SPANISH NFLUENZA

How to protect yourself against it and check an attack. . . .

Keep the alimentary tract clean and healthy by taking every morning a glassful of

PURGATIVE WATER

which insures, without griping or nauseating, the regular and normal action of the bowels---thus providing the best protection against disease.





CAN BE I have cured hundreds of cases, and all without pain, chloroform, and in nearly every

case, in one visit to my office.
Write to MISS Write to MISS R. KNORR, 97 los:ph Street, Kitchener, Ont., one

of my recent patients. Ask her about my skill. (Enclose stamp for reply.) If you need my services, call or write, Only an overnight trip from Ontario. DR. F. O. CARTER

120 S. State St., CHICAGO, ILL.

Roberts Cod Liver Oil & Tar

Is a relentific remedy in which the power (u) curative properties of Cod Livet Oil (nd Tar are combined. The necessous effect of the oil having been semoved, the extractive principles reliants build up wasted strength and sembly their rivation set up by Coughs, Codas, Bronch its and other affections of their aniratory organs. Try it, for it

does stop coughs

Cuticura Soap Complexions Are Healthy Soap, Ointment. Taleum, 26c. each. Sold everywhere.

Sweet Milk—Sour Milk— Buttermilk or Water

Use any of these when baking with

EGG-O Baking Powder

It gives you a wider choice of ingredients for cakes and pastry, yet assures you of positive success in your baking.

Egg-O is absolutely pure and efficient And double acting, that is, its first action occurs in the mixing bowl when cold water or milk in its various forms is added. Allowing the dough to stand for 15 or 20 minutes will give better results. When you put your baking in the oven Egg-O will continue to rise until your cakes are pro-

Buying Egg-O in the larger tins is most economical for family use.

Egg-O Baking Powder Co. Limited

Hamilton, Canada



TOTHING is further from the truth than the statement that Canadians cannot get a good cup of coffee. The standard Canadian blend is better than the average American blend, but is usually spoiled in the making. Just pour furiously boiling water on it and let

it stand for ten minutes. Don't boil it. Our coffees are the choicest of the world's plantations. They are blended by experts, roasted to perfection, and then cut by the most modern coffee-cutting appliances. The result is that matchless quality for which Rideau Hall

Rideau Hall

GORMAN, ECKERT & CO., LIMITED.

LONDON AND WINNIPEG.

RAILWAY EMPLOYEES WILL SUBMIT A NEW

Clerks, Freight Handlers and Other Workers Are Involved.

MONTREAL, Feb. 16.—The general committee representing the clerks, freight handlers and other members of the Canadian Brotherhood of Raliroad the Canadian Brotherhood of Railroad Employees closed a conference here on Saturday, and according to an official statement handed to the press, agreed upon revised schedules and wages which will be submitted to the Canadian Railway Association, which acts in these matters for the railroads in the Deminion

in these matters for the railroads in the Dominion.

The following resolution was also passed:

"That the general committee representing the clerks, freight handlers, etc., on the eastern lines of the Canadian Brotherhood of Railroads, members of the Canadian Brotherhood of Railroad Employees, demand that the grand of ficers and organizers of the Canadian Brotherhood of Railroad Employees cease their activity to amalgamate the Canadian Brotherhood of Railroad Employees with the International Brotherhood of Railroad Clerks, Freight Handlers and Express Employees until the international brotherhood discontinues its present methods and drops its avowed stand to place a schedule of rules on the Canadian Brotherhood from the weighty but entirely personal continues its present methods and drops its avowed stand to place a schedule of rules now in effect."

Her Own Criminals and

Watch Results.

London, Feb. 16.—(By the Associated of the text of the note sent by the allied powers to Holland regarding the extradition of the general interests by the powers during the war entitle them to ask the Netherlands to reconsider its refusal, based on the weighty but entirely personal continues its present methods and drops its avowed stand to place a schedule of rules now in effect."

LONDON CONDUCTOR SERIOUSLY BURNED IN RIDGEWAY WRECK all constrain to their demand.

in Collision At Ridgeway.

