

RECENT DEATHS

John Connolly.
John Connolly, formerly a resident of Golden Grove, died yesterday at his home in Brookline (Mass.), information to this effect having been received here yesterday. Mr. Connolly left here about twenty years ago and since then had made his home in Brookline. He leaves a wife, four sons and one daughter. Two sons, Misses Margaret and Mary Connolly, of Golden Grove, also survive. Mr. Connolly was sixty-one years of age.

Titus Beck.
Salisbury, N. B., April 9.—Titus Beck, one of the oldest men in the community, died at his home here on Sunday. He was stricken about a year ago with paralysis from which he never rallied. He lost the power of speech and had been in bed for a year. He, with his two brothers, operated their large farm adjoining this village. He was unmarried, and is survived by two brothers and three sisters. The brothers are Martin and Fred, at home; the sisters are Misses Annie and Bertha Beck, at home, and Mrs. Mary McKinnon, widow of John McKinnon, at Norton (N. B.). The late Mr. Beck, although a well read man, was very conservative in his manner and made few acquaintances. He was a steady, industrious man and had spent his whole life here at the Beck homestead, where he was born. His funeral will take place on Tuesday.

Richard Scott.
Many people will learn with regret of the death of Richard Scott, for many years cavalier of the Hammond Lake and the Chisholm Lake fishing club, of which many St. John men are members. Mr. Scott suffered from a cold last week and he died on Friday. He was well known and respected by all who knew him. The funeral took place at Sussex on Sunday.

William Thomas Ryan. of Lewisville, who passed away on Good Friday morning, was sixty-one years of age, and is survived by his wife and five children. The sons are John, of the M. T. E. and Gas Company; Frank, who enlisted with the Nova Scotia Highlanders, and is now in France; and Frederick, with the 10th Battalion. The daughters are Anna and Mary, both at home. He was married by one brother, Patrick Ryan, of Kouchibouguac Beach, Kent county, and two sisters, Mrs. E. R. Goode, Boston, and Mrs. C. A. Johnston, of New York.

At Dalhousie the death of Mrs. George McEwen, formerly Miss Margaret E. Johnston, of Chatham, took place on Tuesday. Besides her husband, she is survived by one daughter and one son—Miss Grace J. and John G., both at home.

Mrs. Elizabeth Perkins died on Wednesday at the home of her son-in-law, Bedford Green, of Fredericton. She was seventy-five years old. Three sons and three daughters survive. They are George and Leon, of Bedford, Mass.; Ruel, of Lawrence Station, N. B.; Mrs. C. I. Leaman, of Springfield, Mass.; and Mrs. Earl Barbour, Somerville, Mass. William Mitchell, of New Brunswick, was her brother, and Mrs. Andrew Johnson, of the same place, is a sister.

The death occurred at Millville on Friday of Mrs. Elizabeth Shepard, aged eighty-four years. She is survived by three sons and three daughters—Charles F. Caribou, Me.; William, of Fredericton, and John at Millville; Mrs. George Tompkins, Danforth, Me.; Mrs. Sewell, Pertham, Me.; Mrs. Fred Slipp, Millville.

RECENT WEDDINGS

Clarke-O'Donnell.
The marriage of Miss Alice O'Donnell, daughter of Mr. and Mrs. Edward O'Donnell, of Newcastle, to John M. Clarke of Moncton, was solemnized at the home of the bride's parents on April 4.

Renfrew-Hill.
At the home of the bride's parents, Mr. and Mrs. Adam Hill, South Esk, on April 4, Miss Ida M. Hill was united in marriage with Norman J. Renfrew, of Lawrence, Mass.

Norwood-MacDonald.
At St. Luke's church yesterday afternoon, the rector, Rev. R. P. McKim, united in marriage George A. Norwood, of Saco (Me.), and Miss Edith MacDonald, of St. John. The bride was attended by Miss L. Robinson and Lorne Pratt was groomsmen. Mr. and Mrs. Norwood left in the evening for Boston and New York and on their return they will take up their residence at Saco (Me.).

