SHIPPING NEWS FOR THE WEEK

PORT OF ST. JOHN, N.B. Arrived.

Feb. 17-Str. Hirundo, 1343, Sorenson, St. John's, Nfid., Wm. Thomson and Co., bal. Coastwise—Sch. Sam Slick, 90, New Co., bal. emb, St. Martin's; str. Connors Bros. 49, Warnock, Chance Harbor, and cld. 49, Coggins, Westport, and cld.

Feb. 19—Str. Sardinian, from Havre. Str. Empress of Ireland, 8028, Forster, from Liverpool via Halifax, C.P.R. Co.

Str. Adventure, 878, Couch, Louisburg R. P. and W. F. Starr. Str. Cacouna, 931, Holmes, Sydney, R. P. and W. F. Starr, coal; and cld. Feb. 21-Sch Roger Drury (Am); 307, Cook, from Salem, R C Elkin, bal. Sch Tay, 124, Scott, from Boston, N C Scott, bal.

SS Grampian, 6,531, Johnston, from Liverpool via Halifax, Wm Thomson and Co, mase and pass. Coastwise-Schs Linnie and Edna, 30, Guptill, from Grand Harbor; Ella

and Jennie, 25, Ingalls, from Grand Feb. 22-Str. Calvin Austin, Allan, Boston via Maine Ports, W. G. Lee. Str. Louisburg, 1187, Marsters, Louisburg, R. P. and W. F. Starr, 200 tons

Coastwise-Str. Granville, Collins, Annapolis, and cld. Str. Bear River, 70, Woodworth, Bear River, and cid. Feb. 22-Str. Oruro, 1249, Bale, from Bermuda, Windward Islands and Demarara, Wm. Thomson and Co., pass.

Str. Calvin Austin, 2853, Allan, from Boston via Maine ports, W. G. Lee, pass, and mdse. Feb. 23—Str. Montcalm, 3508, Hodder,

Bristol, C. P. R., general cargo.

Coastwise—Schs. C. J. Colwell, 82,
Baizley, St. Martin's; Effi Maud, 61,
Gough, do.; E. Mayfield, 74, Merriam, Parrsboro; Sea King, 32, Copp. Alma.

Feb.17-Str. Calvin Austin, Allan, Boston via Maine ports, W. G. Lee. Coastwise-Sch. Clara, A. Benner, French, Back Bay. Feb. 18-Str. Tunisian, Fairfull, Liverpool via Halifax, Wm. Thomson and

Str. Bengore Head, Ferguson, Belfast, Wm. Thomson and Co. Str. Salacia, McKelvie, Glasgow, Robt Reford Co. Coastwise-Sch. L. M. Ellis, 34, Lent,

Feb. 19-Str. Dunmore Head, Moore, Dublin, Wm. Thomson and Co. Str. Manchester Importer, Haworth, Manchester, Wm. Thomson and Co. Str. Hirundo (Nor.), Sorensen, Havana, Cuba, Wm. Thomson and Co. Sch. Lavonia, 266, Atkinson, Las Pal-mas, Grand Canary, A. Cushing and

Sch. Peter C. Schultz (Am.), Donovan, New Haven, Conn., Stetson, Cutler and Co. Feb. 22-Str. Rebecca M. Walls (Am.) Ward, City Island for orders, Alex. Coastwise-Str. Aurora, Ingersoll,

Feb. 22-Sch. Stella Maud, 98, Ward Quincy, Mass., Stetson, Cutler and Co., 27,977 ft. spruce boards, 1,000,000 cedar shingles.

Coastwise—Sch. Sam Slick, New-

Sailed.

Feb. 19-Str. Dunmore Head, Moore, Str. Salacia, McKelvie, Glasgow. Feb. 22-Str. Hirundo (Nor.), Sorenson,

Sch. Lavonia, Atkinson, Las Palmas, Sch. Peter C. Schultz, Donovan, New

Domestic Ports.

HALIFAX, N.S., Feb. 17.—Sailed: Str. Ionian (Br.), Heely, London; Amanda (Nor.), Jamaica. YARMOUTH-Arrived: Str. Amelia Halifax; Str. Boston, Boston; Str. Gertrude M, Port La Tour; Str. Latour, orth West Harbor. red: Sch. Germaine, St. Pierre,

Miq.; Sch. Korrigane, St. Pierre, Miqun. Str. Amelia, St. John; Str. Bos ton, Boston; Str. Latour, North East Harbor; Str. Gertrude M., Portclyde. Feb. 19—Str Diana (Nor), Sorboe, for Digby, to land 300,000 feet pitch pine. She will return to this port to land dance of cargo from Brunswick, Ga.

