

NOMINATION.

Township of Carrick.

NOTICE is hereby given that a meeting of the electors of the Township of Carrick will be held in the Town Hall, Mildmay, on Monday, the 30th day of December, 1918, for the purpose of nominating candidates for the offices of Reeve and Councillor for the said Township of Carrick.

If a greater number of candidates are nominated than are required to be elected, the polls will be opened at the polling places for each of the polling subdivisions in the said Township on Monday, the 6th day of January, 1919, the polls, to continue open from nine o'clock in the morning until five o'clock in the afternoon, and no longer.

J. A. JOHNSTON,
Clerk Tp. of Carrick,

Some Things About 1919.

There will be three eclipses, two of the sun and one of the moon, but this part of the world won't see much of them. Good Friday comes on April 18. Dominion Day falls on Tuesday and Christmas on Thursday. There will be five Sundays in March, June, August and November. February has 28 days. Spring is billed to arrive March 21st at 11 a.m. Summer will get here at 7 on the morning of June 22nd. Autumn enters around on September 23rd, at 10 p.m., and King Winter begins putting on his show at 4 p.m., December 22nd. Signs of the Zodiac will be the same as in 1918 don't forget.

Good Farm For Sale.

Lot 22, Con. 14, Carrick, one of the best farms in the Township, is offered for sale. 85 acres clear, 12 acres good hardwood bush. There is a good 2 storey house with new kitchen attached. Splendid frame barn 58x60. Good drilled well and never failing spring. Place is well fenced and in splendid condition. For further particulars apply to—

B. Ruland, Decemerton.

Pleads Guilty to Non-Support.

George Wayland of Kinloss pleaded guilty before Judge Klein in Walkerton on Monday last to the non-support of his wife and five young children who have been getting relief from the Kinloss council. Wayland, who is a former come boy of between 25 and 30 years of age, took a position at Guelph, and is to have blown his wages on a good down the country, instead of shipping up the needful to support his wife and offspring. He also confessed living with another woman down Guelph way where he was apprehended on the non-support charge. As he admitted his offence he was remanded to jail until Monday next, when he comes up for sentence.—Herald & Times.

Thoughts For Christmas and the New Year.

Hold your War Bonds. There is nothing "just as good." If an employee, earn your wage; if an employer, pay a fair wage. Work faithfully, and save a portion of what comes your way. Regard no man of any kind as detrimental to the interests of all. Do not start a boom or participate in a boom. Buy what Canada produces. Select with care the goods and stocks you purchase. Deal with established bankers and brokers, rather than with fly-by-night concerns who are here to-day and gone tomorrow. Avoid extravagance and speculation. Invest your business and yourself fully in none but the best companies. Remember that you can cut down Canada's fire waste. Don't be afraid to expect the coming period will be a notable one in our history. Run your own business as well as you can, and thank God for the fleet that you have a business at home left.

Action for Slander.

December sittings of the County Court opened on Tuesday afternoon, and sixteen cases entered for trial. McDonald vs. McDonald—An action for slander. The plaintiff, Malcolm McDonald, is a master mariner residing in Goderich and during the past months, when navigation is closed, follows the occupation known as a ship keeper for vessels wintering in Goderich. The defendant, residing in Huron Township, County. The plaintiff claimed for the use of words which imputed to the plaintiff had stolen a quantity of goods from the Steamship American which he was keeper. The defendant, by consent of the following: The defendant to give an apology in writing, with the slander complained of to be published at the defendant's expense in the Ripley Express. The action. Chas. Garrows, Wm. Proudfoot for defendant. Chas. Star.

Look Out For This Crook.

A crook representing himself as Henry Anderson, traveller for a firm which he calls the "Golden Gate Silk Mills" San Francisco, Cal., carries a line of very fine silk hose, and is putting over on the unsuspecting retail dealers a story to the effect that his firm has a shipment of hosiery on hand at Kenora (or perhaps some other point) C.O.D. \$360 which has been refused by the original consignee. This shipment he endeavors to sell on the understanding that he will have the shipment forwarded to the new purchaser C.O.D. for the amount, but before leaving he usually prevails upon the purchaser to advance him \$20 or more—giving as his reason that his expense money is running low—on the understanding that the amount advanced is to be deducted from the purchase price of the goods. But there are no goods, and the dealer is out his money.

