

OWES HER LIFE TO "FRUIT-A-LIVES"

The Wonderful Medicine Made From Fruit Juices and Valuable Tonics.



MADAME ROSINA FOSIZ
29 St. Rose St., Montreal.

"I am writing you to tell you that I owe my life to 'Fruit-a-lives'. This medicine relieved me when I had given up hope of ever being well. I was a terrible sufferer from *Dyspepsia*—had suffered for years; and nothing I took did me any good. I read about 'Fruit-a-lives' and tried them. After taking a few boxes, I am now entirely well. You have my permission to publish this letter, as I hope it will persuade other sufferers from *Dyspepsia* to take 'Fruit-a-lives' and get well."

MADAME ROSINA FOSIZ
"Fruit-a-lives" is the only medicine in the world made from fruit. 50c. a box, 6 for \$2.50. Trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

W. C. T. U. Notes.

The Annual Meeting of The National W. C. T. U. In Japan.

The annual meeting of the National W. C. T. U. was held in the Woman's College in Kobe, April 1-4. The convention was one of outstanding merit, business of much importance being transacted, and the sessions conducted with great skill and dignity.

Some 87 delegates answered the roll call. These represented 40 local W. C. T. U. with a membership of 3,000; 16 Y. W. C. T. units, membership, 500; and 48 Local Temperance Legions with 9,000 members.

The honored, aged president of the society, Madame Yajima, 87 years of age, gave the opening address. Dr. (Mrs.) Fujii being in the chair. The president referred to the opening of the work in Meiji 19 (A. D. 1887) when a few women organized themselves into a society in the Nihon-Bashi Church, a very suitable place for the beginning of this important work, Nihon-Bashi being the centre of a small Japan.

Madam Yajima felt that in the opening up of Japan there was a work for women to do in reform to make Japan more worthy of her place in the world. The National Society was organized 27 years ago, and affiliated with the World W. C. T. U. Now with the end of the war and peace in sight, there were many problems to be faced. The women of the Orient must be broad in vision and strong in heart. They must set to work to produce the real, not the artificial, which can never really take the place of the real. The president felt that she had lacked in the educational advantages of the girls of today, yet she was grateful that she had been able to accomplish a little, because she had the desire in her heart to help others.

One of the officers of the society stated that she had felt a desire to help the womanhood of her country, so although she had a family, she had studied and secured a diploma in medicine when about 46 years of age. She had many patients and she wanted to make her life and work tell in Christian helpfulness for others.

Great interest was aroused by the report of the Jialkwan (rescue home) in Okubo, Tokyo. Last year there were 24 placed as servants, and some fifteen were baptized. A new bakery had been established and the laundry was prosperous. A gentleman from England, en route to Australia, has taken great interest in the work of the Jialkwan and had collected much money for it. There was now enough in hand to build a hospital; but in addition, a rescue home in Osaka, and an evangelistic building in Asakusa, Tokyo, were most earnestly desired.

There are about 80 girls at present in the home. Knitting, sewing, baking, laundering are taught.

KEEP STRONG

As an aid to robustness, thousands upon thousands use

Scott's Emulsion
as regular as clockwork the year around. A rich tonic, Scott's Emulsion in elements that contribute to the up-building of strength. Be sure that you buy Scott's Emulsion.

Pocket money is given to those who work. In the laundry, the girls work for about an hour at a time and they consider it fine exercise. They also learn to iron. The treasurer's report showed receipt of yen 3,487 and an outlay of yen 2,734. The Fujin Shimpo and the Shonen Shimpo, the two publications of the society, have a circulation respectively of 2,500 and 8,100.

The 1919 Victory Loan.

Halifax, September—There was no lack of enthusiasm and optimism on the part of the provincial executive and county organizers of the 1919 Victory Loan for Nova Scotia, when they met to consider 'ways and means'. All the counties were represented. Dr. G. S. Campbell, presided, and reviewed the methods to be employed in the campaign which opens October 28. He noted the allotment for Nova Scotia as \$17,145,000, and called for responses from the county chairmen and organizers as to the likelihood of the county allotments being raised. In every case the organizers stated that while conditions were not as satisfactory as in the case of the 1918 Victory Loan, they were prepared to go ahead and do their best to reach the objectives.

The chairman made a point of emphasizing the fact that there was more money in the province than at the time of the previous campaign, and that despite some changed conditions which might make it more difficult to reach the objective, such as the necessity of getting small investors to buy more bonds than they did last year, energy well directed would gain the end. All present pledged themselves in the coming campaign.

At the luncheon, D. Macgillivray, superintendent of the Bank of Commerce, and chairman of the Victory Loan Bankers' committee, explained the necessity of the loan, and emphasized the fact that there was more money in the country by \$300,000,000 than there was at the time of the last Victory Loan. He had no doubt that the Nova Scotia objective could be reached if all would work together with the same energy as in the case of the 1918 loan.

