

THE SPICE BOX

HOT STUFF GLEANED FROM EVERYWHERE.

Why do not the hold-up men form one big union? Then they can demand a sympathetic strike against anybody who refuses to be held up.—Toronto Telegram.

Harding's request that his inaugural be of the simplest nature has, according to a news despatch, left Washington "all dressed up and no place to go." Somewhat in the same position as the agonist at his own funeral.—Winnipeg Free Press.

Boston aims at being a great fish centre. That should be easy, judging by the success of Mr. Ponzl.—Osgood Herald.

Just about the time a man decides to open an account in the savings bank he glances in the coal bin and changes his mind.—Cobalt Nugget.

When bone-dry comes into effect there will be still more slips 'twix the hip and the lip.—London Free Press.

The Foreign Relations Committee of the American Senate recently refused to approve a treaty that would permit the extradition of Yankee wife deserters who have come to Canada. Watch our population grow!—Canadian Opinion (Toronto).

A tree will make a million matches and a match may destroy a million trees.—Orinda Packet.

Izet Pasha is said to have gone over to the Nationalists. It isn't true, Izet?—Montreal Star.

Ill fares the land, to hastening is a pray. When men make laws who should be pitching hay.—Toronto Telegram.

Some men are born with troubles, others acquire troubles, and still others have political jobs thrust upon them.—Winnipeg Free Press.

One's social progress may be slow, but there is no danger of being ignored by the federal and civic tax collectors.—Ottawa Journal.

A Russian doctor has discovered a process for making men transparent. Old stuff. The women have been able to see through them from the beginning.—Guelph Mercury.

We note that one association is objecting to marriages where the contestants—beg pardon, contracting parties—are not of sound health. Quite right. If anybody must be chosen for a hard job, let it be somebody who is healthy.—Winnipeg Free Press.

Death and taxes are regarded as sure things which humans cannot evade. The only difference, however, is that death is sometimes painless.—Portage LaPrairie Graphic.

AVERAGE ATTENDANCE NOT TWENTY IN 5,500 ONTARIO RURAL SCHOOLS

Progress in educational work does not begin with the Department, but with the people themselves, stated J. R. Bell, consolidated school lecturer of the Department of Education, Toronto, during the course of an address at a meeting of the Sunnis Township Rural School Improvement Association. Continuing, the speaker stated that the most important subject of the present day is the education of children. The great forward movement started in the churches should be continued in the schools, as religion and education go hand in

ronto, during the course of an address. Turning to the educational problems of Ontario he said that one of the difficulties at the present time is the fact that so many schools have such a small attendance. In 5,500 rural schools the average attendance is less than 20. In one particular school the cost of teaching three pupils was cited at \$900. Another obstacle, according to Mr. Bell, was raised by the scarcity of teachers. Sometimes trustees have engaged teachers with only entrance certificates.

Income Tax Forms for 1920 Soon Ready for Distribution

ONUS IS ON TAXPAYER TO OBTAIN THEM—CHEQUES FOR AT LEAST 25 PER CENT. OF THE TAXES MUST BE SENT WITH RETURNS AND INTEREST PAID ON ANY UNPAID PORTION.

Income tax forms for 1920 will be ready for distribution from offices of inspector of taxation within a week the Commissioner of Taxation states. On the taxpayers will rest the onus of securing such forms. The year forms T. 3, T. 4, and T. 5, covering wages paid to employees and dividends paid to shareholders, as well as forms T. 1 and T. 2 for returns of corporations and individuals are to be delivered to inspectors of taxation. Forms T. 3, T. 4 and T. 5, are to be filed before March 31st, forms T. 1, and T. 2, before April 30th. A pamphlet containing instructions for taxpayers is

being printed for distribution with forms T. 1, and T. 2. Taxpayers may send cheques for the amounts of their taxes. They must send with their returns, cheques for at least twenty-five per cent. of their taxes. If they make initial payments of twenty-five per cent. of their taxes they must pay the balance in bi-monthly instalments with interest at the rate of six per cent. per annum.

