

## "IT SAVED MY LIFE"

### PRAISE FOR A FAMOUS MEDICINE

Mrs. Willadsen Tells How She Tried Lydia E. Pinkham's Vegetable Compound Just in Time.

Mrs. T. C. Willadsen, of Manning, Iowa, writes to Mrs. Pinkham:

Dear Mrs. Pinkham:—  
"I can truly say that you have saved my life, and I cannot express my gratitude to you in words."



"Before I wrote to you, telling you how I felt, I had doctored for over two years steady and spent lots of money on medicines besides, but it all failed to help me. My monthly periods had ceased and I suffered much pain, with fainting spells, headache, backache and bearing-down pains, and I was so weak I could hardly keep around. As a last resort I decided to write you and try Lydia E. Pinkham's Vegetable Compound, and I am so thankful that I did, for after following your instructions, which you sent me free of all charge, I became regular and in perfect health. Had it not been for you I would be in my grave to-day."

"I sincerely trust that this letter may lead every suffering woman in the country to write you for help as I did."

When women are troubled with irregular or painful periods, weakness, displacement or ulceration of an organ, that bearing-down feeling, inflammation, backache, flatulence, general debility, indigestion or nervous prostration, they should remember there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound at once removes such troubles.

No other female medicine in the world has received such widespread and unqualified endorsement. Refuse all substitutes.

For twenty-five years Mrs. Pinkham, daughter-in-law of Lydia E. Pinkham, has under her direction, and since her decease, been advising sick women free of charge. Address, Lynn, Mass.

## OLD BOYS' REUNION ENVELOPES

15 Cents a Package

AT

The Guide-Advocate Office

CALL AND SEE THEM

## SAYS THIS IS BEST

A leading health journal in answering the question, "What is the best prescription to clean and purify the blood?" prints in a recent issue the following:

Fluid Extract Dandelion, one ounce;  
Compound Siltone, one ounce;  
Compound Syrup Sarsaparilla, four ounces.

Shake well and use in teaspoonful doses after each meal and at bedtime.

A well-known physician states that these are harmless vegetable ingredients, which can be obtained from any good prescription pharmacy.

This mixture will clean the blood of all impurities. In just a few days the skin begins to clear of sores, boils and pimples. It puts vigor and energy into run-down debilitated men and women. For many years Sarsaparilla alone has been considered a good blood medicine. But while it builds up and made new blood, the impurities remained within and the good accomplished was only temporary. Sarsaparilla, however, when used in combination with Compound Siltone and Extract Dandelion, works wonders. This combination puts the kidneys to work to filter and sift out the waste matter, uric acid, and other impurities that cause disease. It makes new blood and relieves rheumatism and lame back and bladder troubles.

## FARM FOR SALE.

THE undersigned offers for sale that desirably situated farm, the west 1/2 of lot 2, con. 14, Brooke, 200 acres. On the premises are a large frame dwelling house, barn with basement, poultry house, implement sheds, etc. The soil is of clay loam, well drained and tiled and mostly seeded down. Good supply of water. Ten acres of heavy timber. About three miles from Kinross and seven from Watford. Further information can be had by applying to

GEO. BANNISTER, Watford.

### The Kindness of the Poor.

The old adage that the poor are the best friends of the poor was instanced in the story of a chambermaid, who is a young widow with two children to support. After a lingering sickness the younger of the children died, and, the young mother's bank account having been depleted from defraying the expenses of the weeks of medicine and doctor's visits, she was obliged to contract a debt at the undertaker's. After that she paid a small monthly installment until the bill was half settled, when one day there came through the mail a receipt for the remainder. The receipt was accompanied by a badly written and blotted note from a scrub-woman in a large uptown hotel, who knew of the trouble, knew the family and the circumstances and in her note explained that she had no family nor near relatives and that she earned enough to support herself and that she wanted to use this surplus money for the little mother, who needed all that she could make extra to support the remaining child. As scrubwomen receive only 50 or 75 cents a day, one will readily appreciate the spirit which moved one kind soul to help another in distress.—Leslie's Weekly.

### What Words Can Do.

"Any one who swears," declared the bishop of Carlisle, "manifests the beggarliness of his vocabulary." The Concord Patriot puts it in this fashion:

"People swear because they do not know the possibilities of plain English or have not the skill to manipulate it so that it will yield the amount of fire they want. You can do almost anything with common words. No matter how tame and lifeless their word standing in stupid rows as if they didn't know enough to come in when it rained, they can be made to dance like imps, to frolic like fairies, to float angelwise on light wings, to glow like fire spirits. They can do things that make the ordinary bits of profanity look like feeble scarecrows stiffened up with a fence stake. The cure for profanity—reformers and educators please make a note—is merely wit enough to handle your words so that swearing will seem like baby talk in comparison."

