

Humor is health; laugh and Success does not consist in never making mistakes, but in never making the sam

The Silent Powers.

How marvelous are those compelling

owers come not with the clang and That crash of arms Filling the earth with tremulous

alarms, But silently, as grow the warm-hued

flow Lifting frail cups to catch the sum-

mer showers, So quietly the stars in ether swing, Or moves the royal son, of planets

king, Along the hours march of velvet-footed

The mighty tide, whose work is ne-

ver done, Is peaceful in its ceaseless ebb and

flow, And softly do the changing seasons

run Through drifts of rose-leaves into

drifts of snow; le from the arching silences While above Comes God's most potent gift-the

Power of love. --Anne P. L. Field.

Forgive and Forget.

How do we forgive? Not' always as we hope to be forgiven, I fear. Perhaps we do not appreciate how hard it is for some persons to say, "I am sorry." Perhaps there is a I am sorry. Perhaps there is a vindicitive streak in many of us that holds out against our better im-pulses. Certain it is that many of us find it hard to grant such full and free pardon that an offense which has been committed shall be to us as though it had concerned. us as though it had never been. To apologize can never be a pleasant task. One may feel that a certain angry speech was wrong, but it takes great moral and spiritual courage to go to the person with whom one has been frritated and say, humbly. "I was angry just now, and I spoke hastily. Will you forgive me?" It should not take superhu-man grace for the person who has been offended to construct the host has grace for the person who has been offended to accept such an apo-logy in the same spirit in which it has been offered. But too often the speech of pardon is cold, and has a ring that is not sincere. Once in a great while it is accompanied by an acknowledgment that the suer for foreiveness has been yany discorres. forgiveness has been very disagree able, and that, while she is for given, she must remember that an unkind speech cannot always be for-gotten at will. She who thus re-ceives an apology is farther from the right path than is she who has ac-knowledged her fault. The one is conscious of her wrong and regrets it, the other is wrapped about in a mantle of conceit and self-righteous-

Your Habitual Expression.

What kind of an expression do you wear habitually? Is it sour, morose, repellant? Is it a mean, stin-gy, contemptible, uncharitable, into-lerant expression? Do you wear the expression of a buildog, a grasping, greedy, hungry expression, which in-dicates an avaricious nature? Do you go about among your employees with a thundercloud expression, with a melancholy, despondent, hopeless look on your face; or do you wear the sunshine expression which radiates good cheer and hope, which in-dicates a feeling of good will and of helpfulness? Do people smile and look happier when you approach them, or do they shrink from you, and feel a chilly, goose-flesh sensa-tion come over them as they see you approach? It makes all the difference in the world to you and to those whom you influence, wh kind of an expression you wear Success Magazine. what

A Woman's Garden.

Whether you have a large space for your garden, or only as little strip in a back yard, your wish is to make the most of your opportunity. The woman who loves flownity. The woman who loves flow-ers longs for plants in bloom. Some-times she chooses to set out from year to year, those which give her returns in color and fragrance the first season. Either she goes to the flower market and purchases blooming plants, which she at once transfers to the ground, or she plants seeds or bulbs that must be renewed every year. She is paid plants seeds or builts that must be renewed every year. She is paid for her trouble to a certain ex-tent, but is less well paid than if she sets her heart and spends her time and money on the planting of perennials. Peonies, hollyhocks, phlox and lilles, poppies and gold-en glow repeat themselves from year to year and before many seasons d before many set to the beholder. to year, and are a joy to the beholder. cannot be depended upon to their finest results the first They year after they are planted. Wait until

the second and the third year, your garden will be a blaze and

glory. As for vines, do not omit the honeysuckle, that grows so rapidly and blooms so profusely that it seems to be the symbol of household plant the crimson rambler and seems to be the symbol of household joy. Plan the crimson rambler and the clematis, and any other richly-blossoming vine for which you have room, and incidentally gain health and vigor while you watch your more plants. perennial plants.

To Clean Rugs.

First beat out all dust. Stir commeal into a pint of gasoline till the mixture is stiff Strew over the rug, being careful not to have any fire around. Rub it in well with broom, then sweep thoroughly seve-ral times the way of the map. The rug will look like new, all its for-mer brightness being restored. This also is a sure destroyer and preven-tive of moths.

White Marks on Tables.

