

# Intramural sports opens 75 season

The Intramural and Recreation Council welcomes you to a year of active participation and enjoyment in our various sports activities.

This year more time than ever has been made available in our facilities. This includes keeping the facilities open until 2:00 a.m., in order to provide more opportunities to participate.

Those who are new on campus and all returning students are invited to stop in at the information trailer or the Intramural Office in the Gymnasium and inquire about the program of activities and sign up for those of your choice.

The Intramural Activities are divided into four divisions: Men's Inter-faculty, Residence Halls, Co-ed and Women's. In the Inter-fac league, participants must participate for the faculty team in which they are registered i.e. Arts, Science, Law, Engineering, etc. In the Residence Halls you play for the Hall you reside in. An individual is allowed to participate in only one division, either Inter-fac or Residence Halls, in any particular sport.

The Co-ed leagues are not restricted to faculties. Teams can be selected from men and women

from various faculties or residence halls. The co-ed leagues are fast becoming the most popular division because of the fun and socialization. Women's teams again are not restricted to faculties or residence halls.

In the individual tournament sports or special events i.e. golf, tennis, canoe races, cycle races, cross country races and swim meet you may enter individually and they are open to both men and women. Faculty and Staff are also invited to

join in the participation. An award is presented to the winners of each of these events in both men and women's divisions.

Entry forms are available from your sport representative or at the Intramural Office and must be submitted on the date required before 5:00 p.m. Late entries will not be accepted.

After the leagues or tournament draws have been determined the schedules will be posted in the S.U.B. and the Gymnasium. Each

week's activity schedules will also be taped and you can receive up dated information by simply phoning 424-3374 at any time.

Your participation and enjoyment is our concern. We are endeavoring to meet your needs. If you have suggestions for improvement of our activities please feel free to attend our regular Intramural Council Meetings where your ideas and suggestions will be heard and discussed, or drop into the Intramural Office.

## Tennis at Commons

There will be an Intramural Tennis Tournament September 27th at the Halifax Commons Courts.

We won't promise competition or crowd pleasers like Billy Jean King out a day of fun and recreation is in store for all faculties that wish to participate.

Participants should provide their own tennis rackets, however, a limited amount are available from the E.C.C. (Equipment Control Center).

All, (we repeat) all entries are due September 24th and the tournament will be held Saturday, September 27th. Dial-A-Rec 424-3374 for further information.

## Rec Hotline

Dial-A-Rec is the new Intramural Recreation information hot-line for immediate up-to-date information on activities offered and game dates and times.

This service has been added to better accommodate students in obtaining information concerning game times and dates. Gone are the days of not knowing when you had a scheduled game to play, or arriving at the rink or gym to discover that the schedule had been changed. Now you merely have to step to the nearest phone and dial 424-3374 to verify your game time.

Many time changes in activity schedules are inevitable, but this information service will be up-dated daily and will be the most accurate means of obtaining the required information.

If for some reason this service is not working satisfactorily, please be sure to inform the Intramural Office.

## Women join up!

This is Women's year - so ladies let's see you out performing.

In the years past a seeming lack of interest has caused us to relinquish the time, scheduled for women, to other programs.

This year we have a variety of activities programmed for women and we encourage you to take advantage of the opportunities to participate for fun and recreational enjoyment. You need not be an athletic pro to enjoy the fun of participating.

This year we are offering you opportunities to play golf, swim, play tennis, and a chance to canoe Lake Banook. These activities will run on the same day as the Men's events, but you are not competing with them.

Other activities for women to join up with a partner or team

are: Bowling, Badminton, Volleyball, Broomball, Basketball etc.

Aside from these offerings of strictly Women's activities there is additional fun recreation and socialization to be had by participating in the host of Co-ed activities.

Don't hesitate to get your date and sign up for some fun times together.

Please check the posted schedules decide now to join in the action.

Entries are available at the Intramural Office or through sport representatives assigned to the various departments and residence halls.

For further information call 424-3374 for schedule times and places.

## Golf Anyone ?

The 1975 / 76 Intramural Program will tee-off this year with the ever popular Annual Golf Tournament.

Saturday, September 20th is the day of the big event with tee-off time being 3:00 p.m. at the Hartlen Point Golf Course in Eastern Passage.

The tournament is the first Intramural event of the year and all faculty and students, men and women, are encouraged to participate. The deadline for entries is September 15th; entry forms are available from the Intramural Office and from your Intramural Council Representative.