### When Blondin Was Afraid.

One of Blondin's favorite jokes was to offer to carry some distinguished spectator across the rope with him on his back. Everybody naturally refused, and the great equilibrist, with a genial smile, would say, "I am sorry you are afraid I should drop you." But he was hoist once with his own petard.

He was exhibiting in Paris and was about to cross the Seine on his rope. Cham, the great caricaturist, had come to make a sketch. Blondin, recognizing him, at once invited him to cross with him.

"With pleasure," replied Cham, "but on one condition."

"And that is?" queried Blondin.

"That I shall carry you on my back," answered Cham.

"Not if I know myself," answered Blondin.

"Ah," triumphantly exclaimed Cham, "this time, M. Blondin, it is you who are afraid!"

### Illustrious Shoemakers.

Shoemaking is a calling which has given the world some very great men. One authority asserts that the majority of cobblers have exceptional brains, that their attitude when stooping over their work tends to a cranial development in the part where the intellectual faculties are seated. Some one has written a book on illustrious shoemakers. In it are Sir Clondesley Shovel, Gifford the Terrible, Bloomfield, author of the well known "Farmer's Boy," Carey, the orientalist; Admiral Myngs, George Fox, founder of the Society of Friends; John Kitto, the Biblical scholar, and Sturgeon, the electrician. The list of illustrious shoemakers runs into scores.

### Rocks That Float in Water.

A geologist who is well up in his business can name a dozen or twenty different specimens of rocks and minerals that have less specific gravity than water and which will, if tossed into that element, float on the surface. Hubellite is one of the best known representatives of that class. The common pumice stone is another example. The rock with the very least specific gravity known is damari, a substance found in an extinct volcano in Damara-land. Its atomic weight is .5, or exactly one-half that of hydrogen.

### The Sum of Genius.

Men give me some credit for genius. All the genius that I have lies just in this: When I have a subject in hand, I study it profoundly. Day and night it is before me. I explore it in all its bearings. My mind becomes pervaded with it. Then the effort which I make is what people are pleased to call the fruit of genius. It is the fruit of labor and of thought.—Alexander Hamilton.

THOS. SABIN, of Eg'inton, says: "I have removed ten corns from my feet with Holloway's Corn Cure." Reader, go thou and do likewise.

### The Most Desolate Spot.

Perhaps the most desolate spot on earth is a tiny storm swept islet in Bering sea nearly midway between Alaska and Siberia. Nearly fifty miles from the nearest land, King's island is a barren rock, so steep that no beach landing can be found. Here on the southern side, perched like nests above the roaring surf and secured to the rocks by walrus thongs, are the skin dwellings of the walrus hunters. Here the sun is never shining, the sea never smooth. Cold, chilly fogs enshroud the place in summer, while the frequent and furious gales that sweep through Bering strait at all seasons render the narrow summit uninhabitable. Ice locked during nine months of the year, the natives depend entirely upon the seal, walrus and whale as a means of existence. During the brief summer a stray whaler may visit the island for a couple of hours, but this is the sole communication with the outer world. The King's Islanders are closely allied to the Alaskan Eskimos. They are a fine, hardy race, inured to daily dangers and privations, and are reckoned the best and bravest sailors in Bering sea. Their boats of walrus hide will carry from twenty to thirty persons in a mountainous sea.

### Strange Fuels.

"I have eaten mutton cooked on a fire of broken mummy," said the sailor. "It was in Egypt, and the mummy was stolen out of a tomb. Then natives is always stealin' mummies. They sell them in pieces to tourists, and what pieces they can't dispose of otherwise they throw into the bin for fuel. Mummy burns like tinder, but it's a ghastly fuel. It is as ghastly a fuel as the shoe lasts what they burn in the shoemakin' town of Lynn, where the old fashioned and discarded lasts glow in the grates look to you like amputated human limbs. I been in tannery towns where the fuel is leather chips. This fuel smells and smokes. It clinkers, too, formin' itself into big, solid chunks what have to be broke up with the poker every little while. In British Columbia, where fish is as plentiful as air, they burn dried fish when there's no wood handy. The oil in the fish causes them to burn well, but the smell of this fish fuel ain't to no white man's taste."

### Pawnshop Art Sales.

"One of the most indefatigable painters in Philadelphia has almost exclusively a pawnshop trade," said a pawnbroker the other day while discussing the many tricks of his business. "He has been working this market," he continued, "for almost four years. I believe I was his first customer. He was reduced to the point where his only capital was a lot of pictures that he could not sell. In his extremity he came to me. I advanced him a little money on several pictures, which I was lucky enough to sell. The funny part of it was that the man himself couldn't sell a picture to save his soul. He finally realized that he was deficient in business ideas and confined himself strictly to painting pictures, while I attended to the sales. At last he got other customers in my line, and today he actually makes a living from the pawnshop trade."—Philadelphia Record.