To our knowledge this fraud has been perpetrated on four different people during the past few weeks.

JOHN BDACKHALL,
Superintendent Dominion Express.

A Tired World.

A press correspondent who is accompanying the British troops into Germany says that the chief impression one received from conversation is one of enormous depression and exhaustion. It is the natural reaction. A patient who has suffered from a feverish delirium goes through a period of weakness and lethargy before recovery really begins. It is much the same with nations. All Europe has been in a state of fevered activity for over four years and in all nations—victors and vanquished alike—a period of lassitude is bound to follow. We shall feel something of that on this continent as well. Those who are looking for immediate world-wide commercial activity are bound, for this reason alone, even if civil commotion does not follow.

Bentinck Boy Shot in Leg

A hunting accident which might have been attended with fatal results but which was serious enough as it was, happened to Herman Kaufman, aged 80 years, of the 11th con. of Bentinck on Wednesday of last week when a shot gun in the hands of Wilfred Copp, aged 16, of the same township, accidentally discharged, the bullet smashing the calf of the victim's leg.

The two boys were out on a hunting expedition and while walking through a bush in single file with Kaufman in the lead, a branch of a tree caught Copp's gun, causing it to discharge. The bullet struck the calf of Kaufman's leg, smashing it to such an extent that it was necessary to secure the services of a specialist from Guelph, who fixed up the wound, assisted by Dr. Campbell of Elmwood. Outside of a little stiffness, it is expected that Kaufman will recover the use of his leg.

Farm For Sale.

150 acres consisting of lot 20, con. 2, and the east half of lot 20, con. 3, Carrick. 110 acres of good workable land. 25 acres of good bush, balance good pasture land. Rural mail and telephone, 5 miles from Clifford and 4½ miles from Mildmay. Good bank barn and comfortable dwelling. Well watered, and land is in good heart. Will be sold at a reasonable price. William J. Reddon.

SPANISH INFLUENZA

Do Not Fear When Fighting a German or a Germ!

By DR. M. COOK.

The cool fighter always wins and so there is no need to become panic-stricken. Avoid fear and crowds. Exercise in the fresh air and practice the three C's: A Clean Mouth, a Clean Skin and Clean Bowels. To carry off the poisons that accumulate within the body and to ward off an attack of the influenza bacillus, take a good liver regulator to move the bowels. Such a one is made up of May-apple, leaves of aloë, root of jalap, and is to be had at any drug store, and called "Pleasant Purgative Pellets."

If a bad cold develops, go to bed, wrap up well, drink freely of hot lemonade and take a hot mustard foot-bath. Have the bedroom warm but well ventilated. Obtain at the nearest drug store "Anuric Tablets" to flush the kidneys and control the pains and aches. Take an "Anuric" tablet every two hours, together with copious drinks of lemonade. If a true case of influenza, the food should be simple, such as broths, milk, buttermilk and ice-cream; but it is important that food be given regularly in order to keep up patient's strength and vitality. After the acute attack has passed, which is generally from three to seven days, the body should be built up by the use of iron tonic, such as "Irontic" tablets, to be obtained at some drug store. That well known blood-maker, the herb tonic made from roots and barks of forest trees—sold everywhere as Dr. Pierce's Golden Medical Discovery.

Soldier's Prayer.

Now I lay me down to sleep,
I pray the Lord my rank to keep.
Grant no soldier tries to take
Shoes or socks before I wake
Watch o'er and guard my slumber,
Keep my bunk and number;
May no pole or guy rope break
And another me before I wake.
Protect me in my dream,
Make it butter, cheese, and cream,
Let me dream of chocolate cake,
Forgetting not the sirloin steak,
Grant that time may fly on wheels,
'Till I get some decent meals.
And that snowy feather bed,
Where I long to lay my head,
Far away from soldier's sins,
And those greasy half-baked beans.
Take me back in my dream to-night,
And for evermore I'll be all right
Take me back to that land so true
Where they don't hike in mud all over
your shoe,
Where the rain-storms cease and no
cold wind blows
Where the laundries wash, and don't
spoil your clothes
Lord, thou knowest all my troubles,
From grooming mules, to picks and
shovels.
Oh Lord if Thou but take me home
I'll promise the world no more to roam,
No more to leave the old fireside,
Though war may rage on every side.
I'll never swear, and I'll never drink,
Or at fair ladies cast a wink.
But I'll settle down with a bonnie wife,
To live contented all my life.
Lord grant this my earnest prayer:
Just take me back to "Anywhere."

