

**SAGE**  
and  
**WALLACE**  
THE  
PEOPLE'S SHOE STORE,  
312 Water Street.

TAKE this opportunity of thanking their many customers for the kind and liberal patronage they have received, and beg to announce that they have enlarged and improved their factory and are now better prepared than ever to supply all kinds of  
**Men's, Women's, Boys, Misses and Children's Boots and Shoes**  
of the very finest and best quality, and  
**AT THE VERY LOWEST PRICES.**

## Notice to Sealers.

We are ready to supply you with good

### Hand-Made, Seasoned Boots.

We make a specialty of **Hand-Made Waterproof Boots.** As to these Boots being waterproof, we think you are the correct judge.

500 pairs Hand-Made Low Tongue Boots.

500 pairs Hand-Made Wellingtons.

500 pairs Hand-Made High 3-4.

500 pairs Hand-Made Low 3-4.

500 pairs Hand-Made Skin Boots.

Our Boots have been tested and found to be genuine. Your money's worth in every pair.

**F. SMALLWOOD,**  
m.l., t.h., s., f. THE HOME OF GOOD SHOES.

### HOW CAN WE COUNTER-ACT

#### THE INCREASED COST OF LIVING?

A second's reasoning will supply the answer. Beef and pork are dear and getting dearer all the time, and the cost is out of proportion with their food value.

#### EAT MORE BREAD.

There is more nourishment in a shilling's worth of bread than a shilling's worth of beef or pork. But the problem is not done with yet. The shilling's worth of bread is not always the same value. Breadmade from

#### ROYAL HOUSEHOLD FLOUR

contains more nourishment than any other, because it contains the greatest amount of gluten, the health-giving nutriment of wheat.

## Apples, Smoked Fish, etc.

Just landed ex "Almeriana,"

160 barrels No. 1 RED APPLES—Ben Davis.  
50 boxes Kippers and Haddies.  
100 boxes Digby Herring. Prices Right.

**Edwin Murray.**

### Better be Sure than Sorry

Mothers can only be sure of absolute freshness and cleanliness by both mixing and making cakes and pastry at home. Wholesome and reliable scones, cakes and pastry can be made at home easily, and at little cost with

#### "PAISLEY FLOUR,"

The Sure Raising Powder.

The making is easy and quick, and the method is simply to mix dry one part of "Paisley Flour" to 8 parts ordinary flour and proceed as usual.

Ask your grocer for "Paisley Flour," and remember always that "PAISLEY FLOUR" is only made by Brown & Polton, the makers of the best Corn Flour.

**P. C. MARS, Agent,**

Phone 636. P. O. Box No. 296. Board of Trade Bldg., St. John's.

## The Evening Chit-Chat

By RUTH CAMERON



"Why?" I wondered. "He has done splendidly for me."

"Yes, I know it and I used to have great faith in him myself," rejoined the lady from across the way. "You know everyone says that if it hadn't been for him, Willie would have lost his eyesight after he had the scarlet fever and he certainly did a lot for Madge's deafness, but do you know I've been taking his eye medicine for two or three weeks now and my eyes don't seem to get one bit better."

"Why, when did you go to him for your eyes?" I thought you told me yesterday that you hadn't been to a doctor for over a year. How did you get the medicine?"

"Well, I haven't," she responded promptly. "This medicine is what he gave me the last time I went to him for my eyes. When Willie was teething, I went, and he's four, so that must be about three years ago."

And she's losing faith in the doctor because the medicine that he gave her three years ago doesn't cure her eyes to-day of what may be an entirely different trouble.

She'd better be thanking her stars that her foolishness hasn't done her eyes actual harm—that is, if it hasn't. Everywhere are people that do that sort of thing—have the prescription

that the doctor gave them for a stomach ache three or four years ago, filled to cure to-day's stomach ache.

And just as like as not the two aches are from entirely different sources and need quite different treatment.

There are, of course, certain standard remedies that any woman can be her own doctor and apply without asking the advice of her physician each time. It's perfectly safe to fill up and empty the liniment and the peppermint bottles as often as you like. It's entirely proper to take down the sulphur and molasses each spring, or at least our grandmothers always found it so.

But when a doctor prescribes a remedy for a specific trouble in some part, it isn't always a wise plan to use that remedy for any ache or pain that develops in that part during the next decade.

Perhaps you are hitting it right when you think you feel exactly the way you did when the doctor gave you that liver medicine, the spring you nearly had jaundice, but considering that that spring was five years ago the chances are that you can't possibly remember exactly how you felt then.

And if you take the remedy he gave you then it may simply do you negative harm by keeping you from going to the doctor's and getting a proper remedy, or it may be something that will do you active harm.

Of course it costs to take the doctor every little thing, but it often costs more not to.

But whatever else you do, if you don't go to him, for justice sake don't blame the poor doctor if the medicine he gave for one sickness doesn't cure another.

*Ruth Cameron*

### Dr. Pierce's Favorite Prescription

Is the best of all medicines for the cure of diseases, disorders and weaknesses peculiar to women. It is the only preparation of its kind devised by a regularly graduated physician—an experienced and skilled specialist in the diseases of women.

