The Messenger and Visuor

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For CHANGE OF ADDRESS send both old and new address, and expect change within two weeks.

A Personal.

We regret to learn that Rev. Dr. Saun ders of Halifax was last week confined to his bed by illness. We have no further particulars, but trust that the illness from which Dr. S. is suffering will not prove to be of a serious character.

A note from our very highly esteemed brother, Rev. S. D. Brvine informs us that he is now premanently settled at San Jacinto, Cal. He hopes that the climate will prove beneficial to his health, so that he may be able to live without anffering, but is doubtful of regaining strength sufficient-ly to enable him to resume the work of the ministery. Bro. Brvine adds. "But I am in the Lord's hands. His will be done." Our brother's many friends in the East will all hope and pray that his hopes may be more than realized. Mr. Ervine's address is San Jacinto, R. D., Riverside Co, Californis. Rev. Richard Kemp who will close his

Co, california. Rev. Richard Kemp who will close his pastorate at West End Baptist Church, Halifas, April 20th, is open to supply vacant pulpits with view to settlement, and would like to correspond with pastorless churches seeking a pastor.

Churches seeking a pastor. ^b We were pleased to have a call last week from W. L. Baras, Eaq, of Halfax, who was southward bound, with the intention of spending a few weeks with friends in Philadelphia or its vicinity. Mr. Baras had just visited his father, the venerable Dea-con J. W. Baras, of Wolfville, who is now in his ninetieth year, and who apart from the infinities which so advanced an age necessarily brings, is still, we are glad to learn, enjoying a good measure of health

From Heart to Heart.

BY PASTOR J. WEBB.

"Go tell it to Jesus, And all will be right !"

How many of God's dear children are shut in because of disease and infirmities. Yes ! there are heavy hearts and aching heads and deep sighs and scalding tears all unheard, unseen by a busy world. How many a bright young mother is

shut in, away from the activities of church life, and the elevating influences of Christian gatherings-shut in for weeks and months and sometimes for years with young and delicate children who need her tender, watchful, loving care. Yes ! there are yearnings and longings and weariness, all hidden from the outside world.

Cannot something be done to help these drooping ones to lift up their heads? Cannot these sad hearts be made to rejoice Will not some one draw the curtains aside from the windows of these lonely lives, to let a little sunshine in? The sunshine that is needed must come from heaven-the help that they are crying out for must come from Jesus-the peace that they are sighing for must come from the loving heart of God.

A few nights since, the wind was blow. ing very hard. I could not sleep ; my mind could not settle down to rest in the midst of such wild confusion. How hideous the night seemed ! I could hear, in the sound of the wind, the heart-reuding cry of home-less and hungry children, and the curses of a cruel world; I could hear the mad laughter of drunkards which grew louder and more frightful until it seemed to be changed into the loud wailing of lost souls in hell. Then, I thought that I heard, in the midst of all this, the sad moaning of the grieved, and the piercing ery of the sufferer. Then, all of a sudden, there came an unexpected hull ; for about ten minutes there was a sweet calm. How restful was that brief pause ! I have en-

joyed whole days with trees and flowers, Joyed whole days with these shift howers, under a cloudless sky, while birds were singing and the sum was shifting, but I have never experienced a sweeter or more restful calm than this. The wind started again, it blew as hard as ever, but I had gained strength ; the soothing influence of those few moments did not leave me, I closed my eyes and slept until morning.

MESSENGER AND VISITOR.

There have been times when many of you, dear friends, have felt that the night was so dark you would surely lose your way. There were gloomy thoughts and doubts and fears ; and then there were the aching head and the beating heart and the quivering nerves ; and to make things worse, there were dark clouds of despair, and the furious tempest which threatened to destroy the home and to make a break in the family circle. But there have been resting-places, pauses and shelters. There een times when Jesus came to you, have h walking through the accumulated evils, and upon the troubled waters, and you have heard that commanding and digni-fied "Hush!" which brought peace to your troubled soul, and made you conscious of the presence of Jesus, as it did to the tempest-tossed disciples on the sea of Galilee.

I have a message for you from heaven

It is just what you need. Jesus says : "He that loveth me shall be loved of my Father, and I will love him, and will manifest myself to him."

"He that loveth me"—Do you love sus? Then you can confide in him. Jesus ? He is really your friend. You can un-bosom your heart to him. If you are sinful, or tempted and harassed, by the enemy of souls, if you are lonely because of in want of a friend, or weary because of long nights of suffering and dark days of pain and anxiety, there is so much comfort in feeling that you can tell Jesus all about

In feeling that you can tell Jesus all about it. Do you love Jesus? Then-delightful thought I-Jesus loves you. "We love him because he first loved us." Then you are greatly blessed, for "The secret of the Lord is with them that fear him." You know already something about God's secrets. You have heard the small, still voice of the Lord. It is in these gentle heart whispers that you receive his love-tokens. You do not receive such mani-festations from the loud thunders of Sinal ; it is from the solemn stillness of Calvary, while angels stop their music, and while mature seems to pause, and while the ravings of demons are hushed into silence. "The here, where there is no sound but that of the blood flowing and falling upon this sin-cursed earth, that you hear the sweet whispers of pardon and peace; 'the here, through the broken and brinsed body of Jesus, that the love of God flows from his heart into yours; 'the here where your heart melts with a love that is purer and

PALE GIRLS

Too bad to see the health and beauty of a young girl fade away. This often happens to girls between the ages of twelve and twenty. Girlhood ought to be a time of perfect health. Pale blood-a blood diseaseis a common enemy of good health in our girls.