Green fees will cost each participant one-half of the normal green fee cost. Each participant must sign for a tee-off time at the Intramural Office. Transportation, if necessary, may also be arranged for at the Intramural Office.

## Feild Hockey returns

Last year's delay of getting into the ice rink -initiated a new sport to be added to our Intramural program, so once again we are offering a Ground Hockey league.

Team entries are by faculty teams and are due Thursday, September 18th. League play will begin on September 27th.

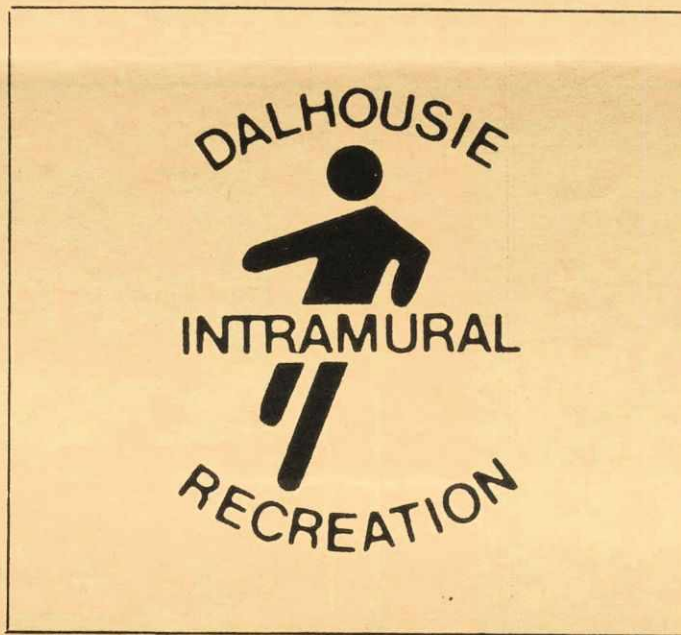
Games will be played on local school grounds and the schedules will be posted each week. Games dates and times can also be obtained by phoning 424-3374 at any time.

Inter-fac Men's Softball has also been added by popular demand to this years' program of activities.

Entries are due September 24th before 5:00 p.m. and league play begins on September 27th.

Games will be played on local diamonds and players must provide their own gloves.

Please check with your sport representative or sign up at the Intramural Office.



### Men's Inter-fac Activities

Activity	Entries Due	Starting Date	Activity	Entries Due	Starting Date
1st Term			2nd Term		
Golf	Sept. 17	Sept. 20	Volleyball	Oct. 30	Nov. 2
Flag Football	Sept. 18	Sept. 22	Paddleball	Nov. 6	Nov. 10
Soccer	Sept. 18	Sept. 22	Basketball	Nov. 27	Jan. 5
Ground Hockey	Sept. 18	Sept. 17	Bowling	Dec. 4	Jan. 8
Softball	Sept. 24	Sept. 27	Badminton	Jan. 8	Jan. 11
Tennis	Sept. 24	Sept. 27	Swim Meet	Jan. 15	Jan. 17
Canoe Races	Oct. 2	Oct. 5	Floor Hockey	Feb. 12	Feb. 15
Ice Hockey	Oct. 2	Oct. 6			
Cross Country	Oct. 8	Oct. 9			

### CO-ED ACTIVITIES

1st Term			2nd Term		
Softball	Sept. 18	Sept. 21	Bowling	Dec. 4	Jan. 8
Volleyball	Oct. 16	Oct. 19	Broomball	Nov. 27	Jan. 6
Badminton	Nov. 6	Nov. 9	Basketball	Feb. 5	Feb. 15

### WOMEN'S ACTIVITIES

Golf	Sept. 17	Sept. 20	Bowling	Feb. 5	Feb. 9
Tennis	Sept. 24	Sept. 27	Basketball	Jan. 15	Jan. 19
Volleyball	Sept. 25	Sept. 29	Swim Meet	Jan. 15	Jan. 17
Canoe Races	Oct. 2	Oct. 5			
Broomball	Oct. 25	Oct. 28			
Badminton	Nov. 6	Nov. 9			

**VARSITY HOCKEY MEETING MONDAY SEPT. 22/75 8:00 p.m. PHYS. ED. ROOM 7 IF INTERESTED DROP IN!**