

in our lives, however small their sphere. the powers of the world, the flesh and the devil, that seek to impede the onward progress of Christ's gospel, being as heroic as Paul, as zealous, as self-sacrificing, as courageous in our attempts to hasten the coming of the kingdom?

Hamilton, Ont.

### GOOD STORY-TELLING

A story well told is often the life of a lesson. Here are some rules that may help the telling; and it will be noticed that they are rules which any one can follow. They require no expert knowledge, but simply the use of one's eyes and heart and tongue and common sense.

To make a story effective the teacher must:

- a. See it. If you are to make me see it, you must see it yourself.
- b. Feel it. If it is to touch, it must first have touched you.
- c. Shorten it. It is probably too long. Brevity is the soul of story-telling.
- d. Expand it. It is probably meager in necessary background, in details.
- e. Master it. Practice. Repetition is the mother of stories well told; readiness, the secret of classes well held.
- f. Repeat it. Don't be afraid of re-telling a good story; everyone loves a "twice-told tale."

### SUMMER SCHOOLS

The experiment at Halifax, last July, of a Summer School for Sabbath School teachers was so successful that similar arrangements have been made for the present season. Schools will be held in the Presbyterian College, Pine Hill, from July 14 to 24, and also at Sydney, St. John, and Charlottetown. As a sample of the programmes, Professor George W. Pease, of the Bible Normal College, Hartford, Connecticut, a well-known expert in pedagogics, is to give a course of ten lectures at the Halifax school. Subjects in the line of the Sabbath School Lessons for the last half of 1903 and the first half of 1904 will be discussed, with illustrated lectures on Palestine, Asia Minor and Greece, and the history of foreign mission work in the South

Seas, also conferences on work among boys and other practical topics. The cost to those attending the schools has been reduced to a minimum; and everything seems to indicate that the overflowing attendance of last year will be repeated.

A Summer School is also to be held in Knox College, Toronto, from July 6 to 16. Here again the cost will be minimized. The programme is to be divided between Sabbath School and Young People's Work, especially in missions. Toronto is a delightful summer place, and Knox College, which is to be opened to those attending the School, is cool and pleasant. It is anticipated that the attendance will be large.

Two considerations, especially, justify these efforts at the present time, namely, that never before has there been so urgent a demand for well-informed and well trained Sabbath School teachers; and that the desire is growing for better methods of Mission study in the Sabbath School and in young people's work generally.

### TEACHER TRAINING

By Professor Walter C. Murray

#### XVII. THE EMOTIONS CHARACTERISTIC OF YOUTH

The emotional experiences of youth are two-fold. The "storm and stress" experiences are the darker; the enthusiasms the brighter.

"Ferment of feeling, distress, despondency and anxiety are so common a feature of the years (of youth) that for a long time early adolescence has been designated as a period of

#### STORM AND STRESS

\*Starbuck, in his careful study of 237 cases which came under his notice, found that "fully 70 per cent. of the women and 52 per cent. of the men pass through such an experience." "In Dr. Lancaster's study of adolescence, of 776 respondents, 471, or 61.5 per cent., reported spells of depression."

In the preceding article it was stated that "53 per cent. of the women and 79 per cent. of the men have a pretty distinct period of

\*I wish to acknowledge my indebtedness to Dr. Starbuck's book on the Physiology of Religion.—W.C.M.