

# There's Nothing Like

Zam-Buk's soothing and healing power. "Zam-Buk has been our household balm for fourteen years, and we could not do without it," says Mr. George A. Kilburn of Swan Lake, Man.

For eczema and skin troubles of all kinds Zam-Buk has no equal; also for old sores, ulcers, abscesses, boils, pimples, blood-poisoning, piles, cuts, burns, bruises and scalds.

All dealers or Zam-Buk Co., Toronto. 50c. box, 3 for \$1.25.

## Zam-Buk

### A KEMPTOWN MAN WAS LEADER.

That Barre's mail carriers were on the job every minute when it came to selling Uncle Sam's War savings stamps for the year ending Dec. 31, 1918, is very forcibly shown by the figures posted at the postoffice yesterday. The total amount sold by both city and rural carriers was \$70,190.93. Of this amount the city carriers were far in the lead with \$56,609.55, to their credit. Heading the city carriers is William D. MacDonald, with \$16,306.36 or over \$5,000 more than his nearest competitor. Thomas Garritty, who sold \$11,096.95. William Craig is next highest, with the sum of \$8,472.94. and D. S. Waterman follows with \$7,287.94. The others are C. L. Converse \$4,407.58; George M. Gates, \$3,415.90; E. M. Lewis, \$3,195.83; H. B. Houghton, \$2,426.26. For the rural carriers Charles F. Ayers is far in the lead with \$7,305.08. The other three are as follows; James Johnston, \$3,138.75; C. G. Carr, \$2,035.42; Arthur W. Robinson, \$1,102.14. —Daily Times, Barre, Vermont, Jan. 31.

William MacDonald, mentioned above is a native of Colchester County and is a brother of C. B. MacDonald, of Upper Kempton.

### OUT FOR 25 CENT RABBITS SHOT A \$160 FOX.

While in quest of rabbits in the woods near George's River, quarries one day last week, Harold Bennett Ross avenue, came across a beautiful tinted silver fox. So great was his surprise on meeting the unexpected stranger, that the latter made good his escape before the hunter could get a head on him. However he bided his time and took up the trail. Finally his efforts were successful, and a well directed shot brought down the prize. Bennett, who is something of a furrier, dressed the pelt himself, and latter disposed of it to a Sydney connoisseur for the modest sum of \$160. Of course it was a dood day's hunting; and a pleasant one; but Mr. Sydney buyer got a snap.

North Sydney Herald.

### BELMONT CIRCUIT METHODIST CHURCH.

Services on Feb. 23rd. as follows; Belmont ..... 11 a. m.  
Londonderry Mines ..... 7 p. m.  
Preacher Rev. F. J. Scoates.

### TOOK SEVERE COLD SETTLED ON CHEST.

### Bad Cough for Weeks.

The cold starts with a little running of the nose, the head becomes stuffed up, but little attention is paid to it, thinking perhaps it will go away in a day or two.

You neglect it, and then it gets down into the throat and from there to the lungs, and it is a case of cough, cough, morning, noon and night.

However slight a cold you have you should never neglect it. In all possibility, if you do not treat it in time, it will develop into bronchitis, pneumonia, or some other serious throat or lung trouble.

Dr. Wood's Norway Pine Syrup is a universal remedy for those who suffer from any bronchial trouble. It stimulates the weakened bronchial organs, soothes and heals the irritated parts, loosens the phlegm and mucous, and aids nature to clear away the morbid accumulations.

Mrs. Wm. Kaye, Talmage, Sask., writes: "Last winter I took a severe cold which settled on my chest. I had a bad cough for weeks. I got some medicine from our doctor but it did me no good. At last a friend advised me to try Dr. Wood's Norway Pine Syrup, which I did, and after using one bottle I found that my cold was better. I have recommended it to my neighbors, and they say they would not be without it."

Dr. Wood's Norway Pine Syrup is for sale by all dealers. Price 25c. and 50c. a bottle.

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

### "ROVER" CAN GET MORE INFORMATION OF SCHOOL-MATES OF 51 YEARS AGO

Truro, N. S.  
Feb. 17, 1919.

Dear Mr. Dimock;  
Sarah Pollock, one of "Rovers" class-mates, who married the late Rev. Edward Grant, died some years ago. Miss Laura Kent, Lower Stewiacke, to whom "Rover" alludes, can furnish him all the information he may desire.

Yours truly,  
H. N. T.

### THE LATE JOHN R. FERGUSON

Word comes from Pine Heights, Dedham, Mass., that Mr. John R. Ferguson, past away on Jan. 28. He went to work as usual that day and was taken down with an attack of acute indigestion. He was rushed to the Cambridge Relief Hospital and given medical aid, but nothing could be done to help him, and before noon he past away.

Simple funeral services were conducted at the home by the Rev. Mr. Wilson of the Somerville, Baptist Church. There were solos by Mrs. Ruth Marden, "Some Time We'll Understand" and "Good Night". Burial was in Mount Hope Cemetery, beside his first wife.