### What Ailed the Speech.

At the close of one of the sessions in the trial of Warren Hastings when most of those engaged had gathered in the anteroom Dr. Parr stalked up and down the room in his pedantic, pompous way, growling out praises of the speeches of Fox and Sheridan, but saying not a word about Burke's. Burke, sensitive at this omission and anxious for some commendation from the great authority, could at last contain himself no longer and burst out:

"Doctor, didn't you like my speech?"

"No, Edmund," replied Dr. Parr, calmly eying his excited questioner. "Your speech was oppressed with metaphor, discolored by parenthesis and debilitated by amplification!"

### His Shaky Seat.

A small Canadian ventured into the room while his eldest sister was entertaining a masculine caller.

"Mr. Harris," the youth finally interrupted, "I wish you would take me with you some day."

"Take you with me!" echoed the caller. "Where do you want to go, Bobbie?"

"I heard Mr. Grant, next door, say you were on the water wagon and he guessed you'd soon fall off. I'd love to help you drive."—Canadian Courier.

### Eloquent Silence.

There are silences of all sorts, as there is speech of all sorts. There are silences that set one's teeth on edge—it is always a relief to break them—and there are silences that are gentler, kinder, sweeter, more loving, more eloquent than any words and which it always a wrench to interrupt.—Marion Crawford.

### Not to Be Fooled.

"He wanted me to order a basket of champagne," declared indignant Mr.

### Nuritch.

"Well?"

"I may be ignorant, but I know that champagne comes in bottles."—Washington Herald.

### The Bride's Way.

Friend—Is the bride you're working for getting to be a good housekeeper? Cook—No; she hasn't learned to keep out of the kitchen yet.—Detroit Free Press.

### The Secret of Human Society.

It is only because each man is so different from his fellows that we are able to endure one another's company. —Florida Times-Union

### A GRATEFUL MOTHER'S MESSAGE.

Zam-Buk Cured her Child of Eczema When All Else Failed.

In gratitude for the great benefit her child received from the use of Zam-Buk, the great herbal balm, Mrs. R. Gentlemen, of 1090 St. James' street, Montreal, gave the following details for publication. She says: "My little daughter Lydia (2 years) was troubled with eczema on her body and face for six months. During that time she tried several advertised remedies, but the disease had too well hold of the child for these to overcome, and finally we were obliged to consult a doctor. He treated the little one for some time, and gave us prescriptions for various salves and medicines. We tried them, and tried them well, but the child got no better. When she got warm the itching was terrible, and then the pain made her cry and be very restless. One day somebody strongly advised me to try Zam-Buk. We obtained a supply, and it was really wonderful how Zam-Buk cooled and gave almost instant relief. It stopped the itching, healed the sores, and in six weeks from first commencing it, the child's skin was as smooth as when born."

Zam-Buk is compounded from rich, healing, herbal essences, and is an ideal natural combination of power and purity, suitable for the delicate skins of infants. For summer skin troubles, sore feet, insect stings, chafing sores, bruises, ulcers, abscesses, skin eruptions, scalp sores, Zam-Buk is unequalled. It also cures piles. All druggists and stores at 50c a box, or from Zam-Buk Co., Toronto, for price. 6 boxes for \$2.50.

### Not At Risk of Guest.

Before Judge Morson, of Toronto last week, judgment for \$10 was given to W. D. Greer in his action against J. O'Neill, proprietor of the St. Charles Hotel, for the loss of a fur-lined coat and cap, which were abstracted from the cloak room last January.

The defendant claimed that all goods left around the pegs were at the risk of the people who came in to eat in the cafe, but the judge held that unless actual notice were given to the guest the fact that racks were provided constituted an invitation to use them.

A CAREFULLY PREPARED PILL.—Much time and attention were expended in the experimenting with the ingredients that enter into the composition of Parmelee's Vegetable Pills before they were brought to the estate in which they were first offered to the public. Whatever other pills may be, Parmelee's Vegetable Pills are the result of much expert study, and all persons suffering from dyspepsia, or disordered liver and kidneys may confidently accept them as being what they are represented to be.

### Crop Prospects.

The warmer weather and refreshing rains of last week have been of great benefit and farmers are this week wearing a much more hopeful expression than a few days ago. It is now expected that hay will be a half crop and clover two thirds. Spring grains are all reported looking very well and with good weather to follow a good yield is expected. Fall wheat is a poor prospect and good fields are

## GET THE BEST

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very few. Corn is just coming 'up but the seed was injured by the cold weather and many fields are being replanted.

