MEDICINE E FROM FRUIT

dinary Success which 1-tives" Has Achieve ason why . "Fruit-odw traordinarily successful in lief to those suffering with tion, Torpid Liner, Indigen onic Headaches, Neuralgin, and Bladder Trankin, ison, Poin in the Back, and other Skin After

se it is the only medicine to 1 made from fruit jaices. composed of the medicin s found in apples, enanges, prunes, together with the onics and antisepties of box, 6 for \$2.50, trial size 200.

dealers or sent postpaid t-a-tives Limited, Ottawa.

nd variance, and some keep pickle all their lives. These lways serve them up with auce. Now it cannot that husbands will be tengood if managed in this on the contrary, very demanaged as follows :-- Get led the jar of faithfulness, I good wives keep on hand,) ur husband in it, and set he fire of conjugal love; let be pretty hot, but especially clear, and above all let the onstant. Cover him with afindness and subjection, garmodest becoming familiarspiced with pleasantry, and kisses and other confeclet them be accompanied ufficient portion of secrecy. ith prudence and modera uld advise all good wivthis recipe and realize what able dish a husband makes operly cooked.

FOR THANKSGIVING

WILLIAM WARNOCK, Esquire sh farmer, waking up in the Aylmer, Ontario, Attorney for aid George Sherman Bradley, by w an apparition at the foot bed. He reached out for a W. HAROLD BARNUM,

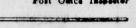
perforated the ghost with a n the morning he discoverd made a target of his own NOTICE TO CREDITORS did you do then?" inquired Of Abram Wagner, Deceased

to whom he told the story. It down and thanked God Pursuant to Sec. 56 of Chapter 121, R. S. O., 1914, notice is hereby given that all creditors and others having claims against the estate of Abram Wagner, late of the Town of Aylmer, in the County of Elgin, yeoman, who died on or about the ninth day of October, A. D., 1918, are, on or before the first day of December, A. D., 1918, to send by post, pre-paid, to Junius Bradley of the said town of Aylmer, the Administrator, of the said der ceased, their christain names and surnames, addresses and descriptions the full particulars of their claims, a statement of their accounts and the idn't been inside it," said the piqusly.



Tenders, addressed to the ter General will be received va until noon, on Friday, the of December, 1918, for the nce of His Majesty's Mails, posed contract for four years, s per week, over Aylmer No. toute, from the Postmaster s pleasure. d notices containing further

d notices containing further tion as to conditions of pro-ontract may be seen and blank f Tender more thank f Tender may be seen and bignk f Tender may be obtained at Offices of Aylmer, Kingschill ingfield, and at the office of t Office Inspector, London. Office Inspector's Office, Lonth October, 1918. CHAS. E. N. FISHER, Post Office Inspector



day, November 28, 1918

BEECHAMS

When your head aches, it is usually caused by your liver or stomach getting out of order. These "sick headaches" quickly disappear as soon as the stomach is relieved of its bilious contents. Right your stomach and regulate and tone the liver with Beecham's Pills, which rapidly improve conditions and promptly

Help Headache

Directions of Special Value to Women are with Every Boz. Prepared only by Thomas Beecham, St. Helens, Lancashire, England, Sold everywhere in Canada and U.S. America. In boxes, 25 cents.

N THE MATTER OF GEORGE NOTICE TO CREDITORS SHERMAN BRADLEY

the

His Solicitor

addresses, and descriptions

nd a full statement of particulars

curtiy (if any) held by them duly

rtified, and that after the said day

he Attorney will proceed to dis-ribute the assets of the said George

arman Bradley among the parties

netitled thereto, having regard only. the claims of which he shall then

Dated this 13th day of November

the full particulars of their claims, a statement of their accounts and the nature of the securities(if any) held by them, and that after the day last aloresaid the said Administrator will proceed to distribute the assets of the said deceased among the parties relief deceased among the parties

the said deceased among the parties entitled thereto having regard only to such claims of which notice shall have been given as above required, and the said Administrator will not be liable for the said assets or any

NOTICE TO CREDITORS

In the Matter of the Estate of AL-BERT TRIM, late of the Town of

Aylmer, in the County of Elgin,

are on or before the Seventeenth

day of December, A.D., 1918 to send by post prepaid or deliver to the undersigned Solicitor for the Execu-

ir claims and the nature of the

n the matter of the Estate of James Mitchell, Senior, late of the Town-shhip of South Dorchester, in the County of Elgin, Yeoman, deceased NOTICE is hereby given that all ersons having claims against the aid George Sherman Bradley, are aid George Sherman Bradley, are equired to send by post prepaid, or o deliver to William Warnock. Es-uire, Aylmer, Ontario, the under-igned Attorney, under Power of ttorney, on or before the twentieth ay of December, A. D. 1918, their ormes addresses, and description

