

of the windows. Quantity and quality of light are modified by the color of the walls and the shades to the windows. Shades should be hung on the adjustable shade fixtures.

"*Tints.*—Blue, gray, or neutral tints are the best for walls.

"*Desks.*—Adjustable desks should be used and placed so that the light falling from the upper sash, when possible, shall strike the desk over the pupil's left shoulder.

"*Artificial Light.*—Artificial light is always a bad light for young eyes; school children with myopia or any form of eye-strain should not work or study by artificial light.

"*Writing on Blackboards.*—The writing should be large and legible; if required to be read at fifteen feet, it should be large enough to be read at thirty feet.

"*Excessive Work.*—School hours should be carefully adjusted to the strength of the pupil. There should be frequent intervals during school hours for relaxation of the eyes.

"*Length of School Year.*—There is no time gained for the pupil by school sessions the last half of the month of June and the first half of September, the two most beautiful months of the year for outdoor recreation."

—At a recent conference of head masters of English schools the subject of "Teaching English," among other subjects, was under discussion. The Rev. G. C. Bell in introducing the question said, "That his experiences showed that public school boys, even in the higher forms, were often deficient in their knowledge of English to such a degree that even their purely classical work was seriously hindered by their inability to understand English, their limited vocabulary, and their lack of power to express their thoughts orally or in writing. The time usually assigned to the teaching of English was not sufficient. The remedy suggested for the lower form boys was an intelligent knowledge of simple English prose and verse; and for this purpose a series of reading books, graduated in difficulty, should be employed. This would be greatly helped by continual practice in reading aloud and careful attention paid to pronunciation, and by degrees to spirit and expression. For the higher form boys the reading books used in the lower forms should be replaced by a careful choice of English classical writers in prose and verse. There were lots of good readers for elementary schools, but they were