RIDGEWAY. Ont., Feb. 16.—The Grand Trunk passenger train which was due to arrive here at 1 o'clock today collided with a freight train, and three members of the crew were injured. John Stewart, a brakeman, sustained a broken leg; Adam Stevensen of Stratford. a fireman, was badly scalded, and John Contighan of London, conductor, was seriously burned.

The engine, mail coach and smoker were completely demolished.

The Value of Charcoal

Few People Know How Useful It 19

elieving the aches and pains of men and women, this old family standby can be relied upon to do its work promptly and surely. Don't be without

premature grey hair, is a well-known fact. We appreciate, therefore, the importance of any agent that will destroy its power. For this reason it is a pleasure to give herewith the prescription which a famous scalp specialist states he has found, after repeated tests, will completely destroy the dandruff germs in from one to three applications. It will also almost immediately stop falling hair, and it has in numerous case, produced a new hair-growth after years of partial baldness. This prescription can be made up at home, or any druggist will put it up for you—6 ounces Bay Rum. 2 ounces Lavona de Composee, one-half drachm Menthol Crystals. Mix thoroughly, and after standing an hour it is ready for use. Apply night and morning, rubbing into the scalp with the finger-tips, if you wish it perfumed add 1 drachm of your favoring grey hair to its original color.—

The powers cannot conceal the nainful impression made upon them by the refusal of the pourch cannot occur and over the ex-emperor to them, without any consideration of the possibility of reconciling the scruples of Holland with some effectual precautionary measures to be taken either on the spot or by holding the ex-emperor to them, without any consideration of the possibility of reconciling the scruples of Holland with some effectual precautionary measures to be taken either on the spot or by holding the ex-emperor to them, without any consideration of the possibility of reconciling the scruples of Holland with some effectual precautionary measures to be taken either on the spot or by holding the ex-emperor to them, without any consideration of the possibility of reconciling the scruples of the powers in the scruples of holland with some effectual precautionary measures to be taken either on the spot or by holding the ex-emperor at a distance from the scene of his crimes, making it impression.

"Although a precaution of the powers it would at least have afforded proof of those feelings the first proposed to the precaution of the powers in the precaution of fact. We appreciate, therefore, the im-

HOLLAND IS URGED TO position to the salety of Europe so imperatively demands." RECONSIDER DECISION ALLIES WILL PERMIT GERMANY TO TRY HER SCHEDULE OF WAGES NOT TO SURRENDER OWN WAR CRIMINALS

S NOT TO SURRENDER

COUNT HOHENZOLLERN

Allies Renew Request in Latest Note To Netherlands
Government.

Allies Renew Request in Latest Note To Netherlands
Government.

INTERESTS OF PEACE.

Will Allow Germany To Try
Her Own Criminals and
Watch Results.

**Proposition of Peace Peace

against the ex-emperor would give rise, all constrain them to uphoid and renew their demand.

The powers do not ask the queen's Government to depart from its traditional policy, but to consider that the nature of their request—which does not, in their opinion, depend solely, or even mainly, on Dutch municipal law—has not been adequately appreciated.

"They will see whether the German Government, who have declared them selves unable to arrest the accused or the Allies, are actually determined to ludge them themselves.

"At the same time the Allies, in the pursuance of truth and justice have decided to intrust to a mixed interallied commission the task of collect-G. and Trunk Passenger Train thosal policy, but to consider that the nature of their request—which does not,

in their opinion, desend solely, or even mainly, on Dutch municipal law—has not been adequately appreciated.

No Prestige at Stake.

"No question of prestige is at stake and the powers pay as much heed to the conscientious sentiments of a state with limited interest as to the mature decisions of great powers, but cannot wait for the creation of a world tribunal competent to examine international crimes before bringing to trial the responsible author of the catastrophe of the great war.

"It is precisely this contemplated trial which would prepare the way for such a tribunal and demonstrate the unanimity of feeling animating the conscience of the nations of the world. The powers wish to point out that the league of nations has not reached a state of development sufficient to allow any application to it, or to a tribunal of any kind created by it, meeting with that prompt satisfaction which is surely essential.

