A PAGE OF GENERAL INTEREST TO WOMEN READERS

"We never have coffee at our house, because I can't make good coffee".

Have you ever started right —with Chase & Sanborn's "SEAL BRAND" COFFEE?

In ¼, 1 and 2 pound tins. Whole—ground—pulverized—also fine ground for Percolators. Never sold in bulk. 188

CHASE & SANBORN, MONTREAL.

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

To Equip a Cot.

Miss Grey is in receipt of a letter from the secretary of a country branch Women's Institute near Blenheim, intimating the desire of the members to equip a cot in the Princess Patricia Hospital in England. The letter states:

"Dear Madam,—I notice in The Advertiser that you lacked only four more beds for the Princess Patricia Hospital. Our society would like to donate a cot, and if you would send full information as to where we should send the money, we would be pleased to do so, as we have the money on hand. . . ."

The communication has been turned over to the Red Cross secretary, who will write the institute secretary with the desired information.

Aroused "Toby's" Irish.

Dear Miss Grey,—On November 23 I noticed in your Cynthia Grey's Mail-Box a paragraph signed by "Fair Play" who urges conscription among the farmer boys. I would like to ask this person who is it that is keeping the British navy where it is today, if it isn't the farmers. Who is it that is feeding the soldiers at the front today if it isn't the farmers, or as "Fair Play" says, the man who is gathering the mighty dollar? Does "Fair Play" begrudge the farmer for making money? If the farmer were to stop producing foodstuff, how long would the Allies hang out? Why, her letter is absurd. I would like "Fair Play" to write to Ottawa and find out how many country-born boys were in the first contingent that went overseas. "Miss Fair Play" pretends to be very patriotic; why does she wish the Germans to send some German soldiers over here to commit such outrages on Canadian Christian women? "Miss Fair Play" says to illustrate; why it has been illustrated long ago. Surely "Fair Play" isn't the only person that has an education in Canada. I think "Fair Play" had better read up more before she makes any statements. "Fair Play" says to put the slackers in woman's skirts; it would be an insult to the khaki to put such persons in the King's uniform. I think "Fair Play" has insulted the khaki by inviting German soldiers over to Canada, and as far as having a woman's skirt on me, I would be ashamed to wear some of the present styles; some skirts are ridiculous. Probably "Miss Fair Play" has some of these skirts she would like to get rid of. If she has, I would advise her to consult a stage manager and see if the chorus girls would accept them or not.

IRISH TOBY.
Cartoonist.

Try a Want Ad.

"Leftie" asks for the songs "Keep the Home Fires Burning" and "The Canadian Guns." Re your other question, "Leftie," I do not know where you could obtain one. Why not put an advertisement under "Wanted" heading? It's just possible you might obtain what you wish. Your writing is not bad for a left-handed person.

Lake Erie's Waters.

Dear Miss Grey,—Your page is surely charming, so may I join it? This is a pretty little place, where the waters of Lake Erie are in sight. Do you ever get any letters from this place?

Hope "Twenty-One" and "Keep Smiling" write some more. My favorite battalion is the 133rd. Who says "yes" to the same?

1. What do you think of my writing?
2. Would you mind telling how old you think I am?

Thanking you very much, I am,
INDIAN SUMMER.

Ans.—We have some correspondents from your little lakeside town, and others from your near neighbor, Port R—. It must be nice to live so near the lake. One can study the water in all its moods.

1. You write a very good hand.
2. Eighteen?
3. Don't mention it.

Comes To Scrap.

Dear Miss Grey,—Am back again, but to scrap this time, not with you though. I see in Saturday's Advertiser were "Just Eighteen" wrote a very surprising letter. If I were "Echo" I certainly would ignore that letter. I can judge by her letter that "Just Eighteen" has never had any prolonged sickness. How many people would give a fortune to be cured of some disease they have suffered from for years? I think the gentleman that gave "Echo" the check felt he wanted to repay her in some way, and in this way she would understand how grateful he was to her.

Maybe they are the best Red Cross workers, and may do more than "Just Eighteen" does heerself.

I honestly pray that neither "Echo" or the donor didn't see the letter on Saturday, and sincerely hope that "Eighteen" has changed her opinion. Wishing you all a Merry Christmas. Sincerely, POLLY ANNA.

Ans.—Thanks "little glad girl"—we all surely wish you the same; may the new year see you well launched on that enterprise you wrote me about.

