

extensive. We have used it very extensively as an antiseptic, as an irrigating fluid for the vagina and bladder, in the form of suppositories, etc., etc., and its efficiency and nontoxicity are in our opinion beyond question.

The average strength of chinisol solutions for ordinary purposes is 1 to 1000 (one tablet to a quart of water). It is well to remember that alkalies (and soap is an alkali) and metallic salts are incompatible with chinisol.—*Critic and Guide* July, 1908.

NOTE. "Chinisol is a double salt or mixture of oxychinolin sulphate and potassium sulphate."

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### LA GRIPPE—ACUTE CORYZA.

By W. T. MARRS M.D., JEWETT, III.

What is the best method of aborting grippe or acute nasal catarrh? Several years ago a number of the leading medical men of the country were asked this question. The consensus of opinion was that the only appreciable way to shorten the duration is for the patient to go to bed and stay there until well. My observation prompts me to believe that sedation is more effective than stimulation. I can see no value in quinine. A vascular sedative, *e.g.*, digitalis, aconite, does good. Calomel followed by a saline is very efficient at the beginning; glycothymoline in a 25 to 50 per cent. solution with water used with the K. & O. Nasal Douche allays the congested mucous membrane of the nose and throat. It is alkaline, antiseptic and sedative and always makes the patient feel comfortable. When a more sedative action is desired I often put a little menthol with the solution. The patient should be instructed to keep the naso-pharyngeal. Mucous membrane is a lean aseptic condition as it is doubtless during colds that many cases of tubercular infection occur.

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### BARLEX (MALT EXTRACT).

Prepared by a special process from carefully selected malted barley whereby every essential food-constituent is preserved to the full—albuminoids, soluble phosphates, maltose, and diastase.

It is thus a typical food—palatable, digestive, and highly nutritious, containing all the essential elements for producing fat, bone, and muscle.