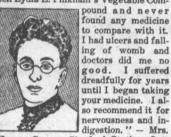
SUFFERED

For Years, Restored To Health by Lydia E. Pinkham's Vegetable Compound.

ing us such letters as the two following, which are heartfelt expressions of gratitude for restored health:

Glanford Station, Ont .- "I have taken Lydia E. Pinkham's Vegetable Com-



ing of womb and doctors did me no good. I suffered dreadfully for years until I began taking your medicine. I alnervousness and in-digestion." - Mrs. HENRY CLARK, Glanford Station. Ont.

Chesterville, Ont. - "I heard your medicines highly praised, and a year ago I began taking them for falling of womb and ovarian trouble.

"My left side pained me all the time and just before my periods which were irregular and painful it would be worse. To sit down caused me pain and suffering and I would be so nervous some-times that I could not bear to see any one or hear any one speak. Little specks would float before my eyes and I was always constinated.

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"I cannot say too much for Lydia E. Pinkham's Vegetable Compound and Liver Pills, for there are no medicines like them. I have taken them and I recommend them to all women. You may publish this testimonial."—Mrs. STE-PHEN J. MARTIN, Chesterville, Ontario,

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY.

UBSCRIPTION—\$1.00 per annum in advance. \$1,50 in advance to the United States. ADVERTISING RATES. Half Year 3 Month \$38 \$22 22 12 12 7

Advertissrs will be allowed a change of matter very two weeks. Weekly changes can be had at alight extra cost. Copy of change must be in printer's hands by Tueday afternoon.

LEGAL ADVERTISING:—First insertion per line, 10 cents; subsequent insertions a cente each time per line, Agate measure 14 lines to the inch.

BUBINESS CARDS—One inch and under, per year AUCHIONEER CARDS—SECO.

HARRIS & CO.

Guide-Advocate

HARRIS & CO. PROPRIETORS. WATFORD, SEPTEMBER 11, 1914.

NOTE AND COMMENT.

"Steady" is the word. There is absolutely no reason for panic in Canada. Our business should go pretty much as usual even if profits

are not earned for a season.—Globe. While a few years ago Canada had a large outgoing butter trade it has practically disappeared. Cheese is on the decline as well. Reasons are said to be that the American and Western Canada are buying up our good cattle. We cater more for the local market and the Northwest trade. Australia and New Zealand

have cut Canada out of the butter

trade of Great Britain.

that an aftermath of the war will be an unlimited supply of domestic help, the present depleted ranks being filled up with the thousands of the same o



frosted at the edges so that the light is thrown only on the road in front of the machine. The ordinary disk ight casts a glare which illuminates the whole road from fence to fence, and many feet in the air. The new type of illumination is said to be less annoying to pedestrians on the meetings!

Canadian women are continually writday the German navy has drunk confidently to the toast, "That Day."

In their vision "the day" was that on which they should meet the particular it differs from a group of British fleet upon the high seas. To-day the whole world is listening anxiously for the whispers, rumors, rumblings coming from the North Sea that seem to portend a speedy

> participation by Canada in the European war and don't know how to already has been largely successful. Many of these towns are in an exor general military purposes. the Militia Department it is stated that there is no more suitable gift and the people seem to favor this

HOME HINTS

Be natural and be proper, but not

Happy is the man who conserves his God-given power until wisdom and not passion shall direct it.

Leather knee pads are suggested to make it easier for the young man to propose. We fail to see the need of them, however. Seeing that no woman nowadays is ever known to refuse, prayers are somewhat of a superfluity.

If a child has any sensibility, scolding either kills it or makes it vicious. Children have rights which ought to be respected as much as their elders. They are as quick to see an injustice, and know as well as anyone else when parents are making fools of themselvss.

Six cents a year is about all one And it must work day and night to do that. When you try to compel it or coax it to earn twenty cents' a year it is very likely to balk, and just as like as not you will never see your dollar again, let alone the twenty cents. Most of the failures in big business and in small are due to the fact that many men are unwilling to put the dollar to work, and be satisfield with a legitimate and reasonable profit.

To say that you do not care what people think of you, usually means that you prefer that they think you rude, proud and uncivil; and that you are so morally diseeased that you enjoy the pain that this gives you, as a chronic dyspeptic enjoys the pain in his stomach. Sane and healthy souls want to be loved and admired. And this end is attained only by politeness and agreeableness.

