

Health Claims – Sodium and Hypertension

Model claim:

Diets low in sodium may reduce the risk of high blood pressure, a disease associated with many factors.

Health Claims – Calcium and Osteoporosis

Model claim:

Regular exercise and a healthy diet with enough calcium helps teens & young adult White and Asian women maintain good bone health and may reduce their high risk of osteoporosis later in life.

Health Claims – Dietary Fat and Cancer

Model claim:

Development of cancer depends on many factors. A diet low in total fat may reduce the risk of some cancers.