

Its refrigerant qualities make it invaluable in fevers and many inflammatory affections. It is useful in urinary troubles and as an antilithic in uric diathesis, and is effective in the treatment of renal calculi, or kidney troubles generally. As an antacid it corrects the acidity of the stomach, making it a specific in certain forms of dyspepsia and in the treatment of gout and rheumatism. It also acts as a mild alterative, rendering the blood and urine alkaline.

One of the most important claims of Abbey's Effervescent Salt is its absolute purity. Its ingredients have been repeatedly analyzed by expert chemists and have been pronounced fully up to the requirements for pure drugs, as laid down in the latest edition of the British Pharmacopœa. The lasting effervescence of the salt makes it a most palatable drink.

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GRIP.—C. A. BRYCE, M. D., Richmond, Va., editor of *The Southern Clinic*, in writing upon this subject, during an epidemic of la grippe, said :

"For the past four weeks or more, we have met with five times as much grip as anything else, and the number of cases in which the pulmonary and bronchial organs have been very slightly or not at all involved have been greater than we have noted in former invasions. On the contrary, grippal neuralgia, rheumatism, hepatitis and gastric congestions have been of far greater frequency, while in all, the nervous system has been seriously depressed.

"The fatalities from pneumonia, meningitis, and other complications have been fewer, showing plainly that we are gradually gaining an immunity from this zymotic invader. With each succeeding visitation of this trouble we have found it more and more necessary to watch out for the disease in disguise, and to treat these abnormal manifestations ; consequently we have relied upon mild nervous sedatives, anodynes and heart sustainers, rather than upon any specific line of treatment. Most cases will improve by being made to rest in bed and encourage action of skin and kidneys, with possibly minute doses of blue pill and quinine or calomel and salol. We have found much benefit from the use of Antikamnia and salol in the stage of pyrexia and muscular painfulness, and later on, when there was fever and bronchial cough and expectoration, from Antikamnia and codeine. Throughout the attack and after its intensity is over, the patient will require nerve and vascular tonics and reconstructives for some time."

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