

## SPECIALIST SAID HE MUST OPERATE

She Took "FRUIT-A-LIVES" Instead.  
And Is Now in Perfect Health.



MME. F. GAREAU

153 Papineau Ave., Montreal.  
"For three years, I suffered great pain in the lower part of my body, with swelling or bloating. I saw a specialist, who carefully examined me and gave me several tonics to take, which did not help me. Then he told me I must undergo an operation. This I refused to permit."

I heard about 'Fruit-a-lives' and the wonderful results it was giving because this medicine is made from fruit juices, so decided to try it.

The first box gave great relief; and I continued the treatment, taking six boxes more. Now, my health is excellent—I am free of pain and swelling—and I give 'Fruit-a-lives' my warmest thanks."

Mrs. F. GAREAU.  
50c. a box, 6 for \$2.50, trial size 25c.  
At all dealers or sent by Fruit-a-lives Limited, Ottawa.

## A Serious Mistake

Concerning the value of music in maintaining morale, this episode is recorded as having taken place at the United States War College in Washington.

A Canadian staff officer appeared before the distinguished American commanders of forces.

"For God's sake, gentlemen," he pleaded, "don't repeat Canada's mistake! We permitted our band musicians to enter the battle as stretcher-bearers. You know what happened. Our regiments were cut up and we lost most of our musicians. You can imagine the desolation of our men without their music; it was a serious matter, gentlemen."

## Manual Labor for Women

Vital statistics always show that females under fifty years of age have lower death rates than males. Female babies get hold on life quicker than males. Having caught on they hold tighter. All through childhood girls are healthier than boys. Then comes maturity, and with it change. In early youth, speaking generally, boys and girls are about the same. Their customs and habits are not so far apart. Then comes adolescence and the parting of the ways. From then on the habits of the sexes differ widely. The question is, have they not differed too much for the good of women and that of the race?

Vital statistics show that the death rate of women fifteen to fifty is lower than that of men, but statistics of sickness show that women are less healthy than men. Female employees stay away from work more than male employees. Wives stay in bed more days than husbands. All in all they do not show up well. I think most everyone will agree with Dr. Kristine Mann that the standards of health of women are low.

Comparative physical examinations of men and women show that woman is rather a poor animal. And yet, Dr. Mosher (and others who have done about the same work) says that there is no reason for this that is peculiar to sex. In other words, the average woman could be just as well developed physically as the average man if she worked as hard or took as much exercise.

In fact, Dr. Mosher found that certain muscles, notably the great muscles which cap the shoulder joint, were better developed in woman than in man and that pretty much any group of muscles could be increased in size by work undertaken by woman to a degree surpassing the development by the opposite sex.

When the war broke out women rushed into all kinds of work. It was thought that it would inevitably ruin their health. As a matter of fact, it was found that it improved their health. Some went to farming, some worked in munitions factories, some did other forms of rather hard manual labor. Many took jobs that required alertness and attention but not a great amount of physical la-

bor. Adjustments were required, of course. Some tried to do too much, some tried to work too long hours, some undertook jobs for which they could not acquire the required strength, but the misfits were no more numerous than there would be if a lot of the pink tea Johnnies, counter jumpers, clerks, writers of health columns and such were put at making munitions or building ships.

In all probability before long we in this country will be compensated for our loss of immigration and lending of men by industry to the army by shifting occupations. When the time comes women will go to work on farms and in factories doing work now done by men. Already we find them preparing for the expected call. In training camps located in Washington and elsewhere women are drilling and doing work as stretcher-bearers. On training farms near Chicago elsewhere women are learning to do farm work, strengthening their muscles and developing endurance. Technical schools are training girls to do the work that may be required of them.

Indications are that when the demand comes women will be ready to meet it and we will find that the sex and the race will be the gainers when custom demands that women do more physical labor.—Dr. W. A. Evans in Chicago Tribune.