British Ports.

LONDON, Feb. 17.—Sailed: Str. Mon-treal, Halifax and St. John, N.B. MALIN HEAD, Feb 18-Signalled str Empress of Britain, from St John and Halifax for Liverpool. LIVERPOOL, Feb 18-Ard, str Durango, from Halifax and St. Johns, NF GLASGOW, Feb. 19—Sailed: Str. La-tonia, for St. John, N.B.

Heart Trouble Cured.

Through one cause or another a large majority of the people are troubled with some form of heart trouble.

The system becomes run down, the heart palpitates, you have weak and diszy spells, a smothering feeling, cold clammy hands and feet, shortness of breath, sensation of pins and needles, rush of blood to the head, etc.

Wherever there are sickly people with weak hearts Milburn's Heart and Nerve Pills will be found an effective medicine.

Mrs. Wm. Elliott,
Angus, Ont., writes:
Heart "It is with the greatTrouble est of pleasure i write
Cured. you stating the benefit I have received by using Milburn's Heart and Nerve Pills. I suffered greatly from heart trouble, weak ness and smothering spells. I used a great deal of doctors medicines but received no benefit. A friend advised me to buy a box of your pills, which I did, and soon found great, relief. I highly recombuy a box of your pills, which I did, and soon found great relief. I highly recom-mend these pills to anyone suffering from heart trouble."

Price, 50 cents per box or 3 boxes for \$1.25 at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

MANCHESTER, Feb. 18—Sailed; Str. Manchester Shipper, for St. John, N.B. LIVERPOOL, Feb. 19—Arrived; Str. of Britain, from St. John, N.

B. and Halifax. CAPE RACE, N. F., Feb. 21. – Str Mount Temple, from Antwerp for Halifax and St. John, N. B., in wireless communication with the Marconi station here when 180 miles east at BRISTOL, Feb. 21.-Sld, str Men. outh, for St John, N B.

MANCHESTER, Feb. 12-Ard 19th str Cervian, from Port Arthur and Newport News via Halifax. ALEXANDRIA, Feb. 19.-Ard, Celtic, from New York. CAPETOWN, Feb. 22-Arrived pre-iously: Str. Melville, St. John, N.B., via Sydney, C.B.

LONDON, Feb. 21-A Minnewaska, New York. 21-Arrived: Str HULL, Feb. 22-Sailed: Str. Trebia ossley, for Hamburg and Savannah.

SAUNDERSTOWN, R. I., Feb. 17. Sailed: Schrs. Marguerite, from Fall River, Norfolk; Francis J. Sawyer, from Providence; Luther T. Garretson, from Rockport, Mass., for New York; Edward Stewart, from Rockport, Mass. for New York; Annie Ainslee, from Rockport, Mass., for New York; Samuel Castner, jr., from Calais for New York; Harold B. Cousens, from St. John for New York, Rescue (Br.), from St. John for New York; Manuel R. Cuza, from St. John for New York and

City Island; Flora A. Kimball, from Boston for Promised Land. Fresh north-easterly winds, hazy at VINEYARD HAVEN, Mass., Feb. 17 -Arrived: Sch. George E. Walcott,

from Newport News, Portland, Sailed: Schrs. Ladysmith (Br.), from St. John for New York; Preference (Br.), from St. John for New York: Margaret May Riley (Br.), from St. John for New York; Julia A. Berkle, from Nantucket for New York; Helen Montague, from St. John, N.B., for Bridgport; Minnie Slauson, from St. John, N.B., for Greenwich, Conn. Wind north-east, fresh; cloudy; rough

CIENFUEGOS, Feb. 17.-Arrived: tr. Leuctra, Hilton, from Newport HAVRE, Feb 18-Ard, str Corinthan, from St John and Halifax for Lon-

HAVRE, Feb 18-Sld, str Pomerann, for St Johns, NF, and Halifax. CITY ISLAND, N. Y., Feb. 18— Bound south: schs Ladysmith (Br), from Halifax; Harold B Cousens, from St John, N B; Manuel R Cuza, from do; Cora Green, from Bangor; Samuel Castner, jr, from Calais; Metinic, rom Stonington; Edward Stewart, rom do; Methebesec, from do; Luther T Garretson, from Rockport; Francis V Sawyer, from Providence for Car-teret; La Forrest L Simmons, from New Haven; Mary Curtis, from Red

leach for Washington BOSTON, Feb. 16.-Ard, str Ionian, from Glasgow and Moville via Hall-fax; Winifredian, from Liverpool. Sailed, str Anglican, for London; Bul-garia, for Hamburg via Baltimore; Dominion, for Sydney, C'B.