Ge the Blood of Lord of the Manor, Mambrino King, Proteus, Chicago Volunteer, etc.

### IN THE STUD-SEASON 1902.

#### The One That Wins.

CANADA'S CHAMPION ROAD STALLION

## WALNUT MANOR

Son of Lord of the Manor and Grandson of Mambrino King.

Winner of first prize at London Western Fair 1901. Winner of first prize at London Western Fair 1902. Winner of first prize and sweepstakes at Toronto 1905. Winner of first prize and sweepstakes at Toronto 1906.

#### DESCRIPTION OF

Canada's Champion Road Stallion.

WALNUT MANOR is one of the handsomest trotting bred stallions in Canada. His sire, Lord of the Manor, is a sweepstake winner three times in London, three times in Toronto, Orange County Horse Show, N. Y., and Madison Square Garden. His grandsire, Mambrino King, was the most handsome horse in the world. Proteus, the sire of his dam, was a sweepstake winner at London and Toronto. It is no wonder that Walnut Manor is a horse of such grand style and beauty.

WALNUT MANOR, a dark brown stallion, stands 16 hands high, weighs 1300 lbs. Foaled May 1st, 1903. He is a perfect gaited trotter, with perfect legs and feet. He has a clear cut, fine shaped head and neck, which goes to make a show horse, which he has proven himself. Through the dam of his sire he traces the blood of Beautiful Belle, Green Mountain Maid, Alma Mater and Jessie Peppers. Parties wishing to breed to a fashionable road horse would act wisely by securing this young stallion.

#### PEDIGREE.

WALNUT MANOR, sire, Lord of the Manor, sire of John Martin 2:23, and Lord Reta 2:15, and full brother to Lady of the Manor 2:04, the world's champion pacing mare, which record she held for five years; he is Mambrino King, the sire of 80 in the 2:30 list, and the dams of 76 in the 2:30 list, he is by Mambrino Patchen, he by Mambrino Chief, he by Mambrino Paymaster.

1st Dam—Netty M., by Proteus, full brother to Rosaine (destroyed by fire), showed his ability to trot in 2:10.

2nd Dam—Maggie R., dam of Nettie D., trial 2:10 by Chicago Volunteer (2011), sire of Bawley 2:22 1/2, 10 to 1, 2:30, he by Volunteer (55), sire of St. Julian 2:16 1/2, he by Hambletonian 10.

3rd Dam—Nellie R., dam of Fusilier 2:50, a three-year-old by Tempest, sire of Fulton 2:28, by Royal George (5), sire of Toronto Child 2:24, and 8 in 2:30.

4th Dam—Dollie, by imported Sir Layton Sykes.

5th Dam—Lady McQueen, by Grey Messenger, by imported Messenger.

#### NOTE.

TUESDAY—Will be at the Revere House, Alvinston, for noon; thence to his own stable for night, where he will remain until Saturday.

SATURDAY—Will be at the Revere House, Watford, until night; thence to his own stable.

#### TERMS.

To insure a mare with foal \$10, payable 1st Jan., 1908. All mares must be in a healthy condition; otherwise not accepted. Mares must be returned regularly to the owner. Parties disposing of their mares before foaling time will be held responsible. All accidents to mares at owner's risk. No second price.

D. G. MADDOCK, — WALNUT, ONTARIO, Proprietor and Manager.

## Tudhope Carriages



The name TUDHOPE is all the guarantee any man needs when buying a Carriage.

You can't be half as particular about materials and workmanship and service—as the Tudhopes are.

When a Tudhope Carriage leaves the factory, it is absolutely faultless in every way.

Tudhope Carriages are guaranteed by us—and by the house of Tudhope which has been making them in Canada for 55 years.

May we show you some of the

**Tudhope Carriages.**  
Jno. McKercher, Watford

## NORTH END BAKERY

We keep everything to be found in a first class bakery.

We sell the best makes of the leading confectioners.

We can get you up a wedding cake equal to Webb's.

— x —

Delicious Ice Cream and Summer Beverages.

— x —

ALL THE LEADING BRANDS OF CIGARS IN STOCK.

— x —

FRUITS IN SEASON.

## S. E. THOMPSON.

### STAGE LINES.

WATFORD AND WARWICK STAGE LEAVES Watford Village every morning except Sunday, reaching Watford at 11:30 a. m. Returning leaves Watford at 8:45 p. m. Passengers and freight conveyed on reasonable terms. — FRED JACKSON, Prop'r.

WATFORD AND ARKONA STAGE LEAVES Watford at 9 a. m. Reaching Arkona at 10:10 a. m. Returning leaves Watford at 8:45 p. m. Passengers and freight conveyed on reasonable terms. — FRED JACKSON, Prop'r.