Says "Suggest Dainties."

Dear Pageites,—Here I come once more, to receive a little help this time. The discussions at the last meeting, but why not put the Lean Had Brea to better use? Someone start sugg[illegible] how to make Christmas "dainties." I think this would be better than always "slamming" at each other.

I was awfully pleased to see "Mrs. Homebird's" letter, but I was rather disappointed, as she didn't tell us what the wee birdie's name was.

Where has "Laurie" gone to, or did he enlist? Hope "Twenty-One" arrived all safe.

Miss Grey, could you or any of the readers lend me a Christmas recitation for a girl of 17 to say? Not too long, and something appropriate for a Christmas entertainment. If anyone can let me have it, would they mind sending it right away, and I will copy and return? If any comes, please let me know through the Mail-Box. Greetings to all. RETTA ROUMAINE.

Ans.—Yes, "Rettah," I shall gladly let you know as soon as possible after any comes for you. Re the "Sunshine Baby," don't you think it's nicer to know her as that, than to have her real name? I do, but, of course, we cannot see all alike.

Wants To Be Glad.

Dear Miss Grey,—Thought I'd write to your page once more.

Oh, dear, what is becoming to our nice jolly little corner in the old "Tiser? Please Miss Grey put your foot down hard once more and refuse to print any more of those awful blue, hard time, and wartime letters. No, I shouldn't have said wartime letters, for some of them are lovely, and so cheerful. "Aunt Nannie's" are a good example, but nearly all the letters lately are awfully scratchy, don't you think? Now poor "Musical" wrote a letter on how she managed, and got an awful roasting for it that I didn't think she deserved, and "Lonely Mother" got another from "Oshuine Canuck," that must have cheered her up a lot. I suppose she thinks as much of her boy as those who gave an only son. Now come on Cynthians and let's be our old cheerful, friendly selves once more, and stop back-biting. I think we all get downhearted in this awful time of war, and it would do me good, and I think lots of others also, if we could turn to the Mail-Box and read cheerful letters and have a good laugh. Come on "Calamity Anne" and second the motion, and help us along, and "Uncle Josh" and all our fun-lovers, let's make this Mail-Box, a glad page like "Polly Anna," and every time we write find something to be glad about, not something to be blue over. I don't blame anyone for talking high cost of living and feeling blue, but when we must write about them, please smile before you start and I'm sure they won't be so bad.

Some of us are like the fellow who had been to the front, and was being very cheerful, and making others feel the same way by saying, "When we stand up we get sniped, when we crouch down we get drowned, if we move we get shelled, and if we stand still we get court-martialed for frost-bite."

Come on Cynthians let's not be like that, but be cheerful "Tommies." Who'll be glad with KANDY KID?

Ans.—It is surely the editor's place to accept your invitation, "Kandy Kid," only I won't promise how long it may last. Perhaps when some of our members write they feel a little like the Tommy who wrote home very aggrieved something after this fashion: "We got our uniforms, and then we had our dinners, we had drill, then they took us for a twenty-mile march, and the next morning they took us to church, and when the minister called out 'No. 467, Art thou weary, art thou languid,' I jumped up and said 'Yes,' and they gave me three days C. B." No doubt there's many a woman reading and writing to our page, who is both weary and languid, just like poor Tommy, but who "keeps everlastingly at it." We must not be too hard upon them, if their letters are a bit blue sometimes. Let's extend a nice cup of tea and a cookie, in place of "C. B."

Three Soldier-Brothers.

Dear Miss Grey and all the Circleites,—I hope you will not think me ungrateful for not writing before this and thanking you for the crochet lace patterns, which I received all right, although I was afraid you had forgotten me. I have been very busy this last while back packing Christmas boxes for my three soldier-brothers, hence my delay in writing to you.

In reading the Circleites' letters over one evening, there was one that appealed to me. I think she signed herself "Anxious One." She spoke about her husband not going to church with her, and it seemed to just correspond with my case. I wonder if she goes alone anyway? Now, my husband won't go, and I stay home with him, and I often wonder if I am doing right, when I would like to go so very much.

Please print a good recpie for plum pudding. PLAIN ELIZABETH

Ans.—We will not regard you a bit ungrateful, for those three Christmas boxes must have required ever so much love, thought and preparation.

Sorry not to print your formula, but we cannot mention articles not advertised, you see.

