


If it's your stomach — your liver — your bowels — or a rundown system that is making you feel so badly, you certainly will feel better after a morning glass of



Abbey's Efferescent Salt

25c. and 60c. bottle. At druggists.

in the east window of Aspatria Church, with an inscription to the memory of Sir Wilfrid.

Mr. George C. Thomas on the 26th ult. completed the 40th anniversary of his connection with the parish of the Church of the Holy Apostles, Philadelphia. For the whole of that period of time Mr. Thomas has held the positions of people's warden and superintendent of the Sunday School.

A new altar, a memorial to the late rector, the Rev. Dr. George D. Johnson, is being put into the sanctuary of Christ Church, Staten Island. Its cost will exceed \$1,000, and it is given by those who were members of Christ Church congregation during the late Dr. Johnson's rectoriate.

Probably the only diocese in the world for at least five hundred years past, that numbers within its borders more deacons than priests, is the American missionary district of Oklahoma. The list of clergy in the January number of "The Oklahoma Churchman," the new diocesan paper, shows the clergy list to consist of one Bishop, eight priests and ten deacons.

Three Irish Deaneries are at present vacant, namely, those of Connor, Cashel and Ossory. The first-named is connected with one of the largest of the Irish dioceses, which includes the great city of Belfast. The second is associated with one of the most historic spots in Ireland. The Dean of Ossory presides over the most beautiful cathedral church in Ireland outside of Dublin.

Canon Wilson, of Worcester, has for some months been examining numerous pre-Reformation documents belonging to Worcester Cathedral, and has discovered much which throws fresh light on the history of the Cathedral, the King's School, and the ancient Priory. Some of the documents, which have been cleaned, classified, and catalogued, are more than 600 years old.

A member of St. John's Church, Lower Merion, Pa., has erected an unique memorial upon the grounds of the church property in an angle between the church and the parish house. It is a bronze sundial mounted on a beautifully carved pedestal of Indiana limestone, upon the base of which is the following inscription:—"Unto you that fear My Name shall the Sun of Righteousness arise with healing in His wings."

There was lately dedicated in St. Andrew's, Wheeling, West Virginia, a beautiful reredos, given by Mrs. Hearn as a memorial to her husband and to her little daughter. The reredos is of paneled oak of a design that harmonizes with the handsome oak mission of the church. Mrs. Hearn has also given to the church as a memorial to her son, Frank, a pair of seven-branch brass sanctuary lamps.

The Rev. Canon Grierson, B.D., rector of Seapatrik, in the Diocese of Dromore, Ireland, was, on the occasion of his having attained the 20th anniversary of his appointment as rector of the parish, presented by the parishioners with a purse of sovereigns and congratulatory address. Mrs. Grierson was also presented, in absentia, on account of a severe cold, with a handsome gold necklet. The Rev. Canon Grierson made a very feeling reply.

Mr. James Dod, organist of the Church of the Transfiguration, New York, and his two sisters have presented the Church of St. Mary's-by-the-Sea, Point Pleasant, N.J., with a handsome font ewer in memory of the late Mrs. Denslow, who was for many years a warm personal friend of the Dod's and a communicant of the church of which Mr. Dod is the organist.

Locomotor Ataxia Prevented

NERVES STRENGTHENED, BLOOD ENRICHED, HEALTH RESTORED BY DR. CHASE'S NERVE FOOD.

"Prevention is better than cure." The truth of this statement is learnt when one becomes the victim of locomotor ataxia. Mrs. Robt. Bustard is able to appreciate the value of Dr. A. W. Chase's Nerve Food all the more now that it prevented her from becoming a victim to this terrible disease. There is no nerve disease that isn't terrible; so much the greater is the value of this excellent blood builder and nerve force restorative increased.

Locomotor Ataxia is a form of paralysis which interferes with the movement of the legs and is usually indicated by a peculiar shuffling in walking. Many people experience loss of sensation in the hands, partial loss of memory and a dizziness and uncertainty in walking. These are indications of partial paralysis and locomotor ataxia and should be treated at once while there is hope of complete recovery. Dr. Chase's Nerve Food nourishes and strengthens the nervous system and by furnishing rich, red blood, sends new life to all parts of the body.

