

HONOR ROLL OF ST. MARY'S ACADEMY

For the Month of March

SENIOR DEPT.
Gertrude Kilfoil, Elizabeth Munroe, Helen Black, Florence Kilfoil, Regina Brennan, Patricia Harquail, Margaret Connors, Rosaline Landry, Alice Esson, Anne Marie Landry, Dora Salter, Nellie McKay, Florence McEvoy, Margaret Hartery, Georgina Dolan, Lauretta A'Hern, Bella Dunn, Laura Black, Helen Dunn.

Pupils of Senior Dept. making 75% in examinations during month are:

Elizabeth Munroe 98.5; Gertrude Kilfoil 94.9; Helen Black 86.5; Florence Kilfoil 84.7; Regina Brennan 83.4.

Anne-Marie Landry 93.4; Rosaline Landry 90.8; Margaret Connors 87.6; Alice Esson 87.6; Georgina Dolan 88.4; Margaret Hartery 88.1; Lauretta A'Hern 85.2; Bella Dunn 84.6; Laura Black 79.9; Florence Galtien 77.2.

Pupils making 75% in French are: Anne-Marie Landry, Elizabeth Munroe, Rosaline Landry, Helen Black, Margaret Hartery, Lauretta A'Hern, Bella Dunn, Florence McEvoy, Georgina Dolan, Nellie McKay.

SUB-SENIOR DEPT.

Mary Fletcher, Helen Donovan, Susie Kingston, Frances Burns, Corinne Harquail, Aline LeBlanc, Gladys Donavon, Alma Paulin, Colombe Bourque, Frances Ryan, Margaret Davidson, Edna Ryan.

Kathleen Richard, Antoinette Robichaud, Marie Salterio, Mary Aylward, Grace Esson, Alice McEvoy.

Pupils of this Dept. making 75% in examinations during month are:

Corinne Harquail 94.5; Frances Burns 85.1; Susie Kingston 78.7; Alma Paulin 78.5; Gladys Donavon 75.6.

BRONCHIAL ASTHMA

Choking and Gasping for Breath Relieved by "FRUIT-A-LIVES"



MRS. PENNINGTON

"In 1919, I was taken with Bronchial Asthma and no one knows what I suffered with it during the winter. I began having Choking Spells—gasping for breath and could not speak. I would have one of these bad spells in the evening, one during the night, and one in the morning. The doctor said he could do nothing for me.

"In the spring of 1920, I started taking 'Fruit-a-lives' and in a few days, the choking spells stopped, and I have had none since May 7th, 1920. I have so wanted to tell other sufferers who have the same trouble about 'Fruit-a-lives' for I know how they must suffer.

Some thought the Asthma would come back on me as winter came on but it has not, thanks to 'Fruit-a-lives' Mrs. J. M. PENNINGTON, 50c a box, 6 for \$2.50, trial size, 25c. At dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

Olive Robichaud 89.1; Frances Ryan 87.5; Grace Esson 79.8; Margaret Davidson 78.3; Edna Ryan 76.1.

Pupils who made 75% in French are:

Corinne Harquail, Gladys Horan, Alma Paulin, Mary Fletcher, Gladys Donavon, Eileen Dutcher.

INTERMEDIATE DEPT.

Edith McWilliam, Anna Thibault

Janette Butler, Martina W... Dalton, Nora Dunn, Cath... Aylward, Anna Aylward.

Genevieve Fitzgerald, Delephine Murphy, Helen McWilliam, Josephine Salome, Hilda Chiasson, Anna O'Brien, Marie Doran, Lea Savoy.

Pupils in this honor roll for French Edith McWilliam, Kathleen Morrissey, Martina Witzell, Helen Kingston, Mona Landry, Helen McWilliam, Genevieve Fitzgerald, Cecilia Salome, Delephine Murphy, Anna O'Brien, Josephine Salome.

JUNIOR DEPT.