It is a safe medicine in any condition of the system. **THE ONE REMEDY** which contains no alcohol and no injurious habit-forming drugs and which creates no craving for such stimulants.

**THE ONE REMEDY** so good that its makers are not afraid to print its every ingredient on each outside bottle wrapper and attest to the truthfulness of the same under oath.

It is sold by medicine dealers everywhere, and any dealer who hasn't it can get it. Don't take a substitute of unknown composition for this medicine of known composition. No counterfeits as good as the genuine and the druggist who says something else is "just as good as Dr. Pierce's" is either mistaken or is trying to deceive you for his own selfish benefit. Such a man is not to be trusted. He is trifling with your most priceless possession—your health—may be your life itself. See that you get what you ask for.



## HOUSEHOLD NOTES.

Towels should be perfectly dry before they are placed in the linen closet, or mold is liable to form upon them and cause skin diseases.

Neuralgia may be often relieved by applying a cloth saturated with essence of peppermint to the seat of the pain and leaving it there.

To keep tulips, using as table decorations, from opening wide a tiny bit of wax should be dropped onto the calyx of each of the flowers.

Bent whalebone, the genuine article, may be straightened by soaking before used in boiling water for a few minutes and then ironing it straight.

If mutton chops simmer in just a little water on the back of the stove before being broiled or fried, the flavor will be quite like lamb chops.

For a slightly and tasty addition to the salad, sprinkle it lightly with finely minced green pepper or finely shredded pistachio nuts.

Chiropodists say that a shoe that will not allow the great toe to lie in a straight line should not be worn if it is desired to avoid bunions.

It is wise to break eggs one at a time into a cup and to transfer each one as it is broken. Then, if one proves bad, the whole dish will not be spoiled.

A very weak solution of ammonia water is excellent for cleaning a diamond. It should be applied to the under side, and will make it very brilliant.

It is possible to buy remnants of fine carpets very cheap, and these cut into rug length and with a fringe added, make excellent and handsome rugs.

While the whole eggs are generally used for dipping croquettes, the yoke alone, with a little water added will be found quite as satisfactory.

Scratches on polished wood, if not too deep, can be removed by rubbing gently with fine sandpaper, and then with a mixture of olive oil and vinegar.

When next making tomato soup, try some of the tomato paste rather than canned tomatoes. It will be found delicious and much more economical to use.

Baby bottles may be cleaned by filling them with hot water and fine ashes or baking soda. Shake well and rinse. The bottles will be perfectly clean.

The simplest of puddings, such as chocolate, bread or rice, can be made much more tasty by adding a little cocoanut, a few chopped nuts, or some chopped figs.

If a simple brown frame for a photograph seems too dark, it may be greatly lightened by introducing a tiny moulding of gold just inside the inner edge of the frame.

A good disinfectant is made by applying a hot poker to a lump of camphor gum in a saucer. The strong fumes will clear the room of offensive odor in a few minutes.

### HIGHEST FOOD-VALUE.

**EPPS'S COCOA** is a treat to Children, a sustenance to the worker, a boon to the thrifty housewife.  
BREAKFAST SUPPER CHILDREN THRIVE ON "EPPS'S."  
In strength, delicacy of flavour, nutritiousness and economy in use "Epps's" is unsurpassed.

### "Long Harry" Continues His Jottings.

Editor Evening Telegram.

Dear Mr. Editor,—Continuing his jottings on matters agitating the public mind, "Long Harry" wishes to say that Halley's comet is taking up a lot of the time and attention of scientists the world over. It may not be news for your readers that the first time this comet was observed was in 1682. It is said to be the most famous in history and takes seventy-five years to travel around the sun. Its next appearance was on Christmas Day, 1758 and again in 1835, when it was within 5,000,000 miles of the earth—comparatively close. In 1910, it is said, it will be so near to the earth that we shall pass through its tail. This is the part of the programme that is causing so much anxiety and worry. But an English scientist has come to the rescue, and tells us we need not fear, for nothing serious will result from the earth passing through the tail of the comet; and he further assures us that if it could be captured the whole affair—comet tail and all—could be put in a portmanteau. So much then for the comet.

Another matter that gave the public much concern was the Daylight Bill introduced into the Council by Hon. John Anderson, and passed by that body, by a small margin. But it seems, sir, that the country (by the action of the Assembly) is to be saved from having such a fad placed on the Statute Book. I would suggest, Mr. Editor, that the Bill be put in a leather frame and hung up in the furnace room of the Museum.

Then, again, there is the John Guy Ter-Centenary. Nobody seems to be able to say definitely what this old chap ever did for Newfoundland. In fact, Mr. Editor, nobody seems to be able to define the place where that guy had his colony. Mr. H. F. Shortis, who has now become quite an historian and a proper into the mists of antiquity, says that John first "hung-up his shingle" in Mosquito; while Mr. W. A. Munn says that he is quite sure the old gentleman's first place of business was Harbor Grace. Neither of them however, can produce any direct proof that either of their contentions is right. Mr. James P. Howley contends for Cupids, and his view must have prevailed with the Historical Society, as preparations are being made for the celebration to take place at the latter place.