Mrs. Robert Bustard, Maxwell, York Co., N.B., writes: "I can say that Dr. Chase's Nerve Food entirely cured me of what I believe was the beginning of locomotor ataxia or paralysis. My nerves were very bad and at night I could not sleep at all, nor could I control my arms or legs. They seemed to fairly jerk me off the bed."

"For six months I was this way and cannot describe what I suffered, but now I am entirely cured, thanks to Dr. Chase's Nerve Food. It is a pleasure to recommend this great medicine to anyone suffering as I did from nervous disease."

Dr. Chase's Nerve Food, the great blood-builder and restorative, 50 cents a box, 6 boxes for \$2.50, at all dealers, or Edmanson, Bates & Co., Toronto. The portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box. Write for Dr. Chase's 1908 Calendar Almanac.



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ist. Mrs. Denslow was very fond of the church at Point Pleasant, and frequently worshipped there in the summer season.

On the Feast of the Circumcision, a pulpit was consecrated in Christ Church, New Haven, Conn., by the Bishop of the diocese in memory of his father, the Rev. Joseph Brewster, for 28 years rector of the parish. The appropriate subject chosen for this pulpit is that of the gospelling of the nations. Upon its face appear the figures of those great saints who delivered the message of the Gospel to the different nations. The first figure is that of St. Vladimir, of Russia, as the representative of the Eastern or Greek Church. He is followed by St. Francis, of Assisi, as the representative of Italy. Then came St. Boniface, of Germany, St. Germain, of France, St. David, of Wales, and St. Patrick, of Ireland. All these figures are carved in high relief upon the face of the pulpit. But the two figures which will attract the most attention are those of St. Columbia, of Scotland, and St.

Augustine, of Canterbury, the representative of England. These are carved in full and surmount the newel posts which are at the base of the stairway leading into the pulpit. Around the base of the pulpit is carved the text, "We preach not ourselves but Christ Jesus the Lord and ourselves your servants (slaves) for Jesus' sake." The pulpit is surmounted by an elaborate canopy or sounding board. Upon the inside of the pulpit is a brass plate bearing a suitable inscription. Mr. Brewster is said to have been the first priest in this diocese to discard the black gown in the pulpit and one of the first to establish the daily service and weekly Eucharist. His memory is warmly cherished by the parishioners, because of the nobility of his nature and the plenitude of his kindness.

THE SUN AND HASTINGS SAVINGS AND LOAN COMPANY.

A Very Gratifying Report.

We are pleased to call the attention of our readers to the report of the Annual Meeting of The Sun and Hastings Savings and Loan Company, held on 17th inst. The statement given in this report is an extract from the general report of the company's business for the past year. To any of our friends holding Stock and Debentures in this Company the report will be of very great interest, and should be satisfactory. The large Reserve now shown by the statement, some \$90,000, \$20,000 having been placed from the profits of last year to this fund, must increase the confidence of investors. Money being invested in real estate, first mortgages, upon the periodical re-payment system of interest and principal, gives to Stockholders the very best security possible for their investments. The Net Income for the past year was the large sum of \$103,845.80. Dividend of 6 per cent. per annum, payable half-yearly, was paid to the Permanent Stockholders. This old established Company appears to be growing in strength and favour every year.

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Trial Package of Wonderful Pyramid Cure Sent To All Who Send Name and Address.

There are hundreds of cases of piles which have lasted for 20 and 30 years and have been cured in a few days or weeks with the marvelous Pyramid Pile Cure.

Piles sufferers in the past have looked upon an operation as the only relief. But operations rarely cure, and often lead to fearful results.

The Pyramid Pile Cure cures. It relieves the swelling, stops the congestion, heals the ulcers and fissures and the piles disappear. There is no form of piles which these little pyramids are not made to cure.

The Pyramid Pile Cure can be used at home. There is no loss of time or detention from business. There is no case of piles so severe that the Pyramid Pile Cure will not bring relief.

We make no charge for a trial package of Pyramid Pile Cure. This sample will relieve the itching, soothe the inflamed membrane and start you on your way to a cure. After you have used the sample go to the druggist for a 50 cent box of the remedy. Write to-day. The sample costs you nothing. Pyramid Drug Co., 135 Pyramid Bldg., Marshall, Mich.