BOSTON, Mass., Feb. 19—Sailed: Barque Belment (Br.), Buenos Ayres. SALEM, Mass., Feb. 19-Sailed: Sch.

CITY ISLAND, N.Y., Feb. 19-Bound outh: Schrs. Margaret May Riley, St. hn, N.B. for New York; Preference, John, N.B. for New York; Rescue St. John. N.B. for New York. BOSTON, Mass., Feb. 21-Ard, strs

hiladelphia (Br), from London; Axenfels (Ger) from Calcutta and Colombo, via Malta; San Jose (Br), from Port Libon. bark Deveron (Nor, from New York (in tow); schs Camilla May, Page, from Apalachicola; James W. Paul, jr, from Newport; Morris and Cliff, from Rockland; Silver Heels, from Rockland

Sailed, strs Peruvian (Br), for New York: Westfalen (Ger), for Philadel-

HAMBURG. Feb. 22-Sailed: Str. Platea, Harris, for Charleston. BERBUDA, Feb. 22-Sailed: Str. lmera. Bennett, from Nordenham for Norfolk and Wilmington, BOSTON, Mass., Feb. 22.-Arrived: Strs. Bostonian (Br.). Manchester and

Liverpool; Ocland (Nor.), Banes; Karen (Nor.), Havana. Sailed: Str. Sachem (Br.), Liverpoo PORTLAND, Me., Feb. 23-Arrived: Str. North Star, New York. Sailed: Str. Kronprinz Olav (Nor.), Sydney, C.B. Schrs. Pendleton Bros., Baltimore: Edward T. Stotesbury and Marcus L. Urann, Newport News. Cleared: Schrs. Katherine D. Perry,

pect Harbor. ROCKLAND, Maine, Feb. 23.—Ard, schs Ruth Robinson, from St. John, N B; Alice, from Deer Island. Sailed, sch Saunders, from Rockpor for Edgartown.

Newport News; Ralph K. Grant. Pros-

SHIPPING NOTES.

The Elder-Dempster Sokoto, Capt. Pierce, arrived at Havana, Wednesday, from St. John. She will proceed to Mexican ports. Under the Meat and Canned Goods lot 1907, the master or purser of every.

vessel carrying such goods is required to make the following declaration be-fore clearance is granted: "There are no carcasses, portions or products thereof (except ship's stores) on board the vessel or that all the carcasses portions or products thereof on board the vessel are duly marked in accordance with the provisions of the act.' PHILADELPHIA, Feb. 16-Str. Giulia (Aus.), from Trieste, etc., encountered considerable, damage about decks; flooded engine room and stoke hole; tarpariin torn off and water entered hatches 2 and 3.

Stf. Burbo Bank (Br.) reports Feb.

13. about 10 miles N.E. (true) of Cape Charles lightship, passed for two miles through a large quantity of sawn timber. Str. Yumuri (Cuban), from Cienfue gos, reports Feb. 16, lat. 38 45, lon. 74

19, passed apparently a spar, standing upright 1% foet above water, attached o submerged wreckage. Ship Hamaut (Dutch) from Antwerp reports Feb. 5, lat. 36 57, lon. 69 23, passed numerous planks, probably deck load of some schooner; 7th, lat. 35 22, lon. 68 pl. and 8th, lat. 35 36, lon. 70 50, also passed large quantities of lumber Sch. Leader reports Feb. 8, Absecom bearing W%N (true), about 1 mile distant, saw a number of logs and poles of different dimensions.