The county organizers will report back to the committee on the 30th instant. Following are the county allotments:

COUNTY OBJECTIVES:	AMOUNT
Annapolis	\$ 350,000
Antigonish	300,000
Cape Breton	3,500,000
Colchester	700,000
Cumberland	1,250,000
Digby-Clare	350,000
Guy-boro	275,000
Hants	500,000
Inverness	225,000
Kings	550,000
Lunenburg	750,000
Pictou	2,000,000
Queens	245,000
Richmond	100,000
Shelburne	275,000
Victoria	100,000
Yarmouth	450,000
Halifax county	475,000
Halifax city	4,750,000

DR. A. W. CHASE'S 25c CATARRH POWDER
is not direct to the diseased parts by the improved shower. Heals the ulcer, cleans the ear passages, stops discharges in the throat and permanently cures Catarrh and Hay Fever. Use a hot steam bath. Accept no substitutes. All dealers or direct from: **W. S. P. & Co., Limited, Toronto.**

Some time ago the Belgian Government presented Canada with a splendid site at the Menin Gate, Ypres, for the erection of a Canadian Hall of Record as a memorial of Canadians fighting in the Ypres salient. The French Government offered several acres of Vimy Ridge for the same purpose.

It is learned that the Mayor of Vimy has written intimating that while he has been instructed to locate a site for this purpose, he has not yet heard whether the Canadian Government intend to accept the gift of the Belgian Government and is also unaware whether the French offer will be accepted. Unless something is done without delay, these sites may pass under the control of the British Imperial authorities.

CASTORIA

For Infants and Children
Always bears the Signature of **Dr. J. C. Watson**

A young man from the country called on a certain great manufacturer in his workshop, and the man of metals and machinery picked up a powerful magnet and said:

"That magnet will draw three pounds of iron from a distance of two feet."
"That's not much," said the young countryman thoughtfully. "I know something wrapped in muslin and frills that draws me every Sunday over three miles of ploughed fields."

For Your Convenience

The saving of the extra steps and extra motions has been shown to be a big thing in the business world. Efficiency engineers at fancy salaries have been hired to study the most convenient ways of getting work done. The biggest industries have proved that convenience pays, and it is the same in the household.

EDDY'S MATCHES & Indurated Fibreware

enable the housewife to save many extra steps and extra motions which may be unnoticed at the time, but which require time and energy just the same.

Eddy's Washup and Pails are easier to lift, easier to move, and keep the water hot longer. Eddy's Matches are safe, reliable and non-poisonous. They have been standard in Canada since 1851.

Small things? Perhaps. But your end-of-the-day fatigue is the product of many such small things. And that is a big thing.

The E. B. Eddy Co. Limited
HULL, CANADA

Matches, Indurated Fibreware, Paper...

Painful Rheumatism.

MAY BE DRIVEN OUT OF THE SYSTEM BY ENRICHING THE BLOOD.
In the days of our fathers and grandfathers rheumatism was thought to be the unavoidable penalty of middle life and old age. Almost every elderly person had rheumatism, as well as many young people. Medical science did not know that it was rooted in the blood. It was thought that rheumatism was the mere effect of exposure to cold and damp, and it was treated with liniments and hot applications, which sometimes gave temporary relief, but did not cure the trouble. In those days there were thousands of rheumatic cripples.

Now, medical science understands that rheumatism is a disease of the blood, and that with good rich, red blood any man or woman of any age can defy rheumatism can be cured by killing the poison in the blood which causes it. There are many elderly people who have never felt a twinge of rheumatism, and many who have conquered it by simply keeping their blood rich and pure. The blood making, blood enriching qualities of Dr. Williams' Pink Pills is becoming every year more widely known, and it is the more general use of these pills that has robbed rheumatism of its terrors. At the first sign of poor blood, which is shown by loss of appetite, palpitations, dizziness, dim eyes, protect yourself against the further ravages of disease by taking Dr. Williams' Pink Pills. They have cured thousands of people—if you give them a fair trial they will not disappoint you.

You can get these pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from Dr. J. C. Williams' Medicine Co., Brockville, Ont.

According to the cable received recently by the Government from the British Ministry of Food, the supply of cheese in Britain is sufficient for requirements without the Canadian product. Canadians are advised to sell their cheese elsewhere if a higher price can be obtained, which means that the Canadian price is too high for Britain. This ought to mean a reduction at home in the price of one of the prime articles of food.

