

The most depressing influence in the world is the thought that there is nothing in life worth living for. Draped in such mournful reveries one dies a new death every hour. If you have nothing else, make an active tothing else, make an active start in course of self-improvement. Form friendship with individuals of stron sterling character. Store your mind with spiritual knowledge and huma-nity's lessons, refine your manners, look after your health, shine up in every way. As you develop a creative mind you will develop personality and charm that will draw every one to you and before you know it, one to you and before you know it, you will become a power for encouraging other women to make the most and the best and the sweetest of themselves. It is something to be a good example.

## THE ART OF MAKE-UP.

The art of make-up, as practiced nowadays, is not a modern invention of our effete civilization. It began even before the ancient and began even before the anche honorable art of dressmaking, for their faces with

honorable art of dressmaking, for women made up their faces with crude cosmetics long before there was any attempt to wear even the scantiset clothing.

So make-up was an art much cultivated by mankind when they were tree-dwellers and went head-hunting for a pastime and as a path to glory and renown. However, make-up was very crude, indeed, then as glory and renown. However, make-up was very crude, indeed, then as npared with latter centuries. For instance, make-up was perhaps at the height of its success in the days of Egypt about the time of Cleo-

yet long ages ago there was act iong ages ago there was Judith, a lady of biblical extraction.
She is related to have bathed and perfumed herself and wrapped herself in a long veil before she went to her classic interview with Holofernes, which is related to have cost this gentleman his life.

The Roman men and women were

The Roman men and women were devoted to the art of make-up as they understood it. They dyed their hair red, blonde, and even blue. They of course injured and killed off their hair before passing middle age, and as a result they wore false hair, dyed any color they preferred, in or-der to match any particular cos-

The Moorish women use antimony to blacken their eyelids and use a silver bodkin blackened with the smoke of frankineense with which

smoke of frankineense with which to pencil their eyebrows.

Ovid, great Roman poet and pest to the youthful student of Latin verse once wrote a poem to the art of make-up as practiced by the women of Rome to his generation. In his poem is the oldest authentic receipt for a face wash. Here it is: Lily roots, yolk of eggs, hartshorn, gum arabic, flour and honey. Boil this thoroughly and you have the oldest recorded face wash in the world aside from water and milk.

TWO PREVENTIVES AGAINST

### TWO PREVENTIVES AGAINST MOTHS.

Take one fourth of an ounce each of ground cloves and caraway seed, one ounce of dried common salt, one half pound of lavender flowers free from the stalk and one half ounce each of dried thyme and mint. Mix well together, and put in cambric or silk bags. These scent bags, if plac-ed among clothes, will preserve them from moths and give a pleas-If you are troubled with moths in

the house, try putting blotting paper well saturated with turpentine per well saturated with turpentine in the drawers, among the furs and in the drawers, among the furs and bedclothes, or wherever there is any danger of the moths working their depredations; it can even be put along the edges of carpets. Turpentine is the best preventive of moths I have discovered.—Woman's Home Companion for May.

WHAT HOT WATER CAN DO.

the drinking if necessary. By taking it in this way uncomfortable distention is avoided.

It is best to begin with the smaller quantity, and increase as it is found to agree.

WOMAN'S MOST BEAUTIFUL AGE

The French press in the midst of The French press in the midst of strikes and May day forebodings is busily engaged in discussing the ques-tion at what age a woman is most beautiful. Some of the best known artists, playwrights and literary wo-men of Paris have answered the question.

Marcel Prevost says that the age

of absolute beauty in woman pa very quickly, but in Paris many men are most attractive between

men are most attractive between 30 and 40.

Feminine beauty, according to Abel Bonnard, the poet, is only perfect between the ages of 25 and 30 while "a woman is always beautiful if she has the beauty of her age" is the opinion of Mile. Breslau, who adds, however, that "the majority bur contemporaries appear to for-it." Her personal opinion is t a woman is at her best between 30 and 40.

