

FIVE MINUTE SERMON

REV. F. P. HICKEY, O. S. B. TWENTY-FOURTH SUNDAY AFTER PENTECOST

PERSEVERANCE

"He that shall persevere unto the end, he shall be saved." (Matt. x. 22.)

Everything depends, my dear brethren, on perseverance. No amount of piety and good deeds will avail us, unless there is perseverance.

It is only human nature for us to be changeable and unstable; to weary of a thing; to lose heart and give up the endeavour.

There are three chief means to help us to persevere—fidelity, fervour and daily prayer.

Fidelity is a daily practice of carefulness and exactitude, mostly in small matters, from a sense of duty.

Most people can be roused up to make one great effort; how few are found, who are conscientious enough and have command over themselves sufficiently, to be careful and strict in details day after day?

No one makes a journey shorter by continually thinking how long it is, and how much more is to come. It is a mistake to do this.

The great secret of fidelity is fresh beginnings. Let every day find us fresh and cheerful on the road, with a good will to please God that day.

And the second means will help us greatly in this daily endeavour. Fervour is a constant earnestness of the will. This fervour is sustained by a personal love of Jesus Christ our Lord.

But there is something more than love that should make us fervent: there is the poignant regret that we have sinned that love so often.

This sorrow will keep us humble too, and so prevent us falling into tepidity, the enemy, the ruin of holy fervour.

The third help is the practice of daily prayer. We have seen that fidelity is a daily work, a daily habit and to find strength for it we have to turn to daily prayer.

The enemy lurking here is neglect of prayer. Human nature finds constant prayer more than it can stand, we seem no better than others, who take life easily.

Pray, too, for this very gift of prayer: God loves to be asked. "If you ask the Father anything in My Name, He will give it you."

TEMPERANCE

A JUST ARRAIGNMENT

But there is little to be said for the saloon, practically nothing. Whoever one may think of personal liberty, the saloon has never stood for personal liberty.

POPULAR PARADOXES ABOUT ALCOHOL

Monkeys are caught by boring a small hole in an empty cocoanut and placing a lump of sugar inside.

Though alcohol palsies a man's hand, blurs his mind, paralyzes his will, determines his morals, dictates his religion—in short, reduces him to total slavery, yet he will not surrender his "personal liberty."

Alcohol transforms homes into hovels, a wife's happiness into shame, children's play into fear, paints neighborhoods with squalid ugliness, fills jails, poor-houses, hospitals and asylums, and passes all this bitter inheritance on to other generations.

WHY BEER IS STUPEFYING

Beer derives from hops a bitter-tasting, sticky substance which forms the active element of the Oriental narcotic—hasheesh.

Judge Lang of Zurich says: "Brandy makes a man sick, but beer makes him stupid."

Hasheesh is a narcotic made by the natives of India, Turkey, and other countries from the leaves, flowers, and stocks of the hemp plant.

A DYING AVIATOR'S PRAYER

Msr. de Giberbues, Bishop of Valence, has lost his seventh nephew in the War—M. Antheleme de Giberbues, among whose papers was found the following moving letter of farewell addressed to his parents:

"I do not punish my children at home," said the fond and foolish mother, "and I will allow no stranger to do it." Perhaps if the punishment had been given at home, there would be no need of it in the school.

THE CHIEF CHARM OF LOVELY WOMAN

Soft, Clear, Smooth Skin Comes With The Use Of "FRUIT-A-TIVES"



NORAH WATSON, 86 Drayton Ave., Toronto, Nov. 10th, 1915.

A beautiful complexion is a handsome woman's chief glory and the envy of her less fortunate rivals.

"I was troubled for a considerable time with a very unpleasant, disfiguring rash, which covered my face and for which I used applications and remedies without relief.

50c. a box, 6 for \$2.50, trial size, 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

will be a full-hearted "Magnificat" adoring prayer to the great God of mercy, prayer of thanksgiving for all He has granted me so bounteously in every way, and prayer of expiation for what I have left undone rather than for what I have done.

USE OF DISCIPLINE

It has been said that one thing which the War will accomplish will be a return to the neglected art of discipline, or as one man has put it, "the benefit of discipline, of instant obedience to orders—not requests—given by properly constituted authority."

The charge is all too true. The rod has been spared so long that the art of using it effectively is a lost one. The serious complaint about the school of today is their powerlessness to enforce discipline.

But the lack of discipline in the schools is but the result of the lack in the homes. Teachers were deprived of their rights of authority by the parents.

They have lost the bloom of childhood if they ever had it. They must be allowed to imitate their elders in the matter of dress even when the styles are vicious, they must have the amusements of their elders, the perpetual going to the theatre, the dances, the other social diversions which so overpowered their little lives.

THE INEVITABLE TREND

If the Catholic Church needed vindication from external sources to justify her doctrines and practices, surely contemporary history would supply the necessary evidence.

The theological phrase of the question does not interest us at this moment since our attention has been drawn lately to what one might call the surrender to Catholic attitude of deism.

The pet objection against the Church has usually been drawn from the side of oppression. She was such a violent crusher of all natural ambition and such a fierce foe of all human progress.

But the layman draws upon the gentleness of the Master to reprove her recourse to harsh treatment, forgetful that the meek Saviour once plaited the thongs to whip a certain class of offenders.

The answer that may be given is that conditions now are abnormal and one should not draw a general plan of action from what is not common.

It is a well-known fact that in every home where quality is appreciated, this delicious cocoa may be found. It is pure and wholesome and manufactured from the best cocoa beans procurable.

of the enemy, an unremitting siege. If for little moment man could flatter himself that he was secure from attack, then the Church might lay aside her unceasing vigilance.

The trouble is that men erect two standards, one in what may be termed the human experience and the other in the religious life of the race.

Master to call men away from the unreal and the deceptive wiles of the enemy. Beginning to understand, what wonder, too, that now they commence to see the sanity of the provisions with which she shielded her children and no longer are disdainful of the agencies with which she reported her constant triumphs.

CALLS FOR CHAPLAINS (C. P. A. Service) Dublin, Oct. 18.—Cardinal Logue has issued a trumpet call to the young priests of Ireland.

LUX Clean Without Rubbing. Here is the modern soap and the modern way of using it—LUX—tiny flakes of the purest essence of soap, making the creamiest of lathers in which even your very finest things are safely washed because they are not rubbed—just cleansed by gently stirring about.

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HALLAM'S GUARANTEED FUR COATS AND SETS. Why it is Cheaper to Buy BY MAIL. Every intelligent man or woman desires to buy at the lowest possible price, considering quality.

Now Remember! When I ask for cocoa I want the best — and everyone knows that the best is

COWAN'S COCOA Perfection Brand. It is a well-known fact that in every home where quality is appreciated, this delicious cocoa may be found.



Preserves getting low? Tide over the winter with CROWN BRAND CORN PURE SYRUP. Everybody likes this delicious Table Syrup—and it's much less expensive than butter for the children to eat with bread.

Hotel Lenox NORTH ST., AT DELAWARE AVE., BUFFALO, N.Y. A modern, fireproof and distinctive hotel of 250 all outside rooms. Ideally located. Exceeds in equipment, cuisine and service.