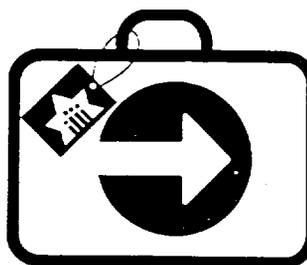


with a baby or child by law, so the only other place is the bulkhead area. Do not sit near a toilet, although you are going to visit it frequently with the child. It isn't going to get you in any faster than if you were at the other end of the aircraft, and then you get nudged by everyone perching on the seat and waking the child up. Luckily my baby was a very good traveller - but I also used Gravol before we took off. I gave it to her half an hour before the flight for air sickness. An added bonus was that it also made her sleepy. You can get children's Gravol. When they get a little older, a new game or new toy - something they haven't seen before helps to pass the time. Magnetic Chinese checkers games, miniature checkers, snakes and

ladders - there are several games made for travelling. Cathay Pacific and Singapore Airlines have clean toilets and I also recommend Canadian Airlines International (I flew them several times from Santiago) and they are very considerate with children. At airports let the child run around at the gate to get some exercise before a long flight. One last point: make sure that their favorite animal or doll, whatever they sleep with, is with you in your totesbag on the aircraft and not in the hold, because if your luggage does not arrive at the destination, they will not settle down without it. Whether you are in a strange hotel or at Grandma's house, that teddybear will save your life.

POSTING SERVICES CENTRE

The pre-posting training program experienced an unprecedented measure of success in 1989. Under the leadership of consultant-in-training Jules Mailhot, the Centre restructured the entire pre-posting training program, re-evaluating the content of the sessions, introducing courses that would meet the needs and taking an approach that would hopefully increase employee participation. Results were not long in coming: there were more than 1,000 participants, as opposed to 525 in 1988. This increase was due not only to



the quality of the programs provided, but to improved publicity and to the arrival of a group of employees in the development aid stream, who took a very keen interest in the program. All the consultants, the majority of whom were spouses

proved to be very proficient trainers and amply met the expectations of their trainees who, as the session evaluations indicate, were very satisfied. Congratulations to all involved.

SPOUSAL EMPLOYMENT AND CIDA DECENTRALIZATION

With more employees posted to developing countries due to the decentralization of CIDA, an increased number of spouses will be seeking employment overseas. CIDA and External Affairs are committed to improving the spousal employment situation and are

cooperating to offer more effective spousal employment assistance. The Posting Services Centre welcomes your suggestions on broadening spouses' opportunities to work in Third World countries.