Beware of Ointments For Catarrh That Contains Mercury

an unlimited supply of domestic help, the present depleted ranks being filled up with the thousands of widows and fatherless women, who rendered destitute will come out to this country demanding work of any kind. Not a very cheerful way of looking at the outcome.

Michigan has adopted an automobile regulation which requires the headlights of automobiles to be Sold by Druggists. Price 75c per bottle.

Take Hall's Family Pills for consti-

Immigration officials have instructions to hand all Austrians and German recruits over to Capt. Robinson, of the 27th regiment, who is instructed from headquarters to provide escorts from the guard for transmission of those taken in charge to Kingston. The 7th of London, prior to this, furnished the escorts. This duty is undoubtedly an honor to our local soldiers,—Sarnia Observer.

Table Manners

Canadian men are good workers. They see their wives and children but little except at the table. seems to be about the only family gathering. What a spectacle is the much less alarming to horses, and common management of these family

The father sits in glum silence, It is only a few years ago that the German Emperor declared that "Our parental example. The food is passfuture lies on the sea." Since that ed only when asked for, and is then

pigs gathered about a trough.

If these gatherings are rightly managed; if the experiences of the children in their schools were lovingly called out by parental interest if such news as the parents had picked up since the last meeting were A movement is on foot in Western | told-if this were the scene at the Ontario to get small towns which table three times a day if would wish to contribute to the cost of grow by what it feeds. The table meeting would be more attractive to the small people. do so best, to contribute horses. would grow into a loving oneness This movement was started last with their children. It would in week by Hon. Adam Beck and truth prove the greatest blessing to every member of the group, and in the long run would contribute more cellent position to secure horses to the physical, intellectual, social which would be suitable for artillery and moral development of the young people than any other agency can

Satety First on the Farm

In the Province of Ontario, during the year 1912, there were 1,831 deaths due to external violence. Many of these occured on the farms. No less than 25 were caused by injuries received from animals. caused by injuries received from animals. Many others were due to carelessnes around farm machinery, unsafe harness causing horses to run away, falling through open trap-doors or down feed chutes, ladders breaking, etc. In some cities, and over some railways lines, a "safety first" campaign is under way, "Stop, look, listen," is a spleudid warning sign for a railway crossing, but its equivalent should be sounded in many other places. The risks to life and limb on the farm are so numerous and so plain that one would expect to see them largely removed, but they are not. Children on the farm should be taught the dangers inseparable from association with live stock, and to be careful always. The bull may be thought to be sate and gentle, bull may be thought to be safe and gentle, but he can never be trusted. Three deaths, in one week, by goring are among the casualties in the press reports during June, 1914. Farmers are repeatedly taking chances by getting in front of the knife of the mower or binder, to make some adjustment or repairs, while the horses are hitched and liable to start, and thereby cause a serious accident. When threshing and silo-filling time comes, every precaution should be taken to guard against accidents. Prevention is a thousand times better than neglect and careless ness, which latter often leads to accidents and loss of life. Human life is held far too cheaply and if the parents fail to teach the children to be careful, and to avoid unnecessary risk and danger, they can scarcely escape responsibility when preventable accidents, causing disfigurement or loss of life occur. or loss of life, occur.

No man or woman should hobble painfully about because of corns when so certain a relief is at hand as Holloway's Corn Cure.

For catching small animals in high grass there has been patented a trap con-sisting of a board from which projects a number of barbed hooks.

Two eminent physicians are on their way from the United States to China to study native_methods of combatting epidemics, especially cholera. The efforts of the women of Dunnville

to raise funds for the hospital fund was a success in every way. The fund now amounts to \$410, and more is still com-The Academy of Medicine will care for needy dependents of absent soldiers and look after the practice of doctors on

The cheapness of Mother Graves' Worm Exterminator puts it within reach of all, and it can be got at any drug-