Dorothy Dalton, Eileen Morrissy, Fay Kingston, Margaret McCafferty, Mary McMahon, Frances Howard, Mary Matatall, Bernetta Hachey, Veronica Daly, Willa Hogan, Margaret Black, Mary Muise, Yvonne Brown, Elizabeth Brooks, Mary Robins, Marion Daly, Margaret Vineau, Mary Ronan, Mary Murphy, Blanche Murphy, Cecilia Richard, Frances Keating, Katie O'Brien.

PRIMARY DEPT.

Kathleen Hall, Gladys O'Neill, Elizabeth Dunn, Eva Dunn, Mona Dalton, Elizabeth Fitzgerald, Josephine Paulin, Julia Campbell, Kathleen O'Brien, Ida Collette, Nan Carter, Isabelle Connolly.

Kathleen Mann, Stella Witzell, Annie McMahon, Gertrude Comfort, Agnes Coakley, Mamie Coakley, Minnie Savoy, Annie Manderson, Anna Babineau, Amanda Assofys, Edith Black, Rose Roy, Bertha Craig, Roberta Gabriel, Evelyn Faudel, Aina Assofys.

MUSIC DEPT.

Patricia Harquail, Florence Kilfoil, Elizabeth Munroe, Ella Nowlan, Dora Salterio, Corinne Harquail, Gladys Donavon, Margaret Davidson, Kathleen Richard, Olive Robichaud, Alice McEvoy, Gertrude Kilfoil, Alma Paulin, Colombe Bourque, Marie Salterio, Stella Melanson, Rosaline Landry, Mary Fletcher, Margaret Connors, Aline LeBlanc, Antoinette Robichaud, Mary Aylward, Anna Aylward, Catherine Aylward, Helen McWilliam, Delephine Murphy, Genevieve Fitzgerald, Marie Doran, Fay Kingston, Dorothy Dalton, Eileen Morrissy, Mary Matatall, Mary McMahon, Frances Howard, Helen Kingston, Edith McWilliam, Teresa Ronan, Anna O'Brien, Mona Landry, Kathleen Morrissy, Patricia Whalen, Josephine Paulin, Betty Wedden, Mary Ronan, Isabelle Connolly.

HARKIN'S ACADEMY SCHOOL STANDING

Miss Craig's Dept. Grade II.—George Belyea 1; Tom White, Bernetta Galley 2; Clyde Brown 3.

Grade I.—Billy Morrissy 1; Roxane Troy, Edith Belyea 2; Mary Allison 3 Miss Hill's Dept.

Grade II.—Harold Chambers 1; Nicholas O'Neill 2; Bessie Grossman, Willie Pell 3.

Grade I.—Alden Asoyuf, Sadie Grossman, Ethel Strang 1; Louis O'Neill, Viola Haynes, Jack Sullivan 2; Billy Palmer, Warren Taylor 3. Miss Atchison's Dept.

Grade II.—Henry Muise, Joe Lifsches 1; Lily Lifsches, Charles Gillis 2; Alard Burke, Annie Brander 3. Grade I.—Grace Fogan 1; Arthur Savoy 2; Lillian McCormack, Justice White 3.

Miss Flanagan's Dept.

Grade III.—Arthur Stothart 1; Vincent Fallon 2; Margaret Kethro 3 Miss McMaster's Dept.

Grade IV.—Harold Melanson 1; Margaret Boyle, Amburg Jarvis 2; Billie Landry, Fred Palmer 3.

Miss Dunnett's Dept.

Grade V.—Elsie Bjurstrom 1; Marion Corbett 2; Dorothy Russell 3.

Miss McComb's Dept.

Grade VI.—Frank Park, Everett Russell 1; Mary Crocker 2; Maude Quartermain, Abigail Mutch 3.

Miss Sinclair's Dept.

Grade VII.—Byrdie Croft 1; Elizabeth Stothart 2; Dora Palmer, Margaret Jubien 3.

Miss Clark's Dept.

Grade VIII.—Helen Tozer 1; Catherine Falconer 2; Margaret Stables 3.

McKINLEYVILLE SCHOOL STANDING

Grade V.—Lorna Clarke 85.7; Dorothy MacGregor 83; Margaret Harrigan 78.8; Howard MacKinley 78.6; George Dawson 70.8.

