

The Wonderful Medicine, Made From Fruit Juices and Valuable Tonics.



MADAME ROSINA FOISIZ

29 St. Rose St., Montreal.

"I am writing you to tell you that I owe my life to 'Fruit-a-tives'. This medicine relieved me when I had given up hope of ever being well. I was a terrible sufferer from Dyspepsia-had suffered for years; and nothing I took did me any good. I read about 'Fruit-a-tives'; and tried them. After taking a few boxes, I am now entirely well. You have my permission to publish this letter, as I hope it will persuade other sufferers from Dyspepsia te take 'Fruit-a-tives' and get well".

MADAME ROSINA FOISIZ. "Fruit-a-tives" is the only medicine

in the world made from fruit. 50c. a box, 6 for \$2.50. trial size 25c. At all dealers or sent postpaid on

receipt of price by Fruit-a-tives Limited, Ottawa,

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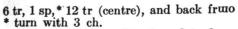
Work for Busy Fingers

THE WESTERN HOME MONTHLY

Man's Plain Gloves

Cuff and Hand. Cast on 60 sts, join and k in ribbing of k 2, p 2 for 45 rounds, then k 25 rounds (2½ inches) With an end of contrasting color plain. k the first 12 sts of next needle, slip them back to the needle they were knitted from, and then k them over again with the regular yarn, k to end of needle. K 22 rounds even.

First (Index) Finger. Counting from 1st (thumb) st, k 9 sts, run all the sts of the hand, except the last 9 sts, on to a thread, cast on 4 sts next to the 9 sts just knitted, k the last 9 sts. Work even on these 22 sts for 26 rounds; next round, n. k 9, n k 9 (20 sts); k 2 rounds even;



4th row—3tr, 1 sp, 3 tr, 1 sp, 3 tr, 3 sp, 3 tr, 7 sp, 9 tr, 1 sp, *6 tr (centre), and back from * turn 3 ch.

5th row—3 tr, 1sp, 3 tr, 1 sp, 6 tr, 8 sp, 6 tr, 1 sp, 9 tr, * 2 sp, (centre), work back from * turn 3 ch.

6th row 6 tr, 2 sp, 6 tr, 8 sp, 9 tr, 1 sp, * 18 tr, work backwards from * turn with 3 ch (this is done every row and will not be repeated.

not be repeated. 7th row—6 tr, 3 sp, 3 tr, 6 sp, 6 tr, 1 sp, 9 tr, 1 sp, 3 tr, * 2 sp, work back from * 8th row—3 tr, 1 sp, 3 tr, 9 sp, 9 tr 1 sp, 9 tr, 1 sp, *6 tr, work back from * 9th row—3 tr, 2 sp, 3 tr, 9 sp, 9 tr, 1 sp, 9 tr, * 2 sp, and work back from * 10th row—6 tr, 1 sp, 6 tr, 7 sp, 3 tr, 1 sp, 9 tr, 1 sp, 3 tr, 1 sp, * 6 tr, and work back from * back from

11th row—6 tr, 2 sp, 3 tr, 6 sp, 9 tr, 1 sp, 3 tr, 1 sp, 3 tr, 1 sp, 3 tr, * 2 sp, work back from *

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27th row-3 tr, 8 sp, 3 tr, 1 sp, 6 tr, 1 sp, tr, * 12 sp, work back from * 28th row (begins shaping for top of 3

28th row (begins shaping for top of cosey)—Slip along first group of tr in last row; 3 ch, 3 tr, in 1st sp, 2 sp, 12 tr, 1 sp, 3 tr, 1 sp, 3 tr, 2 sp, 6 tr, 1 sp, 3 tr, * 6 sp, work back from * 29th row—Slip along 1st group 3 ch, 3 tr in 1st sp, 3 sp, 9 tr, 1 sp, 3 tr, 3 sp, 6 tr, 1 sp, 6 tr, * 4 sp, and work back from * 30th row—Slip along 1st group 3 ch, 3 tr in 1st sp, 7 sp, 6 tr, 2 sp, 3 tr, 1 sp, 3 tr in 1st sp, 7 sp, 6 tr, 2 sp, 3 tr, 1 sp,

3 tr in 1st sp, 7 sp, 6 tr, 2 sp, 3 tr, 1 sp, 6 tr, * 4 sp, work back from * 31st row—Slip along 1st group 3 ch,

3 tr, in 1st sp, 3 sp, 9 tr, 2 sp, 6 tr, 3 sp, 3 tr, * 4 sp, work back from * 32nd row—Slip along 1st group 3 ch,

12th row-3 tr, 10 sp, 9 tr, 1 sp, 3 tr, 3 tr in 1st sp, 1 sp, 9 tr, 2 sp, 3tr, 2 sp,



1 round * k 3, n, repeat from * around 2 rounds even; 1 round * k 2, n; repeat from * around, 1 round even; 1 round decreasing in every st, when 6 sts will remain. Draw them together and darn in end on wrong side.

Second Finger. Take the next 7 sts from the inside of the hand, cast on 4 sts on a separate needle, take the last 7 sts from the thread and pick up the 4 sts cast on for the index finger-22 sts in all. K 34 rounds even and decrease as in the index finger.