Gin Dills
FOR THE KIDNEYS
PAIN IN SMALL OF BACK
From time to time we learn of cases where the use of Gin Dills has been sufficient to relieve the distressing pains in the back. Here is such a case coming from the British West India Islands.
May 25th, 1915.
"I received your sample of Gin Dills and would say that I was suffering from a very intense pain in the small of my back some days. After I had taken the sample the pain was gone."
Sanford Weeks.
All druggists sell Gin Dills at 50c. a box of 6 boxes for \$2.50. Sample free if you write to: **WATKINS' DRUGS, MANUFACTURERS, 60, OF CANADA, LIMITED, Toronto, Ont.**

Simple Way To End Dandruff
There is one sure way that has never failed to remove dandruff at once, and that is to dissolve it, then you destroy it entirely. To do this, get about four ounces of plain, common liquid arvon from any drug store (this is all you will need), apply it at night when reclining, use enough to moisten the scalp and rub it in gently with the finger tips. By morning, most if not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it, no matter how much dandruff you may have. You will find all itching and digging of the scalp will stop instantly, and your hair will be shiny, lustrous, glossy, silky and soft, and look and feel a hundred times better.

LAUNCH CAMPAIGN FOR A GREATER FARM PRODUCTION IN MAINE

Farmers and Business Men to be Organized into a Big Committee to Protect People Against Possible Food Shortage in War Time

Representative farmers and business men from the entire state of Maine, realizing the possible shortage of food stuffs in war time, formulated plans at Portland last Wednesday night to entrench the entire state's population behind a barricade of reasonable prices and plenty of every variety of food stuffs. This entrenchment will take place, backed by a gigantic co-operative association, which will have units over the entire state. The object of the association will be to encourage the farmer to have more control over his business, while the latter will assist in furnishing a staff of experts to enlighten the farmer in modern scientific farming. The idea is the originality of the chamber of commerce and at the conclusion of the meeting Walter B. Moore, the secretary of the chamber, offered a motion for the appointment of a representative committee of men from all parts of the state to start the formation of this association.

The following committee was appointed: J. Henry Rines, H. D. Eaton, Guy C. Porter, Walter Pettengill, H. C. Day, Fred S. Ames, W. J. Thompson, Horace C. Day. The State of Maine had solicited advice from the members of the Hampton County Massachusetts Improvement League regarding the organization of the farmers in the county in their country. The speakers who consented to give this advice attended the banquet and meeting held recently, and being frank in their remarks, the trend of their suggestion was that agricultural speaking, "the State of Maine is, and has been, dead."

John A. Schuerle, the field manager of the Hampton association, startled the guests when he declared that "the assistant secretary of agriculture of the United States has told me that at the present the New England States have but eleven days' food supply on hand." He followed this statement with, "if one of the connecting bridges across the Hudson river in New York should be blown up, the New England states would be face to face with starvation." H. W. Hinkley, one of the business men-farmers who accompanied the Hampton party to this city, pointed out that "all food prices would be higher—eggs will climb, likewise potatoes will bring more than next year. The causes of this condition of affairs are attributed to 'the lack of man supply for the farms and the tendency to bury all farm produce behind a book-keeper's desk in an office.'"

An explanation of the cause of the lack of agricultural advancement in this section was given by H. W. Hinkley, a farmer member of this party in the following terms: "New England people do not furnish the farmers proper encouragement and markets to warrant their developing their farms."

A STRONG APPEAL
To the Editor of the Times:—The Archbishop of Armagh, Lord Primate of Ireland, says it would take some new and terrible catastrophe to rouse our people in Great Britain and Ireland to the necessity of reforming with regard to our national sin of intemperance. Many of us hoped that the splendid example of our King and Queen in banishing all intoxicating liquors from the royal palaces during the continuance of the war, would have stirred the national conscience and produced a universal habit of self-denial. Such hopes have been doomed to a bitter disappointment. Our sailors and soldiers when they come home for a short leave, are still the victims of misplaced hospitality, and our men in preparation for a life and death conflict, are daily exposed to such constant temptation as many of them are unable to resist.

