

### THE WORLD'S WORK DEPENDS ON THE WORLD'S DIGESTION

From the captain of industry to the hod carrier—from milady in the auto to the woman with the scrubbing brush—the accomplishments of every one of us depend absolutely on the accomplishments of our stomachs. Backed by a good digestion, a man can give the best that is in him. When his stomach fails, he becomes a weakling.

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way that this question is being discussed and I do assure you that the other side is equally hard. Can you tell me why the hired man is the only one to be considered? A farmer may be struggling to gain a footing and practicing many a self-denial—maybe living in a poor old log home that he does his best to make habitable for a few years and yet is complained to by his hired help right and left. The fact is that the hired help comes along with self-self written all over him. Now, I say, it is impossible for a man to do justice to his master on a farm if that man is determined to do as little as possible and that as poorly as possible, and is always thinking of No. 1 (self). There are so many ways in which it is necessary for perfect sympathy between master and man. For instance, when any of the animals are sick, can a farmer always manage alone? Is he to work all day and stay up all night as well, rather than ask a favor of the hired man. Tell me, what is the man for? I do assure you that he is not kept because his congenial company gives pleasure to the farmer's family. This question is one of the most sore with a farmer's wife. The majority of the hired men are an abomination in one's home; always aggressive and on the look-out for slips and oversights, they expect to live like princes; have all the advantages and go to all the picnics, etc., never, never thinking that the farmer might like an hour off without the horses all standing idle. Now it has come that the hired man refuses to milk cows. In some districts it is impossible for a farmer to make a living without cows, and this means that while the man is sitting around smoking his pipe, the farmer is milking his own cows. I am a farmer's wife and I would dearly love a chance to discuss this question with the "Hired Man's Wife" who has written in your May issue. She mentions that her husband has Sunday to himself now that they are residing in the city. No doubt he does and it's nice for him. Now, look into things. If the hired man has Sundays to himself on a farm, what happens to the farmer and family? Are the cows and horses, pigs, etc., to go unfed and unmilked because it's Sunday? Ugh, it makes me tired. Someone has to do some Sunday chores, and why should the one who is being paid be the one to skip off and leave it. I say that the sooner the hired man is ready to give and take and be in sympathy with his "boss" the sooner will conditions be improved for all concerned. If the crops fail does the hired man share its losses? No fear, and yet one may as well give away half the farm as to engage the usual hired man. Our markets are to blame for much. The average farmer does not make enough of his produce to pay his way, and cows do not begin to pay at the price the market gives for milking, etc. Now, I could say heaps more because this is a subject on which I'm pretty hot, but I've said enough. Maybe someone else will champion the farmer who can do it more ably than I have done. Now, Mr. Editor, please publish as much of this as you think fit (if any) and oblige. A Farmer's Wife.

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### Prefers the Country.

Kamsack, Sask. Dear Editor,—Have you room for me? I hope so, as I am an interested reader of The Western Home Monthly. We receive many papers, but none so good, so thoroughly helpful as The Western Home Monthly. There is generally a dispute (and sometimes a "row") over who shall have it first. I read it from cover to cover, and am most interested in the correspondence columns. I think that Josephus made a first-class mistake in his criticism of dancing. I do not wish to be impudent as I am only a "kid," but I will say this: that he has made himself very unpopular by his plain-spoken letter. I do not agree with Debutante that town life is better than country life. He says that he is wise, but I think he is foolish when he says so. You do not have to be cold in winter nor roasted in summer in the country. In fact, the climate is much more agreeable than in the town.

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