## * This and That *

THE PYGMIES OF AFRICA. We had now been in the foreat for six long days and I began to believe that, after all, the pygmy stories were not true. But one day my boy, who was just behind me, suddenly stopped and pointed what he described as a "man-monkey.
I could only see that it must bea creature of large dimenafons to be so near the top of a high tree. I therefore rais-d my riffe to my shoulder, took careful aim and prepared to fire. I had very nearly pulled the trigger, when my boy called out : " Don't fire! It's a man
I almost dropped my gun, so great was my astonishmeut, Could it be a man? Yes, there he was; I could clearly distinguish him. Hé had discovered us, and as we atood there gazing, the little man ran along the branch on which he had been standirg and, $j$ imping from tree to tree, soon disappeared. It was a pygmy, and how nearly had he paid the penalty of climbing trees
Late in the afternoon, while casually looking up from my book, I became aware of a number of little faces peering at me through the thicket. Just in fron ${ }^{+}$of me was the hage trunk of a tree and from one side of it peeped a tigy figure. For a moment I was taken absck; it seemed Hike beling in fairyland and receiving viaits from fairies My boys caught sight of these strange little belings and came at once to my slde.
I told one of them to go and fetch the little psople that I m'ght talik to them; but he was afraid and refused to leave my side. At last I called out in the language of the people of Toro, and to my pleasure one little man retorned my greeting. aiked him to come to me, and very siowiy behind his hauds. I now had a complete view of my visit four feet high-they are broad chested, with museles finely developed, short, thick neck and amell butlet head, with legs massive and strong. The chest is covered with black curly hair and most of the men wore thick black beards. Fach carried a bow and arrows or short throwing spears.
They never cultivate the ground, but wander from place to place, gathering they follow a wonnded elephant for dey shooting into it hundreds of little ironttpped arrows, untll the poor creature dea from sheer exliauation They make their little camp and live upon the flash as long an it lasts ; then away they go, again to seek

## THE COST OF A BOV

I read the other day that it costs nearly a thousand pounds to briug up a London : boy and educate and dress him well. I sald to myself, "That in because everythiog is the city has to be bought, and living to high." But I began to study the

## HE CAN

## Because he has been over the road.

A grocer down in Texas said that when he frat put in a stock of Posium Food Coffee he concluded in
know how well he con'd recommend it to his cuatomers. He says: "I quit using
coffee and had Postum prepared accord ing to directions on the package and found it a most healthful, tootheome beverage. I had been troubled seriously with stomach trouble, but after lesving off coffee and using Postum I gradnally got better and better. That interested me so I persuaded my Mother-in-lsw, wha is over quit coffee and drink Postur)
She has anffered for yeara
trouble and food coming up in hemach after eating. As soon as she quit coffee and began using Postum this distress stopped and she has bean getting better and better ever since
ing Whort time ago a lady who was starting West bought up my entire stock of Postum for fear she could not find it where Bhe was golng.
11) see that I can recommend can readvery highly." Nime given by Pustum Co., Battle Creek, Mich.
thing, and I found that even a country bov costs his parents a good deal.
When you count what a boy eata and what he wears, sad the school books he must have, and the doctora' bills that have to be pald when he gets the measles or the scarlet fever, he will. cost his folke at home at least $\$ 100$ a year. If a boy is given to breaking things, kicking the toes out of his boots, and so on, he conta more than that. So when I am twenty one and old enough to do for myaelf, I shall have cost father more than $\$ 2,030$.
Mother cooked my food, made my clothes and patched them, washed and ironed for me, took care of me when I was a little fellow, and whenever I was sick and she never charged fanything for that. If she were dead and father had to pay for all that, it would cost another $\$$ roj a year more, and that $\$ 4,000$ worth of work mather will have done for me by the lime I am a man.
Four thousand dollars for a boy? What do you think of that ?
These are hard times. When parents put $\$ 4,000$ into a boy, what have they a right to expect from him? Is it fair for him to play ball, go swimming, or hang around town all the time, when, maybe, his father's potatoes are not dug nor the wood brought in for his mother ? Is it hair for him to forget his parents when he them letters ? hem letters

Some of our a bright young man saying, the property they have into na bous and girls. If we make whiskey decanters of ourselves, they will be poor indeed; but if we make good citizens and substantial men and womsn, they will feel as if they had good pay for bringing us up. ents? - Children's ents? - Children's Friend

HOUSE BUILDING IN AFRICA.
Iu history of the "Pentecost on the Congo," Rev. Henry Richards of Banza Manteke gives the following incident showing the willinguess of the native Christians to work.
"We had to hold our services in the open air, in the hot sun. This was very trying to the preacher and to hia congregation. Dr Gordon's church in Boston heard of this and collected a sufficient fund to build a chapsl. I sald to the people: 'Now those kind people in America have heard that yon have turned to the Lord Jeana and they want you to have a place to wormhlp In. Yull see how very busy I am (I had to be their doctor, as they had given up their charma.) I have no time to wuperin. lend the new bulldiag. I will get the chapel built in Eagland and have it brought to Tondua. Will you bring it up from there to Banz: Mankeke? This fo a distance of between fifty and slicty milles, over a road very diffisult to travel, as I have already described. Those Christians who were able went and brought up these loads until they had brought up all the chapel, about seven hundred losds. times, and Mandombi, who has already been mentioned, brought up the firat load, and I was told that he went five times and they did this free of charge. How many hypocrites would you get to do that hr re? To go more than filty miles do *n and fifty miles back, three or four times, and carry a load of sixty pounds them \& week to make each journey."

THE FALLING LEAVES.
Lightly He blows, and at his breath they fall,
The perlshing kindred of the leaves; they drift,
Apent flyes of scirl et, gold aerial
Across the hollow year, nolseleas and 'ghtly he
falling
> faliog snow

The ages circle down oeyond recalling, To strew the hollows of Eternity. He sees them dri'ting through the spaces And leare
-Charles G. D. Roberto.

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sne aed sueh as dysentery, are epldemic. I have oon-
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remedies and now they wonld no mote remedies, and now they would no more be
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now 73 years old, hale and hearty, and would
like your advlce regarding my hearing, zhat has been troubling me lately, eto. oto.

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