Third Finger. Take the next 7 sts from the inside of the hand, cast on 4 sts, take the last 7 sts from the thread, pick up 4 sts on the 2nd finger and k 1 round plain, decreasing twice on the picked up sts (20 sts); k 30 rounds and

14th row-3 tr, 1 sp, 6 tr, 9 sp, 9 tr, sp, 9 tr, * 2 sp, work back from * 15th row—3 tr, 1 sp, 3 tr, 9 sp, 9 tr, 1 sp, tr, 1 sp, * 6 tr, work back from *

16th row-As 7th row.

17th row—As 6th row.

18th row—As 5th row.

19th row-As 4th row.

20th row-As 3rd row.

21st row-As second row; end of centre 3 ch, 9 tr, 12 sp, 9 tr. medallion.

22nd row-As 1st row.

1 sp, 3 tr, 1 sp, 3 tr, * 2 sp, work back from * 13th row-3 tr, 2 sp, 3 tr, 8 sp, 3 tr, 1 sp, 9 tr, 1 sp, 3 tr, 1 sp, * 6 tr, 2 sp, work back from * 14th row-3 tr, 1 sp, 6 tr, 9 sp, 9 tr, 1 sp, 9 tr, * 2 sp, work back from * 15 tr, * 2 sp, work back from * 33rd row-Turn with 3 ch, and work 3 tr on 1st group (no slip), 5 sp, 6 tr, 3 sp, 3 tr, 2 sp, 3 tr, * 2 sp, work back from * 34th row-Slip along 1st group, 3 ch, 6 tr, 3 sp, 3 tr, 2 sp, 9 tr, 1 sp, 6 tr, * 2 sp, work back from *

work back from

35th row-Slip along 1st group 3 ch, 6 tr (over 2 sp of last row), 3 sp, 9 tr, 2 sp, 3 tr, * 4 sp, work back from * 36th row—Slip along 6 tr of 1st group

3 ch, 8 tr, over 2 sp, 18 sp, 6 tr, at end of row.

37th row-Slip stitch along 1st group,

38th row-Slip along 9 tr of last row, and work in treble stitch over the 12 spaces of last row.

Mount the lace upon a silk or sateen oundation of

chronic Asthma, you should send for a free trial of our method. No matter in what climate you live, no matter what your age or occupation, if you are troubled with asthma, our method should relieve you promptly.

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decrease as the 20 sts on other fingers. Fourth Finger. Take the remaining 14 sts and pick up the 4 sts cast on for the 3rd finger; k 21 rounds even and decrease at top as before.

Thumb. Draw out the 12 sts knitted with contrasting yarn, stitch for stitch, and slip the freed sts on to two needles (sts from upper side on one, and sts from lower side on the other), pick up an extra st at each side and divide these 26 sts on 3 needles. K even for 3 rounds, then 1 round k 13, n, k 9, n; k even until there are 21 rounds from beginning. Next round * k 4, n, repeat from * around; 3 rounds even; decrease remaining 20 sts as in other fingers and fasten off.

Cover for Tea Cosy in Crochet.

Abbreviations .- "Tr," treble; "sp," space.

space consists of 2 ch miss 2 of previous row, 1 tr in next. A tr completing a sp

counts as one in following group.

Materials:- Peri-Lusta Crochet. A

Make a ch of 127; turn with 3 ch, and

into each stitch of the foundation ch work

1st row-9 tr in next 9 stitches, 2 sp,

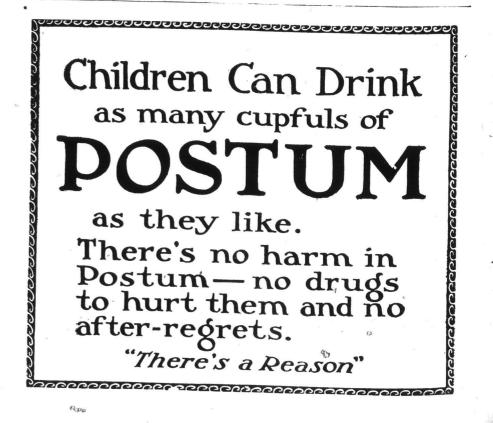
2nd row-3 tr, 3 sp, 3 tr, 2 sp, 6 tr, 11 sp,

3rd row-6 tr, 1 sp, 3 tr, 3 sp, 6 tr, 7 sp

22nd row—As 1st row. 23rd row—3 tr, 1 sp, 9 tr, 1 sp, 3 tr, 2 sp, 6 tr, * 20 sp, work back from * 24th row—3 tr, 6 sp, 3 tr, 1 sp, 6 tr, * 20 sp, work backwards from * 25th row—3 tr, 1 sp, 12 tr, 1 sp, 3 tr, 1 sp, 3 tr, 2 sp, 3 tr, * 16 sp, work back from * from

26th row-3 tr, 3 sp, 9 tr, 1 sp, 3 tr, 2 sp, 6 tr, * 16 sp, and work back from *

some pretty colour effective way is to draw the foundation up into poufs between the two lace sides, and to secure the latter by tying them across with ribbon bows of the same colour so that they can be easily taken off for washing.



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