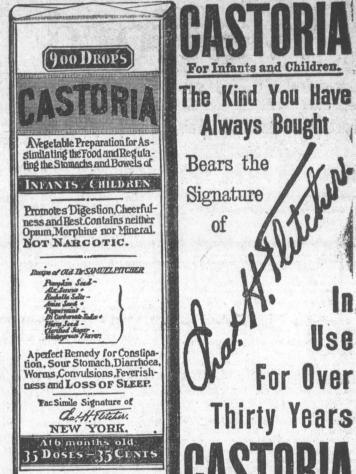
There are 239 municipalities in the Province of Ontario in which liquor licenses are at present in operation, and in all of which local option campaigns may be brought on this year, says the Pioneer, the official moral reform organ. A Petrolea boy named John Howlett was shot in the temple with a 22 calibre revolver, the bullet lodging in the brain. He was with some companions who were shooting at bottles for a target when a shot fired by Neil Racher struck the unfortunate boy. He died shortly afterwards.

wards,

At a meeting of the Indians of the Sarnia Reserve held last week the Indians passed a resolution unanimously requesting the Dominion Government to appropriate \$1,000 from the funds of the Indians to help England in her war expenses. Addresses were given by Chief Menass, Chief Jacobs, and others, and all were enthusiastic in their desire to aid England.

England.

An Oil That is Prized Everywhere.—
Dr. Thomas' Eclectric Oil was put upon
the market without any flourish over
thirty years ago. It was put up to meet
the wants of a small section, but as soon
as its merits became known it had a
whole continent for a field, and it is now
known and prized throughout this hemisphere. There is nothing equal to it. m



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Magnificent Programme of Attractions. Two Speed Events Daily New Fireworks Every Night.

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Reduced Railway Rates commencing Sept. 11th Special Excursion Days, Sept. 15th, 16th, 17th. All tickets good till September 21st.

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AT THE GUIDE-ADVOCATE Guide-Advocate Ads., are Business Bringers You can cook to the and bake an oven ful about. Let the McCl

The Awful Consequences of t Present European War

T. DODDS &

"A member of Lloyd's," the gr insurance firm of the world, writ fore the outbreak of war, said : ery great Continental State is liv on capital or credit and this cap and this credit will be destroyed war. Countries far removed fr Europe will suffer too. The strea of capital which have been devel ing Argentina and Brazil will dried up. There are few countries the world which stand to lose m by the war than will Canada. half-finished industrial schemes, railroads, newly built and hea bonded, are still dependent for tl life on European credit, and once support of that credit is withdra no man can foresee the count future. But it is in Europe the bl ing effect of war will be felt greatest intensity. "Great fina houses," says Mr. Hirst, "great r chants and manufacturers will down like nine pins. Capital will ish, mills will close, shops will em employment will drop and wi fall. Back of all this there is ominous shadow of War's twins ters, Famine and Pestilence. O the great nations now engaged war, Russia alone is capable of ducing food enough for her people.

Stoppage of Grog

How great has been the chang the sentiment of the world tow the consumption of alcoholic lie during the last fifteen years is sh by the change that has taken I in supplies for the soldiers. W the Canadians who volunteered service in Africa left for the fi they were, from the day they s from Halifax to the day they back, supplied with a ration of twice a week. The whole a fighting in Africa was given its as a necessity all through the paign. To-day things are diffe Among the first items of news came from Russia after the outh of war, is the startling annou ment that the sale of liquor thro out Russia has been prohibited. I Lord Kitchener, the Minister of we hear that no spirituous lie will be forwarded to the En soldiers fighting in France. only will the government not over regular rations, but it also fuses to forward consignments by friends as gifts to indiv soldiers. In Canada, Colonel B es has shown himself equally o ed to the use of liquor by the and has made the strongest re tions against its introduction to camp at Valcartier, even threat to dismiss from the service any found with liquor in his posses These are signs, of the times, indicate how strongly and unive the tide of public opinion is se against alcoholic drinks.-Wi

Use Miller's Worm Powders an battle against worms is won. powders correct the morbid conditi the stomach which nourish worms these destructive parasites cannot after they come in contact with the cine. The worms are digested by powders and are speedily evacuate other refuse from the bowels. Son is imparted to the organs and the sof the child steadily improves. Use Miller's Worm Powders an

A Frenchman has mounted a l frame on a sled in such a way ti pedalling he drives it over snow with an aerial propeller.

Children Cr FOR FLETCHER'S CASTORI