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Herrings. where after the finelt cometh the herring. with like multitude, as we have already Pilchers. marked elfewhere. *Item*, the pilchers do come in their feafon, in fuch abundance, that fometimes, willing to have fomething more for our fupper than ordinary, in lefs than the fpace of an hour, we had taken enough of them to ferve us for three Dolphins, days. The dolphins, fturgeons and fal-Stul cons, mons do get to the head of the river in Salmons. the faid Port Royal, where fuch quantity

There be other brooks,

of them are, that they carried away the nets which we had laid for them, by reafon of the multitude of them that we faw Fifting of there. In all places fifth abound there in like manner, as we our felves have feen. the fava-The favages do make a hurdle, or wear, that croffeth the brook, which they hold almost up strait, proped against wooden bars, archwife, and leave there a fpace for the fifh to pafs, which fpace they ftop when the tide doth retire, and all the fifli are found flayed in fuch a multitude that they fuffer them to be loft. And as for the dolphins, flurgeons and falmons, they take them after that manner or do ftrike them with harping irons, fo that thefe people are happy; for there is nothing in the world to good as thefe fresh meats. And I find by my reckoning that Pythagoras was very ignorant, forbidding in his fair golden fentences the ufe of fifh without diffinction. One may excufe him. in that fifh being dumb hath fome conformty with his fect, wherein dumbnefs (or filence) was much commended. It is alfo faid that he did it becaufe that fifh is nourifhed in an element enemy to mankind. Item, that it is a great fin to kill and to eat a creature that doth not hurt us. Item, that it is a delicious and luxurious meat, not of neceffity (as indeed in the bieroglyphics of Orus Apollo, fith is put for a mark of delicacy and voluptuoufnefs). Item that he (the faid Pythagoras) did cat but meats that might be offered to the gods; which is not done with fifh, and other fuch toys recited by Plutarch in his Convivial Questions. But all those fuperflitions be toolifh ; and I would fain demand of fuch a man, if being in Canada he had rather die for hunger than to eat fith. So many anciently to follow their own fancies, and to fay thefe be we, have forbidden their followers the use of meats that God hath given to man, and fometimes lay'd yoaks upon men that they themfelves would not bear. Now whatfoever the philosophy of *Pythagoras* is, I am none of his. I find better the rule of our good religious men, which pleafe themfelves in eating of fleth, which I liked well in New France, neither am I yet difpleafed when I meet with fuch fare. If Vol. II.

this philosopher did live with Ambroha and o, the food of the gods, and not of fifh, of which none are facrificed unto them; our faid good religious, as the Cordeliers, or Francifcans of St. Malo, and others of the maritime towns, together with the priefts, may fay that in eating fometimes fifh, they eat of the meat confectated to God. For when the Newfoundlandmen do meet with fome wonderful fair cod, they make of it a SanEtorum. fo do they call it, and do vow and confecrate it to St. Francis, St. Nicholas, St. Leonard and others, head and all, whereas in their fifting they caft the heads into the fea.

I should be forced to make a whole book if I would difcourfe of all the fifh that are common to the Brafilians, Floridians, Armouchiquois, Canadians, and Souriquois. But I will reftrain myfelf to two or three, having first told that in Port Royal there are great beds of mufcles, Mufcles; wherewith we did fill our fhallops, when that fometimes we went into those parts. There be alfo fcallops twice as big as oy- Scallops. fters in quantity. Item, cockles, which have Cockles, never failed us; As alfo there are chatag- Seachefnes de mer, fea chefnuts, the most delici- nuts. ous fifth that is poffible to be. *Item*, crabs. Lobiters, and lobiters, those be the shell-fish ; but A port of one must take the pleasure to fetch them, eight and are not all in one place. Now the leagues faid port being eight leagues compais, compais, there is (by the abovefaid philosophers leave) good fport to row in it for fo plea-fant a hfhing.

And feeing we are in the country where The fifththe cods are taken, I will not yet leave off 'ingol cod. work, until I have fpoken formthing thereof. For fo many people and in fo great number go to fetch them out of all the parts of Europe every year, that I know not from whence fuch a fwarm may come. The cods that be brought into thefe parts are either dry or wet. The fishing of the wet fish is on the bank in the open fea, on this fide Newfoundland. Fifteen or twenty (more or lefs) mariners have every one a line (it is a cord) of forty or fifty fathoms long, at the end whereof is a hook baited, and a lead of three pounds weight to bring it to the bottom; with this implement they fifh their cods, which are fo greedy, that no fooner let down, but as foon caught, where good fifting is. The fift being drawn a fhip-board, there are boards in form of narrow tables along the fhip where the fifh are dreffed. There is one that cutteth off their heads and catteth them commonly in the fea; another cutteth their bellies and garbelleth them, and fendeth back to his fellow the biggeft part of the back-bone which he cutteth away. 10 U That