"Apart altogether from the sin of intemperance, our nation is now called upon to face the absolute necessity of economy and thrift. Thank God the nation is absolutely determined by God's blessing to spend her last drop of blood and her last penny of money to drive away forever from the world the hideous nightmare of German militarism. Nothing would help more in reaching this result than the German national renege banish during the war, the use of all intoxicating drink as ordinary beverages. The wheat and barley and maize employed in the manufacture of alcoholic drink are lost for food purposes. The cost of bread for man and food stuff for cattle would be lowered to such an extent that this grain was available. We are assured that on an average every family in the United Kingdom expends six shillings and sixpence per week on alcoholic drinks. The reduction of this enormous national expenditure, even by one half, and the proceeds invested in the new war loan, would mean an addition to the capital of \$400,000,000 per annum.

"And what a saving in other ways would be brought about. National sobriety would mean a diminution in crime, a lessening of insanity and pauperism and above all, an increase in the national vigor and power of endurance on the continuance of which depend victory and a lasting peace. Will not our clergy who love their native land unite in one great crusade for national abstinence, at least while the scourge of this awful war falls heavily upon the land? The hourly self-sacrifice of our gallant men by sea and air and land surely calls for this one act of self-denial from us who stay at home."

H. ARNOTT, M. B., M. C. P. S. For Methodist Dept. of Social Service

EXCITEMENT IN DUBLIN
FOLLOWS HOISTING OF THE REPUBLICAN FLAG.
London, April 9, 5.15 p. m.—Some excitement was created on O'Donnell street in Dublin today by the hoisting of the republican flag on the ruins of the post office, while a small party waved a similar flag from the Nelson pillar, says a despatch to the Star from Dublin.

The police removed the flag from the post office and dispersed the crowd without making any arrests. Here and there in the city, the despatch reports, a small reproduction of the proclamation of the provisional government of the Irish republic was seen with a footnote reading: "The Irish republic still lives."

AMUSEMENTS

MRS. VERNON CASTLE AT UNIQUE THEATRE

Famous Dancer Appears in Opening of Feature Film Series "Patric."

After the Lenten season it seemed as if theatre-going people sought relaxation yesterday, and took advantage of the attractions being offered at the different theatres, special Easter programmes. Considerable interest centred in the announcement that the Unique would present the world famous dancer and peeress of the fashion world, Mrs. Vernon Castle, in the serial from the pen of Louis Joseph Vance, entitled "Patric." The Unique played to capacity business and the introductory episode of this serial was one of the most pretentious playthings seen in a long time. Mrs. Castle, a very favorable impression, which radiates from the screen, and Patricia Channing, the screen heroine, while the latter will assist in furnishing a staff of experts to enlighten the farmer in modern scientific farming. The idea is the originality of the chamber of commerce and at the conclusion of the meeting Walter B. Moore, the secretary of the chamber, offered a motion for the appointment of a representative committee of men from all parts of the state to start the formation of this association.

The following committee was appointed: J. Henry Rines, H. D. Eaton, Guy C. Porter, Walter Pettengill, H. C. Day, Fred S. Ames, W. J. Thompson, Horace C. Day. The State of Maine had solicited advice from the members of the Hampton County Massachusetts Improvement League regarding the organization of the farmers in the county in their country. The speakers who consented to give this advice attended the banquet and meeting held recently, and being frank in their remarks, the trend of their suggestion was that agricultural speaking, "the State of Maine is, and has been, dead."

