

Counselling volunteers needed

by Peter Angione

Who do you usually go to when you have problems? Most of the time, it is to your peers. The Lawson Career Information Centre on the fourth floor of the SUB offers an innovative program staffed by professionally trained counsellors and student volunteer Career Information Assistants to help you find your answers.

The Peer Counselling Program, started in 1984, will this year select twelve new volunteer assistants. Students interested in such fields as social sciences, information services, public relations and student affairs are encouraged to apply as soon as possible.

Becoming a volunteer has nothing to do with an individual's chosen field of study, previous experience, or year of study. Applicants must fill out an application and complete an interview with the Coordinator. "We look for the natural helpers on campus," said Jeanette Hung, Coordinator of Career Counselling Services.

The Career Information Assistants are trained student volunteers available in the Lawson Career Information Centre to help you locate information and improve the awareness of the Career Information Centre and other career services through outreach presentations and

projects on campus.

When first starting, volunteers go through a training program that takes about four hours a week. They receive training and experience in the career services offered at the centre such as: establishing rapport with strangers, listening, assertiveness, facilitating problem solving, career planning, and job search. As well, they will develop skills in communication, peer counselling and referral.

Hung stresses that the training for this program will begin as soon as possible. The time and days of the training will be determined by looking at each individual's class schedule and selecting a time when all the successful applicants are available.

The volunteers who will begin at the centre in September will probably be able to go out on their own by January. Hung adds that the training does not stop there. The volunteers meet for one hour every week and spend three hours a week working in the centre.

The Dalhousie Counselling and Psychological Services Centre is available to any student of Dalhousie University, University of King's College, and the Nova Scotia College of Art and Design. The centre is open from 9:00 a.m. to 8:30 p.m. Monday to Wednesday and 9:00 a.m. to 5 p.m. Thursday and Friday.

Hung says, those interested in becoming volunteer assistants should contact the centre immediately. You can become involved by contacting Jeanette Hung, Counselling Centre, 4th Floor, Student Union Building, or call 494-2081.

Sex

by Paul Ricciardi

At some point during Frosh Orientation there is usually at least one B.B.Q. On Thursday, September 10, the Dalhousie Student Union held a "Sexual Orientation Barbecue". The theme? An overall recognition that the Dalhousie community is comprised of gays, lesbians, and bisexuals, as well as heterosexuals.

The B.B.Q. was held behind the Student Union Building and had quite an expansive turnout, considering that it was being held in honour of the frosh, and that the whole activity was recognizing something that has in the past, been neglected.

People were welcomed with plenty to eat, thanks to food donated by Beaver Foods, and D.S.U. provided their always-excellent bar service.

No B.B.Q. is complete without entertainment and party favours. Luckily, the Sexual Orientation B.B.Q. had both. Jeremy Robinson and Stone Roots played for about two hours, showering the B.B.Q.-goers with a tight acoustic sound, performing cover tunes as well as original music. As it was a B.B.Q. celebrating diversity and sexuality, condoms were distributed and happily accepted by many.

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SECOND HAND BOOKSTORE

The Dalhousie Student Union is once again running a co-op style book exchange for the students of Dalhousie. So dust off last year's texts and put them towards buying the books you'll need this year!

RECEIVING BOOKS-
Sept. 18, 19, 21, & 22nd.

Drop off times: 11:00 a.m. - 2:00 p.m.
If you have books you would like us to sell, bring them to:

ROOM 220 of the SUB

(Selling is done on consignment.)

SELLING BOOKS-
Sept. 25, 26, 28 & 29th.

Pick up times: 11:00 a.m. - 2:00 p.m.

SAVE LOTS OF CASH!

Buy quality school text books
at **Discount Prices!**

ROOM 220
Dalhousie Student Union
Students working with Students!

Elbow grease really shines

by Lilli Ju

Screams of joy were heard coming from Room 307 of the SUB last Thursday night. It had been a long night of counting money, when the dedicated Shinerama volunteers under the direction of the Dalhousie Shinerama Director, Patricia Beckwith, realized that they had raised over \$26,000 in aid of Cystic Fibrosis (CF) research. Imagine counting that much money (\$16,000 in just coins alone)!

This is a remarkable demonstration that Dalhousie students - yes, STUDENTS - can make a very positive contribution to our community. Picture over 700 first year students hitting the streets of Halifax, Dartmouth, Bedford, and Sackville to shine shoes and anything else they could get those "Wondershines" on. Students were seen all over the place - in the middle of intersections, dressed as clowns at 6:30 in the morning by MacDonald Bridge, on sidewalks, in buildings, on buses...

"I was almost in tears when I added it up. It was so amazing!" said Beckwith. "I'm so proud of everyone." This year's goal was \$25,000. Last year, over \$21,000 was raised. Over the last 7 years, Dalhousie's contribution has increased from \$3,000 to a whopping \$26,000! Among the top shiners were Brian Scott, a first year student raising over

\$470, and Abhi Samant, a frosh leader who raised over \$270.

"We kicked U.N.B. (Fredericton)'s butt!" said Beckwith referring to a challenge between U.N.B. and Dal to see who could raise the most money on just Shinerama Day. Dal raised over \$23,000 (\$3,000 came from other events such as car washes) on its Shinerama Day while U.N.B. raised over \$17,000. However, U.N.B.'s grand total is expected to beat Dal's.

Every year, Dalhousie students, along with students from over 70 campuses across Canada, run Shinerama campaigns on behalf of the Canadian Cystic Fibrosis Foundation (CCFF). CF is the most common life-threatening disease of Canadian children. One in twenty Canadians carry the CF gene. CF has no cure.

It is through efforts such as ours that have helped to make amazing strides in CF research and treatment. In 1960, the life expectancy for children with CF was 4 years. Today, over 30% of patients registered at Canadian CF clinics are adults! In 1989, Canadian scientists discovered the defective gene responsible for CF. Two years later, the CF defect was successfully corrected under laboratory conditions. With the continued support from students from across Canada, a cure or control for CF is more than ever within reach.



1595 Barrington Street in Halifax

Welcome back students! Good luck this year.
Hope to see you!

Thurs, Fri, Sat
Trooper

Now Open nightly
8 pm.-3:30am.
Tuesday and
Wednesday are
Looney Nights



1721 Brunswick Street in Halifax

Playing this week:
from the U.S.A.

STAR

Endless Summer Beach
Party
every Sunday!
•Guys and Gals
win \$100 cash
details in-house

Halifax's nightly entertainment hotspots