Mme. Marni, the novelist, considers

that the beautiful that the beautiful woman's trium-phal period is between 35 and 40, phal period is between 35 and 40, and Mme. Diculalfoy declares for the years between 33 and 45. Mme. Marcelle Tinayne, the novelist, says that it is impossible to deal with the question of woman's beauty in figures. Two women born on the same day are not 50 on the same day. "There is no age for beauty," she says. "All roses do not bloom at

Woman's age for retreat has been put back within recently years, according to the opinion of several distinguished persons. The reason giv-

The latest craze in London, according to the London correspondent of the Manchester Guardian, is not to wash. He declares that the fashion is just perceptible in the West End

streets.

Its followers come, he says, from a slightly richer class than the "No Hat Brigade" of a few years back, who were never to be seen in Piccadilly—at any rate in the afternoon. The "No Wash" men for the most neart have not quite money enough part have not quite money enough to maintain the motor and champagne standard, but they desire

pagne standard, but they desire to be associated with those who do.

Their scheme is to look like fast long distance motorists who have just dismounted and have not yet had time to remove the marks of their journey from their faces. A slight untidiness in the and coatcoller and engagement of the collar and cramped movement of the collar and cramped movement of the legs are sometimes considered suitable accompaniments. A touch of oily waste on the nose or over the eye is sufficient for some, a little dirt on the cheek satisfies others. These innocent decentions may sound unlikely to those who do not know London history, but it is sure-

know London instory, but it is surely as reasonable for a modern young man of spirit to try to look like a chauffeur as it was for a "Corinthian" of Rawdon Crawley's date to be happy when he was mistaken for a jockey or a stage coachman.

## THE CRETONNE CRAZE.

I have discovered.—Woman's Home Companion for May.

WHAT HOT WATER CAN DO.

Colic.—In colic there is no safer or better remedy than the application to the abdomen of a large square of house-flannel wrung out—by twisting it in a towel—of boiling water. After the wringing the flannel should be given one shake, folded into a light soft pad, applied, and covered with waterproof or thick flannel.

Headaches and Neuralgia.—The same kind of application to the nape of the neck and to the forehead gives great relief, no matter to what specific cause the headache may be due.

Lumbago.—Thick flannel wrung out of boiling water also assuares the dreadful pain of lumbago. When applied for this purpose the flannels should be charged every ten or fife output of motors. Shop window decorators to

Lumbago.—Thick flamel wrung out of boiling water also assuages the dreadful pain of lumbago. When applied for this purpose the flamels should be changed every ten or fifteen minutes, having the fresh one wrung out and ready to go on before the others comes off.

Indigestion—A small tumbler of hot water drunk half an hour before dinner is frequently of great service to sufferers from indigestion. The same thing taken shortly after meals is often found very beneficial.

Over-Stoutness—The drinking of hot water, combined with a diet from which farinaceous foods, sugar, potatoes, and beer is eliminated, does much toward reducing a too superabundant amount of fat. The water should be drunk in this way. Take from half to one pint in the

morning, either in bed or while dressing, and the same quantity an hour and a half before each meal half an hour before bedtime.

The water must not be gulped down, but should be slowly sipped, taking from five to fifteen minutes to drink—it can be rewarmed during.

The drink—it can be rewarmed during the drinking if secreency. By taking the drinking if secreency. By taking the drinking if secreency. By taking

HOW TO MAKE TOAST ON TOP OF A GAS STOVE.

Place a tin cakepan, upside down Place a tin cakepan, upside down, over the flame, and on the pan lay a tin cover, such as is used for covering large kettles. When both are smoking hot, place the bread in an ordinary wire toaster and put it between the tin cover and the bottom of the inverted pan. When the under side of the bread is done turn the toaster and prown the other side. the toaster and brown the other side It will take but a few seconds, and the toast will not be hard, as it is