## Farmers Will Advise

ONE OF THE WAYS FOOD PRICES  
WILL BE STABILIZED

"Every sign," says Printers' Ink, "indicates that one of the big advertisers of the future will be the farmer. Not only the farmer himself and his associations, but the independent distributors of his produce will advertise much more extensively than they do today."

Three very excellent reasons are given to support this view, all dealing with methods of fixing a standard for fruits and vegetables, preventing too much fluctuation in prices and finding a market for seasonal products.

"Advertising," says Printers' Ink, "gets people buying a seasonal product as soon as it comes on the market, and keeps them buying as long as the season lasts." It increases their consumption of the product as well as their satisfaction with it by telling them the number of ways it can be served.

These arguments apply to other advertisers as well as to the farmer. But it is an interesting thought that the farmer, generally supposed to be the most conservative of producers, is going to seek much greater publicity in the future. It is one of the signs of the times. The men who are the quickest and keenest to get in touch with the new order of things will reap the greatest profits.—Philadelphia Record.

## New Liberal Weekly Issued

"The Statesman," which the publishers announce is "a national weekly journal of progressive thought," made its bow today under the editorship of Lindsay Crawford, formerly of the editorial staff of the Globe.

The foreword says: "As a journal of advanced Liberal, the Statesman will discuss all phases of public questions with a broad and generous spirit, free from partisan bitterness and with a single eye to the growth and development of all that is best in the life of the nation."

Thirty thousand copies of the first issue will be distributed. F. K. Kavanagh, formerly of the Goodyear Tire and Rubber Co., is the business manager.—Lindsay Post.

## BIRDS' EYE VIEW

Mr. and Mrs. Hamilton Bird, Mr. and Mrs. James Wilson spent a couple of days picking huckleberries in the north and came home all smiles with a fine supply.

Mrs. Fred Mylkes of Bethel spent Thursday at the home of her mother, Mrs. A. Rushnell.

Mrs. C. Hagerman is laid up with a sprained ankle.

The Misses Haley spent Wednesday evening at the home of Mrs. G. Morgan.

Mr. Sam Elliott of Montreal is assisting his father, Mr. Simon Elliott with the harvest.

Miss Tillie Wright has returned home after attending the summer school at Albert College.

Mr. and Mrs. George Ross and Miss Eva spent Wednesday at Oak Lake.

Mrs. A. Adams of West Huntingdon was the guest of her daughter, Mrs. James Wilson, on Thursday.

## Police Search for Thieves Who Took Silk Worth \$30,000

Detectives Declare Band Used Several Wagons to Remove Loot From the Loft

New York, July 27.—Following the establishment of a special police bureau to halt silk thefts from New York lofts which have brought about amazing results in six weeks of effort, Detectives of the East Twenty-Second street station were at work yesterday upon one of the largest single silk thefts reported in many years. The officials of the A. J. Tabor Silk Company, at No. 334 Fourth avenue reported the loss of 200 bolts of silk valued at from \$25,000 to \$30,000.

Although it is apparent that the thieves entered the loft building at some time between Saturday and Monday, the loss of the valuable goods was not discovered until yesterday morning. It was found that an entire corner of the storehouse was depleted and subsequent investigation by the police showed that the transom over a door facing Twenty-sixth street had been removed.

In the opinion of the police more than one wagonload of merchandise was taken away but the watchman of the building, who has been employed by the firm for many years, saw nothing suspicious at any time during the nights in question. After questioning him for more than two hours yesterday the detectives were satisfied that he was in no way involved in the robbery.

## Soldier Drowned in Lake Scugog

Port Perry, July 26.—Caught in the weeds, while bathing in Lake Scugog, near here, this afternoon, William Joseph Chantler was drowned before assistance could be sent to him. He rowed out in a boat and jumped over the side for a swim. However, the boat drifted away, and when caught in the weeds he was unable to reach it. His chin, not liking the looks of the lake, refused to go in the boat with Chantler.

Chantler was a returned soldier, about 22 years old, and was discharged from 'Davisville' Orthopedic Hospital, Toronto, last month. It is said that his one hand was paralyzed, and this handicapped him in swimming. He was an Englishman and had lived in Winnipeg, London and Windsor. His wife is expected to come here from Toronto tomorrow, to make funeral arrangements.—Lindsay Post.

