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For the Boys and Girls

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Absorbine, Jr., is sold by leading druggists at \$1.00 four ounce and \$2.00 twelve ounce bottle, or sent direct, charges paid. Send 10 cents for liberal trial bottle or purchase regular size from your druggist today.
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THE WESTERN HOME MONTHLY
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The Market in Jamaica

Written for The Western Home Monthly by Jessie B. Dixon

DIFFERENT lands, different peoples, different things to eat. We start out from our hotel as early as we can in the morning, certainly not later than eight o'clock, to see it at its best. As we go many colored women on their way to market too, pass us on the road, for if it comes to a walking contest we are beaten in the race. Everyone seems to be going, some have baskets on their heads for this is the chief way of carrying their stuff to market, some lead a donkey whose pannels are filled with fruit or vegetables, a bit of sugar cane, a few eggs, etc., and some lead the donkey and carry the basket too.

The market enclosures cover about a half acre of ground, part is covered and part is open. When we get near the gates we see some women selling these market



Hats and Brooms of Native Manufacture. Scene in Jamaica

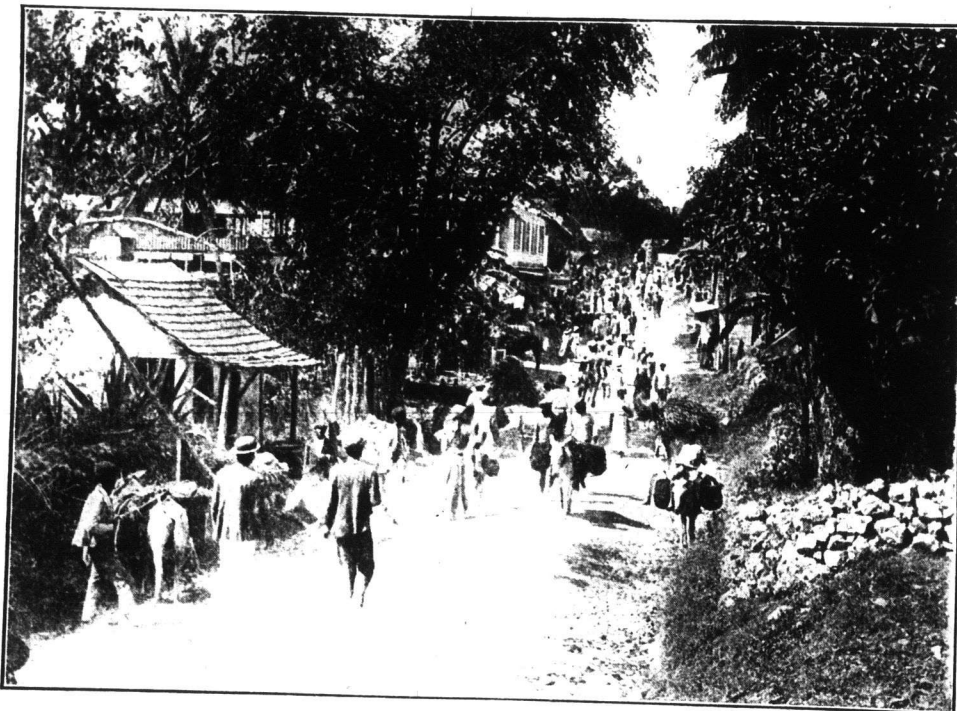


Negro Hut, Jamaica, B.W.I.