# nen made in a gas oven. COLORED JET IN VOGUE.

"Black jet is very much in evidence at present, and white jet in-terests me very much," declares an enthusiastic English woman, in The Queen. "I am very tired of all the cut and blown glass that masquer-ades as diamante work, crystals, pre-cious stones of various sorts, busiles cious stones of various sorts, bugles and beads of all descriptions, infinitely preferring, for the moment, at any rate, something quite opaque. "Black and white jet need not be

the alpha and omega of the list. In darkish colors it is most attractive— green of the laurel or creme de-menthe shade, grenat or ruby for or ruby for embroidering, red currant or wine shades of tulle, yellow like clouded amber-quite fascinating this lastreal gem's turquoise. with all the lack of transparency; brown-of a brown net frock worked brown jet and aluminum, with dash of gold over a slip of

maize charmeuse!
"Gray jet combined with dull silword bear and platinum threads would form charming matt effect stitchery, color of gooseberry fool, royal blue jet, purple jet, and to finish up with mole colored jet, with which one could do so many charming things that I hardly like to begin suggestions for fear I should negin suggestions for fear I should negin suggestions for fear I should never be able to stop. And these ideas for a variety of colorings in this opaque glass—for of course it is only that and cleverly made, too, so as not to be heavy—need not be confined to evening wear, but in several cases could form part of the new millinery—does so, in fact—and worn indictionally makes an agreeable judiciously makes an agrecable

If you ever, as Punch expresses it, "find your doll stuffed with sawdust"; if life seems a disappointment, and you are a prey to foolish targies and have lost required. farcies, and have lost your spring, then try being really tired out in body by useful work, and see if you do not find it an effectual tonic.

KITCHEN INFORMATION.

To improve baked potatoes let them stand in a pan of cold water for about an hour, then put them in the oven while wet. This seems to steam them and cook them much

A practical cook says: When food has been scorched, remove the pan from the fire and set into a pan of cold water. r. Lay a dish towel over The towel will absorb all the scorch taste sent up by the steam, and the family need never know it was burned.

steam, and the family need never know it was burned.

Give your household a meat shortcake sometimes—the shortcake made as you would for a fruit filling—a rather short biscuit dough—and put between the layers creamed chicken

vious to stuffing, a pair of scissors enables a person to remove the pulp without breaking through the skin.

It is the First and the Sure Sign of Kidney Disease.

## Doan's Kidney Pills

oure the aching back by curing the aching kidneys beneath—for it is really the kid-neys aching and not the back.

They act directly on the kidneys and make them strong and healthy, thereby causing pure blood to circulate throughout the whole system.

Mrs. Frank Foos, Woodside, N.B., writes:—"I was a great sufferer with backsche for over a year, and could get nothing to relieve me until I took two boxes of Doan's Kidney Pills and now I do not feel any pain whatever, and can eat and aleep well; something I could not do before.

Doan's Kidney Pills are 50 cents per box or 3 boxes for \$1.25 at all dealers or mailed direct on receipt of price by The Doan Kid-ney Pill Co., Toronto, Ont.

They are equally useful for fruit salads, as the fine skin which separates the sections of grape fruit and oranges is easily dipped off.
Delicate fabrics can be cleamed perfectly by using gasoline with a teacupful of corn meal. The meal scours out all the spots. Place meal in dish, pour gasoline over it, then press and rub through the hands. Apply to soiled spots, rubbing carefully. Brush out with stiff brush.

## What is Worn in Paris.

Numerous Buttons and Buttonholes on New Models--Smartest Parasols Hand Embroidered -Belts Return to Faver.

While the one-piece dress and co while the one-piece dress and coat are practically the newest mode, still the coat and skirt suit has not lost in favor. The linens and pongees make up excellently, in this style, and being worn with lingerie waists make very suitable summer day cos-tumes.

Bordered goods are seen in stores and make up prettily. They are in a variety of very pretty designs and many of them being quite in-expensive, they are being selected for making up exceedingly stylish dresses

Many of the new frocks button in front or at the side. Lines of buttons or buttonholes, running the full length of the frock, from under the of some of the new models, and oc-casionally this button line is con-tinued down the under arm seam to

The newest styles show a lowering of the bust line that again recalls the fashions of two or three years ago, when the low cut corset was ago, when the low cut corset was so fashionable. The long corset, designed to make the wearer abnormally slender, almost invariably gave the high bust effect, but this was never popular, and evidently the corset makers have at last evalved. et makers have at last evolved corset to meet all requirements. The longer line from shoulder to bust so much more graceful, and a waist cut accordingly is so far more becoming, dressmakers are only glad to welcome the change, though they were beginning to do wondrous things with the flat trimmings, regardless of the line of bust.