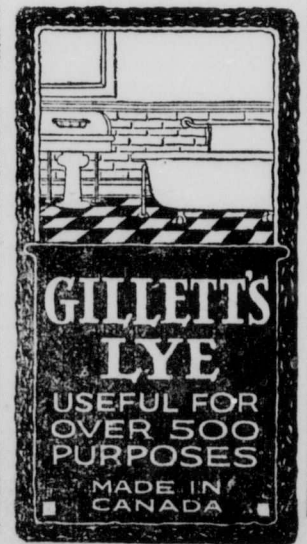
It is expected that collections of income taxes in the fiscal year ending March 31, 1921, will total forty million dollars. Collections of business profits taxes are expected to reach \$25,000,000.

SIGNS OF REVIVAL IN SHOE BUSINESS

With a reduction of about 15 per cent. over the wholesale prices of a year ago, wholesale boot and shoe dealers report that there is every sign of revival of business in these lines.

Wholesalers are now looking orders for fall delivery, and although the new season is just opening, the indications point to a return to normal selling conditions. Shoe factories in Eastern Canada and the United States have practically all resumed operations, many of them working at present to full capacity.

While the wholesale price of all shoes is about 15 per cent. below that of a year ago, it is conceded by the trade that the consumer will not purchase boots and shoes very much cheaper than he has been able to do during the past few months.



GILLETT'S LYE
USEFUL FOR OVER 500 PURPOSES
MADE IN CANADA

EVERYTHING GOING OUT



The Sunday School Lesson

LESSONS ON CITIZENSHIP.

(May be used with temperance applications.)

Lesson—Deut. 8: 5-11; Matt. 22: 15-22, 34-40. Printed Text—Matt. 22: 15-22, 34-40.

Golden Text—"And he said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the great and first commandment. And a second like unto it is this, Thou shalt love thy neighbor as thyself" (Matt. 22: 37-39).

Historical Setting.

Time—April, A. D. 30. Place—Court of the temple.

The Lesson Text.

15 Then went the Pharisees, and took counsel how they might ensnare him in his talk.

16 And they send to him their disciples, with the Herodians, saying, Teacher, we know that thou art true, and teachest the way of God in truth, and carest not for any one; for thou regardest not the person of men.

17 Tell us therefore, What thinkest thou? Is it lawful to give tribute unto Caesar, or not?

18 But Jesus perceived their wickedness, and said, Why make ye trial of me, ye hypocrites?

19 Show me the tribute money. And they brought unto him a denarius.

20 And he saith unto them, Whose is this image and superscription?

21 They say unto him Caesar's. Then saith he unto them, Render therefore unto Caesar the things that are Caesar's; and unto God the things that are God's.

22 And when they heard it, they marvelled, and left him and went away.

34 But the Pharisees, when they heard that he had put the Sadducees to silence, gathered themselves together.

35 And one of them, a lawyer, asked him a question, trying him:

36 Teacher, which is the great commandment in the law?

37 And he said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and all thy mind.

38 This is the great and first commandment.

39 And a second like unto it is this, Thou shalt love thy neighbor as thyself.

40 On these two commandments the whole law hangeth, and the prophets.

Comments.

Verse 15. Believing themselves to have been personally attacked in the preceding parables, the Pharisees and Sadducees saw the necessity for the utmost skill and strategy. They could not meet Jesus "off-hand" because "never man spoke like this man." They were hypocrites and knew not how to meet Jesus' honesty.

at least a fragment of government.

Verse 17. These shrewd tacticians had failed to note one peculiarity of Jesus. He never said, "I think" so and so. He spoke with authority. If Jesus said "Yes," He would become unpopular with the Pharisees, who despised tax-paying. If He said "No," He would be guilty of treason to Rome.

Verse 18. He saw their motives and practically said, "You are a pretty bunch to question my motives."

Verse 19. A silver denarius was worth about seventeen cents, and was the price of a day's labor in the parable (chap. 20:2). It was the daily wage of a Roman soldier.

Verse 20. There are coins still in circulation in the Orient bearing the head and superscription of some emperor.

Verse 31. Jesus cleared up a difficult situation. The Jewish religion was a theocracy. They objected to paying money to a heathen government. His reply showed them that they had both religious and civil obligations.

Verse 22. No wonder they marvelled. They failed to trap Him, and He enlightened them beyond their ability to enlighten themselves.

