

VITAL FORCE

Disease germs are on every hand. They are in the very air we breathe. A system "run down" is a prey for them. One must have vital force to withstand them. Vital force depends on digestion—on whether or not food nourishes—on the quality of blood coursing through the body.

DR. PIERCE'S Golden Medical Discovery

Strengthens the weak stomach. Gives good digestion. Enlivens the sluggish liver. Feeds the starved nerves. Again full health and strength return. A general upbuilding enables the heart to pump like an engine running in oil. The vital force is once more established to full power.

Year in and year out for over forty years this great health-restoring remedy has been spreading throughout the entire world—because of its ability to make the sick well and the weak strong. Don't despair of "being your old self again." Give this vegetable remedy a trial—Today—Now. You will soon feel "like new again." Sold in liquid or tablet form by Druggists or trial box for 50c by mail. Write Dr. R. V. Pierce, Buffalo, N. Y.

Dr. Pierce's great 1008 page "Medical Adviser," cloth-bound, sent for 31 one-cent stamps.

Watford Flour Mills

We have the following brands of Flour always in stock and can give you close prices on any quantity.

SUNRISE, First Patent from Manitoba wheat			
FIVE ROSE	do	do	do
ROYAL HOUSEHOLD	do	do	do
HORTON	do	do	do
HARVEST QUEEN, 2nd Pat. from Man. wheat			
GOLD DUST	do	do	do
RED ROSE, High Grade Blended Flour			
NEW ERA, Special Pastry Flour			

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

C. B. MATTHEWS & SON.
MILLERS AND FEED MERCHANTS

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

INTERNATIONAL STOCK FOOD

FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL
AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE
Chopping and Rolling Done While You Wait
PHONE 39

House Furnishings

MASON & RISCH PIANOS, GRAM- APONES, STRING INSTRUMENTS, MUSIC BOOKS, SHEET MUSIC, EDISON RECORDS	Our aim is to keep the latest and most popular goods in our line, and carry the FINEST ASSORTMENT of all lines of FURNITURE for Parlor, Dining Room, Bedroom, Library or Kitchen. Comfort, Elegance, Durability and Value are features that our goods are noted for. No Big Profits to Pay Here Our prices are as low as consistent with reliable goods. Let us show you the new patterns.	NEW & SECOND HAND SEWING MACHINES REPAIRS FOR STRING INSTRUMENTS THE NEW CUR- TAIN STRETCHER
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HARPER BROS.

PHONE 31

FINE FURNITURE FUNERAL DIRECTORS

Let us estimate your next bill,
None too large or small to fill.

Grades High,
Prices Low,
Everything Right at
Watford Planing Mills.

GEORGE CHAMBERS.

Canada's Mineral Production

According to the preliminary report on the mineral production of Canada for the calendar year of 1913 issued by the Dominion Department of Mines, its value showed an increase of close on \$9,000,000 over that of the previous year. Only two items, those of copper and silver, showed comparatively small decreases. In others, particularly gold, pig iron and nickel, substantial advances were made. Ontario again returned the largest output, valued at \$58,697,602 equal to over 40 per cent. of the total for the Dominion, and a slightly higher proportion than that of 1912. The leading feature of last year was the large increase in the production of gold from the Porcupine district of the province.

One of the ways by which Canadian industrial expansion has been retarded is undoubtedly that due to the proximity of a country much further advanced in manufacturing development. When that happens the younger community is apt to become a mere producer of raw material for its neighbor and pays a double toll when it later imports the finished article. The Dominion has borrowed largely and had to do this in order to open up its vast resources of tilth and mineral deposits. It has now reached the stage when it must encourage the growth of the industries which are native to its resources.

Coldest Place in World

Where the rivers freeze to the bottom and small trees snap off from the biting force of the cold, stands the coldest inhabited city in the world—Verkhoyansk, in north-eastern Siberia. It is a place of some size, stands 150 feet above sea-level and in winter boasts of a temperature of 85 degrees below zero. Its usual temperature is 3 degrees above zero. The Russian government owns the town, and is interested in having an administrative center where clever and industrious Yakuts, fur-trading Jews of Siberia carry on their operations.

Coldest Place in World

Spare the children from suffering from worms by using Miller's Worm Powders, the most effective vermifuge that can be got with which to combat these insidious foes of the young and helpless. There is nothing that excels this preparation as a worm destroyer, and when its qualities become known in a household no other will be used. The medicine acts by itself, requiring no purgative to assist it, and so thoroughly that nothing more is desired.

It is one thing to have truth on our side, and another thing to wish to be on the side of truth.

Diseased or inflamed eyes are prevalent among the school children in Leamington.

Field mice are reported to have done great damage in Western Ontario during the past winter. Fruit and other trees have been girdled, with heavy loss.

One of the Archer boys, of Plympton, met with a terrible accident Tuesday afternoon, when he was kicked in the face by a horse. Five teeth were knocked out, the jaw badly crushed and his cheek cut so badly that eight stitches were required.



Good Roads Improve Social Conditions

NO matter what your station in life or where you live, a certain amount of your time must be spent in pleasure to make life worth the living, and to obtain that pleasure you go to town or to your neighbors—especially is this true when living in the country.

Good Roads enable you to get into town or to your neighbors quicker, more often and without you or your horses or vehicles being covered with mud, and without regard to weather conditions or season. They enable your family physician to get to you quickly in times of illness. They enable your children to "foot it" to school every school-day. They keep your boys and girls on the farm by giving them better conditions generally.

Concrete Roads

are "every-day" roads—they have no "closed season" because they are open to traffic every day in the year. They are the most economical roads because they reduce the cost of maintenance to the minimum. They are easy of traction, clean, hard and free of ruts and holes. They keep your road money out of the mud.

Let us send you, without cost, complete information about concrete roads.

Concrete Roads Department
Canada Cement Company Limited
807 Herald Building, Montreal

THE HOWDEN EST.

GROCERIES Our grocery department is always well stocked with the best we can buy in staple and fancy eatables. Lowest prices. If you are not already a customer, try us.	CHINA We import direct from the European factories and have a large stock to choose from in dinner and tea sets, toilet sets, fancy china and cut glass
TINSMITHING, PLUMBING No job too large and nothing too small to be taken care of. Furnaces, hot water heating and eavetroughing at reasonable prices.	HARDWARE Aluminum ware Builders' Hardware Stoves and Furnaces Enamelled ware Cutlery and Edge Tools. Sherwin-Williams' Paints Pumps and piping

THE HOWDEN EST

The farmers of the second concession of Thorndale, who recently made application for hydro figures with a view of installing it for lighting their houses and operating various farm machines, have decided to wait until they can get the power cheaper. The figures quoted \$40 per horsepower, were thought to be most excessive.

A framed picture of the Royal Family is being placed in every school house in some nearly townships. The pictures are furnished by the government.

Children Cry FOR FLETCHER'S CASTORIA
Miss Ida Hobbs, London, has accepted an offer to become inspecting nurse for the schools of West Lambton. Her duties will commence at once.

GOING TO PAINT ?

There's no doubt about
LOWE BROTHERS
"High Standard" Paint

You know when the painter puts it on that it will give best results, because when properly put on a surface fit to receive it, it has never failed in all the HALF century of its history.

Satisfaction is what you want, and you cannot get it if you are in doubt. Let us supply colors and show how to be certain.

T. DODDS & SON
WATFORD - ONTARIO