Outy of Punishing.

"It does not appear to consider that

Don't Wait to

Be Bilious Keep well. Whenever your appetite

your health's sake stick to this old.

tried and true remedy. Purely vegetable.

DR CARTER'S IRON PILLS, Nature's

A. mia Rheumatism, Nervousness, Sleeplessness and Female Weakness.

Genuine mus bear signature Bunt Good

Winged Wheel

WATCH CASES

Many good watch movements are spoiled by inferior cases.

A "Cashier" extra quality gold filled case will protect the mechanism from cust and weather and

Thirty-five years' experience have produced the "Cashier", in which beauty and utility are combined.

There is a "Cashier" for every

THE AMERICAN WATCH CASE CO. of Toronto, Limited

Largest Makers of Watch Cases in the British Empire

GREY HAIR NOW

Druggist Says Ladies Are

Using Recipe of Sage

Tea and Sulphur.

Hair that loses its color and lustre.

r when it fades, turns grey, dull and

lifeless, is caused by a lack of sulphur

in the hair. Our grandmother made

up a mixture of Sage Tea and Sulphur

to keep her locks dark and beautiful.

value that even color, that beautiful

dark shade of hair which is so attrac-

tive, use only this old-time recipe.

Nowadays we get this famous mix-

Stomach-Kidneys-Heart-Liver

Keep the vital organs healthy by

bladder and uric acid troubles-

GOLD MEDAL

and thousands of women and men who

FEW FOLKS HAVE.

prolong its life.

nerve and blood tonic for

begins to flag, or a sour stomach and

warn you, take CARTER'S

Little Liver

In Preserving Health and Beauty.

Nearly everybody knows that charcoal is the safest and most efficient disinfectant and purifier in nature, but, few realize its value when taken into the human system for the same cleansing purpose.

Charcoal is a remedy that the more you take of it the better; it is not a drug at all, but simply absorbs the gases and impurities always present in the stomach and intestines and carries them out of the system.

Charcoal sweetens the breath after smoking, and after eating omons and other odorous vegetables.

Charcoal effectually clears and improves the complexion, it whitens the teeth and further acts as a natural and eminently safe cathartic.

It absorbs the injurious gases which collect in the stomach and bowels; it

charcoal effectually clears and improves the complexion, it whitens the teeth and further acts as a natural and eminently safe cathartic.

It absorbs the injurious gases which collect in the stomach and bowels; it disinfects the mouth and throat from the content of the collect in the stomach and bowels; it disinfects the mouth and throat from the content of the money is in Stuart's Charcoal Lozenges; they are composed of the finest powdered Willow charcoal, and other harmless antiseptics in tablet form or rather in the form of large, pleasant tasting lozenges; the daily use of these lozenges will soon tell in a much-improved condition of the general health, better complexion sweeter breath and purer blood, and the beauty of it is, that no possible harm can result from their continued use, but on the contrary, great benefit.

A Buffalo physician in speaking of the struction of millions of square miles of territory in countries formerly industries, proceeding and mappy, and the beauty of it is, that no possible harm can result from their continued use, but on the contrary, great benefit.

A Buffalo physician in speaking of the struction of millions of square miles of territory in countries formerly industries, the complexion and purify the breath, mount and bowels, and to clear the complexion and priffy the breath, mount and throat: I also believe the liver is greatly benefited by the daily use of them; they cost but twenty-five cents a box at drug stores, and although in some senses and mere and better charcoal in Stuart's Charcoal Lozenges than in any of the ordinary charcoal tablets."

EXEXT EPENDATIC

Sioan's Liniment Will Bring Comforting Relief Quickly.

For 33 years it has gone ahead winning new friends, holding old ones, strengthening its reputation as the World's Liniment. Clean, effective in relieving the aches and pains of men and women, this old family standby can be relied upon to do its work.

Need to the definance of the dimension of the were and mension which is the expression of the times and win

success condoned crime.

Not National Standpoint.

"It was from this point of view and not exclusively from a national standpoint that the powers requested the Government of the queen to hand over William of Hohenzollern and from this

point that the powers requested over grouply and surely. Don't be without a bottle another day—keep it handy. All druggists—35c, 70c, \$1.40.

