



Why do so many vain fears  
keep you away from  
frequent and daily  
communion ?

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SECOND DIFFICULTY : — THE  
WANT OF TIME AND WEEKLY  
CONFESSION.

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I.

(Continued.)

*To communicate frequently and  
daily, weekly confession is necessa-  
ry, and I have not the time for  
that.*

WHO ever taught you, Christian soul, that to communicate frequently and daily, it was necessary to confess every eight days ! No Father, no Doctor, no theologian has ever said it, and the Church has never imposed it. On the contrary, when the Council of Trent was in session, she manifested her ardent desire to see all her children nourishing themselves daily with the "Bread of Life." "She does not oblige them to prepare for their Communion by sacramental confession, unless they are *certain* of having sinned mortally." So that,