

1869]

## NO COUGH MIXTURE EQUAL TO THE POOR MAN'S.

1st Month.

JANUARY, 31 Days. Begins on Friday.

Moon's Phases.		Quebec.		Montreal.		Kingston.		Toronto.		London.	
	D.	h.	m.	h.	m.	h.	m.	h.	m.	h.	m.
Third Quarter.....	5	1	35 mo.	1	29 mo.	1	17 mo.	1	5 mo.	11	57 ev.
New Moon.....	12	2	5 ev.	1	59 ev.	1	47 ev.	1	35 ev.	1	27 ev.
First Quarter.....	20	7	38 ev.	7	32 ev.	7	20 ev.	7	6 ev.	6	58 ev.
Full Moon.....	27	8	42 ev.	8	36 ev.	8	24 ev.	8	12 ev.	8	4 ev.

  

DATE.		Montreal.		Toronto.		Sun's Declinat.	The Moon.	Sun on Meridian.			
M.	Week.	Sun Rises.	Sun Sets.	Sun Rises.	Sun Sets.	South.	R. & S.	D.	h.	m.	s.
1	Fri.	7 46	4 20	7 40	4 28	22 57	8 88	1	12	3	36
2	Sat.	46	21	40	29	22 51	9 48	9	12	7	36
3	Sun.	7 46	4 22	7 40	4 30	22 46	10 57	17	12	10	33
4	Mon.	45	23	39	31	22 40	Morn.	25	12	12	44
5	Tues.	45	24	39	32	22 33	0 6				
6	Wed.	44	25	39	33	22 26	1 12				
7	Thu.	44	27	39	34	22 18	2 18				
8	Fri.	44	28	38	35	22 10	3 22				
9	Sat.	43	29	38	36	22 1	4 25				
10	Sun.	7 43	4 31	7 37	4 37	21 52	5 21				
11	Mon.	42	33	37	38	21 43	6 18				
12	Tues.	42	34	37	40	21 33	Sets.				
13	Wed.	41	36	37	41	21 23	5 59				
14	Thu.	40	37	36	42	21 12	6 55				
15	Fri.	40	38	36	43	21 1	7 54				
16	Sat.	39	39	35	44	20 49	8 50				
17	Sun.	7 39	4 41	7 35	4 45	20 37	9 48				
18	Mon.	38	42	34	46	20 25	10 44				
19	Tues.	37	43	33	48	20 12	11 41				
20	Wed.	36	45	32	49	19 59	Morn.				
21	Thu.	35	47	31	50	19 46	0 41				
22	Fri.	34	49	30	52	19 32	1 41				
23	Sat.	33	51	29	53	19 18	2 42				
24	Sun.	7 32	4 52	7 28	4 54	19 4	3 36				
25	Mon.	31	53	27	56	18 49	4 50				
26	Tues.	31	54	26	57	18 34	Rises.				
27	Wed.	30	55	25	58	18 18	5 1				
28	Thu.	29	56	25	50	18 2	6 15				
29	Fri.	29	57	24	1	17 46	7 28				
30	Sat.	28	59	24	2	17 29	8 41				
31	Sun.	7 27	5 00	7 23	5 4	17 13	9 52				

JANUARY.—There are two things of which we strongly disapprove. They are two very different things, but as they are just now on our minds we will mention them together. We disapprove of storing any large quantity of vegetables under any dwelling house, for the reason that the exhalations of a cellar so stored must be very injurious to the health of the occupants of the house. A properly constructed root cellar under the barn is the very best place for many reasons. 2nd. We disapprove of stinting a cow of food because she is dry, for if you do, a poor calf will be the result. While dry the cow has two lives to support, hence the fact of her going dry, that the substance before given in the form of milk may go in the form of food for the calf. Give plenty of food to a cow in such condition, and of a nourishing quality.

THOSE WHO USE HAIGHT'S PILLS RECOMMEND THEM.

SHADRA