Made in Canada.

Significant the Government of the queen to hand over the former of the powers desire to refilled the Government of the Netherlands that if it should pers at in its attitude of detachment towards the presence of the imperial family on its territory so the imperial family on its territory so the imperial family on the territory so the interventions of the hair so naturally, so evenly, that no body can possibly tell it has been applied. You just dampen a sponge or soft the whole world.

"It is indisputable that the presence of the whole world will be the whole world.

"It is indisputable that the presence of the whole world.

"It is indisputable that the presence of the whole world.

"It is indisputable that the presence of the whole world.

The territory is the family on the whole world.

The territory is the family on the whole world.

THE BIG 4 their own security. regularly taking the world's standard remedy for kidney, liver,

have been established by their investigations.

"Finally the Allies would formally emphasize that procedure before a jurisdiction such as is proposed can in no way annul the provisions of articles 228 to 230 of the treaty.

"The powers reserve to themselves the right to decide whether the proposed procedure by Germany which according to her would assure to the accused all guarantees of justice, does not, in effect, bring about their escape from the just punishment of their crimes. In this event, the Allies would exercise their rights to their full extent by submitting the cases to their own tribunal."

SENATOR IS ILL. MONTREAL, Feb. 16. - Senator

Keep your eye on this Brand





The one Tea that never disappoints the most critical tastes.

on a Sealed Packet is Your Safeguard.

Smeaton White, president of the Gazette Printing Company, is ill at his home with a bad cold.

• ក្រុងស្រាស្រ្តស្រាស្រ្តស្រាស់ ស្រាស់ ស

THE battle of business has succeeded the battle of armies. FRY'S COCOA is the greatest of all strength makers for men who must work hard-just as it was for our soldiers and sailors who had to fight hard.

FRY'S exclusive process makes this Cocoa extremely soluble, delicious in flavor and very easy to digest.

"Nothing will do but FRY'S"

Teeth Do Not Stain

in a contraction of the contract

It is Film that Clouds Their Whiteness

All Statements Approved by High Dental Authorities

Free

A Ten-Day Tube of Pepsodent to show you its effects. See coupon.



Lock in 10 Days Note how the teeth glisten.

You can see that the film is gone.

Dental science has now traced most tooth troubles to a film. To that slimy film which you

Learn the Cause of Decay

That is what discolors—not the teeth. It is the basis of tartar. It holds food substance which ferments and forms acid. It holds the acid in contact with the teeth to cause decay.

Millions of germs breed in it.- They, with tartar, are the chief cause of pyorrhea. The film is clinging. It enters crevices and

stays. No ordinary tooth paste can dissolve it. A soapy tooth paste makes it more viscous. So, despite your brushing, much film stays. Night and day it does its damage. It is the great

tooth wrecker. Science now has found a way to combat that film. The fact has been proved by many clinical tests. The method is now advocated by leading

dentists everywhere. For daily use it is embodied in a dentifrice called Pepsodent. And we are mailing 10-Day Tubes so that every home may try it.

Do This and See

We urge you for your own sake to write for this 10-Day Tube. See the results for yourself, Pepsodent is based on pepsin, the digestant of albumin. The film is albuminous matter. The object of Pepsodent is to dissolve it, then to constantly combat it.

Pepsin must be activated, and science has discovered a harmless activating method. The usual method is an acid, harmful to the teeth, so pepsin long, seemed impossible. Now everyone may apply it, morning, noon and night. And the evidence is that this inven-

tion brings a new dental era. Send the coupon for a 10-Day Tube. Note how clean the teeth feel after using. Mark the absence of the slimy film. See how teeth whiten as the fixed

film disappears. Compare results with the methods you use now. Then judge for yourself what is best. Cut out the

CANADA

len-way lube Free

THE PEPSODENI CO., 1104 S. Wabash Ave., Chicago, Ill. Mail 10-Day Tube of Pepsodent to

The New-Day Dentifrice ific film combatant, based on activated pepsin use is now urged by leading dentists everywhere