of the Holy Spirit to aid and assist, and defend the baptired person, who through that very baptism professes to depend "on the merits and death of the Lord Jesus Christ, and to have faith in his blood." The holiest need to confess to God. They need the constant comfort of a sense of God's forgiveness of their sins, negligences and ignorances; to have "their darkness lightened;" to be preserved from "sin, from the crafts and assaults of the devil; "from pride, vain glory and hypocrisy; to be rescued out of all evils "which the craft and subtilty of the devil or man worketh against them;" and to have daily grace and power given to them "that they may not be ashamed to confess the faith of Christ crucified, and manfully to fight under his banner against sin, the flesh and the devil, and to continue Christ's faithful soldiers and servants unto their lives' end."

The Christian Life.

In short, the baptized are called to live a life of holiness in a world of sin, and the battle is often fierce and ferocious, for "the infection of (an evil) nature remains even in them that are regenerate,"* and the enmity of the world, the flesh and the devil is undying, and the holiest "are sore let and hindered in running the race that is set before them." Hence the Prayer Book is one cry, divided into various services, for daily grace, for the help of the Holy Spirit of God that we might "daily be renewed by the Holy Spirit;"t that God would "mercifully look upon our infirmities and stretch forth his right hand to help and defend us;" that he would "grant us such strength and protection as might support us in all dangers, and carry us through all our temptations;"|| that "God would send his Holy Ghost and pour into our hearts the gift of love;" " "that by the Holy Spirit we might have a right judgment in all things;"** that "the Holy Spirit might in all things direct and rule our hearts;"†† that "God would make clean our hearts within us, and take not his Holy Spirit from us." Thus the life of the faithful baptized is an unbroken cry to God sent up from the great battle field of life. Cries for daily helps, thanks for daily victories, and these go up through the whole strife, until at last through "the grave and gate of death," we come to those unspeakable joys which God has prepared for those who love him. !! In short, the Church of England plainly and distinctly teaches that faith and baptism call us to a life, which life lived out in the midst of sin, demands all the grace that God will give us to enable us through the cross and Jeath, and passion of Christ to persevere and win.

Holy Communion a help to Holy Living. Now the church plainly teaches that the Holy Communion, faithfully received, is a positive spiritual help, and a means of grace, enabling the soldier of Christ to fight his battle bravely, The church does not define

^{*} Article 9. † Collect 4th in Advent. ‡ Sunday after Christmas. § 3rd after Epiphany. || 4th after Epiphany. †| Quinquagesima. ** Whit Sunday. †† 19 Trinity. ‡‡ Collect All Saints.