Parcels Stopped.

A cable received from the chief commissioner of the Canadian Red Cross overseas announces that all individual parcels to prisoners in Germany have been stopped, and that food is now being sent in bulk. Owing to present conditions, the former method of addressing parcels to individual men is now unnecessary. This will apply to all parcels for prisoners. Any money subscribed will be used for food and clothes.

Ban on Sugar Lifted.

The ban on the use of sugar for making French pastry, iced cakes, biscuits or candy for private consumption, as well as in the manufacture of iced goods, has been removed. The war restrictions on the method of serving in private eating places is with effect after January 1, while the sugar may be used in making biscuits, so, too, the restrictions on the sugar in the manufacture of goods, biscuits, cake, dough, candies, chocolate, table syrup, like, pharmaceutical and medicinal preparations, beers and soft drinks and jelly powders, ice-cream, and on chewing gum, will not be lifted. For the manufacturer, sugar purchased without the regular ration but it must be noted that the restrictions in public eating places only of beef, butter and fats, and for all animal fats by manufacturers remain in force.

The cancellation of so many which war has imposed on the use of sugar has been made through unexpected improvement in stocks, but the Food Board desires public still to be reasonably restrained and to avoid anything like excessive use of any of these articles, but will still be some weeks before distributions can be at all close to pre-war conditions.

The Allied War Bill

The Hon. Lloyd George told an audience last week that the bill against Germany amounted to a tremendous figure of \$120,000,000. Before the war Germany's total was estimated at less than \$100,000,000, but some now claim the sources are vastly more than that even at the best such a bill will Germany. She always banked on her enemies foot the cost of the war and the Kaiser not many months plumed himself upon the fact that he had kept the war outside the border. But he forgot that it would not help much if he lost. Now Germany faces such a war she never even dreamed of. George declares emphatically that the Allies have an absolute right to that Germany pay the whole cost of the war, and they propose to make it so. The committee appointed to consider Germany's ability to pay the costs has decided that she cannot and they propose to make the war bills of Germany denounce.

Shorthorn Cattle Oxford Sheep.

Present Offering in Shorthorn:—
Young Bulls from 8 to 10 mos. old, by same sire as Junior Champion. Female, at Leading Canadian Fairs, 1915.
In Oxford:—
Choice Ram Lambs by Imported sire.

JAS. G. THOMSON

Shorthorn Cattle.

Winners of the Silver Medal at the Northern Exhibition for the past three years.

Choice young stock of both sexes on hand on hand.

H. H. Pletsch

R. R. NO. 1, CARLSRUHE
Lot 13, Concession 13, Carrick.

DR. L. DOERING

DENTIST MILDMA.

HONOR Graduate of Toronto University, Licentiate of Dental Surgeons, and Member of Royal College of Dental Surgeons of Ontario has opened up his offices next to O. Schuttler, Mildmay. Entrance on Main Street. All the latest methods practiced in dentistry. Visits Ayton every first and third Saturday, Clifford every second and fourth Saturday, and Newstead every second and fourth Tuesday of each month.

DR. A. L. WELLMAN M. D.

PHYSICIAN AND SURGEON

SILVER MEDALLIST Graduate of University of Toronto. Member of College of Physicians and Surgeons of Ontario. Late House Surgeon Western Hospital, Toronto. Office and Residence—Elora Street North MILDMA.

Notice to Creditors

In the matter of the Estate of Frederick Meyer, late of the Township of Carrick in the County of Bruce, Farmer, Deceased.

NOTICE is hereby given pursuant to the Revised Statutes of Ontario (1914) Chap. 121, Sec. 58, that creditors and others having claims against the estate of the said Frederick Meyer are to present the same on or before the 1st day of January, 1919.