Notice is hereby given pursuant to Section 56 of the Trustee Act, being Chapter 121, Revised Statutes of Ontario, 1914, that all creditors and other persons having any claims whatsoever upon or against the es-tate or property of James Mitchell, Senior, late of the Township of South Dorchester, in the County of Elgin, Yeoman, who died on or about the Fifteenth day of June, in the year of our Lord one thousand nine hundred and eighteen, are on or before the and eighteen, are on or before the Fifth day of December, A. D. 1918, to send by post prepaid or deliver to the undersigned Solicitor, for the Executors of the last Will and Testament of the said James Mitchell, Senior, deceased, at his office, Brown House Block, Aylmer, Ontario, a statement in writing of their names and addresses, and full particulars of claims with vouchers, and the nature and value of all securities, if any, reld by them. And notice is hereby further given

that after the said last mentioned date, the said Executors will proceed to distribute the assets of the deceased amongst the parties said entitled thereto, having regard only to the claims of which notice shall have been received as above required, and the said Executors will not be liable or responsible to any person of whose claim notice shall not

have been received as aforesaid at the time of such distribution for the assets of the Estate or any part thereof so distributed. Dated at Aymer this fifth day of November, A. D. 1918.

A. E. HAINES,

Solicitor for the Executors, Daniel McIntyre and James Mitch ell, Junior.

November 28th

NOTICE TO CREDITORS

In the matter of William George White, an In^solvent.

be hable for the said assets of any part thereof, to any person or persons sons of whose claim or claims notice shall not then have been received by him at the time of such distribution. Dated at Aylmer this 1st day of November, A. D., 1918. erly carrying on business as a struction, \$35,747.31; a total of \$70, milk vendor at the said Town of Ayl-968.37. This will be increased by the Junius Bradley, Administrator, by Miller and Backus his Solicitors. November 28th.

Always bears the Signature of Char H. Flitchers

THE AYLMER EXPRESS

SUMMER FALLOW FOR FALL WHEAT CROP

Thorough Preparation of the Land Demands an Early Start

The requirements of our European allies in regard to wheat are norm ally 900,000,000 bushels annually, of which they import 400,000 bush-els, or nearly half. An effect of the war is the reduction of wheat acre-age in the countries of Western Europe through invasion of territory and the turning of a great proportion of the man-power of these countries from agriculture to military service. Consequently, production "over there" is reduced even though acreage yileds have been maintained through the efforts of the boys and women of the invaded countries. As a further consequence it now devolves on the farmers of North America to make up the difference between the present and the former wheat production of those countries in adition to pro-ducing the amount exported in normal times. In fact, even greater pro-duction than this is necessitated by the shutting off of supplies formerly Europe from Australia received by

and other distant countries, by shor-

tage of shipping. There is little doubt that the far-mers of the United States and Can-ada can, this year, produce the 400, 000,000 plus required by our Euro-pean allies. The estimate of the United States Fall wheat yield is 60,000,000 bushels ,and although the Fall wheat in Canada proved a 50 per cent failure, there is a considerable increase in the Spring wheat area and the crop to date is doing famously, as is the Spring wheat in the United States. However, the good outlook is no excuse for letting up on the saving of every possible grain of wheat because there other year coming, in which the French, Belgians and other allies will be little better than able to pro vide their normal home-grown supply than they are this year.

In addition to the heed for the practice of strict economy in the use of wheat by consumers on this con-tinent, there is also the need for immediate action on the part of the farmers in preparing for the sowing of a great acreage of fall wheat. Last year's poor experience with this crop must not be allowed to diswith courage the growers, they should rather undertake the work with a determination to provide fields for the sowing of the crop that are better drained, better cultivated and more generously fertilized than ever before. No reason for the very general failure of fall wheat last winter can be advanced, except the peculiar severity of the season, though it must be admitted that late sowing of the crop was responsible in some instances. This last-named drawback must be fended off this year by taking every opportunity to prepare the land early, with particular

regard to summer fallows

THE COUNTY COUNCIL \$70,968.37 Spent for Good Roads

The session of the county council last Thursday morning was cheifly taken up by the report of the good roads committee for the year and