Children Cry FOR FLETCHER'S CASTORIA

To date there are more farmer candidates in the field for the Provincial Legislature in Ontario than those of either of the old parties, and before nomination day there will be many more. In the 111 ridings it is certain, the London Advertiser says, that three-cornered fights will be numerous in spite of the fact that the farmers and Liberals are standing on practically the same platform.

The Sporting Editor, just prior to his vacation, summarized his thoughts in rhyme as follows: "Little bank roll, ere we part, let me hug you to my heart; all the years I've clung to you, I've been faithful, you've been true. Little bank roll, in a day, you and I will start away to a gay and festive spot; I'll come home—but you will not."

A news item from London says it costs \$4,600,000 a month to keep the British army in Ireland.

Sixteen thousand citizens of British Columbia have signed a petition asking the Government to reduce the cost of living.

Children Cry FOR FLETCHER'S CASTORIA

When we have a man under the sea, in a submarine, talking by phone with a flier in the air, as occurred in Long Island Sound the other day, we may well say that wonders never cease.

Canada's Next Governor General.

The Earl of Athlone, mentioned as the next Governor-General of Canada, was formerly known as Prince Alexander of Teck, but adopted his present title in 1917, when all members of the British Royal Family discarded their German titles and family names. It was generally understood that the Earl was to have succeeded H. R. H. the Duke of Connaught, but the outbreak of the war prevented this, the Earl going on active service. He married in 1904 Princess Alice of Albany, and has one son and one daughter. His elder brother, formerly the Duke of Teck, is now the Marquis of Cambridge.

What probably was the first use of the aeroplane in the detection and apprehension of criminals has just been reported from Capri, Italy. An Englishman named Green was suspected of running a villa as a baccarat gambling den. After spying round the place, a Naples police inspector secured a hydroplane and made a night flight to the grounds of the villa, where he captured a aristocratic party at play.

Children Cry FOR FLETCHER'S CASTORIA

German newspapers recently published a report that 150 naval battle flags had been stolen by German workmen from a great quantity assembled in Danzig and were exchanged as souvenirs with men of the British warship Coventry in return for cigarettes, smoking tobacco and chocolate.

It will take 250 miles of war ribbon to supply the men and women of the United Kingdom entitled to them with war medals. The fact illustrates the high average of courage among British participating in the war.

This is to certify that I have used MINARD'S LINIMENT in my family for years, and consider it the best liniment on the market. I have found it excellent for horse flesh.

W. S. P. & Co., Ltd.
"Woodlands," Middleton, N. B.

Mixed dances for British soldiers and German civilians in Cologne are now prohibited. In future no officer or other rank will be allowed to attend dances organized by Germans and vice versa.

The air above London is the dirtiest in all England, according to the British meteorological office, which asserts that 60 tons of soot fall on every square mile of the city every year.

C.P.R.'S NEW RECORD

The re-employment of returned soldiers has been carried out by the C.P.R. so much more rapidly than according to the official records up to the end of August, actually more returned soldiers have been given employment than left the Company for service overseas. The exact figures are as follows:

Total reported as joining the Army	10,578
Dead	1,009
Wounded	1,002
Re-employed in the service	5,028
Other soldiers given employment	5,542
Total soldiers given employment to date	10,570

In finding employment for returned soldiers, the C.P.R. has found by experience that in most cases it is advisable to re-locate them in the same department as that in which they worked previous to enlistment. The freight handler who has ambitions to become a dining car waiter is not encouraged to change his vocation unless he can prove that he has learned something about waiting, for instance, at an Officers' mess during his military life—his military experience has probably made him a better man than before for handling freight but has not qualified him for the skilled trade of a dining car waiter. Passenger men who have served in the Army come back as a rule all the better for their experience, but the Army training has not qualified them in being sleeping car conductors or ticket clerks, and if they prove to be misfits at a new job the only result is friction and discontent. The general experience, however, is that the normal returned man who goes back to his old or a similar job is all right, indeed is often improved by the discipline and teamwork which he has learned in the Army.

The policy of the C.P.R. has been to find a position at least as good as the position given up, and this policy has been carried out in the higher ranks of the service as well as in the lower ranks. Thus:

Mr. T. S. Acheson who was employed as General Agricultural Agent at Winnipeg, enlisted in October 1915, was re-employed in the same capacity on January 18, 1918.

Mr. G. W. Curtis, who was employed as Industrial Agent at Montreal, enlisted in November 1916, was re-employed January 1st, 1918 in the same capacity.

Mr. M. L. Duffy, who was Chief Clerk, Freight Department at London, England, enlisted October 1915, was re-employed March 1st, 1918 as Agent at Chicago.

Mr. F. A. L. Gascogne, who was Superintendent Car Service, Montreal, enlisted July 1916, resumed duty as Secretary-Treasurer of the Canadian Pacific Ocean Services Ltd., Montreal, in October 1918.

