



**Family of Eleven Living on \$22 a Week—No Fire for Three Days in One Home—Plain Tales of the Poor**

Not an Egg in Six Months.  
 "We don't have porridge often; we can't afford sugar nor milk. I don't cook much because flour is so dear, and most things call for an egg. We haven't used

natural study of food values and economy, families were well nourished on an extremely limited income. In other

and you know your standing for the prizes, cost a copy of the very latest issue and a features soon to appear. Then, in order to on for the judging and awarding of the grand

**Movie Contest Editor, Everywoman's**

homes the pale faces and frail bodies of children showed that through ignorance or negligence, cooking was an unknown

We shall send you without a review of many of the fine qualify your entry to be sent and prizes, you will be asked to and 40 is, taking us to abide by the decision May 30th, immediate prizes awarded. Add

's World, Continental Publishing Co. Limit

art, and that the housekeeper had formed the habit of buying worthless pastries and cakes.

ated, 28 Continental Building, Toronto, Ont.

No. ....  
Each .....

ent.

..... 31	..... 32
..... \$1.50	..... \$1.80

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\$2.60

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