Mr. Ferguson leaves a widow; and one son by his first marriage, J. Blair Ferguson, who is married and live in Somerville, Mass.

The late Mr. Ferguson was born in Earlington, 57 years ago.

### THANKS TO ALL.

I take this opportunity to thank the ladies and gentlemen of Truro and the County, who so kindly assisted me in the recent Red Shield Drive.

A list of the subscriptions will be published in the Truro News as soon as there is space for the same.

Yours very truly,  
W. R. DUNBAR,  
Feb. 17, 1919.

"Canada's Greatest Seed House"

## PLANT Steele, Briggs' Seeds

For Sale Everywhere  
Send for Catalog  
Steele, Briggs Seed Co. Limited  
TORONTO  
HAMILTON - WINNIPEG

### MONTHLY REPORT OF THE WILLING WORKERS SOCIETY OF LAKE ROAD COLCHESTER COUNTY.

Feb. 11, 1919.

Jany. 3rd. Proceeds for meeting	\$4.70
Ray Fisher	80
John R. Fisher	50
M. D. Douglas	50
Henry R. Leslie	50
Alex B. Leslie	50
Mrs. Alex. Leslie	30
Sarah G. Leslie	30
Violet E. Foster	25
Myron Patriquin	25
Nellie M. Patriquin	25
Daniel Miller	25
Carman Tattrie	25
Mrs. Carman Tattrie	25
John W. Patriquin	25
George W. Patriquin	20
Mrs. Elmer Q. Terry	20
Milton Fisher	16
Charles M. Leslie	15
Janie N. Leslie	15
Marvin Patriquin	15
Walter Patriquin	15
Mrs. John Patriquin	10
Theodore Fisher	10
Viola Fisher	05

\$11.46  
Shipped to the Red Cross Warehouse Halifax, for Belgian Relief.

8 dresses  
2 pianofortes  
1 waist  
11 petticoats  
8 Shirts  
6 prs. of drawers  
3 prs. of stockings  
1 pr. of booties.  
Secretary — MRS. CARMAN TATTRIE,  
President — MRS. ALEX. LESLIE

The Transport Canada, with 1,385 troops with some 100 for the Halifax military district, will reach the port of Halifax on the 25th.

Rev. D. W. MacKinnon, Sydney, is a guest at Carvell Hall. He is relieving Rev. W. P. Grant, during his absence.

## A CRIPPLE FOR THREE YEARS

Helpless In Bed With Rheumatism Until He Took "FRUIT-A-TIVES".



MR. ALEXANDER MUNRO

R.R. No. 1, Lorne, Ont.  
"For over three years, I was confined to bed with Rheumatism. During that time, I had treatment from a number of doctors, and tried nearly everything I saw advertised to cure Rheumatism, without receiving any benefit.

Finally, I decided to try 'Fruit-a-tives'. Before I had used half a box, I noticed an improvement; the pain was not so severe, and the swelling started to go down.

I continued taking this fruit medicine, improving all the time, and now I can walk about two miles and do light chores about the place."

ALEXANDER MUNRO.  
50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

### SEARCHING FOR UNTOLD GOLD—"MONEY POINT" MAY BE VISITED.

Prof. Gaskins, a well known colored medicine man, is tunnelling at Sydney Mines for Spanish doubloons, hidden there by Capt. Kidd some 400 years ago.

Prof. Gaskins as been after this treasure in other places, too, and the bleak Cape North, C. B., has been scene of his labors.

He pins his faith on ultimate success as he says the "spirits are guiding him."

When the Professor get thru with the Cape Breton millions we would like to direct him to Money Point, Ship Harbor Lake, where there are said to be untold millions of gold buried, but guarded by the "Spirits" at however the old Micmac encampment at the mouth of the Fish River.

We have seen "spirits" at Money Point; have seen their antics, but never was able to get hold of this gold. If this colored Professor will go "halvers" we'll show him where to operate.

### ALLAN MINE SHUT DOWN.

The Allan Mines of the Acadia Coal Co., Ltd., has shut down owing to the demand for coal falling off by the closing of several industries through the Province.

The climatic conditions existing during the present winter have largely reduced the demand for coal. The employees are urged to see work elsewhere as the Company can not say when they are likely to resume operations.

As always food will play a big part

"As a man eats, so is he."