## Music Won an Election

A mayor in one of the largest cities in the United States told the other day how music won an election for him. He said: "When my first election took place, our city was very equally divided between the different parties, and at my first election I was almost not elected. There were so few votes that we did not know for some time—and I am not quite certain yet. But the next time I came along, and in an equally divided town, I carried the town by eighteen thousand majority. And I think no little was done in that majority by the people who loved music and heard our symphonies and attended our band concerts and our opera air concerts, and our community sings, because that was what was being done for their entertainment, amusement, instruction and uplift."

And so virtue is not only its own reward, but we got some practical benefit from the co-operation of the music-lovers in a recognition of the work that has been done for them by the municipalities.

## Brutal Assault on Toronto Woman

MRS. HASSEL, ARUNDEL AVENUE,  
VICTIM OF ATTACK BY  
TWO MEN

Toronto.—Mrs. Hassel, of 53 Arundel Avenue, was the victim of a brutal assault by two unknown men Saturday night about 10.45 o'clock as the result of which she now lies in the Western Hospital in a serious condition with severe injuries to her head. It appears that Mrs. Hassel, who occupies the top flat at the above address, was alone in the house at the time, and upstairs, when she heard a noise in the kitchen. On going down to investigate, she was confronted by two men, who made a brutal assault upon her.

Screaming loudly, and with blood streaming down her face from the

violence of the attack, she managed to reach the front verandah, where her loud calls for assistance attracted the attention of some neighbors, who sent for the police and also for medical assistance. Dr. Morrison, of Danforth Avenue, and Dr. Hamilton, of Broadway Avenue, were quickly on the scene and rendered first aid. The woman was conveyed to the Western Hospital in the police ambulance, where her injuries were found to consist of severe head lacerations, and her condition is critical.

Owing to the suddenness of the attack she was unable to give any description of the men, but some neighbors were able subsequently to provide a description of some men seen in the neighborhood, and the detective department is now working on the case and expects to apprehend the two men. Entry was made at the rear by the removal of a screen in the pantry window.

## Held by Window, Little Boy Might Have Perished

Andressburg, July 27.—Suspended in the air by a window which had fallen upon his neck, the little son of Patrick Dier, of Fairfield, might have lost his life within easy reach of neighbors had it not been for the presence of mind of Mrs. Thomas Donovan, who, upon hearing faint cries, dispatched assistance.

It appears that the little boy, who was spending his holidays with his uncle, Jerome Dier, had during the absence of his uncle, tried to enter the house through a window in the rear. Without the slightest warning and just after the little fellow had entered his head, the window crashed down upon his neck, holding him firmly suspended with his feet about a foot from the ground.

Mrs. Donovan, who lives about a hundred rods from the Dier house, heard a faint cry of distress and at once dispatched Loretta Murphy and Stanley Hollingsworth to the Dier house. By this time the crisis had passed and the rescuers while walking around the house, found the little fellow hanging from the back window. He was soon rescued from his position and beyond a bad fright is none the worse for his experience.

## Rochester Chickens Beat a Board Bill

THEY BEAT IT TO DESERONTO  
AND THERE THEY WERE  
ARRESTED

About two weeks ago, Ruth Wilcox and Bella Leonard, two young girls from Rochester, evidently out for a week of the "simple life," came over from Rochester and put up at the Balmoral Hotel, Cobourg. They had no baggage but what they were in nerve. Horseback riding was one of their specialties, and by the use of a discarded pair of soldier's khaki trousers, they made a fairly presentable riding habit. For one week their life was one sweet dream—horseback riding, promenades with soldiers and late hours. Then the awakening came. Their horse and board bill for the week amounted to \$29, and not having the necessary they took the train for Deseronto, evidently intending to put over a similar game on some trusting hotel-keeper there. Chief Ruse located the two sports at Deseronto, and then brought them back.