Plum Pudding.—One cup suet, 3 cups raisins, 1 cup currants, 1 cup molasses, 1 egg, 4 cups flour, 1 cup milk, 1 teaspoon soda, 1 teaspoon cloves, 1 teaspoon cinnamon. Boil or steam three hours. Add more fruit if preferred.

Wants "Fat Rascals" Recipe.

Dear Miss Grey,—I am coming to you for help in getting a recipe for cakes, which I am told are delicious, On Egton-Low-Moore, Yorkshire, not far from Whitby, England, the hotels serve these cakes for tea. They are called Fat Rascals. I would also like to get the recipe for saffron cake, so if the Cornish and Yorkshire ladies will please let us have the recipes, I shall be very thankful. Wishing you all a very merry Christmas and a happy New Year, from P. A. S.

Ans.—What a nice idea! To many of us the recipes for these really historic cakes (and similar dainties), which have featured the English Christmas festival for hundreds of years, are practically unknown. If any of our old country readers can let us have such recipes, I shall gladly print them.

What Is Wrong?

Dear Miss Grey, Here is another new Cynthian, but I always read the page with pleasure, only I did get some tired of those "koopons and kushions," as "Oxfordite" said; and what is wrong with the people? Surely, they are very nearly through scolding one another.

I do not agree with "A Genuine Canuck." I think our dear boys are weathering their constitution enough without that terrible drug "tobacco." I would rather send them something to build them up and make them stronger. Enough, or I will be scolding. I am sending the words of "Put Me In My Little Bed," for "Benvenuta," she asked for them some time ago.

Awhile ago I saw a French pie recipe given. Would it be too much bother for to print it over again for "me," as it got mislaid some way. Oh, you "Dawn Mills," I have fond memories of that berg. As I am very busy knitting socks for our soldiers boys, I will sign myself, BUSYBODY.

Ans.—I should be very glad to reprint the pie recipe for you, but really I do not recollect it appearing on our page. Nor can I find it among my clippings. If any reader knows the recipe to which Busybody refers, perhaps she'll send it in.

2. The date you inquire about came on a Friday.

I hope to publish the words of that quaint old song before very long.

ADVERTISER WAR PRISONER'S FUND.

I pledge myself for the sum of..... monthly (for the following six months), towards The Advertiser Mail-Box readers' fund for prisoners of war, and herewith inclose.....

Name..... Address .....

Pen-name..... Date.....

Return to Miss Grey, in care of Advertiser.

Advertiser Patterns

A POPULAR SUIT IN SPORT STYLE.

Blouse 1837. Skirt 1834—Comprising Ladies' Blouse 1837 and Ladies' Skirt 1834.

The blouse is cut in six sizes: 34, 36, 38, 40, 42 and 44 inches bust measure. The skirt in six sizes: 22, 24, 26, 28, 30 and 32 inches waist measure. It will require 7 3-8 yards of 44-inch material for the entire suit in a 36-inch size. The skirt measures about 3½ yards at the foot.

This illustration calls for two separate patterns, which will be mailed to any address on receipt of 10 cents for each pattern in silver or stamps.

ADVERTISER PATTERN DEPT.

Please send above-mentioned pattern, as per directions given below, to:

Name .....

Town .....

Province .....

Age (if child's or misses' pattern) .....

Measurement: Bust ..... Waist .....

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure you need only mark 32, 34 or whatever it may be. When in waist measure, 22, 24, 26 or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from date of application.

DAILY BIBLE QUESTION CLUB

By Rev. T. S. Linscott, D.D.
(All Rights Reserved.)

The six daily studies for this week constitute the International S. S. Lesson for next Sunday. Read the Bible Story on which this study is based, as you ponder the following questions:

"Jesus Christ the First and the Last." Rev., i.

Golden Text—"Fear not; I am the first and the last, and the Living One; and I was dead, and behold, I am alive for evermore." Rev., i., 17-18.

14. Verses 11-12. What is the significance to us and the world, that Jesus is "the first and the last"?

15. What has been the advantage to the welfare of the world, that the revelations of spiritual men in past ages, have been written in books?

16. What are the most important messages which the churches need in these days?

17. Why should all Christians be like "golden candlesticks"?

DIZZINESS, CONSTIPATION

bad taste in the mouth, despondency or "the blues," and other miserable ailments call attention to the liver. It is torpid. Take Hood's Pills—they rouse the liver and relieve all liver ills. They are the old and favorite family cathartic. Purely vegetable. Gentle and thorough. 25c. All druggists.