It is exceedingly aggravating one has a nice dining table to find that every time anything very hot is put on it the heat goes through even the thickest of mats and makes a white patch on the wood. If every dining table were polished by hand merely by rubbing direct

If e by he with It every diming table were poilshed by hand, merely by rubbing first with boiled linseed oil, and ther with beeswax and turpentine, this annoyance would be avoided. But nowadays we prefer French polish, and this, no matter how well sup-plied, won't stand much heat. then

Paraffin oil, if well rubbed into the damaged part as soon as possi-ble after the accident, will take away the whiteness, and 'if next day the place is well polished with a very little beeswax and turpentine, the brightness will, in a measure, be re

Useful Rolling Pin.

stored.

She was carefully covering a roll-ing pin with two thicknesses of flannel when a friend joined her. In-stantly the newcomer expressed sur-prise at the unusual operation. "I don't wonder you smile," said the home wife, as she plied her needle, taking care that not a wrinkle destroyed the surface of the tight-fitting coverings of flannel. "Guess why F am doing this; mani-festly the rolling pin is to serve some other purpose than the one for which it was originally intend-ed.

To Wash Ginghams. In washing gingham dresses or waists there are four things to be remembered—avoid hot water, hard rubbing, strong soap and hot starch. If colored garments are taken singly and rubbed out quickly through a light suds, and after wringing are plunged at once into cold hard wa-ter, the fading process is at once arrested. A little salt added to the water will brighten the colors. Delicate colored gingham dresses or waists, which are just mussed or In washing gingham dres waists, which are just mussed or slightly soiled, should be washed

which are just mussed or slightly solled, should be washed through thin starch water, without any soap, then rinsed in soft, cold water and hung to dry in a place where there is no sunlight.

Simple Luncheon.

LOBSTER IN CASES.

Take all the meat from a small nut it into little pieces and lobster, cut it into little put it into a saucepan containing one ounce of butter; season with salt, pepper, cayenne and a few drops pepper, cayenne and a few drops of lemon juice and stir over the fire for a few moments. Then pour in half a pint of thick white 'sauce, to which a teaspoonful of shrimp paste has been added, and sufficient carmine to make it a pale clear pink. Have ready six little china cases which have been thoroughly heated and brushed over on the inside with warm butter; fill them with the lobster mixture and cover the top with, some of the sieved yolk of a hard-boiled eug, which has been of a hard-boiled egg, which has bee mixed with a small quantity of pow dered parsley; serve at once wit rolled brown bread and butter. with

APPLE SALADS.

Select six, or eight, sweet apples of medium size and of uniform shape; cut a small piece from the stalk end and with a vegetable scoop carefully remove all the inside, taking care not to pierce the skin. Cut up about half the apple into dice-shap-ed pierce and about half the apple into dice-shap-ed pieces and put them in a basin with three or four coarsely chopped walnuts; then dress them liberally with some thick mayonnaise sauce to which a little white wine has been added. Cut some young, crisp let-tuce into fine strips with a sharp knife and some slices of tomate into little pieces. Put a small layer of the apple and nut mixture into the hollow peels; cover with some of the lettuce and tomato, then put more of the apple mixture and lettuce and finish with tomato on the top. Put finish with tomato on the top. Put the little salads into a cold place until they are required, and the last thing before serving, stick a piece of watercress, with a stalk about an inch in length, into each, and garnish the dish on which they are placed with little bunches of watercress

PLOVERS' EGGS IN ASPIC BOR-

Line a plain border mould with golden aspic jelly and then partly fill it with little squares of tongue fill it with little squares of tongue and cooked cucumber (using an equal quantity of each), and pour in sufficient cool aspfc to fill up the mould. When the jelly is firmly set turn the border from the mould and line the middle with cress, and then fill it with shelled plovers' eggs.

APRICOTS WITH GOOSEBERRY CREAM.

Coat the inside of a quart Char-lotte mould with a thin layer of orange jelly, and when the latter has set cover it evenly with the halves of come carefully stored a prefect

often while on the first Household Hints.