from Halifax, reports Feb. 13, lat. 36 47, lon. 63 53, passed a derelict three-

the pilot-house of a schooner and a ed. sighted between Barnegat and Shinne- years old, and was of German descent. cock by Str. Essex, from Baltimore. JACKSONVILLE, Feb. 16-Str. Parthian ran into Str. Magic City below Maryport and sank her this morning. The bark Carrie Winslow, the last square-rigged vessel owned in Port-land, Me. (the Shiloh barkenfine Kingdom, owned by the "Kingdom Yacht Club," not being properly entitled to hail from that port), has just been sold by J. S. Winslow and Co. to Captain

Theodore G. Krum and others of Bos-Sch. John Twohy, from Baltimore, reports collided with an unknown ner at sea, and lost lifeboat, rail

A capsized schooner which was pickedup by the revenue cutter Androscoggin and towed to Gloucester wednesday may be the George E. Prescott of Rockland, Me., which left Portland I Feb. 11 for New York. Her name plates are under water and her identity will not be positively until she is beached. The Prescott left Portland in company with the British schooner coggin and towed to Gloucester Wed-Preference, Capt. Gale, St. John, N.B. for New York. The Preference reached Vineyard Haven WednesGay, and Capt. Gale reported that he believed the derelict which he passed Sunday off Eastern Point light to be the Pres-

and headgear.

Pedersen, sailed from Havana, Feb. 15, for Boston and St. John. British bark Hornet, Captain Miller,

left Havana, Cuba, last Monday for Pascagoula. The steamer Sardinian arrived in port Saturday night from Havre, and s docked at No. 4 berth, Sand Point. It is announced that Lord Pirrio, chairman of the African Steamship Company, has purchased from the executor all the undertakings and busi-nesses controlled by the late Sir Alfred Lewis Jones, chief among which the Elder-Dempster shipping line and fruit

Another new passenger steamer for the transatlantic trade was launched last Monday at Toulon, France, at the works Forges et Chantiers, the Sant' Anna, a 15,000 ton vessel, which will enter the trade for the Fabre Line on the New York-Mediterranean route in July. The dimensions of the Sant Anna are:-Length, 500 feet, preadth of beam, 55 feet, and from top deck to keel, 65 feet. She will have twin screws and a speed of 17% knots an hour, making the trip from New York to Naples in ten days.

Chartered-Norwegian bqe. Laugen from Weymouth, N.S. to Rosano, lumber, \$8.5; Norwegian steamer Vitalia (or Molina), Nova Scotia, plaster trade at or about £525. April. BATH, Me., Feb. 16-Bark Sea King, which arrived here to-day from Tacoma will be converted into a coa

HAVANA, Feb. 16-Sch. Earl Gre (Br.), Geldert, from Pasagouls, has ar PORTLAND, Me., Feb. 17 -Bark Car rie Winslow has been sold to Capt. Theo G. Krum and others of Boston; terms private.

een sunk in Icy Straits, A'aska The 65 passengers on board were saved. Carolina, from Porto Rico, re ports Feb. 12, lat. 31 40 N. lon. 70 53 W. saw a mast standing upright and proecting about 15 feet out of water. CHATHAM. Feb. 17-The keel and ottom of a large schooner about 250 feet long is drifting out of the bay to-ward Handkerchief Shoal, and is likely to drift across the channel into track of steamers in Nantucket Sound and

become a dangerous obstruction. The stern part of the keel is about 15 feet out of water and 'he rest about 6 feet. The Pickford & Black Line str. Oruro, Capt. Bale, sailed from Bermuda Saturday at 11 a. m. for Saint

Yarmouth Times: It is said that Capt. George Wetmore may enter the employ of the managers of the Battle

The Maitland ship Norwood, Capt. Howe, which was blown ashore on Friday evening, sailed from Buenos

Ayles, Nov. 1, bound to Boston. put in at Barbados, Dec. 11, and sailed again four days later. She encounter ed heavy weather before clearing the Caribbean and was dismasted, having been spoken in that condition on Feb 3. The vessel lies in a dangerous position and may become a total loss. The crew were rescued by life savers. She was built at Maitland, N. S., in 1891. and hailed from that port. The Norwood registered 1597 tons net.

Captain E. D. Crowley and his crew of three men were not imprisoned in their craft, the two-masted schoone George A. Prescott, when she capsized off Cape Ann on February 12, but were thrown into the sea. This was shown when the hull of the schooner was turned over and a close search disclosed no bodies in the wreckage. Collision as a cause for her capsizing was disposed of, the rails of the schooner be ing intact. The deck and masts, how-ever, were badly broken up.