Mr. G. H. Kirkpatrick, who was District Freight Agent at Port Williams, enlisted in June 1916, and returned to duty on March 15th, 1918, as District Freight Agent, at Cleveland.

Mr. W. M. Kirkpatrick, who was Assistant Freight Traffic Manager at Montreal, and enlisted in September 1916, resumed duty on February 1st, 1918, as Assistant Freight Traffic Manager at Winnipeg.

Mr. T. M. Leask, who was Chief Surgeon at Moose Jaw, enlisted in February 1916, and resumed duty as Chief Medical Officer at Moose Jaw on June 1st, 1918.

Mr. B. H. MacIntosh, who was Division Engineer in the Natural Resources Department at Calgary, enlisted in April 1916, and resumed duty as Division Engineer on March 17th, 1918.

Mr. G. G. Osmansky, who was Special Assistant Engineer at Montreal enlisted in August 1915, and resumed duty in July 1918, as Assistant Engineer in the Chief Engineer's Department at Montreal.

Mr. L. C. Ord, who was Assistant Works Manager at Anrus Shops, Montreal, enlisted in September 1915, and resumed duty in the same capacity in May 1918.

Mr. C. W. P. Ramsey, who was Engineer of Construction, Montreal, and who took command of the Canadian Overseas Railway Construction Corps in February 1915, resumed duty as Relieving Superintendent on Eastern Lines in March 1918.

Mr. W. J. Robertson, who was Assistant to the Manager of the C.P.R. Real Estate Department, Montreal, enlisted in June 1916, and returned to duty in his former position in March 1918.

Mr. B. W. Vardill, who was Purchasing Agent in the C.P.R. Right of Way Department at Winnipeg, enlisted in November 1914, and resumed his former position in June 1918.



are the quick, sure and safe remedy for kidney and bladder troubles. They relieve the worst pain, reduce congestion, eliminate stone and gravel, and restore the organs to usual active health. Don't delay. Get a box from your druggist or dealer at once, and prevent disaster, etc.—with money-back guarantee. Sample free.

Address: The National Drug & Chemical Co. of Canada, Ltd., Toronto
U.S. Address: N. Dr. Co., Inc., 202 Main St., Buffalo, N.Y.

PUBLIC NOTICE!

All persons having legal demands against the estate of Avard J. Woodman, late of Wolfville, merchant and undertaker, deceased, are requested to render the same duly attested within twelve months from the date hereof, and all persons indebted to said estate are requested to make immediate payment to:

SELINA WOODMAN, Administratrix.
OTTA FOSHAY, Administrator.
Wolfville, October 5, 1919

Professional Cards.

DENTISTRY.

A. J. McKenna, D. D. S.
Graduate of Philadelphia Dental College. Office in McKenna Block, Wolfville.
Telephone No. 43.

Geo. C. Farrell, O. D.

Webster St., Kentville
Every Thursday, Friday and Saturday.
Appointments for Examination of the Eyes may be made by mail or phone.

Charles Hogan, C. E.

Provincial Land Surveyor
surveys, Plans, Levelling & Estimating.
Church Street.
Greenwich, Kings Co., N. S.
Long distance telephone, Wolfville exchange

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R. W. TUFTS
Phone 32. BROKER.
Agent Halifax Fire Insurance Co.

DR. J. T. HOTCHKIS

Veterinary Surgeon
WEBSTER ST., KENTVILLE.
Phone 10

M. R. ELLIOTT

A. B., M. D. (Harvard)
Office at residence of late Dr. Bowles.
Telephone No. 23.
Hours—8-10 a.m., 1-3, 7-9 p.m.

E. S. NOTTING

V. S., B. V. Sc.
Veterinary Surgeon, Physician, Etc.
Nicklel Bldg., Alexander St., Kentville
Phone No. 214.

Mail Contract.

SEALED TENDERS, addressed to the Postmaster General, will be received at Ottawa until noon, on Friday, 11th Oct. 1919, for the conveyance of His Majesty's Mails, six times per week, between
Bassett P. O. and Chatham P. O. and see the Schedule No. 2 Mail Route.
under proposed contracts for four years, to commence at the Postmaster General's pleasure.
Printed notices containing further information as to conditions of proposed contracts may be seen and blank forms of tenders may be obtained at the Post office of the terminal and route offices, and at the office of the Post Office Inspector.
W. B. MACINTOSH
Post Office Inspector.
Halifax, 26th August 1919.

TONIGHT Tomorrow Alright

MR. Tiffin stop-itch headaches, relieve lumbago attacks, ease and regulate the eliminative organs, make you feel fine.
"Better Than Pills For Lumbago"

Sold by A. V. Rand.
Minard's Liniment For ails every where

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