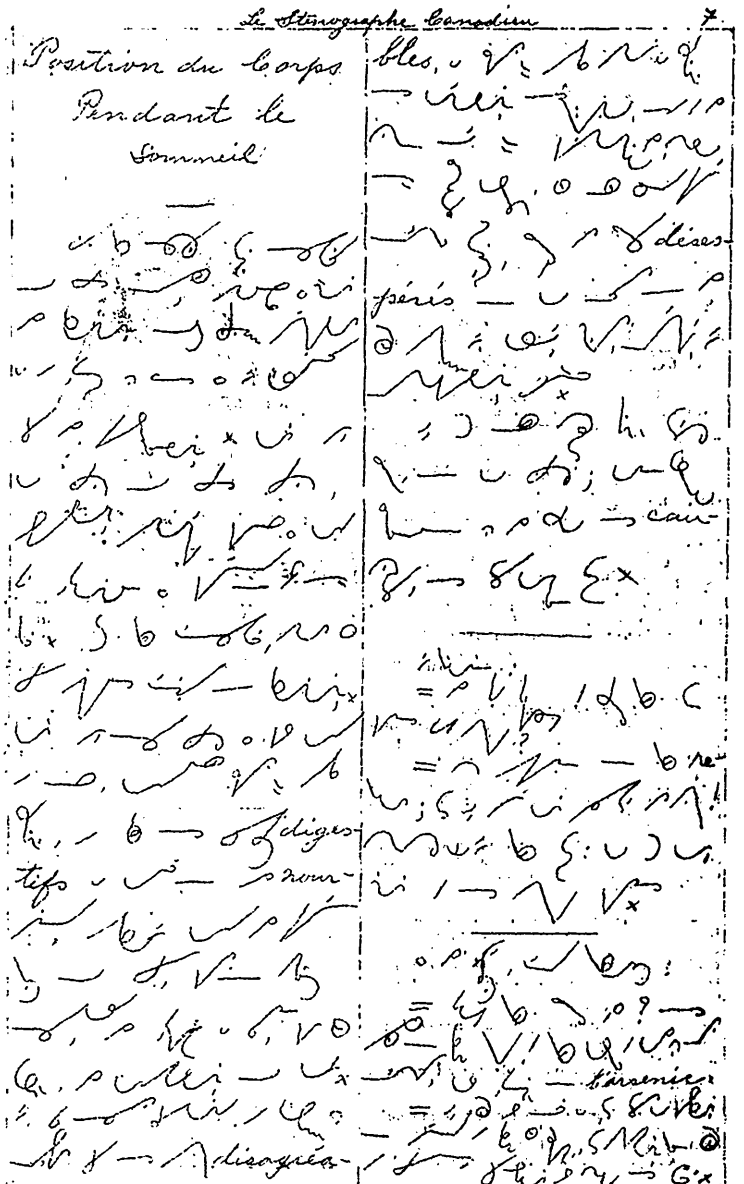Position du Corps Pendant le Sommeil