Notice is hereby given that Wil-tiam George White, of the Town of Avlmer, in the County of Elgin form Aylmer, in the County of Elgin form- for maintenance, \$29,491,28; for con-



between winter coughs and colds, and serious consequences. Peps are tablets made up of Pine extracts and medicinal essences, which when put into the mouth turn into healing vapors. These are breathed down direct to the lungs, throat and bronchial tubes --not swallowed down to the stomach, which is not ailing. Tr a Soc, bor of Peps for your cold, your courb, bronchilis or ashma. All drugsist and stores or Peps Co., Toronto, will supply

committee urged the council to deal with the matter of reconstructing the Port Stanley bridge, as advised

y Engineer Bell, on account of the west bank continually giving way. A committee was named by Warden Cornell consisting of Engineer James A. Bell, Reeve Oscar McKenney, of Aylmer, and Warden Corn-ell to wait upon the Minister of Public Works with regard to getting the Government 'to construct a swing bridge at Port Stanley, as more harbor room is needed there.

Old Plank Road Overlooked

A resolution was adopted unaninously that a committee from the ouncil should be appointed to co-operate with the county council of Oxford and other municipalities an effort to have the Old Plank Road or Road No. 44, from Tillson-burg to Port Burwell designated by Provincial 60 percent highway intead of a 40 per cent road.

The discussion on this matter was opened by Deputy-Reave Thomas Dennis of Bayham, who de-clared that he did not think that the ratepayers of Bayham were getting a square deal by the road not being designated with the others in the county. It was one of the main travelled roads in the county, he explained, being the only outlet to the lake for Tillsonburg, Woodstock, Ingersoll and other places in that section. The committee named to deal with the matter were Deputy-Reeve Dennis and Reeve Malcolm McVicar of South Dorchester

Inspector Turner's Report.

Inspector Angus Turner of the County House of Industry had a comprehensive report of the year's business at the institution for the approval of the council.

At the commencement of the year, Inspector Turner reported there had been 46 inmates in the institution: during the year, 13 had been admited: five had died; three had been discharged; four had absconded an 47 were in the house at the pres-ent time. Of the 13 admitted during the year, five had come from Yar-mouth; one from each of the townships of Aldborough, South Dor-chester, and the villages of West Lorne and Dutton; two from each of the townships of Malahide and Bayham. The vilage of Rodney, the

town of Aylmer and the townships of Dunwich and Southwold had had no inmates of the house. Grants were made to the Elgin

THESE ARE FAMILY TIMES and family ties and interests per-vade everything. It is a time when the value of the Youth's Companion to the family is doubly appreciated. It serves ALL, every age, because youthfulness has nothing to do with ware and the canor average to the youthfulness has nothing to do with years, and the paper appeals to the hopeful the enthusiastic, those with ideals. The Editorial page is for full-fledged minds, and the Family Page, Boys' Page, Girls' Page and Special Features delight all hands. The Companion is a friend, a ser-vant, a story-teller, an informer, a physician and a humorist. It not only stands for the best things but it fugnishes them. The brightest the surest and most trustworthy periodical—and known as such for over ninety years. The family fav-orite in the homes that make Amer-

a what it is to-day. Although worth much more the paper is still \$2.25 a year. Don't miss Grace Richmond's great serial, Anne Exeter, 10 chapters, beginning December 12. The following special offer is made

o new subscribers. 1. The Youth's Companion-52 issues of 1919.

2. All the remaining weekly issues of 1918.

3. The Companion Home Calendar for 1919.

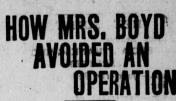
All the above for only \$2.25. THE YOUTH'S COMPANION, Commonwealth Ave. & St. Paul St., Boston, Mass.

New subscriptions received at this office.

was held on Friday afternoon, when the resignation of K. W. McKay, as county treasurer was very reluctantly accepted. Mr. McKay, who is also secretary of the county, explained duties were becoming that his heavy with the two offices, that he did not wish to continue at the old salary. The council did not feel they cared to increase the salary and his resignation was accepted in the hope that he may yet reconsider the matter. A special session will be held on December 17th, when the appointment of a new treasurer be decided upon. Reeve Oscar Mc-Kenney, of Aylmer, and Warden Cornell were appointed a committee to receive applications for the position At the instigation of Reeve W. Todd, of Yarmouth, a motion was passed unanimously that the council emoralize the government and petition for a war souvenir to be placed on the court house grounds.