Saturday At Gray's

Here Are Underwear Values That Should Appeal to the Shrewd Buyer

Extra Special!

$1.39—Ladies' Combinations—$1.39

ON SALE SATURDAY ONLY.

These are in a fine ribbed cotton and wool mixture, high neck, long sleeves and ankle length; a perfect-fitting garment. They are first quality and were bought at old prices. Today they are worth at least $2.00 a suit, but for Saturday only we will place on sale four dozen garments at .....$1.39 per garment

LADIES' FINE WHITE VESTS, with V neck and elbow sleeves. Price 35c

LADIES' VESTS AND DRAWERS, in extra O. S. sizes; drawers open or closed. At, per garment.....50c

TURNBULL'S NATURAL ALL-WOOL VESTS AND DRAWERS, unshrinkable, all sizes. At, per garment ..... $1.25 and $1.35

LADIES' BLACK TIGHTS, with band or elastic top, ankle length. Price 75c

CHILDREN'S ALL-WOOL BLACK TIGHTS, Turnbull's make. These were bought one year ago and are, therefore, exceptional value, guaranteed fast black; sizes 1 to 14 years. At from ..... 60c to $1.00

A Special in Children's Hose

Children's Black Worsted Hose for school wear that are marked at a very low price, as we haven't got a full range of sizes in them. Special price, per pair.....25c

DAINTY BOUDOIR CAPS As Christmas Gifts

RANGING IN PRICE FROM 29c TO $3.50.

Double Net Caps, trimmed with lace and colored ribbon. Very special at 29c

FANCY WHITE LACE CAPS, daintily trimmed with white or colored ribbon. Price 50c

WHITE AND CREAM NET CAPS, in Dutch style, trimmed with pink, blue and mauve ribbon. Price.....75c

LACE AND NET CAPS in a variety of dainty styles. At $1.00

WHITE CREPE CAPS with touches of delicate colors, dainty and exquisite are these in great variety. At from ..... $2.50 to $3.50

Saturday Specials in Millinery

Velvet Shapes Clearing at 98c

One table of Ladies' and Children's Velvet Shapes, in colors and black. To clear at 98c

TRIMMED HATS AT $2.49.

24 Smartly-Trimmed Hats, newest styles, fresh from our own workrooms. Priced for quick selling Saturday at ..... $2.49 each

$7 TO $10 TRIMMED HATS FOR $5

We are offering just two dozen of these Fine Silk Velvet Hats that are the very latest models, with floral, fur, ostrich, gold and silver trimmings, no two alike, regular prices from $7.00 to $10.00. On sale Saturday $5.00

Sale of Dainty Voile Waists Saturday, 75c

These Waists are in fine white voile with neat embroidered fronts, lace trimmed collars, and in black and blue striped voile, made with convertible collar and pockets, trimmed with white pique; sizes range from 34 to 42. On sale Saturday at, each 75c

Children's White Bearskin Coats Reduced for Saturday

These warm little Coats are in single and double breasted styles, buttoning up close, lined with white flannelette, for little tots from 1 to 5 years. Reduced as follows:

18 and 20 inch Coats, regular $3.25 and $3.50. Sale price Saturday $2.75

22-inch Coats, regular $3.50 and $3.75. Sale price Saturday $2.95

24-inch Coats, regular $4.00 and $4.25. Sale price Saturday $3.35

CHILDREN'S DEPARTMENT—THIRD FLOOR.

Fancy Christmas Ribbons

Ribbons are in big demand this year for party bags, knitting and fancywork bags, girdles, fancy garters and camisoles. We have a lovely assortment in stripes, floral and conventional patterns, beautiful colorings; widths from 4 to 9 inches. Prices from .....29c to $1.50 yard

Saturday Offerings in the Staple Department

BATH TOWELS.

Novelty Bath Towels in fancy plaids, checks and stripes. At, per pair .....75c, $1.00 and $1.35

Bath Towels with colored borders, a large assortment to choose from. At, per pair .....$1.00, $1.25 and $1.39

BORDERED TABLECLOTHS.

Six only Bordered Cloths, sizes 2x3 yards. Special, each $1.89

Bordered Tablecloths, guaranteed pure linen, best wearing cloth made, in stripe and check patterns:

Size 2x2 yards at $2.49

Size 2x2½ yards at $2.98

CHILDREN'S TEDDY BEAR BLANKETS.