The two girls, who appear to be about nineteen years of age, came up before P. M. Floyd on Wednesday on remand, and restitution having been made, they were returned to Rochester the same afternoon.—Port Hope Guide.

## Lieut. Cash Killed

HAMILTON FLIGHT LIEUTENANT MET DEATH IN  
ACCIDENT

Hamilton, July 30.—Bad news was received by R. A. and Mrs. Cash, Minto Avenue, in a cable from the Imperial War Office, which stated that their son, Flight Lieut. Fred A. Cash, of the Royal Air Force, had been killed in an aeroplane accident in Scotland on July 24. He enlisted last year with the Royal Naval Air Service, and went overseas in January. Prior to enlisting he attended the College of Dental Surgeons.

The production of explosives and consequent consumption of nitric acid has increased enormously in America during the past few years. The nitric acid is still almost entirely made from Chile saltpeter, but synthetic nitrogen plants are under process of construction.

## 39 Barrels!

OF CAMOUFLAGED WHISKEY  
SEIZED AT GUELPH

Guelph, July 17.—A big seizure of bottled whiskey, probably the biggest individual one in Ontario since prohibition went into effect, was made here yesterday by the license inspector when he took charge of thirty-nine barrels of whiskey which had been shipped here from Quebec to a firm called the Imperial Mattress Company. The shipment came in a carload of hay and was detected at the C.P.R. station by the agent while being unloaded. It was ordered back into the car and License Inspector O'Brien seized the liquor, which is valued at \$8,000.

## A Brownsville Boy Killed at Buffalo

J. LAWRENCE DUNHAM FELL TO  
INSTANT DEATH

Buffalo, July 26.—J. Lawrence Dunham, of Brownsville, Ont., was almost instantly killed and James Doolittle, of San Francisco, who lives here at the University Club, is dying at the Erie County Hospital, as the result of the fall from an aeroplane at the Curtiss Aviation Field on Niagara Falls Boulevard this morning at ten thirty o'clock.

## CENTRE

Mr. and Mrs. Morley Wood spent Sunday with Mr. and Mrs. Jas. Robinson, Massasauga.

Miss Bernice Geddes New Bedford, Mass., is visiting her aunt, Mrs. Wesley Coulter, a few weeks.

Mrs. L. T. Parks and family are in Toronto spending a week with Mr. and Mrs. D. T. Stafford.

Douglas Redner, Belleville, is spending the week-end with his parents, Mr. and Mrs. D. W. Redner.

Mr. and Mrs. B. L. Redner, Mr. and Mrs. D. T. Stafford, and Mrs. Geo. E. Roblin motored to Peterboro on Thursday.

Mr. and Mrs. Wesley Coulter and niece, Bernice, spent Sunday with Mr. and Mrs. B. Vandewater.

Quite a few attended the Red Cross social at Rednersville, which was quite a success.

Mr. and Mrs. W. Stallworthy and family called at Nelson Parliament's on Sunday.

Mr. and Mrs. Frank Townsend motored to Barriefield Camp, Kingston, on Sunday.

Mr. and Mrs. N. Parliament, Mrs. L. T. Parks, Marjorie and Billie motored to Belleville on Sunday night.

Mr. and Mrs. Freeman Spencer and son, Toronto, are spending a few days with Mr. and Mrs. E. Spencer.

Philip Rikely is on the sick list. We hope for a speedy recovery.

The Misses B. Geddes and H. Herman spent Friday with the Misses M. and Helen Redner.

Annie Adams, Concession, is visiting her aunts, Mrs. M. Giles and Mrs. J. Gey, a few days.

Mr. and Mrs. W. S. Fox and Mr. and Mrs. Ray Fox and daughter, Vivian, motored to 12 o'clock Point on Friday night.

Dr. and Mrs. O. Watson, Miss G. Maynard and Mrs. J. Linton and family, Campbellford, took tea with Mr. and Mrs. B. L. Redner on Friday.

