

#### Worth Knowing.

Worth Knowing. A delicious soda biscuit to serve with atternoon tea is made as follows: A tablespoonful and a half of butter, two tablespoonful of cream of tartar. case tablespoonful of soda, one pind of milk, a little salt, and one quart of milk, a little salt, and one quart of milk, a little salt, and one quart of milk of the liquid slowly to the flour. Sult, but-ter and cream of tartar together; then dissolve the soda in the milk, and add the liquid slowly to the flour. Work the whole mixture together well, roll the dough out to a quarter inch thick-mess, and cut it into rounds about the size of a quarter. Bake brown in a guick over.

size of a quarter. Bake brown in a quick over. A few drops of lemon squeezed in the water in which polatoes are boll-ed, just before they are done, will prevent them from turning black. Vaseline will leave a stain that is hard to get out. Wash goods stained by vaseline first in warm water and soap, then a few drops of chlorinated soda rubbed on the spots will cause them to disappear.

Minard's Liniment used by Physician

RAISIN DISHES.

### ne Good Ways to Use Health.

ful Article.

emon-Raisin Pie may be tried for a nece. Simply cook two-thirds cupful and seeded raisins in one and one-rice rupfuls water about twenty min-a. Mix two tablesponfuls each of and cornstarch with two-thirds

Had ship's anchor fall on my knee and ex. and knee swelled up, and for six lays I could not move it or get help. I here started to use MINARD'S LINI-MENT and two bottles cured me.

PROSPER FERGUSON.

apful sugar, dilute with four table-

confus water, add to relatis and cook til amoth and clear. Take from fire, add three tablespoon-a isemon juice, grated rind of one iem-a one tablespoonful butter and yolks one walking between the second second caustare pie. When crust is well baked filling firm cover with meringue an atiffly beaten whites two eggs, two bespoonful powdered sugar and pre-quarters tempoonful lemon ex-met.

tablespoonfuls powdered sugar and htree-quarters teaspoonful lemon ex-tract. Bannas-Raisin Pie-Cook one-half cup-ful chopped seed raisins in one cup water until plump. Take from firetunbs mixed with one tablespoonful flour and one teaspoonful butter. Let stake dover-ed until cold. Cut one large banana in thin allees, add one-quarter teaspoonful einnamon, two tablespoonfuls iemon jukes, three tablespoonfuls augar. Liree-guarters teaspoonful lemon extract and two tablespoonfuls augar. Liree-guarters teaspoonful sugar, three guarters teaspoonful seven the seven two eurfolds have tablespoonful sugar, two well-beaten eggs, one cupful milk, two eurfold baking powder and one guarter teaspoint a single pieces and events baken one powder and one guarter teaspoint a single piece and event the one-quarter cupful flour. Turn into buttered cups. Steam about search and flavored to taste. Raisin Que Cakes - Two-thirds cupful better, two cupfuls sugar, four eggs, one ourfur one and poonful mach cupful beater, two cupfuls sugar, four eggs, one ourful cup Cakes - two-thirds cupful beater, two cupfuls sected raisins cut in haives and small pieces. able in muf-fin pans. Cover with froating and pu-ties and and pieces. Able in muf-fin pans. Cover with froating and put-ter of the sected and the sected raising cup

Keep Minard's Liniment in the house

Life is a joke to the young mar-ried man who can make light of his bride's first biscuits.

It is

# Scientific Odds and Ends. In 1916 the U.S. produced 54,209,000 tons of coke. It is believed that kerosene was first used for lighting in 1826. Until the year 1874 the Japanese used to vaccinate on the tip of the nose.

used to vaccinate on the tip of the uses. The press of the Oxford University has type for printing in one hundred and fifty languages. The Newfoundlanders are said to have the finest physique of any Brit-ish-speaking people. Greater New York consumes at least one-twentleth of the food eaten in the United States. The Amazon drains an area of two million five hundred thousand square million-ten times the area of France-and in connection with the river and lits tributaries are said to be fifty thou-sand miles of navigable water.

## THE BEST MEDICINE FOR LITTLE ONES

There is no medicine for little ones to equal Baby's Own Tablets. The Tablets are a mild but thorough laxa-tive; pleasant to take; do not gripe and never fail to relieve the little one of constipation, indigestion, colic or any of the other minor aliments. Con-cerning them Mrs. Jos. Monzerolle, Eel River Ridge, N. B., writes:--''I believe Baby's Own Tablets are the finest medicine for little ones I have ever used. From my own experience I would recommend every mother to keep a box on hand.'' The Tablets are sold by medicine dealers or by' mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont. Ont.