How about these for Christmas presents for the little tots? A large range to choose from. At.....50c, 75c and 98c

KIMONOS AND DRESSING SACQUE LENGTHS.

These are neatly tied up for Christmas presents in three-yard lengths at .....45c, 50c, 60c and 75c length

Six-yard lengths at .....90c, $1.00, $1.20 and $1.50 length

DO YOUR CHRISTMAS SHOPPING EARLY

Gray's LIMITED

AGENTS FOR THE LADIES' HOME JOURNAL PATTERNS

140 DUNDAS STREET.
Phones 115, 116.

Gray's LIMITED

A New Store in London

COMPLETE NEW STOCK OF THE LATEST PATTERNS IN JEWELRY.

Trunks, Traveling Bags and Useful Leather Goods.

I want a name for this new store—not a long name, but an appropriate one.

To the person suggesting the most attractive name, by which the business will be conducted in future years, I will present a handsome traveling bag. If the successful applicant is a lady, a very pretty handbag will be presented her.

ALL APPLICATIONS TO BE IN BY JANUARY 1, 1917, AND ADDRESSED TO 245 DUNDAS STREET.

FIRST DOOR EAST OF CHAPMAN'S.

3 Pounds of Happiness in these Glass Jars of

CROWN BRAND CORN SYRUP

3 pounds of *deliciousness*, when eaten on Griddle Cakes, Waffles, Muffins, Hot Biscuits or good wholesome Bread.
3 pounds of *goodness*, too, because "Crown Brand" is a nourishing, body-building *food*.
3 pounds of *economy*, when used in making Gingerbread, Puddings and Sweet Sauces.
3 pounds of *happiness*, when converted into home-made Candy to delight the children.
Your dealer has "Crown Brand" in 2, 5, 10 and 20 pound tins—as well as "Perfect Seal" Glass jars.

Our new recipe book—"Desserts and Candies"—shows many new and happy uses for "Crown Brand". Write for a copy, to our Montreal Office.

Makers of "Lily White" Corn Syrup — Benson's Corn Starch—and "Silver Glos" Laundry Starch.

THE CANADA STARCH CO. LIMITED
MONTREAL, CARDINAL, BRANTFORD, FORT WILLIAM.

I never thought MACARONI Could be so Good

This is what people are saying of this new Macaroni of Catelli's. It is so smooth and rich, and has such a delicious flavor, that it seems to be a different dish altogether.

CATELLI'S MILK MACARONI

is made in a big Sunlit factory—of the genuine Semolina flour and pure, sweet milk. It is dried in special dust proof rooms by means of clean air, kept at special temperature.

If you know Macaroni only as a tough, stringy dish, strongly flavored with cheese, you have a treat in store when you use Catelli's Milk Macaroni in some of the deliciously inviting styles given in our new book—*"The Girl at Catelli's"*.

Write for a copy.

THE C. H. CATELLI CO. LIMITED, MONTREAL. 30

10¢

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What's in a name? Ask the cooks who use

PURITY FLOUR

MORE BREAD and BETTER BREAD

MUMS

Are here in variety. We invite your phone orders.

WEST FLORAL CO.
249 Dundas St. Phone 2187.

Say! Advise that friend of yours who has catarrh to snuff up nose a few drops of

COMPASS OIL

daily.

CEETEE UNDERCLOTHING

Guaranteed Not To Shrink.

Lifebuoy Soap, 5c

A CLEANER AND A DISINFECTANT.

VEGETABLES

DIRECT TO CONSUMER.

Spinach, peck 30c
Brussels Sprouts, box 20c
Brussels Sprouts Greens, peck. 30c
Celery "Hearts," 4 in bunch ... 15c
Celery, fine, bunch 5c, 10c
Tomatoes, choice table, pound 25c
Endive, excellent in salads 10c
Lettuce, "Head," 20c. "Cos" 10c
Salsify, Veg. Oyster, 10c, 2 for 15c
Green Onions, Letuce, Mint, Parsley, Radish, Watercress, Herbs, each 5c
Cabbage, per lb. 5c. Savoy, each 10c
Cabbage Sprouts, box 10c

POTATOES. ONIONS. CARROTS. TURNIPS. BEETS.

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Telephone 2831. P. O. Box 278.