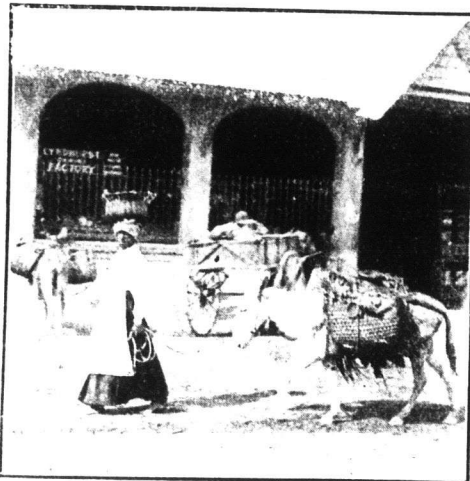
baskets which hold about a bushel; what a picturesque group they make with their colored cotton dresses, the dull green of the baskets and the shade trees behind them. The colored women do all their carrying in these baskets, whether they are going to market to sell their produce or to buy for their own household or to buy people for whom they work.

If the country woman has a donkey, and she is considered in very good circum-

stances if she has, she must leave him in the donkey yard where he nibbles at the fodder till she is ready to go home again. We are accustomed to seeing the men doing the most of the marketing in the North but the women do all in this Island; she also works in the fields for her house-keeping is very light, a small house or hut about eight by ten feet is her home, merely a place of protection from the rain, and at other times the outdoor life.



Street Scene, Market Day in a Jamaican village B.W.I.



Market woman with basket on head leading donkey

Passing through the big gates we enter the market enclosure—such strange looking eatables; the principal thing is a large, unshapely root of a dark brown color, but when it is cut as some are the inside is snow white; this is the white yam, the chief and sometimes only food of the colored people. There are tomatoes about the size of an egg and smaller because they allow the plant to keep on bearing instead of pulling it up and putting out fresh plants and so the tomato gets smaller and smaller, squash, okras, ackees, oranges, a few bananas, some bundles of sugar cane, mango, lettuce (tough and bitter), laundry starch from the cassava plant, sweet potatoes, eggs wrapped singly and in pairs in the leaves of the banana tree, a pig on or two, and a few other things in small quantities. These women walk sometimes ten and fourteen miles to market carrying all their produce on their

The Slow, Sluggish, Torpid Action of the Liver is Responsible for Many Ills.

Milburn's Laxa-Liver Pills stimulate the sluggish liver, clean the coated tongue, sweeten the obnoxious breath, clean away all waste and poisonous matter from the system, and prevent as well as cure all complaints arising from a liver which has become inactive.

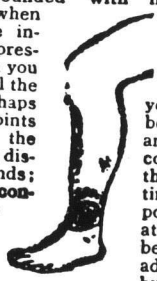
Constipation, sick headache, bilious headache, jaundice, heartburn, water brash, catarrh of the stomach, etc., all come from a disordered liver.

Mr. Victor B. McNeills, Sandstone, Alta., writes: "I thought I would write and tell you of my experience with Milburn's Laxa-Liver Pills, as I am greatly pleased with the results I received by using them. I was troubled with sick headache for a long time, and would get so sleepy right after I ate my dinner that I could not do any work. A friend of mine, from Toronto, visited me last summer and he asked me to try Milburn's Laxa-Liver Pills. He told me they had done him so much good for his stomach. I used several vials, and I found they did me so much good that I can recommend them to any one suffering from liver trouble."

Milburn's Laxa-Liver Pills are 25c a vial, 5 vials for \$1.00, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

HAVE YOU A BAD LEG

With Wounds that discharge or otherwise, perhaps surrounded with inflammation and swollen, that when you press your finger on the inflamed part it leaves the impression under the skin you which defies all the remedies you have tried. Perhaps swollen, the joints same with the skin may be discoloured, or there may be wounds; allowed to continue, will deprive you of the power to walk. You may have attended various hospitals and is hopeless, or to amputation, but do not, for I can cure you. I don't say perhaps, but I will.



GRASSHOPPER

ointment and PILLS, which is a certain cure for Bad Legs, Poisoned Hands, Ulcerated Joints, Housemaid's Knee, Carbuncles, Snake and Insect Bites, &c., &c. English Prices, 1/14 and 2/9 each. See Trade Mark of a Grasshopper on a Green Label. Prepared by ALBERT, Albert House, 73 Farringdon Street, London, England.



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