#### WORTH KNOWING.

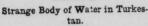
WORTH KNOWING. When making lemon meringeu pie and desiring a sugar coal on it, sift powdered ed sugar over the top before it is placed out the oven. Automatical sector of the sector of the sector in the oven. Automatical sector water, with a hand-ful of sait in it, will clean matting; rub the matting lengthwise. The drops of water added to the page from becoming togst. The tacking white olicioth over the woodwork on your sink, being careful to built smoth and tack underneath; this is handy when the sink is in bad condition. The ackens white olicioth over the woodwork on your sink, being careful to built smoth and tack underneath; this is handy when the sink is in bad condition. The ackens white olicioth over the woodwork on your sink, being careful to the radiators and also the wells are dired up all the left-over meat, boil in matters in concile dougle dough, boil the means of noodle dough, boilt fur-means of noodle dough. boilt fur-means of noodle dough boilt fur-means of noodle boilt fur-means of noodle dough boilt fur-means of noodle boil

a rotary bester and it will be tright. To make a tough steak tender rub it on both sides with vinegar and olive oil, thoroughly mixed, and allow it to stand two hours before cooking. Shred codfish and chip beef and put them in jars so that they will be ready to cream without trouble. Size baper, or else pack the slices in a ginas jar.

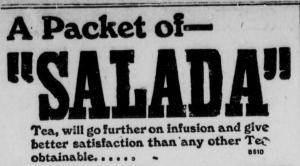
# NO CURE, NO PAY (Cure Your Bronchitis, Coughs, Colds, Bronchial Asthma and Hoarseness as We Cured Ours)

Colds, Bronchial Asthma and Hoarseness as We Cured Ours) We have hundreds of testimonials from overy part of Canada testifying to the wonderful healing power of White Bron-chitts Mixture. Mr. Clarke, "R Indian koad, Toronto, consided for 3 yars with Bronchi, consider for 3 yars with Bronchi Yoshile avenue. Toronto, coughed for 16 years; one bottle cured her. John E. Gibbs, "Senella, suffered fifteen years with Bronchial Asthma, and anys there is nothing like it. W. Mc-Brayne, New Liskeard; It is the strate-est mixture. The above are only a few mames of the many thousands that have benefited by this great mixture. Write any of the above. They will be only too pleased to tell you more about it. The above mixture is sold antee to cure any of the above allonets. Then three more powerful than any known preparation; actualike mask: one dese gives instant re-lief and a good night's rest without a for mailing old only by Buckley. The Drugsist, 97 Dundas street east, Toronto.

WANDERING LAKE.



Lake Lop-nor, the wandering lake of the desert of Tayla-makan, in eastern Turkestan, is the termination of the River Tarkin. Like a pendulum, the iake has swung from the south to the north of the desert, and back again, since the memory of man. The wan-derings of the lake are a tradition handed down from father to son for centuries. The natives of the lake shore have always followed the wat-ers.



Not a shadow of doubt about this. TRY IT!

Ask for Minard's and take no other.

Sculpture by Photography.

SMITH GOT WISE

A sore corn, he said, was bad en-ough, but to have it stepped on was the limit. He invested in a bottle of Putnam's Painless Corn Extractor, and now wears a happy smile. Corn is gone-enough said. Try Putnam's Extractor, 26c at all dealers.

Scientific Discovery by Cat.

Beer Ancient Drink.

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Franglais a New Tongue.

Lake Lop-nor is one of the hottest places on the map in the summer and the clodest in the winter. During he winter months the lake is entirely iro-zen over, the temperature diving to 20 degrees below zero. In the summer the combination of a temperature of 106 degrees and the innumerable flies and mosquitoes which swarm on the banks make Lop-nor anything but a summer resort. Frangials' is a new language that you hear in France to-day. The word is made out of Francaise and Anglais, the French words for French and English—and the language itself is made out of a fearful jumble of words that were perfectly good when they played by themselves, but don't always mix.

banks make Lop-nor anything bu: a summer resort. The explanation of the lake's wan-derings lies in the fact that T<sub>1</sub>.'n car-ries every year quantities of slit to the lake bed, which slowly rises in time, a hundred years or so, the river must seek a new outlet, and the pendulam swings to the north or south of the desert, as the case may be.

played by themselves, but don't always mix. Franglais is what you hear where Americans and English men and wo-men without a very good knowledge of their hosts' own speech find them-selves at work alongside of French men and French women-soldiers, nurses, relief workers, shopkeepers and all sorts of folk. American Red Cross workers say that when you gather up several hundred little French bables who have hardly begun to speak any language at all and several hundred little ones who are speaking the universal and universally incomprehensible language of babyhood, the results are one de-gree harder to understand than grown-up Franglais.