TOBACCO HABIT Dr. McTaggart's tobacco remedy removes all desire for the weed in a few days. A vege-table medicine, and only requires touching the tongue with it occasionally. Price \$2.00. LIQUOR HABIT

Marvelous results from taking his remer for the liquor habit. Safe and inexpensi-home treatment; no hypodermic injections, publicity, no loss of time from business, and cure guaranteed. Address or consult Dr. McTaggart, 75 Yonge street, Toronto, C nada.

A Pleasant Sight.

FOR PROSPECTIVE EMPLOYER. is the crowds of bright young men and women now in attendance. All are working with a snap and earnestnes which indicates that their work is both grand time to enter.

CALL AND SEE US.



S. Kerr.

most submerged.

PROVIDENCE, R.I., Feb. 16—Part of the pilot-house of a schooner and a considerable number of heavy logs were

While the tree walked w. Golff, while coming down from furling the foresall, fell overboard and was drowned. The accident occurred at night. The unfortunate seaman was about 22 Captain Lugar has been ordered by the Marine Department to Digby to hold an investigation into the wreck of the steamer Centreville. The following charters are announced by Messrs. Scammell weekly circular, dated at New York Feb. 19, 1910:-Nor bark Superfor, 1274 tons, Yar-

arrived at Halifax Sunday evening from Santos, Brazil. During a heavy

mouth, N. S. to the River Plate, lumber, p. t.; Nor bark Laugen, 1138 tons, Weymouth, N. S., to Rosario, lumber, \$8.50; Br. schr. Laura, 299 tons, Balti-more to Surinam, coal, p. t.; schr. W. N. Zwicker, 399 tons, Philadelphia to Yarmouth, coal, p. t.; Br. Schr. James William, 440 tons, Halifax to New York imber, j. t.; Br. schr. Flora M., 152 tons, same: Br. schr. Victoria, 100 tons. New York to Halifax, coal, \$1.

Br. schr. Laura, 299 tons, from Baltimore for Surinam, p. t.

So far the tribute of the sea on the Atlantic seaboard this winter, since January, 1, has been 19 schooners lost of 13.038.

Freighted with ice and battered by gales and tremendous seas, the two-masted schooner Annie and Reuben, of lower harbor Saturday and towed in by a harbor tug. The five men on series of storms which threatened many times to sink the craft. The Annie bins, left Stonington, Me., Jan. 31, laden with 191 tons of granite for a Cambridge contractor.

Famous New York Bon Vivant

BLOOD POIS ON CAUSE

He Led a Life of Oriental Magnificence and Gayety

NEW YORK, Feb. 23.—Jackson Gour-aud died restendar at als residence, No. 46 West Fifty-sixth street. He had been in good health until last Thursday night, when he complained of sore throat. Acute tonsilitis developed Friday morning. Blood poisoning complicated the attack on Sunday, and death came at six o'clock yesterday norning.

The news got abroad as soon as "the White Way" was astir. It turned pas-senger autos of all kinds in the direction of the Gouraud residence. They arrived there as if in procession unti well into the evening. The widow was prostrate and could see no one, but the cards that were left for her bore the names of opera singers, actors, and others well known in the late supper

v.orld.

Mr. Gouraud has been a leader of the gay life of the city since his marriage in May, 1910, in London. The wedding had followed closely the divorce of the bride from Henry M Gilig, former commodore of Larchmont Yacht Club. She had previously been the wife of R. Porter Ashe, the horseman. Her father was Charles B. Crocker of California. From him she inherited a fortune estimated at \$10,000,000. The Gourauds set Ship Shoal Lumps, Cape Charles, Va., out to spend the income from that property every year.

THEY ENTERTAINED WITH PRO-FUSION.