## Grape-Nuts

a food for body and brain

(Contains the building phosphates of the grain)

"There's a Reason"

Canada Food Board License No. 2-026

### DECIDEDLY LOWER PRICES.

Dr. Henry Clews of New York, in his weekly commercial report of Feb. 15, says: "Beyond question the most satisfactory tendency of the economic outlook is the conspicuous trend toward lower prices in the wholesale markets, altho this movement has not yet materially influenced retail prices, which practically remain at the war level, despite the fact that hoistilities ceased three months ago. Very drastic cuts have been made in staple cotton fabrics, which in some cases are today 20c. to 37 1-2c. lower than the top prices of 1918. Cotton is down about 25c. compared with 31 1-2c. a year ago; print cloths have dropped from 10 3-4c. to 7c. sheetings from 20 1-4c. to 17c. and ginghams from 25c. to 22c. Wool and woolen goods have also declined materially, mainly because 65 per cent of the country's worsted machinery was engaged on army work on November 1st., while less than 15 per cent was so engaged on on January 1st., and still less now. One-third of the country's woolen machinery is said to be idle, including 26 per cent of carpet looms; many of which will undoubtedly restart as soon as prices fall to a level sufficient to stimulate consumption. The declines in steel and copper are already familiar; and industrial chemicals are now on the downward march having fallen 20 to 30 per cent since the armistice. Needless to say these movements are curative, though drastic and unpleasant.

### CANADIAN JOURNALISTS PASS THRU TRURO.

The party of Canadian Journalists, who have been to Halifax, guests of the C. N. R., passed thru Truro, Thursday afternoon, February 20th, in their special cars about five o'clock, enroute to Quebec.

They stopped off at Truro for about ten minutes, and were much interested in looking over our splendid Station.

J. H. O'Brien, Prop. C. N. R. Dining Hall, presented them with a number of postcards, views of all the most interesting and picturesque parts of Truro, which were much appreciated by the press men.

George T. Weir, Clerk at the Stanley House, was among the number from Truro to take in the horse racing at Shortt's Lake, February 20th.

EAGLE MOTOR CYCLES

FREE CATALOGUE showing our full lines of Bicycles for Men and Women, Boys and Girls.

MOTOR CYCLES  
MOTOR ATTACHMENTS  
Tires, Coaster Brakes, Wheels, Inner Tubes, Lamps, Bells, Cyclometers, Saddles, Equipment and Parts of Bicycles. You can buy your supplies from us at wholesale prices.

T. W. BOYD & SON,  
27 Notre Dame Street West, Montreal.

Mrs. H. C. Brown, and her mother, at the Stanley House, arrived home on February 20th. Mrs. Brown has been a patient for thirteen weeks at the Highland View Hospital, Amherst.

### WORTHY OF PATRONAGE.

At Union Hall, Stewiacke, on Friday evening Feb. 28th, under the Auspices of St. Andrew's Lodge, I. O. O. F. there will be a "Shadow Sale and Entertainment" and all proceeds will go towards biding a home for "disabled brothers and returned soldiers"

Ladies are requested to take baskets to help in the big sale.

Here is a good entertainment for all, to assist in, especially for Truro Oddfellows. Do not forget date, place or object.

Miss Parmilla Stevens spent the week end with friends in Londonderry.

### A CHURCH YEAR BOOK.

St. Andrews' Presbyterian Church, Truro, has just issued its 44th year Book—this one for Anno Domini, 1918.

There are the usual interesting Historical memoranda, the noble Honor Roll of the Congregation, the list of officers and the Reports of every Department of Church Activities. In condensed form it is the history of this prosperous Congregation for the past year.

We almost forgot to mention that this Booklet is adorned with two very handsome pictures.

D. Flanagan is the agent in Truro for Ungars Dye Works.

## FERTILIZERS

High grade FISH & POTASH give better results than any other. One bag equal to two of low grade. Saves labor and cost of transportation.

Also lots of other grades for Grain and roots, and a Special Grain Fertilizer to arrive at a reasonable price, so be sure and call for the price is right.

### HUGH FOWLER

General Agent, or

BLANCHARD & BRADLEY  
Prince St. Phone 434

## HARB & JOHNSON

### Offer Great Bargains in

Men's Sweaters - -	\$2.00	Men's Rubbers, sizes 5 and 6	85c pr
Men's all wool Sweaters	4.00	Also Storm Rubbers,	All sizes, \$1.35
Girl's Coats - -	3.50 to 6.00	Red Rose Tea, price	65c
Ladies, Gents and Children's Boots and Shoes, all kinds, a great bargain. Price to suit your pocket.		We sell it for	60c

### BE SURE TO CALL AND TRY US

Testing the appreciation that is the result of using

## Middle Cut Salmon

"The quality goes in before the name goes on"

### MCCULLOCH & CREELMAN

TRURO, Nova Scotia

COUGHS, COLDS, BRONCHITIS, LA GRIPPE AND LUNG TROUBLE

## OLIVEINE EMULSION

### THE GREAT HEALTH RESTORER

Have you had the Flu? Has it left you in a weak rundown discouraged state? Are you dreading the cold winter weather before you regain your usual health? Are you subject to Cough, Colds, Throat or Lung affections? If so here is a remedy. You owe it to yourself to commence at once, the sooner the better for yourself. It will so invigorate the system that germs cannot secure a foothold.

Secure a bottle of Oliveine Emulsion from your Merchant or Druggist and commence using today, do not put it off, it will save you suffering and big bills of expense.