IMPERIAL PRESENTS MARY PICKFORD

Dainty Actress in East Indies Picture of Unusual Interest—First Aircraft Release

From Greenland's icy mountains to India's coral strands seemed to be the order of things yesterday, as far as the Imperial Theatre's Easter opening was concerned. The awful blizzard and the character of Mary Pickford's sweet East Indies picture, "Less Than the Dust," proved a unique and attractive fiction, devoid of sensationalism. It was richly mounted at cost of many thousands of dollars and faithfully reproduced the India of today, its natives, its customs and its "British soldiery." The cast of the story is as follows: Mary Pickford, Captain Richard Townsend, David Powell, Mrs. Bradshaw, Mary Alden, Ramlan, Mario Majeroni, Cesare Gravina, Francis Joyner, H. Russell, Bessie Ahmed, Walter Morgan, English officers, soldiers, natives, shopkeepers, and a large number of extras.

In this new play, Mary Pickford has the role of a little castaway of English birth who has been reared among natives to the lowest caste of India. Her father, having been a social derelict and having no mother, she is given over to a native sword maker and here she grows up and becomes one of the people. The scenes are all laid in India and England and are remarkably faithful pictures of both lands in scenic aspects of great beauty and wondrous effect. The East Indian environment is especially interesting and picturesque in that the splendid distinction has brought to the screen an unmistakable atmosphere and understanding of the lives and customs of the British officers and the natives.

"Less Than the Dust," is the first Aircraft release, and offers rare entertainment. Hector Turnbull, author of many a well-known success, wrote the story crediting his inspiration to a poem which Laurence Hope called "Less Than the Dust." Miss Pickford, devoted to her role, is a most convincing picture of a little girl who is carried from her home in England to the slum of a city of modern India. All the mystic and picturesque charm of the East has been retained in the production.

During the production the Imperial's orchestra rendered an exquisitely dainty and expressive score of special music as written and arranged by Edward J. Howe. A haunting love theme, revelling frequently was especially enjoyable. "Less Than the Dust" will be the bill again today and on Wednesday with a double matinee tomorrow—Mary Pickford in "Lost and Won," a New York comedy drama.

Lady patrons on Wednesday afternoon will receive gift perfume.

SHEEHAN INCOME TO WIDOW
\$2,000,000 Estate, Left in Trust, Will Go to Nieces and Nephews

New York, April 10.—The will of William F. Sheehan, who died on March 14, disposes of an estate estimated at more than \$2,000,000, leaving the entire residue in trust for the life of his wife, Mrs. Blanche N. Sheehan of 16 East Fifty-sixth street. The only bequest to a person other than a relative is \$1,000 to Bertha Brunsten, maid to the decedent's household. The former lieutenant-governor left \$1,000 a year for life to his wife, Mrs. Sheehan. Sheehan died at his home, 16 East Fifty-sixth street, at the age of twenty-four years, and will divide the residue of his estate with his wife, Mrs. Sheehan, and his children, William and William Kenneth Sheehan.

THE ONLY MEDICINE THAT HELPED HER

"Fruit-a-lives" Again Proves Its Extraordinary Powers

Roche, Que., March 2, 1915.
"I have received the most wonderful benefit from taking 'Fruit-a-lives.' I suffered for years from Rheumatism and change of life, and I took every remedy obtainable without result. I tried 'Fruit-a-lives' and it was the only medicine that really did me good. Now I am entirely well—the Rheumatism has disappeared, and the terrible pains in my body are all gone. I hope that others, who suffer from such distressing diseases, will try 'Fruit-a-lives.'"

MADAME ISABEL ROCHON.
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

GETTING SPEAKERS FOR THE LECTURES

(American Lumberman)
A physician in a certain community last fall conceived the idea of having presented before the school children a series of lectures on subjects of hygiene. As he considered the subject more carefully other subjects occurred to him, and the outcome was that he with others planned a series of lectures covering the entire school year. At first the thought was that local physicians and their friends in other communities and specialists in hospitals could be secured to speak on medical subjects. When other subjects were proposed some fear was expressed that speakers could not be secured. But it has been possible to secure good speakers for the entire series.