They made no attempts to get into the social swim, but they were fond of stage people, artists and the habitues of the costly restaurants in the theatre district and the profusion of their hospitality soon drew to them a numerous following. Their city home at No. 439 Madison avenue and a country place at Larchmont were the scenes of almost continuous entertainment for several years. When they disposed of those places and built at No. 46 West Fifty-sixth street they continued there their hospitality. Cafe chantant performances were of

rauds were domiciled. They began after the theatre and lasted until morning. Often their hospitalities on a large scale were extended in the estaurants where late hours are kept Last year they gave a masked ball at he Cafe Martin, which was one of the

events of the season. All the joymakers attended in their gayest raiment. Hawaiian maskers treated the company to the sinuous measures of the houla-houla, and aspiring Salomes outdid in amazing stunts the most strenuous of the stage performances. There were forerunners of "Chante-cler" in bright plumage, and some of or led animals around with them. Mr Gouraud appeared in the robes of the Kaimur of Ghosh, and Mrs. Gouraud as a Queen of Egypt, gowned in green d gold and wearing jade ornaments. Odette Valery gave a dance with live

Oriental adornment always figured in affairs given by the Gourauds. Both of them were fond of India and ofter went there. Visitors at their Fifty sixth street house found a transplanted Indian palace, rich with the choicest hangings and containing in replica a temple court with numerous bronzes of Buddha and his disciples, and a central fountain with sacred water fowl swimming in the basin beneath it.

If water is spilled on a book, do not try to dry it by the fire, as this will tilated every day, even in the coldest ruin it. Mop it as dry as possible, and then put it in the open air.

HUNTING TRIP DECLARED OFF

Jeffries Not to Go to Mexico

TAKES SHORT REST

Will Begin Training With Handball, His Favorite

Exercise

LOS ANGELES, Cal., Feb. 28.-Jim leffries came home today and his dog didn't know him. Jeff has lost a 1.1 of flesh since he left Los Angeles to gc on his theatrical tour, and when he ame home today there were others esides the dog who could hardly reegnize him. First of all, Jim says the nunting trip into Mexico is off. Instead he expects to rest a few days, ount up the cash that has been accuinlating in the till in his cafe and then look around for suitable training quarters. Jim Corbett will not be on

of his staff of sparring partners, according to Jeff. Jeffries will begin preliminary work right away. He is a member of the Los Angeles Athletic Club and expecis to put in a couple of hours every lay playing handball, and will occasionally play baseball with coast leaguers wh are training here. Jeff considers basehall one of the best of all-around training stunts for a boxer, as it bring to play all his muscles. Within thirt, days Jeff says he will pick out his training camp and get down to hard

Sam Berger the big champ's man-ager, did not come down from Frisco but is expected soon, as is also Tex Rickard. When Tex arrives it is ought a decision as to the site for the fight will be announced. Jeff is certain, he says, that San Francisco vill be the scene of battle, "When I get down to work," Jeft said today to his admiring fellow townsmen who met him at the train, "I will be in better condition than the people of the coast ever saw me. intend to win and to win as quickly as possible. This is my home town and I'm not going to disgrace it for-ever by letting Johnson hold the cham-

pionship. I'm going to get down to ousiness and quit talking."
Several thousand people called either it Jeff's home or at his cafe today to elcome the big fellow and expres their confidence in his ability to trim Johnson. Jeffries weighs 235 pound and looks as well as he ever did.

Gotch Talks About Big Fellow

HIS ABILITIES

Declares That Jeffries Can Fight as Well as Ever

CHICAGO, Feb. 23 .- I was with Je? fries twelve weeks and five days, and I trained with him every day. I found him as rugged as any man I ever met in my life. We often tugged and pull-ed at each other for hours and then put on the gloves.

Of course, I drew the line at boxing

for I had no chance. He also barred the toe hold in wrestling, for he knew nothing about that. On his feet, how ever, Jeffries had a wonderful defens and I found he could "bull" with me as well as I could with him. His wind is perfect, and he is as quick as a cat. I believe he will whip

Jack Johnson in jig time. It will not take him twenty rounds to do it. Take it from me, he will give the big black an awful lacing. He did not puff any more than I di-l after our long tussles. Skipping the rope will test a man's wind. I believe

well as he ever did. I think he can go twenty rounds, or even forty-five, if he has to. Hard training from now on will be the rule, but my opinion is that the Jeffries you see in the ring on July will be the Jeffries of a few years ago when he beat all comers, and was never floored for the count.

Jeffries is a glutton for work and never seems to tire. He is the quickest big man I ever saw and I believe that he is even quicker now that he was in his best fights. He eats like a herse and sleeps like a log. He is always in the best of humor and seemed even enjoy the inconveniences of our barn-storming trip. At Denver it was said Jeff had drunk

too freely of wine at a banquet given him by Otto Fleto and others. Jeffries was not at the banquet more than a few minutes. He came in to pay his respects, and as the fans drank to him he touched a glass of champagne to his lips and did not drink more than a thimbleful. I was by his side and saw him come and go. Jeff did not ouch a drop of any intoxicating liquor while'I was on the road with him.

