From Watford and Vicinity Serving the Empire

27TH REGT.-1ST BATTALION

Thos. L Swift, reported missin since June 15, 1915, Rich. H Stapleford, Bury C Binks, L Gunn Newell, killed in action, Arthur Owens, F C N Newell, T Ward, Sid Welsh Alf Woodward, killed in action M Cunningham, M Blondel, W Blun RW Bailey, A L Johnston, R A Johnston, G Mathews, C Manning, W G Nichol, F Phelps, H F Small E W Smith, C Toop, C Ward, J Ward, killed in action, F Wakelin, D C M, killed in action, T Wakelin, wounded—missing, H Whitsitt, B

PRINCESS PATRICIA'S C.L.I.

Gerald H Brown

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18TH BATTALION C W Barnes, Geo. Ferris, Edmund

Watson, G Shanks, C Jamieson, J Burns, F Burns, C Blunt, Wm. Autterson, SP Shanks.

2ND DIVISIONAL CAVALRY

Lorne Lucas, Frank Yerks, Chas. Potter.

33RD BATTALION

Percy Mitchell, died from wounds Oct. 14th, 1916; Lloyd Howden, Geo. Fountain, killed in action Sept. 16, 1916, Gordon H Patterson, died Victoria Hospital, London, Charles Potter.

34TH BATTALION

E c Crohn, S Newell, Stanley Rogers, Macklin Hagle, missing since Oct. 8, 1916; Henry Holmes, killed in action Sept. 27, 1916, Wm. Manning, Leonard Lees.

70TH BATTALION

Ernest Lawrence, — Emmerson, o H Loveday, A Banks, S R Whalton, killed in action Oct. 1916, Thos. Meyers, Jos M Wardman, Vern Brown, Sid Brown, killed in action Sept. 15, 1916, Alf. Bullough.

28TH BATTALION Thomas Lamb, killed in action.

MOUNTED RIFLES

Fred A Taylor

29TH BATTERY

PIONEERS Wm. McNally, W F Goodman.

ENGINEERS J. Tomlin

ARMY MEDICAL CORPS T A Brandon, M. D., Capt. W J McKenzie, M.D., Norman McKenzie Jerrold W. Snell, Allen W Edwards.

135TH BATTALION N. McLachlan.

3RD RESERVE BATTERY, C.F,A

116TH BATTALION Clayton Fuller.

CONSTRUCTION UNIT Arthur McKercher

196TH BATT.

R. R. Annett.

70TH BATTERY R. H. Trenouth, Murray M.

147TH BATTALION Austin Potter.

GUNNER Russ. G. Clark.

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BRAND TRUNK SOLLWAY TIME TABLE

Trains leave Watford Station as follows

GOING WEST Accommodation, 75....8 44 a.m.
Chicago Express, 3....11 19 a.m.
Accommodation, 83....6 44 p.m.

GOING EAST Accommodation, 80..... 7 48 a.m. New York Express, 6...11 16 a.m.

New York Express, 2 3 05 p.m. Accommodation, 112..... 5 16 p.m. C. Vail. Agent, Watford

AUTUMN'S TASK.

What All Good Housekeepers Should Know.

ABOUT FALL CANNING ARTS.

The Value of Accuracy Instead of Guesswork-Preserving Really Means Sterilization and Hermetic Sealing. Suggestions About Vegetables.

First.-Fresh fruits and vegetables are first choice, if available. If not, canned goods, homemade or commercial, are a veritable godsend-wholesome, convenient and economical.

Second.—Canning means sterilization (killing bacteria and spore by heat, and hermetically sealing so that no invaders can enter the can). Nobody needs a canning powder. They are always dangerous and useless.

Third .- There is little if any more danger of illness from canned goods than from fresh. Sterilization is a highly perfected process, and nearly all spoilage makes itself known to sight and taste and smell. The most care must be exercised with milk and meat

Fourth.-Throw away a can that is "swelled" or leaky. This may mean insufficient sterilization or gas formation, and no chances should be taken, though sometimes it means only overfilling.

Fifth.—Use a thermometer. Don't guess. Womanly intuition and the rule of thumb would never produce efficiency in a cannery, and they won't do it in the home kitchen.

Sixth.-Sulphites and saccharine in canned corn, copper sulphate for greening peas, boracic and salicylic acids for easier and surer preserving are all evils of a dead and buried past. The only canned goods chemically preserved to be found nowadays are those put up on the farms and in small towns. where the peddler of the "preserving powders" misleads the unsuspecting home canner into using his anonymous

Seventh.-A can of corn twenty-seven years old recently was critically examined by a food commissioner and pronounced to be "good eating." A product that was inferior before going into the can may at one year of age be a poorer product than its elder brother. However, age is not to be desired in canned foods, and they should not be carried over several seasons. amount of tin dissolved increases on standing, condensed milks "lump" and excesses of heat or cold injure quality.

