

dent that if the kidneys can periodically be rinsed by a natural flushing of water absorbed through the *colon* (not the abnormal drainage of the system which takes place in diabetes), their tissues would be clean and healthy and no incipient dregs would be allowed to settle there to form the nuclei of mineral deposits, which are the invariable precursors of that most horrible of all diseases—stone in the bladder.

With the healthful and normal action of the kidneys aided by an occasional flushing and rinsing of the system as here described, all troubles of the urinary organs, such as inflammation of the bladder and urethra would be things of the past; while female weaknesses in all their forms, which have their general origin in the same source of impurities in the circulation, would no longer require the indelicate interference of specialists to mitigate, and the consequent shock of sensitive nerves to be endured.

With the *colon* periodically flushed and cleansed, and the impurities from the diseased condition of the kidneys and their excretions kept from contaminating the adjacent part of the body, piles as well as rectal fistula, would be ruled out of the list of human ailments, as their cause would forever be removed.

But for the excrementitious impurities thus finding their way into the circulating vital fluids of the body and then picked up continually by the assimilating tissues, it is plain that gout, rheumatism, erysipelas, asthma, catarrh, neuralgia, bronchitis, pleurisy, diphtheria, pneumonia, and all liver, heart and kidney troubles, with malarial and fevers of every kind, could never effect a permanent lodgment in the system as definite forms of disease; and if, from our own temporary neglect in using this cleansing treatment, any one of these forms of disease should chance to get a start, its eradication from the system would easily and immediately result by a vigorous and heroic resort to the syringe and nature's grand remedy—water.