

TERRORS OF INDIA IN WAR ZONE; QUICK, DEADLY FIGHTERS ARE SIKHS AND GURHKAS



East Indian troops of England entraining. The soldiers in the picture are of the native troops, known as the Second Queen's own sappers and miners. This regiment was first organized by the English in Madras in 1780, and as a continuous service body has fought for England all over the world. Its campaigns have been in Egypt, Java, Persia, Lucknow, China, Abyssinia, Afghanistan, Burmah, South Africa, and the Boer war in China.

Newer, more terrible, tricks of fighting will result now that England's Indian levies have reached the European war zone.

These picked Oriental warriors trained for centuries to the trade of fighting are feared more than any other foe. They are all fatalists whose greatest glory is to die in battle.

Armed and disciplined according to Occidental standards these dusky fighters also carry their deadly native weapons.

While Lord Kitchener, England's ace, these two tribes gave England the most trouble when it conquered India. The Sikhs defeated white armies in the field in pitched battles.

Both tribes finally transferred their allegiance to the white men and have remained loyal ever since. Today they comprise one-quarter of the Indian army and, offered by Englishmen, are declared to be the hardest fighters in the world.

The Sikh is a huge, strapping, bearded warrior. There are 80,000 of these soldiers under arms. In addition to modern weapons they carry the age-old Pathan knife, the "chokers," which they use with horrible effect.

It is a circular blade, much resembling a quill, about five inches in diameter. In throwing it the Sikh spins it on his fingers and then calls it at the charging foe. He throws four or five in rapid succession with amazing accuracy and so swiftly that the attacker has no chance to dodge. The weapon makes a

ghastly wound and a shower of them are as effective in stopping horses, or men, as a line of buzz saws.

retary of war, has not announced the kind of men he is bringing from India. It is known that a majority of the levy consists of Sikhs and Gurhkas, the fiercest of the eastern army.

The Gurkha, however, is the real ter-

ror of the European soldier. This little hillman has had a name as a fighter for a thousand years and more. He is short and stocky and shows a touch of Mongolian blood, but is quick and wiry and as active as a monkey. Though armed and equipped as an infantryman, his favorite weapon is his native knife, the "kurki." With it he does terrible execution.

The weapon is shaped like a boomerang. It has a small handle, but the blade is three inches wide and twenty-two inches long, but sharply bent in the middle and perfectly balanced.

In making a charge the Gurkha drops his gun and armed only with his "kurki" dashes at the enemy. When in striking

distance he dives under the front of the enemy and strikes upward, disemboweling his opponent or his horse.

What Dyspeptics Should Eat

A PHYSICIAN'S ADVICE

"Indigestion and practically all forms of stomach trouble are, nine times out of ten, due to acidity; therefore stomach sufferers should, whenever possible, avoid eating food that is acid in its nature, or which by chemical action in the stomach develops acidity. Unfortunately, such a rule eliminates most foods which are pleasant to the taste as well as those which are rich in blood, flesh and nerve building properties. This is the reason why dyspeptics and stomach sufferers are usually so thin, emaciated and lacking in that vital energy which can only come from a well fed body. For the benefit of those sufferers who have been obliged to exclude from their diet all starchy, sweet or fatty foods, and are trying to keep up a miserable existence on gluten products, I would suggest that you should try a meal of any food or foods which you may like, in moderate amount, taking immediately afterwards a teaspoonful of bisurated magnesia in a little hot or cold water. This will neutralize any acid which may be present, or which may be formed, and instead of the usual feeling of uneasiness and fullness, you will find that your food agrees with you perfectly. Bisurated magnesia is doubtless the best food corrective and antacid known. It has no direct action on the stomach; but by neutralizing the acidity of the food contents, and thus removing the source of the acid irritation which inflames the delicate stomach lining, it does more than could possibly be done by any drug or medicine. As a physician, I believe in the use of medicine whenever necessary, but I must admit that I cannot see the sense of dosing an inflamed and irritated stomach with drugs instead of getting rid of the acid—the cause of all the trouble. Get a little bisurated magnesia from your druggist, eat what you want at your next meal, take some of the bisurated magnesia as directed above, and see if I'm not right."

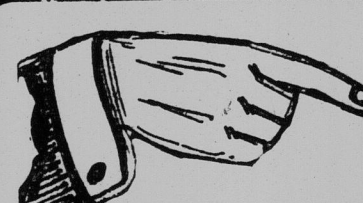
Shamrock, a dog owned by a St. Paul Minn., woman, has been lost sixteen times in the last few months, and each time has been found in some stranger's automobile. The dog is immoderately fond of joy riding.

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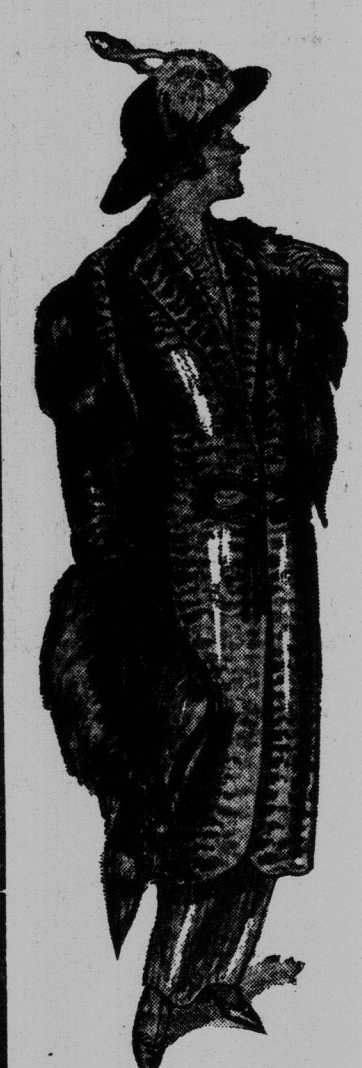
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