Grants to be Accumulative

A noteworthy motion by Reeve McKenney and Reeve Graham dealing with the government grants for good roads work was passed unani-mously, the motion reading: that it be accumulative.

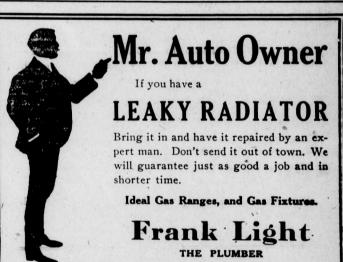


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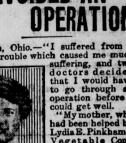
E. Pinkham Medicine Co., Lyn for advice. The result of ma experience is at your service.

is the opinion of this council that grants to villages and towns under the provisions of the highways act should be accumulative and available for expenditure at any time, the motion to be referred to the depart-ment for their approval.

In bringing up the matter Reeve McKenney explained that some of the municipalities this year had been unable to use their grants on good road improvement on account of the searcity of labor and material. thought that, because a municipal-ity was unable to take advantage of the grant one year, they should not lose the money entirely. Reeve Graham stated that by adopting the motion the council was removoing any doubt that might exist regarding the meaning of the clause in the act dealing on the matter, which was somewhat ambiguous. The Minister of Highways, he stated, had informed him that the real meaning of the



Page Nine



hoice Meats

t's a nice roast of Beef, ork : a choice tender steak few nice chops with upt and cordial attention

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WARNOCK Public and General Agent

ill insure your buildings, your your health, against sickness ccident; your stock against from actifant or sideness; t your enrous cash on mort or Dominion War Lang : sacure you a lean as the collect your encyland t laue your marians b ; and do writings of all at the lowest things one

Warnesk Notary Public.

A. E. HAINES Solicitor for the Executrix, Sarah Trim. Nov. 21-28. Dec. 5-12.

mik vendor at the said lown of Ay-mer has made an assignment under the Assignment and Preferences Act and the amendments thereto (if any) of all his estate credits and effects to Edward Allen Miller of the Town of Aylmer in the County of Elgin for the general benefit of his creditors.

culverts and the grading of approx-imately fifty-one miles of road. The machinery purchased included: 6 road graders, 53 road drags, 6 road

BERT TRIM, late of the Town of
Aylmer, in the County of Elgin,
Yeoman, deceased.of Elgin for the general benefit of
his creditors.culverts and the grading of approx-
imately fifty-one miles of road. The
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the application would not be grant-
teulars thereof the day of such
the apolication would not be grant-
teulars thereo And notice is further given that after the 2nd day of January, 1919, the assignee will proceed to distribute the assets of the debtor amongst the

Reeve Hare of Malahide reported that he and Warden Cornell had by post prepaid or deliver to the undersigned Solicitor for the Execu-trix of the last Will and Testament of the said Albert Trim, deceased, at his office. Brown House Block, Ayl-mer. Ontario, a statement in writing of their names and addresses and full particulars of claims with vouch-ets, and the nature and value of all securities if any, held by them. And notice is herby further given hat after the said last mentioned date, the said Executrix will proceed to distribute the assets of the said deceased amongst the parties en-titled thereto, having regard only to the claims of which notice shall have been received as above required, and for responsible to any person of whose claim not distribution for the assets of the Estate or any part there of so distributed. Dated at Aylmer this Nineteenth as the of such distribution for the assets of the Estate or any part there of so distributed. Dated at Aylmer this Nineteenth at of the Estate or any part there of so distributed. Dated at Aylmer this Nineteenth and that the 18th day of November, so distributed. Dated the 18th day of November, and that a fer the said executrix will not be liable for responsible to any person of whose claim notice shall have been received as aforesaid at the sets of the Estate or any part there of so distributed. Dated at Aylmer this Nineteenth and the 18th claims and Children In **Dayham**, and Malahide they for Infants and Children In **Dust For Over 30 Years** Always bears the **CASSTORTIA** Nawys bears the **CASSTORTIA** Nawys bears the **CASSTORTIA** No Thursday afternoon the report and recommendations of the Public Improvement Committee took up considerable time and discussion. made a careful inspection of the good roads in South Dorchester, Bayham and Malahide and had been well pleased on the whole old been

and recommendations of the Public Improvement Committee took up considerable time and discussion, following the adding following the reading of the report by Reeve W T. Hare, of Malahide, chairman of the Committee. The

County Poultry and Pet Stock Show, St. Thomas, and the East Elgin Poultry and Pet Stock Association. Final Session

The final session of the council



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