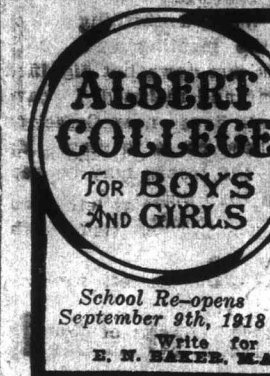
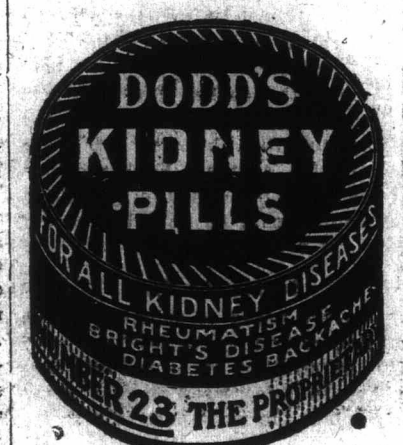
Mrs. C. Foster, Belleville, returned home on Tuesday after visiting her brother, Wesley Coulter, for a few days.

Mr. and Mrs. James Eaton, Belleville, visited Mr. and Mrs. R. R. Tripp on Wednesday.

## Soldiers Prevent Possible Tragedy

ITALIAN WAS THREATENING WOMAN WITH RAZOR IN  
RIVERDALE PARK

Toronto.—Visitors in Riverdale Park yesterday afternoon about twenty, were startled by the screaming of a woman, and then saw a man waving a razor and shouting out some threatening language and chasing two women. Pte. J. W. Corliss, who happened to be near at the time,



ALBERT COLLEGE is more than a school—it is a home. Boys and girls are educated, trained and prepared to make full use of their talents and fit themselves for successful futures. Everything that a good college calls for is found in Albert; and added to all is the uplifting and refining influence which comes from co-education. FREE COVERS UNDER COVENANT. TEACHES in Literature, Music, Art, Expression, Theory, Physical Culture, Stenography, and Commercial. \$100 Scholarship in Agriculture, open to either sex. Write for information or College Calendar to: R. W. BAKER, M.A., D.D., Principal Albert College, Belleville, Ont.

together with another soldier, immediately gave chase. The man, an Italian named Antonio Novelli, 360 Victoria Street, put up a strong fight but the soldiers eventually overcame him and held him until the arrival of the police, when he was taken to No. 4 police station. It appeared that the woman, Louise McGee, had been living with Novelli for some time past as his wife, but, getting tired of him, yesterday went out, following a quarrel, called on a girl friend, and both went into the park for a walk. Novelli followed them, but they would have nothing to do with him and repeatedly told him to go away. Novelli refused, and finally, enraged, drew a razor out of his pocket and gave chase to the two women. Owing to the assistance rendered by the soldiers, neither of the women was touched. The two women were also held as material witnesses.

## A New Potato Pest is Reported

Small Green Fly Which Works on Under Side of Leaf—A New Enemy to Potato Growers

That small green fly reported by surrounding counties to be playing hob with the potato crop, is also working freely in Woodstock and in parts of Oxford. It has only come to the attention of the gardeners and farmers recently as the result of investigation as to what was affecting the potato leaves. This new pest appears to be the principal cause for potato blight. The eggs are deposited on the under side of the leaf and after very brief incubation result in swarms of small green flies that are almost invisible on the leaves. They work rapidly, causing the faces of the leaves to curl and to quickly turn brown. In appearance it closely resembles the rose-bush louse, and its work is just as complete. Spraying appears to be the only method of killing it and this is a slow process owing to the difficulty of reaching the under part of the leaves.

Beans and climbers are also being attacked, and the later crops which had apparently escaped the blight are getting the principal attention. This pest is a new one, according to the authorities, and should receive prompt attention. It is not thought, however, that the area of damage will be a large one, as the season is getting fairly well advanced.

New York, July 27.—A soldier who had overstayed his leave, and who was traced to the home of his sweetheart, dropped dead when a detective appeared at the house to arrest him. A physician who examined him said that death was caused by a "collapsible heart."