The material for tailor suits this season is serge. Many of these serge suits have a touch of black, others have gilt and metal trimmings.

Some of the smartest parasols are covered in plain one-tone lusterless silk of some fashionable shade, the handles carrying out the same color Plain silks with borders will be greatly used. Very costly ders are hand embroidered on covers in self color or in lighter of darken shades of same color. A few of the cretonne and antique cotton effects so much the rage two seasons ago are appearing again and lingeric parasols ols are more striking than Much open work embroidery is used on the new linen models. Carved wooden handles representing animals and birds appear as usual, but the majority are most artistic. There is an overflow of new mate

rials in the stores this season. Linens in all the new shades of catawba, deep rose, dull blues and grays; all the shades of purple, lavenders, violets, etc.; heavy suiting silks in chevron stripes; cotton crepes in white and in various embroidered styles, one has pin-point dots sprinkled thickly over it, another has dots possibly an inch in diameter at inch intervals. This material launders easily and does not require ironing; rials in the stores this season. Linens in all the new shades of catawba. and does not require ironing and pressing sufficing for hems easily and does not require ir skilful pressing sufficing for tucks, etc. Seersucker, an material, is revived this year.

The fine ginghams have never been so charming in color as this seasor. Some exquisite pinks and lavenders are shown, and there are stripes in and snown, and there are stripes in delicious combinations of soft gray and violet, gray and yellow two tones of violet, two tones of blue. One tone stripe ginghams are also very pretty, and are more numerous among the high class materials than the more conspicuous stripes contrasting tones

sam, and the family need never low it was burned.

Among the specialties are the suits in novelty ramie silks, in white as you would for a fruit filling—a ther short biscuit dough—and put ther short biscuit dough—and put there short biscuit dough—and put there short biscuit dough—and put there short biscuit dough—and put the recamed veal, and have it served it plenty of gravy.

For hollowing out a tomato present of the specialties are the suits in novelty ramie silks, in white as well as pastel cones. These lines awell as core in the source of the source o with plenty of gravy.

For hollowing out a tomato previous to stuffing, a pair of scissors line and union, as well as cotton representations.

YOUR DANGER BEGINS WHEN YOUR
BACK ACHES.

In hats the new rashroom shapes are very popular. Pastel shades of the same color are combined. Small blossoms are used in profusion, such as clover, violets, lilacs; also the larger flowers, roses, hydrangea, etc. In hats the new rushroom shapes

drangea, etc.

The latest thing is called a real Paris fad. They are made up in fine black straw, Neapolitan and crin, something very soft as they are fastened up here and there and caught very close in some other places. The brims are about six inches wide and the crowns fully as high, with decided broadness. At the back the brim is allowed to rest almost on the shoulders, while it is caught up on the left side of front with a big crimson rose, and on the other side bent over the ear, so that the entire head is almost hidden. The most stylish model was trimmed with nothing but cream straw folded like ribbon with tight bunches of roses.

On many of the latest models that

On many of the latest models that are displayed the belt is to be noticed, and even the old-time folded belt of taffeta or satin is evident, but the trimmings go over it if long lines are desired. Another odd fancy is to have the belt slipped under

either bands of trimming or folds of the cloth, this being done to diminish the waist size.

The very latest addition to coat rarks is the bolero. This tiny wrap will be worn with all kinds of dresses—cloth, linen or silk. It is made of the material of the gown, and of embroidery or braided net. These may be used as small jackets or as sleeveless collarless boleros.

FASHION POINTERS.

Silk coats are worn again. Soft, delicate colors are strongly in

evidence.

Pongee is also a most popular material for extra wraps.

Among the fashionable trimming fabrics are gold and silver nets. Some of the finest lingerie frocks

consist of simple embroidery bands in the finest materials. A great deal of old rose is used by the fashionable milliners.