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"Oh, I leave it all with Jesus, for he knows, How to steal the bitter from life's woes; How to gild the tear of sorrow with his smile,

smile, Make the desert garden bloom awhile, Then with all my weakness leaning on

his might All is right! all is right!"

CIGARETTE SMOKING.

CIGARETTE SMOKING. If ", The Quarterly", Journal's of Ineb-riety, " in quoting J. M. French on this subject, finds fault only with the use of cigarettes, and not with the pipe or cigars. Mr. French considers the habit injurious chiefly because it is in-dulged in to great extent by young and growing boys, because, being small, the cigarette is often smoked afmost constantly, and because it is the com-mon practice to inhale the smoke, thus largely increasing the poisonous effects of the nicotine. He declares that statistics prove that in Yale College the non-users of tobacco gain in weight, in height and in chest girth more than the regular or occasional users. The same conditions obtain in Amherst. In the Polytechnic School in France it was found that the non-smokers took the highest rank in every grade, and that (the smokers continually fell be-hind. In an experimental observation of eighty-eight boys of all classes of from two months to two years, twenty-seven showed severe injury to the con-stitution and insufficient growth, and from two months to two years, twenty-seven showed severe injury to the con-stitution and insufficient growth, and two-thirds showed irregularity of the heart's action, disordered stomachs, coughs, and a craving for alcohol. Within six months after they had abandoned the use of tobacco, one-half were free from their former symptoms, and the remainder recovered by the end of the year. of the year.

SAWDUST BRIQUETTES FOR FUEL.

In Europe, where the prices of coal are a little higher than in America, and where the people are better trained to economical habits, perhaps, many efforts have been msde to utilize sawdust as fuel. It is com pressed into cakes, or briquettes, sometimes with and sometimes without the addition of a glutinous substance to bind the particles together. Germany seems to have led off in this practice, but the American consul at Berne reports that the Swiss are also doing something of the sort. He describes the cakes made in Swilzerland as octagon shaped, 6½ inches long, 3½ innhes wide and three-quarters long. 3/5 infines wide and three-quarters of an inch thick, and weighing about half a pound each. In the district surrounding the factory where these cakes were made the schools were heated by them, the com-bustion leaving very little ash and pro-ceeding without a large fiame. No bind-ing ingredient is said to be used, the any-dust being simply dried and pressed into the desired briquette shape, and owing

Cape Breton Quarterly Conference. Notice is hereby given that the next Cape Breton Quarterly Conference will convene with the Gabarus Baytist church on Tuesday, April 15th. Delegates had better go to Louisburg on Monday evening whence teams will convey them to Gabar-us. Please remember that the Gabarus church desires ns to send delegates at this time to consider the advisability of ordain-ing Pastor Carpenter. If it is decided to ordain the brother the following programme will (D. V.) be carried out. Service con-ducted by Pastor Archibald, ordination sermon, Pastor Young, charge to church. Pastor Weeks, ordaining prayer, Pastor Kinley. Again, take notice, that Baptists at Louis-burg desire church organization. It is requested that the delegates for the ordin-tion stop at Louisburg on Wedneeday, April 16th, on their return from Gabarus of the Louisburg Baptist church. The Quarterly Conference, the ordination and the organization together demand that the churches send large delegations. Pastor who cannot be present please notify the secretary. A. J. ARCHIBALD, Sec'y.

secretary. A. J. ARCHIBALD, Sec'y. The next meeting of the Cumberland County Quarterly Conference will be held at Oxford, N. S., April 7th and 8th. The first seesion, Monday evening, April 7th. The programme consists among other things of a book review by Dr. Steele; papers on Sunday School and pastoral work by Pastors Haverstock, Belyea and Steeves; sermons by Pastor Huntley and the secretary. The W. M. A. S. will have a meeting on Tuesday, p. m., led by Mrs. Haverstock. D. H. MCQUARRIE, Sec'y.

D. H. MCQUARRIE, Sec'y.

D. H. MCQUARIE, Sec'y. At the Home Mission Board meeting ional committee of the Board was appoint-de to take charge of the work hitherto carried on by Bro. Cohoon, until such time the successor could be obtained or a provide a stranged. Correspondence upon al thome Mission questions abould be ad-dressed to me during this provision atrangement. Any correspondence for whitted to the members of the committee. P. G. Moora, Sec'y, Prov. Com. Yara. P. S.-I would like it to be understood the finances of Home Missions. Do not send any money to me, but to A. Cohoon, wolfville, N. S. who is still Treasurer of portion reaches our Treasurer in due time The will seve trouble and prevent mis-take. P. G. More and the Home Missions. Mol will seve trouble and prevent mis-takes. P. C. More and the Home Mission Notifile, N. S. who is still reasurer of portion reaches our Treasurer in due time The will seve trouble and prevent mis-takes. P. C. More Mission. Market Mission and Prevent mission Mission and Prevent mission Mission reaches our Treasurer in due time The will seve trouble and prevent mis-takes. P. C. More Mission and Prevent mission Mission and Prevent mission Mission and Prevent mission Mission and Mission and Prevent mission Mission and Mission and Prevent Mission

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