The soldier, Edward T. Moore, was twenty-five years of age and lived at Woodbine Street, Ridgewood, Queens. He had been stationed at the Washington (D.C.) barracks. Given leave, he failed to return to the barracks and the police were asked to aid the Government authorities in finding him.

Detective Grabau, of the Newton station, learned that Moore and Miss Louisa Young, of George Street, Evergreen, were friendly, and suspecting that the soldier would probably appear at the home of the young woman, stationed himself in the neighborhood. He saw Moore enter the house and he went there ten minutes later and was admitted. Moore was seated, talking with Miss Young, when the detective revealed his identity. Moore turned pale and then collapsed.

London, July 30.—Bougnoux was subsequently recaptured from the enemy.

## Mother and Son Poisoned by Gas

FAMILY OF SOLDIER OVERSEAS,  
ARE FOUND DEAD IN BED

Toronto.—Falling to get any reply to his knocking when he called at 55 Curzon Street, Saturday afternoon about 3.35, M. A. Eglington, an agent for the Provincial Life Insurance Company, tried the door, and finding it unlocked walked in. No one was about on the ground floor and on going upstairs he received a shock. Lying on the bed were the dead bodies of Mrs. Ada Childs and her little three-year-old son, Alfred. A gas jet in the room was found turned on and evidently death had taken place some good time previously. The police were immediately notified, and P. C. Leach, No. 258, had the bodies removed to the mortuary, and the chief coroner was notified. It is not yet known if an inquest will be held. A sad feature of the case is the fact that the husband and father is at present overseas.

## Stephen Fluke Escaped

TWO FIVE OCCUPANTS OF  
DEMOLISHED CAR INJURED

Kingston.—Though his car was smashed beyond recognition and five of the occupants were more or less severely injured when a train crashed into it, the driver, Stephen Fluke, reaped the benefits of his name and escaped injury. The accident occurred on Wednesday afternoon when a car in which Mr. and Mrs. Stephen Fluke and daughter, Mrs. Locklin, of Tweed, accompanied by Mrs. Murphy, of Marlbank, and children, were driving from Tamworth to Tweed.

At Wallace Crossing, only a short distance from Eriksville, the car was struck by the train and the impact smashed the rear of the automobile, severely injuring Mrs. Fluke, who had her leg broken. A cut on the side of her head also required attention, as well as the amputation of her little finger, which was badly lacerated. One of Mrs. Murphy's ears was torn off and two of her children were severely injured. The injured occupants of the car were driven to Marlbank, where they were attended to by Dr. Burrows and Dr. Kindred.

## Food Situation Serious in Sweden

Stockholm, July 28.—Food supply is so short and prices so high that the situation is becoming serious for all except the well-to-do. No potatoes have been available for weeks. The new crop is selling at the equivalent of \$1.20 a quart, or \$9.60 a peck. Tea costs the equivalent of \$21 a pound and is almost unobtainable.

The last ration of coffee issued 5 weeks ago amounted to 3 1/2 ounces for each person, and the same amount of inferior lard was issued a month ago. About one ounce of butter is issued to each person once a week.

Virtually the only vegetables on the market are spinach and asparagus. Eggs bring \$1.20 a dozen, and the cheapest cuts of boiling beef \$1.20 per pound, mutton and veal cutlets \$2 a pound, poultry as high as \$1.34 a pound. No pork has been issued since May 13.

Hot house peaches, virtually the only fruit obtainable, sell at \$1 each. Neither macaroni nor any cereal product is obtainable nor are there any legumes to be had except an occasional issue of 3 1/2 ounces of dried peas.

Long drought has affected the crops.

## TODAY'S CASUALTIES

Killed in Action  
F. H. Angiers, Cobcook  
O. Palmer, Smith's Falls  
Died  
F. Smith, Eugenia Falls  
Gassed  
Lieut. W. C. Kilip, Picton  
Wounded  
R. W. Gardner, Huntingdon  
J. L. Sheridan, Whitby  
S. V. Maybee, Cobourg