

It is our disinclination to their performance which renders our duties so disagreeable.

There is one consolation for the weak, that He who is all-powerful is also all-merciful.

Remember that God can guide and help you in the smallest things as well as the greatest.

The great majority of people are quite contented to live upon the echoes of other men's thoughts.

Remember that there is the 'daily bread' of thought for the mind as well as meat for the body.

The man who is not troubled with scruples of conscience, however otherwise gifted or accomplished is certainly neither a safe nor desirable associate, and will, indeed, generally prove dangerous in proportion to his culture and endowments.

The march of humanity is like that of any other army. It has its stout and hardy pioneers, who go before and make the rough places smooth; its vanguard, who do the first fighting; its main body of steady marchers, in no hurry, yet constituting the real line of battle in every great action; and lastly, its rear guard, slowcoaches, with a tremendous amount of heavy baggage in charge, the true *impedimenta* of the movement, as Cæsar would have said.

RULES FOR YOUNG CHRISTIANS.

1. Never neglect daily private prayer; and, when you pray, remember that God is present, and that he hears your prayers. Heb. xi. 6.

2. Never neglect daily private Bible reading; and, when you read, remember that God is speaking to you, and you are to believe and act upon what he says. I believe that all backsliding begins with the neglect of these two rules. John v. 39.

3. Never let a day pass without trying to do something for Jesus. Every night reflect on what Jesus has done for you, and then ask yourself, What am I doing for him? Matt. v. 13-16.

4. If ever you are in doubt as to a thing being right or wrong go to your room, and kneel down and ask God's blessing upon it. Col. iii. 16. If you cannot do this it is wrong. Rom. xiv. 23.

5. Never take your Christianity from Christians, or argue that because such people do so and so, that therefore you may. 2 Cor. x. 12. You are to ask yourself, "How would Christ act in my place?" and strive to follow him. John x. 17.

6. Never believe what you feel if it contradicts God's word. Ask yourself, Can what I feel be true, if God's word is true? and of *both* cannot be true, believe God, and make your own heart the liar. Rom. iii. 4: 1 John v. 10, 11.—*Brownlow North.*