### Fooled the Reporter.

A good story concerning De Valera, the Sinn Fein leader, is going the rounds of London.

Sculpture by Photography. A progress for producing bas-reliefs by photography is the fruit of the in-ventiod of an Italian scientist. The basis of the invention is the property possessed by a film of chrom-to the intensity of the light failing upon it. The swelling is greater with a low than with a high intensity, so that the light passing through a photo-graphic negative produces upon a chormium gelatin plate a positive in distinct relief. The transparency of an ordinary negative, however, is not truly propor-tional to the relief of the original model, but by an ingenious automatic difficulty is avoided and a negative is obtained having its lights and shades correctly graded to produce the effect of relief. It appears that recently a certain London newspaper sent a reporter over to Ireland to take shorthand notes of one of his speeches. The audience objected, but De Vaiera was all smiles and urbanity.

and urbanity. "Let the gentleman remain," he said. "So far as I am concerned, he is at lib-erty to report my speech verbatism, if it pleases him." De Valera advanced to the front of the platform. Eyes glistened, ears were all attention, and the reporter's pencil was poised in the air. De Val-era besowed one more benignant smile on the newspaper man, winked wick-edly at his audience, and began his speech-in the Gaelie language.—Pear-son's Weekly.

### **RELIEF AT LAST**

I want to help you if you are suffering from bleeding, itching, blind or pro-truding Piles. I can tell you how, in your own home and without anyone's nesistance, you can apply the best of all treatments.

#### . PILES TREATED AT HOME

human knowledge without being com-pelled to sacrifice herself on the altar I promise to send you a FREE trial of the new absorption treatment, and re-ferences from your own locality if you will but write and ask. I assure you of immediate relief. Send no money, but tell others of this offer. pelled to sacrifice hersel on the attar of science. This cat belonged to a member of an expedition into the interior of Aus-tralia. One day she brought to her master a strange little animal which she had captured among the rocks. The man handed the animal over to the naturalist of the party, who saw at once that pussy had made an impor-tant discovery. The animal she had caught was a new and apparently rare species of the tribe of insect eating marsuplais belonging to the great fam-ily of which the giant kangaroo is the most consplcuous representative. Address

MRS. M. SUMMERS,, Box 18, Windsor, Ont.

### The Social Fabric.

To uphold the social system women submit to uncounted tests of their con-They endure physical discom stancy. Minard's Liniment Lumberman's Friend. fort, ennui, the peril of cold drafts and damp places, hours of weariness and moments of acute annoyance for the sake of what, to a man, is an unim-portant social matter. And even though at times she feels that it would mater little if the whole social scheme of things should perish-and that in

Beer is believed to be one of the most ancient of drinks. Manuscripts written at least 3,000 years before the Christian era show conclusively that even at that primitive period the manufacture of an intoxicating liquor from barley or other grain was extensively carried on in Eur-ope. stantly with fire and bloodshed if need



### ISSUE NO. 18, 1919

HELP WANTED-MALE WANTED SAWYER FOR CIRCULAR mill. Apply to Reid Bros., Both-

### MISCELLANEOUS.

BABY CHICKS OF QUALITY-Single Comb White Leghorns, from high class stock; bred to lay. Order now and get the early layers. "You (25) six doilars, (36) elevend cuaranteed; also cight-weeks old pullets, one doller each. Wainut Glen Poultry Farm, R.R. No. 4, Chatham, Ont.

SEED CORN-FINEST GRADE OF White Cap. Quality guaranteed, 3269 per Dushel, f.o.b. horo (accarreo, Buy from a farmer and a we the middle-man's profit. Write S. J. McLenon, R.R. No. 4, South Woodsiee, Out.

T IS ALWAYS SAFE TO SEND A Dominion Express Money Order. Five Dollars costs three cents.