But now, Mr. Editor, would it not be a good idea to let poor old John Guy rest; for since no one can say that he ever did any great service for Newfoundland, and it has not even been hinted that he ever did any harm, together with the fact that neither Cupids or Mr. Grace or Mosquito was the first place colonized, (according to Archbishop Howley) there is nothing to celebrate. Let him rest!

Judge Prowse is also trying to add to our perplexities, as if we did not have enough to worry us without the irrepressible "D. W. P." again endeavouring to raise the Landfall of Cabot controversy! "Long Harry," with many of your readers, thought the Judge had the question settled long ago to his own satisfaction, and why he should be bringing the matter up again now passes my understanding. He is evidently looking for some one to tread on the tail of his coat!

There are several other matters that I would like to have a say on; but as the mail is about closing, I must cut it short and subscribe myself as before

Sincerely yours,  
LONG HARRY.  
Hr.-Grace, March 9th, 1910.

**Electric Restorer for Men** restores every nerve in the body to its proper tension; restores vim and vitality. Premature decay and all sexual weakness averted at once. PHOSPHONOL will make you a new man. Price \$3.00 a box or two for \$5.00. Mailed to any address. The Scofield Drug Co., St. Catharines, Ont. m.w.f.  
T. McMurdo & Co., Selling Agents for Newfoundland.

### M.I.A. At Home.

The Mutual Improvement Association had a meeting of the "At Home" kind at the Lecture Room of the Congregational Church last night. An excellent programme of music and recitations was given under the direction of Mr. H. E. Cowan who occupied the chair. Among those who assisted by their talent to make the event so enjoyable were:—Mr. H. J. Earle, M. H. A., H. E. Ray, R. G. Ross, A. Crocker, Mrs. Thompson, Mrs. Whiteley, Miss Irving, Miss Barnes and Miss Cadwell. After the programme had been rendered refreshments were served during which time the gathering moved around in a social manner, and all present improved their acquaintance mutually. The event was the most successful yet held.

Minard's Liniment Cures Cargol in Cows.

## Picture Post Cards Free,

AT

### The Lipton Agency This Week!

These are beautiful coloured views of Lipton's various estates and plantations in Ceylon (The Garden of the World), which very interestingly portray tea-picking and growing, and also the life of the natives of Ceylon. Of these we shall be delighted to give any customer a dozen different cards upon request while they last.

It is but natural that in the "Garden of the World" the BEST TEA in the World should be grown, and the best is "LIPTON'S."

Pure Ceylon Tea containing an extremely small percentage of tannin, put up in Air Tight and Dust Proof Packets, at 32c., 44c., 52c. lb. Try the Tea that has delighted and cheered thousands of customers continuously for the past 18 years, that is Lipton's Red Packet Tea, at 44c. lb.

**LIPTON'S COFFEE ESSENCE.** Superior to all other similar preparations, makes a Delicious Cup of Coffee in a minute, only 15c. and 28c. bottle.

The word "LIPTON" means HIGH-CLASS GOODS at a LOW PRICE.

LIPTON'S PURE COCOA, equal to any costing half as much again, 1-lb. tins, 20c.; 1/2-lb. tins, 35c.; 1-lb. tins, 70c.

LIPTON'S CHOCOLATE POWDER, in 1-lb. packets, at 7c. and 10c. each, and also in 10c. tins.

LIPTON'S TABLE JELLIES are the perfection of a Table Jelly, all flavors, in 1 pint tablets, 10c. each.

LIPTON'S CONFECTIONERY has a name above every other make, and the price is very low. Then our Confectionery is always fresh, we have shipments every fortnight.

**LIPTON'S ASSORTED CHOCOLATES**, every Chocolate tin foiled, 1/2-lb. boxes, 35c. each; 1-lb. boxes, 60c. each, equal to any at 90c. lb. LIPTON'S CELEBRATED CARAMELS, in 1-lb. and 1/2-lb. tins at 10c. and 20c. each.

LIPTON'S DELICIOUS WALNUT TOFFEE, in 1-lb. tins, at 20c. each. LIPTON'S UNSURPASSABLE MILK CHOCOLATE, the best of all Milk Chocolates, at 8c. pkt.

**Henry Blair,**  
AGENT FOR LIPTON, LTD.

## SALT. SALT.

3,000 Hogsheads Best CADIZ SALT,

IN STORE.

## CORKWOOD,

100 Bundles Best Corkwood.

**HENRY J. STABB & Co.'s.**  
ebl1,00d  
**SPRING SEWING!**

### BUSINESS AND PLEASURE COMBINED!

Why not embrace it, and get one of our

## MOTOR BOATS or MOTOR ENGINES?

Indispensable to the FISHERMAN, PLANTER, CLERGYMAN, TOURIST, and PLEASURE-SEEKER.

Place your order now for next season's wants.

**Angel Engineering and Supply Co., Ltd.**

## Bernalda Shoes,

**\$2.00**

per pair—second to none.

All the advanced styles in stock. We would like you to try a pair.

**STEER BROTHERS.**