DAUGHTER'S FALL COAT.

Advance Design of What Schoolgirls

Need For Autumn. For schoolgirls is this attractive coat of dark green worsted, cut with a fitted waist and a graceful circular skirt. Novelty buttons mark the good



the cuffs and broad sailor collar. Clever mothers can easily duplicate this garment in any preferred material.

waist line, and strips of beaver trim

Cross Stitches Cross stitch is effectively applied to many handkerchiefs. A pretty gift can be made in quick time by using Dutch blue cotton or silk to cross stitch a design in the corner of a handkerchief.

Salt For Egg Stains. Egg stains on silver spoons can be re-moved by rubbing them with damp

BUILT IN BLOOD.

Petrograd, the Artificial Capital of the Czar's Dominions.

Travelers speak of Moscow as the heart of Russia, the real Russian city. and dismiss Petrograd as an imitation of other European capitals. But to me Petrograd seems more characteristical ly Russian, with its immense facades of government buildings and barracks narching along as far as the eye can reach, broad streets and mighty open spaces.

The great stone quays along the Neva, the palaces, cathedrals and imperial avenues paved with cobbles grew under the hands of innumerable serfs chained in a swamp by the will of a tyrant and were cemented with their blood, for where Petrograd now sprawls for miles and miles, a city built for giants, was nothing but a feverish marsh a hundred and fifty

And there, where no roads naturally lead, the most desolate spot, the most vulnerable and the most remote from any natural center of the Russian empire, Peter the Great had a whim to found his capital. Twenty thousand slaves a year for ten years were killed by fever, cold and disease in the building of Petrograd.

Nine times the court nobles themselves conspired to wreck the hated city and force the court to return to Moscow; three times they set fire to it, and three times the czar hung them at the doors of the palaces he had

forced them to build. A powerful section of the reaction. ary party has always agitated for the restoration of Moscow as the capital, and it is only in the last twenty years that the population of Petrograd has not been artificially kept up. - John Reed in Metropolitan.

PARTING SALUTATIONS.

Those Used In Different Nations Are

Very Much Alike. The parting salutations of various nations are strikingly alike. The vale of the Latins corresponds with the similar expression of the Greeks, and, though piety is not expressed distinctly in either, it was doubtless understood, for who can be kept in health without, as the ancients would say, the will of

The Greek word perhaps has a higher signification than the Latin, for it was not a mere complimentary salutation. St. John forbids it to be given to heretical teachers.

The French on taking leave say, "Adieu," thus distinctly recognizing the providential power of the Creator, and the same meaning is indeed conveyed in our own word "goodby." which is a corruption of "God be with

The Irish in their warmth of manner and love of words often extend the ex-

A well known guide, upon one of our friends leaving one of the loveliest spots in Wicklow, shook hands with him heartily and said in a voice somewhat more tremulous through age than It was when Tom Moore loved to listen

"God Almighty bless you, be with you and guide you safely to your journey's end!"

This salutation, when used thoughtfully and aright, has not only a pleasant sound, but deep meaning.

When He Was Bad.

It has been said that you never know a man till you travel with him, and certainly traveling has a tendency to bring out all the depravity innate in human nature. Out of this test; however, Benjamin Disraeli emerged with flying colors. This is what was said of him by Mrs. Austen, who, with her husband, traveled with him when he was quite a young man, as related in Mr. Monypenny's biography:

"Your brother," she says (the letter was addressed to Disraeli's sister), "is so easily pleased, so accommodating, so amusing and so actively kind that I shall always reflect upon the domestic part of our journey with the greatest pleasure. Your brother has behaved excellently, except when there is a button, or, rather, buttons, to be put on his shirt; then he is violently bad, and this happens almost daily,"

APPLES, ORANGES, FIGS AND PRUNES

Are The Four Fruits Used in Making "Fruit-a-tives

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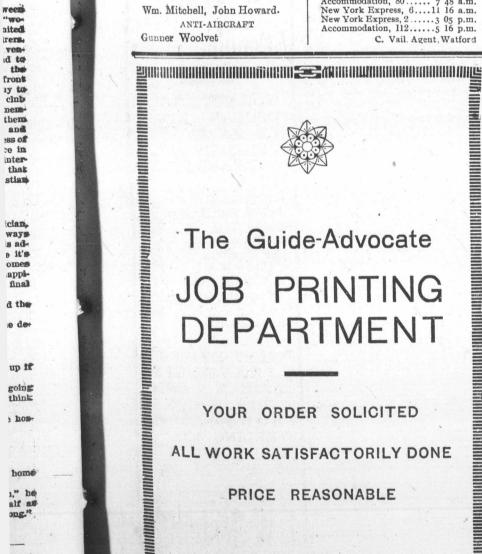
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