Use the ordinary tongs that come with boxes of candy for plucking the hulls from strawbarries. A white feit hat can be beautiful-ly cleaned with the soft imer part of a stale loaf of wheat bread. When the children's books have become soiled the pares can be cleaned by rubbing with powdered pumice stone. When coating chocolate sreams the melted chocolate often becomes curd-led. To remedy this add a little olive oil.

olive oil. Olive oil. Chicken salad served in green pep-per shells not only is attractive, but the season from the pepper is very

leasing. A delicious pineapple dish is made

from the fresh fruit, served with mayonnaise mixed generously with whipped cream. Cretonne-covered shoeboxes are

Cretonne-covered shoeboxes are very handy. They come provided with pockets for as many as a dozen pair of shoes or slippers. Some housewives always make their ironholders of marble cloth, using suitable material for interlin-ing. The advantage is that they may always be wined off when noi

nay always be wiped off when soil Pecan and English walnut meats, chopped and halved, and laid over the top of a pumpkin pie just be-fore it goes into the oven, makes fine seasoning, rich and well flavor-ed. Pecan and English walnut

Fourteen Errors of Life.

A prominent judge pointed out the wing mistakes of life To expect to set up our standard of right and wrong expect everybody to conform

To try to measure the enjoyment f others by our own. To expect uniformity of opinion in of this world.

To look for judgment and ex

To endeavor to mold all disposi-tions alike. Not to yield to unimportant tri-

To look for perfection in our own actions.

To worry ourselves and others about what cannot be remedied. Not to alleviate, if we can, all that needs alleviation.

Not to make allowances for the weaknesses of others. To consider anything impossible that we cannot ourselves perform. To believe only what our finite that

minds can grasp. To live as if the moment, the To live as if the moment, the time, the day were so important that it would live forever. To estimate people by some out-side quality, for it is that within which makes the man.—London Evening Standard

What is Worn in London

London, May 22, 1910. I am going to give a description of a charming model I saw this week which was made of charmeuse sa-tin in that wonderfully brilliant yet deep gentian blue, which is just the centage now.' Mr. Isaacstein-"Vas dat so? Well don't you' teach dot poy noddings less than von hundert per cent. He vas too young yet to study very hard." color of the exquisite alpine flower. The cloak was loose and semi-fitting and was covered with fine black Chantilly lace, which, however, did not cover the plain satin vest that THE TRUTH. The other day a visitor was ex-amining a class in a Boston school, when he came to the word "imagi-nation," and then asked the mean-ing. No one could tell him. "Now," said the visitor, "I'm go-ing to shut my eyes and tell you what I can see. I can see my house. A baker's cart is at the gate. The baker goes up the steps not cover the plain satin vest that covered the chest, nor did the lace reach the border of the cloak at the Trading the lace to the sahem. Holding the lace to the sa-tin round the neck and down the fronts was a band of gold and alu-minium embroidery, the long tassel-led ends of which were loosely knot-ted a little alues the loosely knotled ends of which were loosely ted a little .above the knees. what I can see. I can see my house. A baker's cart is at the gate. The baker goes up the steps and rings the bell. The servant opens the door and takes a loaf from him and pays him." He open-ed his eyes and inquired. "Now, then, what would you call that?" Up went a little hand at the back of the deser The satin clock was shorter in front than at the back, but the satin went no farther than the wide arm-holes, the draped bell sleeve being of the black Chantilly lined with gentian blue chiffon and bordered with a bard of the sold wide beil gentian blue chiffon and bordered with a band of the gold and alumi-nlum embroidery, which was also loosely knotted like the bands in front. The plain satin vest fas-tened accoss under the lace and em-bediever and was eligible desuged of the classs "Well, Willie, speak up," said the visitor, "what do you call it?" "A lot of lies, sir." the halves apricots to some to discuss the metric of being again to the toright of the the the the toright of the the the toright of the the the toright of the the the the the toright of the the the the the toright of the the the toright of the the the toright of the Unique in Many Respects. <text> may mention that this glorious col-or has the merit of being equally becoming to both fair and dark women. There is a perfect rage for this color, and, indeed, for all shades of blue, in Paris at pre-sent; and besides this extraordinar-ily rich gentian some of the new shades in Chinese, Natier and pow-der blues are very lovely. The mix-tures made with these colors are sometimes extraordinary. I saw an evening cloak which was made of a very thick creps de Chine (so thick, it almost looked like satin) in a brilliant magenta which was lined throughout with a deep, intense blue. Long times of insertion in a very openwork silk lace dyed to match the magenta origin of the serve to the elbows, where the serve to the elbows, where the serve to the elbows, where the serve to the cloak, where the fourts were raught together low down at the sheet line. The deep blue lining whyed in the soft blue 'revers, which could be crossed over the here the The deep blue lining shywed in the soft blue 'revers, which could be crossed over the here the genter warmth and pro-tection if required. The coloring of his magente and blue cloak was not in the least exceptional among the either cloak was with same time and place. Another was in the or has the merit of being equally becoming to both fair and dark