BRED TO SHOW LAYING BARRED Rocks, Tobacco and Garden Plants. Write for Catalogue Chus. Barnard, Leamington, Ont.

#### SEED CORN

White Cap Wisconsin No. 1, carefully grown, selected and tested. Strong, viscotus seed. Germination guaranteed. \$2.00 to \$3.00 per bushel. Freight prepaid. A GRANT FOX, RUTHVEN, ONT.

### FARMS FOR SALE.

W ESTERN FARM LANDS - IF YOU want to sell your western farm land send me proper description and easiest terms, and I will endcavor to sell it for you. J. J. White, Drawer 495, Orange-ville, Ont.

ville, Ont. C HOICE FRUIT FARM OF FIFTY access on the th Con. Township of Yarmouth, County of Estin; with over apple orchard the best varioties, which were piented in the spring of 1913; has also smail orchard of 50 plum and 50 pear trees of selected variaties; there are also large numbers of cherry trees and smail fruits, as follows: 66 gooseber ies, 70 red currants, 100 thigd acre of itrawberries, which were planted in 1917; there is a splendid frame house, with wide verandahs; good barr and whet soli is peciality adapted for market garden and fruit, and is within short distance of city limits. Apply F. M. Griffin, St. Thomas, Ont.

### Farm For Sale.

In the fifth concession of Spence Township, Parry Sound district, in Orange Valley, 400 acres, 80 acres clear ef mixed soil, well watered, river mix-ing through, good ranching life dib hor outer building. For further infor-mation, write ALEX, FARMOW, North-Seguin, Ont.

### BUSINESS CHANCES

WELL-ESTABLISHED BOOK, STA-tionery and a fancy goods business for sale at bargain, iarke briek store; dwelling above: all stock up-to-date; best reasons for seiling. Box 113, Mark-ham, Ont.

CORNWALL SASH AND DOOR FAC-tory, saw, pianing and shingle milis for sale. Dimensions: Planing mili bolier house, 23x64, brick; storehouse, 50x100, two-storey brick; storehouse, within radius of 20 miles; doing large and prosperous business; reasons for inspection; rare business opportunity. Address Atchison & Co., Cornwall.

\$2,000 CASH. BALANCE LIKE ILEYT, secures a small, flour-bahing stam laundry, fully modern. Seven-roomed house on same lot. Estbd. 198. Write for particulars. Kelvin Laundry. Norwood. Winnipes.

#### NURSING.

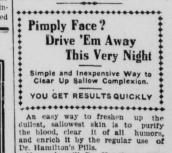
NURSING-NURSES EARN \$15 TO \$55 A week Learn without leaving home. Send for free booklet. Royal College of Science, Dept. 124, Toronto, Canada.

### FOR SALE.

F OR SALE-1 40-QUART POLAR freezer; one 5-quart freezer and los cream tube and cans; all sizes; a bar-gain. 34 Hunter street, Toronto.

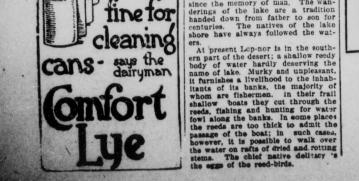
F OR SALE - DAVIS & FURBER Mule 560 phindles, Sk-inch Rauge, S spool drums, 15 ends per spool. chind in good condition. For full par-ticulars, apply Slingsby Mfg. Co., Ltd., Brantford, Ont.

be-rather than require so much of her, she stands to her colors.



purposes of science, it has generally been not to her own comfort and frequently with the loss of her life. One cat in Australia, however, proved her usefulness in the advancement of

While the cat has often served the



### sending them to Parker's. **CLEANING and DYEING** Is Properly Done at Parker's

Send articles by post or express. We pay carriage one way and our charges are reasonable. Drop us a card for our book-let on household helps that save money.

7.8



An easy way to freshen up the dilest sallowest skin is to purify the blood, clear it of all humors, and enrich it by the regular use of the standing of the standing of the transmitter of the standing of the transmitter of the standing of the duckly make your cheeks and briest-ness in your creater and look like the standing of the standing of the duckly make your feel and look like and the system with Dr Hamilton's Fills. Neither will you have torpid wer, ecoastipation, or bad breath. Your whole body will be cleansed, yourfied, strengthened. To get back look and to re-store falling health no better medi-cine for man or woman than Dr. Hamitor's Fills could be recom-mended. For forty years the Catar-rhozone, Co. have sold them under