Potatoes should be peeled as thin as ossible. Turnips must be peeled hicker, taking as a guide the line that appears just inside the skir.

The cellar should be thoroughly venweather. Mustiness is more likely to cause bad colds than cold air.

WILEY GIVES IDEAL MENUS FOR WELL-TO-DO FAMILIES

Preparation of a Meal An Art, Not a Drudgery, Famous Expert Says-Tells How to Live Correctly

CHICAGO, Feb. 23-Dr. H. W.Wiley, | "Oh, yes. There may, of course, be ead of the Chemistry Bureau of the a diseased condition bringing about an Department of Agriculture, today gave, adipoise state, but as a rule it is due to out what he considers the ideal menus the fact that people in sedentary occircumstances. His menus follow:

Breakfast-Cereal (made from natural grains). Eggs or small chop, Toast. Coffee desired.

Dinner - Soup. Three vegetables. Plenty of meat. Pastry if it's homemade.' Coffee and cheese: "The three meals I have outlined are of course subject to change," said Dr. Wiley, "as different people require different food. My ideal menus, however, are suited to the great majority of American people.

"American women must be made to are too willing to leave cooking to do- diet. mestics.

"The preparation of a meal is not only an art; it is a fine art, as worthy in its way, as painting and sculpture. kitchen for one thing. The French woman who knows how to cook well, people would live well on what twe and does cook well, does not demean throw away. Another thing, persons erself in the least. She ennobles her- of meagre means have too much false self and benefits every one around per; pride. They try to emulate the for nothing is more important in the A man who invites a friend to diffier evolution of the race than dietetics." is ashamed to take him to a moderate asked, "why some persons should be to some other place where the same fat and others thin?"

for the American family in moderate cupations eat too much fat and starch and sweets-too many potatoes and

Starches and sugars ares converted Lunch-Thick soup. Three kinds of directly into energy," continued the vegetables. Small piece of meat, it doctor, "When one is doing manual labor the energy thus generated is at once used up. If you want to get a him up on potatoes and bread, But a man of sedentary life—a professor, or student or an office man—who eats these things can't use the energy up fast enough and it is stored in his body in the form of fat barrow said

"Do you think Americans eat too "American women must be made to understand that the preparation of a meal is an art, not a drudgery. When life do not. It is possible the rest of much ?" this is accomplished, we shall live both us may. A man who works with his cheaper and better. American women head should not be too profuse in his

"What is your theory of the high cost of living?". "Well, we waste a great deal in the "Is there any known reason," he was restaurant. He would rather take him meal costs five times as much."

THE TOWN ACROSS THE BAY

Investigation Into the Wreck of the Steamer Centreville-Seeking Facts Concerning

the Treacherous Coast of beneal bus 700t or hashand

(Special to The Sun.)

DIGBY, N. S., Feb. 23.—The prelimgarding the dangers of this treacherinary investigation, to which press representatives and the public were excluded, of the wreck of the steamer sion of the criminal court; the three Centreville at Trout Cove several foreigners sent up for trial for burweeks ago, was held here tonight in glary, were today arraigned. The evithe Customs House by Captain Lugar. dence taken was not exceedingly The evidence taken comprised that of strong against the young prisoners Centreville's captain, mate, engineer and the judge remanded them until toand cook, who made up the crew of morrow morning, when he will pass

Captain Lugar's report to the department may lead up to a formal investigation, which would undoubtedly result in much good, for Trout Cove arrested them. as a haven of refuse to mariners is

judgment, after which they will be, im-

Word from Boston says that Charles sadly in need of attention from the E. Letteny, son of the late William department. The general belief here Letteny of Digby, was found dead in is that the department by investigat- bed in his apartments. He was fortying this wreck of a small privately two years old and married and emiowned boat such as the Centreville poyed as enery clerke in the inward was and with no insurance on the hull foreign division of the Boston custom or cargo, the cargo also the property house. Apoplexy is believed to hav, of Centreville owners, has no other caused his death.