Directoire bonnets or poke shapes are greatly in evidence for children's wear. Coats of satin and crepe cashn are very smart and dressy

White crochet ball fringe is high style for trimming linen, lace and allover embroidery dresses A notable feature this season the high waistline skirt.

A few ultra-fashionable women instead of petticoats wear knicker-bockers of satin, jersey and other materials.

Leading dressmaking houses are showing white or colored net dresses trimmed with deep borders of machine embroidery.

The tailored shirt waists are seen



HON. MRS. MARCONI AND BABY

The wife of Mr. G. Marconi, of wireless telegraph fame, was before her marriage, the Hon. Beatrice O'Brien, daughter of the fourteenth

# Ponny layings.

"Why do artists always sign their pictures?"
"It's an agreement they have, so that nobody will be able to blame one on some one else."—Cleveland Leader.

Nodd—"Have you started to build your new house yet?"
Todd.—"I think so. I heard the architect say it wouldn't be necessary for him to go there any more."

"All right behind t

"All right behind there?" called the conductor from the front of the

# Cowan's Cocoa

Let the children drink all they want. Health. ful, nutritious, delight-

Absolutely pure. That rich chocolate flavor. Very economical.

The Cowan Co. Limited, Toronto. 88

"Hold on," cried a shrill voice,
"Wait till I get my clothes on!"
The passengers craned their necks
expectantly. A small boy was
struggling to get a basket of laundry
aboard."—Puck.

## POLITICAL ALLEGIANCE.

A matron of the most determined A matron of the most determined character was encountered by a young womar reporter on a country paper, who was sent out to interview leading citizens as to their politics, "May I see Mr-?" she asked of a stern-looking woman opened the door at one house. "No you can't," answered the matron, decisively. "But I want to know what party he belongs to," pleaded the girl. The woman drew up her tall figure. "Well, take a good look at me," she said. "I'm the party he belongs to!"—Universalist Leader.

## ORTHODOX.

In answer to the question, "What passages in Holy Scripture upon cruelty to animals?" one boy said: "Cruel people often cut dogs' said: "Cruel people often cut dogs' tails and ears, but the Bible said and ears, but the said: "Cruel people often cut do tails and ears, but the Bible so 'Those whom God hath joined gether let no man put asunder.' Christian Register.

FRANK.

Shopper-"Can I hang this paper on myself!" Salesman—"Yes, but it would look better on the wall."—Exchange.

# **BRONCHITIS**

Bronchitis is generally the result of a cold caused by exposure to wet and inclement weather, and is a very dangerous inflam-matory affection of the bronchial tubes.

The Symptoms are tightness across the chest, sharp pains and a difficulty in breathing, and a secretion of thick phlegm, at first white, but later of a greenish or chitis is one yellowish color. Neglected Bro of the most general causes of Consumption

Cure it at once by the use of



Mrs. D. D. Miller, Allandale, Oat, writes: "My husband got a bottle of Dr. Wood's Norway Pine Syrup for my little girl who had Brunchitis. She wheezed so badly you could hear her from one room to the other, but it was not long until we could see the offeet your medicine had on her. That was last winter when we lived in Toronte.

Toronto.

"She had a bad cold this winter, but instead of getting another bottle of Dr. Wood's Norway Pine Syrup, I tried a home made receipt which I got from a neighbor but found that her cold lasted about twiss long. My husband highly praises 'Dr. Wood's, 'and says he will see that a bottle of it is always kept in the house."

The price of Dr. Wood's Norway Pine Syrup is 25 cents per bottle. It is putup in a yellow wrapper, three pine trees the trade mark, so, be 'suic and accept ness of the many substitutes of the original "Resway Pine Syrup."

Mrs. Professor.—"But, my dear, you didn't take your umbrella with you; you left it at home.—Frankfort Witzblatt.



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DAY, MAY 18,

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SOCIETY DIREC

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PEDLAR People of

Province of Quebec, Dis-Montreal, Superior Court. lame Marie Anne Rosar duly authorized to ester wile of Joseph David Em and, trader, both of the Maisonneuve, said district, this day, her said husban atton as to property. Phi-ral, attorney for said plant, and the ral, attorney for said plant.