

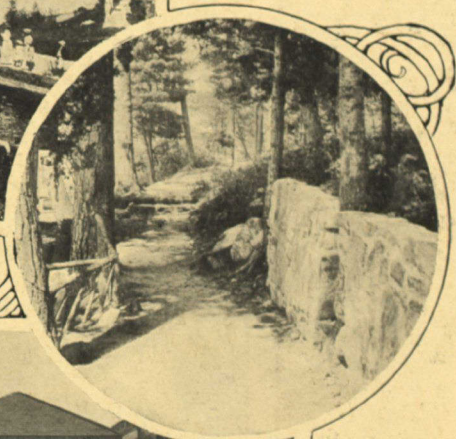
Getting Well and Keeping Well in a Delightful Way



The Muskoka Lakes are reached directly from the Canadian Northern Railway.

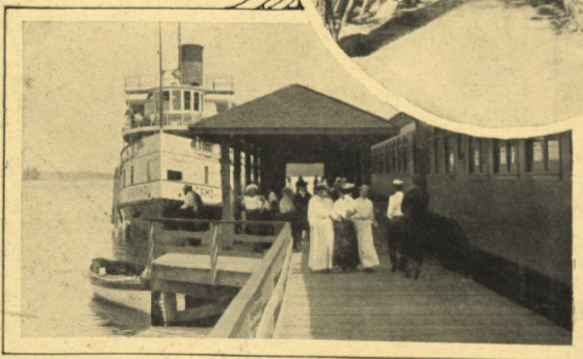


Boatside wharves are at Bala Park and Lake Joseph for boat or launch connections for all points on the Lakes.



Nowhere else can you better take "the cure" than here, under such auspices. A few weeks well spent among the pine-clad, lake-lands of the Muskokas or popular Sparrow Lake, means to renew life—for unmatched holiday **economy:**

prove it—ask for the **CANADIAN NORTHERN** list of "Summer Hotels and Boarding Houses", with rates, and start right, travel **CANADIAN NORTHERN**—comfortable, and convenient trains from Toronto merit your goodwill.



Living freely and easily, mingling with your own kind of people, enjoying the boating, the bathing, walking, tennis or golf; watching the picturesque life, and the fascinating, ever-changing scenes, is the quick and happy road to health these waste-not, stressful days.

Information and descriptive literature, from C.N.R. agents or write **General Passenger Department, Montreal or Toronto.**

Canada's Second Transcontinental