The original intention was to make no charge for these lectures and that policy was adhered to until the attendance grew beyond the capacity of the room in which they were held. Then a donation of ten cents was charged, merely to keep the crowd down to the capacity of the room; at one meeting the admissions amounted to \$75.

These meetings are attended largely by pupils of the schools, but many adults, chiefly parents of pupils, now attend substantially every meeting. So far as anyone can discover the lectures are looked upon with much respect as lectures delivered by high-priced chaquas speakers, and the results are even more noticeable than would be those from a chaquas, because the lecturers are of a simple character that appeals to the young people and brings to the solution of the problem involved the interest and sympathy of parents.

This movement owes its origin to one man, the physician, who has been required almost no expenditure beyond a little postage and some stationery. Every speaker at a distance has been more than willing to come, the cost of securing him not exceeding his actual traveling expenses.

This example is given as a suggestion to communities that would like to have such lectures but fear difficulty in securing speakers. Hospitals, agricultural schools, and various other educational institutions in almost every section of the country are numerous enough to supply the needs of such a course of lectures. We can scarcely think of two subjects of more importance than those of health and citizenship; almost any physician can give a lecture on the subject of the one, and a lawyer—judge or district attorney—will give the other. Both need only to popularize their technical knowledge, and they can easily do that.

HOW'S THIS?
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. Hall's Catarrh Cure has been tested for years, and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Cure acts through the blood on the mucous surface, expelling the poison from the blood and healing the diseased portions.

After you have taken Hall's Catarrh Cure for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Cure at once and get rid of Catarrh. Send for testimonials, free. F. J. CHENEY & CO., Toledo, Ohio. Sold by all druggists, 75c.

ceives his uncle's law library with the provision that it is to remain in the custody of the decedent's firm, Ingraham, Sheehan & Morgan, until the nephew is ready to enter the practice. Each nephew is allowed \$2,000 a year for his education.

To Prevent Seasickness, Nausea and Insure him a pleasant voyage, be sure to remember to put in his bag a package of

MOTHERSILL'S SEASICK REMEDY

Officially adopted by Steamship Companies on both fresh and salt water—endorsed by highest authorities of navigation. The One Dependable Preventative of Seasickness. Contains no cocaine, morphine, opium, chloral, coal tar products or their derivatives. Sold by leading druggists. Seebor enough for 24 hours. \$1.00 box for ocean voyage. A copy of Mothersill's Travel Book sent upon request, without charge. **Mother'sill Remedy Company, DETROIT, MICHIGAN.** Also at 19 St. Brile Street, London; Montreal, New York, Paris, Milan.

STOP DANDRUFF! HAIR GETS THICK, WAVY, BEAUTIFUL

Girls! Draw a Cloth Through Your Hair and Double Its Beauty

Spend 25 Cents! Dandruff Vanishes and Hairs Stop Coming Out.

To be possessed of a head of heavy, beautiful hair; soft, lustrous, fluffy, wavy and free from dandruff is surely matter of using a little Danderine.

It is easy and inexpensive to have nice, soft hair and lots of it. Just get a 25-cent bottle of Knowlton's Danderine today—all drug stores recommend it—apply a little as directed and within ten minutes there will be an appearance of abundance, freshness, fluffiness and an incomparable gloss and lustre, and try as you will you cannot find a trace of dandruff or falling hair; but your real surprise will be after about two weeks' use, when you will see new hair—really new hair—sprouting all over your scalp—Danderine is, we believe, the only sure hair grower, destroyer of dandruff and cure for itchy scalp, and it never fails to stop falling hair at once.

If you want to prove how pretty and soft your hair really is, moisten a cloth with a little Danderine and carefully draw it through your hair—taking one small strand at a time. Your hair will be soft, glossy and beautiful in just a few moments—a delightful surprise awaits everyone who tries this.