JAMES PENDER WILL MANAGE NEW CONCERN

Nail Works Deal is Completed

PLANT AT FT. WILLIAM

he could fight ten rounds now just as St. John Branch Likely to be Conducted on a Larger

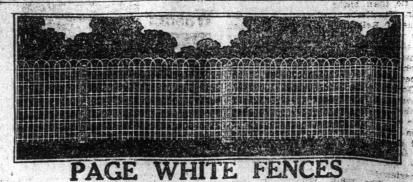
Scale

shareholders of the James Pender Com- creased. pany, Ltd., the proposed sale or merg-er to an upper Canadian syndicate was considered and it was agreed to give W. B. Tennant an option on the shares. The agreement has since been will not be any delay in carrying out nolders, so there is no doubt about the very short time the new owners wi

the new concern for a period of from three to five years, and this is a guarantee to the St. John interests that it will be well managed. A number of the most prominent financial men the country, such as H. S. Holt, C. R. Hosmer, F. W. Thompson and others influential in C. P. R. and Bank of Montreal circles are closely identified

with the enterprise. The important plant of the new concorn will be located at Fort William and will thus be in a position to domain in the hall and wire busines of the West. All who have any connection, with the deal are most optimisic at the outlook and confident it who be a success from the start. The work of success from the start. The work of electing a new plant at Fort William, will be commenced within a few weeks and it is expected to have it in operation by the fall. It is understood that representatives of the James Pender Company who had some doubt as to the wisdom of the enterprise, because of a fear that it would interfere with the local industry here received ample assurances that the St John plant will be operated as in the past and in the At a meeting on Saturday of the near future the output may be in-

signed by practically all of the share- the plans of the company. Within a merger being completed. By the terms have concluded the financial arranged in of the proposed agreement James Pen- ments and will then take over the conder will be under contract to manage tool of the local industry.



Page Fences wear Best-Styles for Lawns, Parks, Farms and Rallroads, 14,000 miles of Fences and 73,000 Page Gates now in use in Canada. Our 1910 Fences are better than every Gates for 1910 have Galvanized Frames. Get our latest prices and bookiet.

THE PAGE WIRE FENCE CO., LIMITED.

Largest fence and gate manufacturers in Canada ST. JOHN. N.B. PAVIS MAINTAL & SONS.

Gentenar

Afterno Weath Close

The service fo noon furnished a the closink week sent will soon lose and shoulders heav monials of old mer that had carried th the old hymns of the prayers, and the

message of hope a There was no attempt to use the of the younger folk audience, pit and g poses of the meet bright side of thing "But, thank God, so near the turnsti ing their hope of business, to tighten The strongest right at the beginn

old songs, take "Jes the River", while rain and the old fol to their seats, wea the tall choir lead you served Christ?" to hear from you o you have been with answers, sometimes November' said th years and I'm follo "and is He still wit still with me". The and black, quavered "And has He alway -"Always, and thi Others followed

went on. A song Rev. Mr. Greenwoo Conrad; "The Sweet Dr. Gray took up th England in 1607 an The story of F emphasis upon the diary, was reminded and saved the faith

two an old lady; six

two, sixty, fifty-four

church. Dry eyes

may be little known King knows, and fo and crowns reserved He closed with his 80th birthday, worn-out tools, and separated them by 'ed" your friend wil all death is, for th

work" At the close of dering boy Tonight wice with a prayer the meeting. Rev. filed out into the s

In the evening I hounced as his subject importance and power Christ before the worl remarks upon the inc he ninth chapter of J hat was born blind re whose agnostic parent Jews to the man hims age and could speak for Those who firmly sta. Christ know Him bes confess Him manifest distinctly. Public con tablish and build one else will. Public testi lutely necessary to gr and with it comes the ation of the joy of the gion: "For with the liveth unto righteousr confessio

AT ST. STEE St. Stephens' Church for the last meeting of fore the address of the Gordon Dickie spoke of Mr. Winchester's departing of the city. During his short has endeared himself to he came in contact and have been helpful and resolution from the Exice, expressing appr Winchester's services paign was then read a ter expressed his grate fellowship he had enjoy ence then rose and s

the tie than binds. Mr. Winchester's addr Value of Religion. He who would not think of for their souls were co themselves away to the Jacob, they sold the Sometimes people truste of God to save them, by remember that while reached is the clouds, were of the great deep plain what I mean it said the speaker: "Son for joy when they are pray quietly in their Experiences must varied. The main p membered was, that will must be united in Christ. There might proud or too high mine