VENETIAN ADVANTAGES

A family party from Duluth had A family party from Duluth had been touring Italy, says a writer in the New York Tribune, and when they came back home the neighbors called to ask for their impressions. Mother thought Kome was lovely, daughter preferred Sorrento, the s

daughter preterred Sorrento, the son was sure Naples was the best, but father set his mind on Venice. "Ah, yes," sighed a visitor, "The dreamy old canals, and St. Marks, and the doge's palace, and.-" "I didn't see them," said father. "But I could fish out of my hotel window." dreamy and the

vindow.

Mr. Isaacstein (to school teacher) ---"How vas dat leetle Jacob get-ting on mit arithmetic?" School Teacher--"He is doing nice-ly, Mr. Isaacstein. He is in per-

Pink Pills. Victims of indigestion have small 0-12 HERMINE ST choice between two evils—on the one hand a starvation diet, which means great weakness and depression a spirits, and on the other hand for ing themselves to take nourishmen ing themselves to take nourishi in spite of the acute suffering flicted by each mean. In the search for a cure they find

of Dr. Williams'

TO TAKE FOOD

In the search for a cure they find common medicines upset the sto-mach and render the food more dif-ficult to digest. Laxatives are vio-lent and weakening, and so called "pre-digested foods" merely evade the cause of the trouble and the stomach steadily grows weaker.

HURSDAY, JUNE 2, 1910

Snowy

White Linen

in every home,

Surprise

A Pure

Hard Soap s white goods whiter lored goods brighter.

See for Yourself.

Remember the name

The common sense way of curing indigestion is the Dr. Williams' way -the making of new, rich blood by Dr. Williams' Pink Pills that give tone to the weakened system and invigorate the distressed digestive organs. Dr. Williams' Pink Pills have cured thousands of the worst cases of indigestion through simple tonic treatment and on

cases of mingression through their simple tonic treatment and one ex-cellent example of these euros is the case of Miss M. Y. C. Roberge, So-rel, Que., who says: "For upwards of nine years I suffered almost con-tinuously the tortures of indiges-tion. At times I had no appetite; at others there was a craving for, food, but whatever I took caused me the greatest pangs. As the re-sult of the troubles I suffered from violent headaches, and I grew pale and weak. I tried many different medicines; some gave me any perma-nent henefit until I began using Dr. Williams' Pink Pills. I had only taken these a few weeks when I found such help as I had not found before. The pains after eating gra-duelly dimenversed are needing rabefore. The pains after eating before. The pains after eating gra-dually disappeared, my appetite grow better, and after using the Fills for a couple of months I found mysel completely cured, and have not since had a twings of the trouble. I grate fully recommend Dr. Williams' Pills to all who suffer from Pink any

Through their action on the blood Dr. Williams' Pink Pills cure such Dr. williams Fink Fills cure such troubles as anaemia, indigestion, sick headaches, rheumatism and all forms of nervous troubles such as neuralgia, St. Vitus dange, and par-tial paralysis. These Fills are es-peciglly valuable to growing girls and women and cure headaches, side-nehes and other pains known only and women and cure headaches, suc-aches and other pains known only to them. Sold by all medicine dea-lars or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockor six Dr. ville. Ont.

The Most Important Thought.

T PATRICK'S S lished March 6th. ated 1863; Meets Hall, 92 St. Alex Monday of the m mets last Wednes Rev. Chaplain, JU Shane, P.P.: Pres Kavanagh, K.C.C.; dent. Mr. J. C. President, Mr. Treasurer, Mr. W ponding Secretary mingham; Record P. T. Tansey; As cretary, Mr. M. shal, Mr. P. Linshal, Mr. P. Com Hall, 92 St. Alex Monday of the m

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sheen Land in Mani man and Alberts, at sot reserved, may be say person who is i ismily, or any make says, to the actent o iton of 160 acres, in Entry must be ma its local land office is which the land is Entry by proxy n make on certain con adder, mother, sea, how or sister of an émador.

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(1) At least as , spon and cultavations of threes and year for threes (2) If the father feater is decome feater resides upon relative of the land spurements as to : whished by such whished by such with the father or (8) If the settler residence upon d by him in th stood the regul mice may be a

Countless have worked by Hollows

has a power of its other preparations.