Civic Welcome To New Units

A banquet was held last night in Bond's restaurant, in order to extend to the officers of the 27th and 17th Battalions the official welcome of the city. Between forty and fifty guests were present and Mayor Hayes presided. The members of the citizens' reception committee were: Mayor Hayes, Aldermen A. H. Powell, representing the New Brunswick brigade command.

In opening, Mayor Hayes, in a brief address, expressed to the visiting officers the pleasure it afforded the citizens to extend the hand of friendship to the gallant fighting sons of western Canada and Ontario. He referred to the fact that other units from these parts of Canada had been quartered in St. John this season and the pleasant relations that had existed between them and the citizens during their stay.

In reply, Lieut.-Colonel McPherson, O.C. of the 27th Battalion, of Simsbury (Ont.), said that both his officers and men were not only delighted but amazed by the splendid reception that had been tendered them in St. John. He had heard before that St. John was noted for the hospitality of her people and now he was experiencing it. Lieut.-Colonel McPherson, in his address, expressed similar sentiments. He had been at West St. John yesterday and there witnessed a second time the ability of St. John people to greet the soldier in a fitting manner. There the wounded and invalided had been given a warm welcome and he said that the mixed among the returned soldiers he found that they, too, appreciated deeply the attentions showered upon them.

That it was a great pleasure to be delivered by Captain (Rev.) G. A. Kubring, who returned yesterday from the front. Captain Kubring gave some advice to the officers present, who would soon be in France. He told them of the treatment they might expect and what they would be called upon to do. In his twenty minutes address he spoke of the western front of Lemnos where he served several months. The national anthem was sung.

SHOULD KEEP CARS OFF ROADS IN SPRING TIME

Fredericton, April 9.—Hon. P. J. Veniot, minister of public works, speaking today in general of the condition of the roads throughout the province, drew attention to a practice which, he said, is a great injury to the highways. "I have noticed," he said, "that as soon as the snow disappears and the frost begins to come out of the ground a great many automobiles are put out on the roads. There is nothing more injurious to our roads than to have motor cars run over them during that time. There is nothing at present in the road law regulating the running of motor vehicles at such a time, but if more care is not exercised and the already too large number of motorists continue to display such disregard of the public welfare in the spring, I feel that the time is not far distant when more drastic measures will have to be adopted."

DOUBTS ITS LEGALITY

Rev. Ben. Spence Not Sure of New Liquor Restrictions.
(Toronto Star)

"I would sooner see a newspaper take German dollars and talk Germanism than see it take whiskey money and talk whiskyism," declared Rev. Ben. Spence, secretary of the Dominion Alliance, to the Star, when asked to express his views in regard to the government legislation brought down yesterday, with reference to the restriction of liquor advertisements. "So far as the proposed legislation is concerned, it appears to me to be a matter as to the powers of the provincial government and the dominion government, but I have no doubt that the license board, in whose hands the matter is put, will act within their power and to the limit of their power."

"Prohibition is now the law of the province, and any newspaper which uses itself or allows itself to be used to defeat this law by carrying these liquor advertisements is defeating that law, and in the face of the statement of Lloyd George that the allies are fighting Germany, Austria and drink, the news-

HAD BRONCHITIS For Years

Bronchitis comes from a neglected cold and it, if neglected, will surely turn into pneumonia. The first symptom is a short, painful, dry cough, accompanied with rapid wheezing and a feeling of oppression or tightness through the chest.

The phlegm raised from the bronchial tubes is at first of a light color but as the disease progresses it becomes a yellow or greenish color and is very often hard to raise.

Dr. Wood's Norway is the remedy you require as it loosens the phlegm and heals the lungs and bronchial tubes. Mrs. Chas. Breen, Amherst, N. S., writes: "I was troubled for years with bronchitis, and could not find any relief. I was especially bad on a damp day. I went to a druggist and asked him something to stop the constant tickling in my throat. He gave me a bottle of Dr. Wood's Norway Pine Syrup, which I found gave me instant relief. I think it is the best medicine for bronchitis I know of. I now take care that I always have a bottle on hand."