Verse 34. "Put to silence" here means gagged or muzzled. They were completely squelched.

Verse 35. The "lawyers" were interpreters of the written law of Moses.

Verse 36. The lawyer expected to entangle Jesus.

Verse 37. Love God with all your powers.

Verses 38, 39. And next to God, love your neighbor.

Verse 40. There was nothing left to be said.

Uncle John's Josh



The opening of the Federal Parliament at Ottawa on February 14 will be marked by all the old-time display. The ceremony will be full-dress and will be held in the new Chamber of the Senate and for the first time since the outbreak of the War. Their Excellencies, the Governor-General and the Duchess of Devonshire, will subsequently hold a drawingroom. This will be held in the Senate Chamber on the Saturday after the opening of Parliament. Following the example set in drawingrooms at Buckingham Palace, feathers and voles will be worn. There will be the usual guards of honor both for the opening of Parliament and for the drawingroom.



CUTICURA
SOOTHES SKIN TROUBLES
Bathe with plenty of Cuticura Soap and hot water to cleanse and purify. Dry lightly and apply Cuticura Ointment to soothe and heal. Cuticura-Talcum soothes and cools the skin and overcomes heavy perspiration. Delicate, delightful, distinguishing.
Soap 25c. Ointment 25 and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Lyman, Limited, 344 St. Paul St., W., Montreal.
Cuticura Soap shaves without rasg.

POEMS

You Should Know

MY MIND TO ME A KINGDOM IS.
My minde to me a kingdom is,
Such perfect joy therein I finde
As farre exceeds all earthly blisse
That God or nature hath assigned;
Though much I want that most would
have,
Yet still by minde forbids to crave.
Content I live; this is my stay—
I seek no more than my suffice.
I presse to beare no haughtie sway;
Look, what I lack my minde supplies.
Loe! thus I triumph like a king,
Content with that my minde doth bring.
The court no cart I like no louch—
Extremes are counted worst of all;
The golden mean betwixt them both
Doth sweetest sit, and fears no fall;
This is my choice; for why, I finde
No wealth is like a quite minde.
My wealth is health and perfect ease;
My conscience cleere my chief de-
ference;
I never seeke my bribes to please
Nor by desert to breed offence.
Thus do I live, thus will I die;
Would all did so well as I.
—Sir Edward Dyer.

GOOD HEALTH AND GOOD SPIRITS

DEPEND UPON THE CONDITION OF THE BLOOD—KEEP IT RICH, RED AND PURE.

When a doctor tells you that you are anemic, he simply means "in plain English, that your blood is weak and watery. But this condition is one that may easily pass into a hopeless decline if prompt steps are not taken to enrich the blood. Poor blood, weak, watery blood is the cause of headaches and backaches, loss of appetite, poor digestion, nervousness, neuralgia, nervous instability and many other troubles. To poor blood is due the pimples and blotches, the muddy complexion that disfigures so many faces. To have good health, a good complexion and a cheerful manner, the blood must be kept rich, red and pure. This is easily done through the use of a blood-enriching tonic like Dr. Williams' Pink Pills. The whole mission of this medicine is to help enrich the blood which reaches every nerve and every organ in the body, bringing with it health, strength and new activity. That is why people who occasionally use Dr. Williams' Pink Pills always feel bright, active and strong.

Miss M. E. Cook, Simons, Ont., gives strong testimony to the value of Dr. Williams' Pink Pills when she says: "I have been a sufferer for some years from a run-down condition of the system. I suffered from pains in the back, weakness of the nerves and muscles, my appetite was poor, I had indigestion and would get drowsy after eating. My hands and feet were almost always cold, and though I was constantly doctoring, the medicine I took did not help me. I had practically given up hope of good health, until a friend from Hamilton came to visit me and urged me to try Dr. Williams' Pink Pills. It took some persuasion, but finally I consented to try them. I have reason to be grateful that I did, for after using seven boxes I felt like a new person. I have gained in weight, have a better color and my work is now a pleasure. For this condition my thanks are due Dr. Williams' Pink Pills, and I cannot praise them too highly."

You can get Dr. Williams' Pink Pills through any dealers in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.