Brodie's cel

SELF RAISI

Self-Ra

is the Original A Premium given for returned to

form of indigestion."

"Sweet Memory."

"Nothing sweetens the sorrows of riper years like the memory of a happy childhood," says a reflective woman. "We are not so conscious happy childhood," says a reflective woman. "We are not so conscious of happiness at the time, but that doesn't matter. It is only after it has been contrasted against the un-happiness of later years a happy childhood leaves its mark through-out life. The man who wounds the hearts of his children with frowns and cruel words kills langhter and love and happiness. The mother who neglects her children, giving them entirely into the care of others that she may be tree for personal pleasures, robs the children of something that is their right by nature, and which can never be made up to them by anyone else."

"Now, you see, I am slipping this covering of cotton cloth in place, and tying it at either end: I am sure you cannot guess the reason for all this, so I will enlighten you. I am getting ready to iron the cuffs on my shirtwaists without having them creased.

"I know some people can iron "I know some people can iron them beautifully without resorting to any such contrivances, but, for my part. I find it so much sim-pler to use a padded rolling pin that I always do it. Those who pin who they that I always do it. Those who follow my example say that they find it of the utmost convenience, too, so I think there must be some virtue in it," she concluded, as she tied the outer covering into place.

Lemon Shampoo for Fair Hair.

A shampoo that suits fair hair, eleaning it well and making it soft, bright, and flufty, is one ounce of salts of tartar, two tablespoonfuls of lemon juice, and one quart of hot rain water. Put the salts of tar-tar into the wash basin, pour over the lemon juice, and then add the water, stirring it well. Wash the scalp and hair, and then rinse in plenty of warm and tepid water. Always; if possible, choose a sunny day for washing your hair, and dry it by hot towels and faming, not by sitting near a fire, for that will make it brittle, and very likely cause neuralgia or rheumatism in the head.

of some carefully stewed apricots which have been dipped into some cool jelly. Put half a pint of siev-ed gooseberry pulp (prepared from gooseberries which have been stew-ed with plenty of sugar)into a saucepan and make it warm gradu-ally (it must not boil or the color ed with plenty of sugar)into a saucepan and make it warm gradu-ally (it must not boil or the color will suffer); then stir in half an ounce of isinglass which has been melted in a small quantity of the syrup from the gooseberries, and when it is thoroughly mixed put the pulp aside to cool. Whip half a pint of thick cream until it is stiff; sweeten it and color it a de-licate green, and as soon as the pre-pared gooseberries are cool blend them with the cream and whisk for a few moments, then fill the linfor a few moments, then fill the lin-ed mould with the mixture. Un-mould the sweet as soon as it is firm, and serve it with 'either chopped pistachio nuts or angelica scattered thickly over the top.

How to Make a Salmon Loaf.

Take equal quantities of boiled salmon and boiled rice. For a cup-ful of each use two hard boiled eggs, one tablespoonful of curry powder, two tablespoonful of curry powder, tablespoonful of cream: season with salt, white pepper and cavene. Take all the skin and bone from the fish and put in saucepan with the but-ter. Add the rice, the whites of the eggs chopped fine, and place over the fire until very hot, then

At a dinner party at the Astor House, when Daniel Webster was Se-cretary of State under President Fillmore, after a period of silence, which fell upon the company of some twenty gentlemen, one of the guests said: "Mr. Webster, will you tell us what was the most important thought that ever occupied your mind?" Mf. Webster slowly passed his hand

Mf. Webster slowly passed his hand over his forehead, and in a low tone inquired (of one near him, "Is there any one here that does not know me?"

'No," was the reply. "No," was the reply. "The most important thought that even occupied my mind." said Mr. Webster, "was that of my indi-vidual responsibility to a personal God." thought

Faultless in Preparation – Unlike any other stomach regulator. Parma-les's Vegretable Pills are the result of long study of vegetable com-pounds calculated to stimulate the stomachies functions and maintain them at the normal condition. Years of use have proved their faultless characters and established their ex-cellent repretation. And this repu-tation they have maintained for years and will continue to maintain for these pills must always stand at in hour at the list of standard pre-

Bleury Stre Dr. J. D. Kellogg dial is compounded bat dysentery cho all inflammatory all inflamma.cory change of food or up in the stomac These compliants mon in summer th they are not confil nonths, as undue bowels may ease a Such a sufferer wi life in this Cordis