"Dr. Wood's" is the genuine, put up in a yellow wrapper, three pine trees the trade mark, price 25c and 50c. Manufactured for the past 25 years by The T. Millburn Co., Limited, Toronto, Ont.

To Relieve Catarrh Catarrhal Deafness And Head Noises

Persons suffering from catarrhal deafness and head noises will be glad to know that this distressing affliction can usually be successfully treated at home by an internal medicine that in many instances has effected complete relief after other treatments have failed. Sufferers who could scarcely hear have had their hearing restored to such an extent that the tick of a watch was plainly audible seven or eight inches away from their ear. Therefore, if you know of someone who is troubled with head noises or catarrhal deafness, cut out this formula and hand it to them and you may have been the means of saving some poor sufferer perhaps from total deafness. The prescription can be prepared at home and is made as follows:

Secure from your druggist 1 oz. Permut (Double Strength), about 75 cents' worth. Take this home and add to it 1-4 pint of hot water and 4 oz. of granulated sugar, stir until dissolved. Take one tablespoonful four times a day.

Permut is used in this way not only to reduce by tonic action the inflammation and swelling in the Eustachian Tubes, and thus to equalize the air pressure on the drum, but to correct any excess of secretions in the middle ear, and the results it gives are nearly always quick and effective.

Every person who has catarrh in any form should give this recipe a trial. Any druggist can supply you, or a bottle will be sent on receipt of 75c, postal note or money order. Address International Laboratories, 74 St. Antonio St., Montreal, Canada.

This Simple Rule Soon Strengthens A Delicate Stomach

It really is unnecessary to dose yourself with painful pills or artificial cathartics or to live on a miserable nursery diet. If you will observe one easy rule you can eat the hearty, nourishing foods that are good for you and your body needs. That rule is to take a teaspoonful of Bismarck's Magnesia in a half glass of hot water with each meal. Bismarck's Magnesia is non-laxative and harmless and possesses medicinal qualities that promptly overcome impaired digestion, fermentation, acidity, catarrh, constipation of the stomach, gas, distension, eating and other stomach disorders. As magnesia is prepared in various ways be certain to insist on obtaining it in the Bismarck form, especially recommended for stomach purposes. Sold by all druggists.

USE THE WAY AD. WAY

Here is a home treatment for removing hairs that is quick, painless and inexpensive: With some powdered talcum and water make enough paste to thickly cover the objectionable hairs, apply and after 2 or 3 minutes rub off, wash the skin and dry. The hair will clear and fall out. This treatment will not mar the skin, but to avoid disfigurement, be careful to get real talcum.

"WINCARNIS" offers relief from Grippe

CALL it Influenza, La Grippe, or by any other name and it is the same. It makes you feel miserable, melancholy and mean. You are run-down, weak and liable to contract worse illnesses. It is then you need the revitalizing influence of Wincarnis. For Wincarnis is a Tonic, a Restorative, a Blood-maker and a Nerve Food all in one. It possesses a four-fold power. It creates new strength, it helps make new blood, it builds up new nerve force, and it surcharges the whole body with a new vitality. That is why Wincarnis makes you feel well so quickly. The benefit begins from the very first. You can feel it doing you good from the first dose, and it isn't a mere flush in the pen, not a mere "whipping up" of the vitality, but a vigorous health that makes you glad to be alive.

Remember that Wincarnis has a reputation of over 30 years, and that it is recommended by over 10,000 Doctors.

WINCARNIS

Imported in Two Sizes—90c. and extra large bottle \$1.50

Prepared by: Coleman & Co., Ltd., Wincarnis Works, Norwich, Eng. Canadian Office: 60 Portland St., Toronto, Frank S. Hall, Resident Director. 50c. per bottle for the Dominion. Leggett, Parsons & Co., Reg. Building, Toronto.