Grade IV.—Lillian Clarke 90.1; Loretta Palmer 87.

Grade III. (a)—Hudson Doyle 75.3; Archie Clark 75; Edna Clarke 71.1.

Grade III.—Margaret McKinley 92.4; Clara Clarke 89.7; Robert McKinley 89.3; Fred Harrigan 87.8; Mildred McKiel 84.4; John Harrigan 84.8.

Grade II.—Otta Doyle 76.8; Helen McGregor 65.9.

Grade I.—Catherine Clarke 94.4; Isaac Cooney 90.5; Martha Clarke 89. Those writing three papers only—Ethel McKiel 63; Stanley McLean 57.4.

Perfect Attendance for month—Archie Clarke, Elina Clarke, Howard McKinley, Beryl Smallwood, Dorothy MacGregor, Helen MacGregor.

No of pupils enrolled 40.

No daily present average 27.

YOUNG WOMEN WHO SUFFER

Letter Points Way Towards Relief—Lydia E. Pinkham's Vegetable Compound



Toronto, Ontario.—"I suffered from the time I was a school-girl until I had taken your medicine with pain in my leg, side and with cramps, growing worse each year until I was all run down. I was so bad at times that I was unfit for work. I tried several doctors and patent medicines and was only relieved for a short time. Some of the doctors wanted to have an operation but my father objected. Finally I learned through my mother of Lydia E. Pinkham's Vegetable Compound and how thankful I am that I tried it. I am relieved from pain and cramps and feel as if I have saved my life. You may use my letter to help other women as I am glad to recommend the medicine."—Mrs. H. A. GOODMAN, 14 Rockvale Ave., Toronto, Ontario.

Lydia E. Pinkham's Private Text-Book upon "Allments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Mass. This book contains valuable information.

She Knows

"I am a Domestic Science Graduate and a chemical student from the Normal School. After making the experiment testing various baking powders I never use any except the Royal." Mrs. J. P.

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RED ROSE TEA is good tea

Keeps Fresh and Fragrant in the Sealed Package

Memorial to Early Explorer Takes form of Primitive Fort



Visitors to the tourist region about Lake Windermere in southern British Columbia, will find a reminder there of early days. The Hudson's Bay Company is building a replica of their first post in this region. It was known as "Kootenay House" and was built by the intrepid astronomer and explorer, David Thompson, in 1806 on the shore of lovely Lake Windermere.

David Thompson, a pupil at Blue Coat School in London, was released to the Hudson Bay Company for the sum of five pounds sterling. The company sent him to Canada where he was outfitted and sent up the Hayes River with a party. In 1795, he with three companions, two of them Indians, made their way from Hudson's Bay to Lake Athabasca. On his return to York Fort he was informed that the company would make no more explorations and that he was out of a job. He did not allow this to discourage him but set off immediately with two Indians for Grand Portage where he obtained an appointment as astronomer for the North West Company whose headquarters were at that point.

As astronomer he visited the company's various posts and while in the Lake-of-the-Woods region in Manitoba, located the source of the Mississippi River. Many years were spent in surveying the western wilds, travelling by dog team and canoe. The winter of 1807-08 was spent at Kootenay House with his "little family," as his Indian wife and children were termed. In October, 1810 he set out to trace the Columbia River from its source to its mouth and was the first white man to do this, arriving at what is now Astoria, Oregon, in July, 1811. The trip was accomplished despite great perils. Thompson died at the age of 87, poor and unappreciated. Posterity has recognized its debts to this brave man whose

WILD GRANDEUR ALONG THE THOMPSON RIVER

sixteen years of work for the Company make him one of the most notable men of that period.

The new post will be an exact duplication of the one built by David Thompson and is in the nature of a memorial to the brave man for whom the "mighty Thompson River" was named. The fort will add another attraction to this popular valley around which are ringed many natural wonders such as Toby Canyon, Horse Thief Glacier, and Lake of the Hanging Glaciers. Guests at Banff and Lake Louise will find a motor trip over the newly opened Banff-Windermere Road, a pleasant outing with Lake Windermere Camp ready to serve them luncheon or tea.